

One Test at a Time: Diabetic Bingo

Did you get a Bingo? Send it to One Test at a Time on Facebook @onetestatatime and get a FREE 60 minute coaching session!

Been in DKA	Use MDI Method	Diabetic for 10+ Years	Type 1 Diabetic	Used a Glucagon
Changed Your Lancet Today	Type 2 Diabetic	Had a Low Less Than 40 mg/DL	Device(s) Confused for Something Else	Have a CGM
Have an Insulin Pump	Take Oral Medication	Free Food (space)	Forgotten Supplies at Home	Check Blood Sugar on Glucometer
Diabetic for Less Than a Year	Gone Over 400 mg/DL Since Diagnosis	Forgotten to Bolus	Have a Diabetic Tattoo	Achieved a Unicorn
Have an A1C Less Than 8	Wear an Alert Tag/Bracelet	No Diagnosed Complications	A Part of a Diabetic FB Group	Liked/Following One Test at a Time on FB @onetestatatime