

震 ䷲ 51 *Shake/Rousing* ZHEN

Disturbing and fertilizing shock; sexual energy; wake up,
stir up; return of life in early spring; the Rouser
and Exorcist.

MYTHS FOR CHANGE: THE STORY OF THE TIME

Charge to the Oracle: *A new lord's implements mean nothing less than a long-living son who extends the line. Use this spirit helper. Accept this and use the energy of Shake. This means stirring things up and rousing them.*

Shake is rain and the spirit that brings the spring rains, violent thunder from beneath that rouses all to new growth after the dead time of winter. It is a dynamic process, the spark of yang born in the breast of yin, the thunder rituals and incantations that inspire both terror and joy. It is the moment when the foetus begins to stir, associated with dawn, the east, the rising sun, green, wood and the announcement of spring's beginning, waking the insects sleeping in the Earth. Shake is the ritual of opening the fields, performed at the Ancestral Temple and the Field Altar, where an offering of dark aromatic millet wine, perfumed with the sensual fragrances of the orchis and the River-Mountain festivals, calls the spirits to return. It is also the great exorcism that issues forth from spring's beginning, a burst of violent noise and chaos that frightens away the spirits grown old, those whose time has passed.

As a spirit guide, Shake is the Arouser and Exorcist, driving out the old and rousing and opening the field of the new. He is flamboyant and sexual, luxurious, frightening and inspiring, green and full of juice. He is motion and moves all things. He is an emerging Dragon. In the body Shake operates through the liver, governing the free flow of energy and emotion. It stimulates everything that moves in the body, purifies the blood, links eyes and sexual organs, desire and anger, vision and motivation, giving the capacity to act decisively.

Shake. Make an offering and you will succeed.

Shake comes, Frightening, Frightening!

Then laughing words, Shouting, Shouting!

Shake scares us for a hundred miles around.

He does not spill the sacrificial ladle and the aromatic spirits.

Shake, ZHEN: Arouse, inspire; wake up, shake up; shock, frighten, awe, alarm; violent thunder clap [thunder comes from below in Chinese thought], earthquake, put into movement, begin; decisive moment; terrify, trembling; majestic, severe; excite, influence, affect; work, act; break through the shell, come out of the bud; quicken, become pregnant; *also*: appearance of the signs; time, day, occasion, the right time, the constellations and stars which indicate the passage of time, the quality of the moments. The old character shows rain falling from Heaven and the sign for shock, the 'waking of the insects' in early spring and the thunder that opens the fields.

震 ䷲

SHAKE

ZHÈN⁴ (620/173) shows rain (1 and 3a) and the sign for shock or cutting through, perhaps a sickle (2a and b).

Shake/Rousing describes your situation in terms of a disturbing and inspiring shock. The way to deal with it is to rouse things to new activity. Re-imagine what you are confronting. Let the shock shake up your old beliefs and begin something new. Don't lose your depth and concentration. What at first seems frightening will soon be a cause to rejoice. This is pleasing to the spirits. Through it they will give you success, effective power and the capacity to bring the situation to maturity. The thunder rolls and everyone is frightened. You can hear them screaming in terror. Then the fright changes to joy and you hear everyone laughing and talking. The sudden shock spreads fear for thirty miles around. Don't lose your concentration. Hold the libation cup calmly so the dark wine arouses and calls the spirits.

THE SCHOLAR SPEAKS

The hexagram figure shows repeated shocks that stir things up. Reiterating thunder. Re-imagine your situation. Nothing is better for putting a great idea into action than being the first child of thunder. Shake means stirring things up; it means beginning and undertaking things. Anxiously and fearfully inspect and adjust yourself. This is pleasing to the spirits. Through it they will give you success, effective power and the capacity to bring the situation to maturity. The Shake comes and terrifies everyone. The anxiety it causes will ultimately bring blessings. When laughing words ring out, you will have what you need. The Shake startles what is far away and frightens what is near. Don't lose your depth and concentration. When the Shake comes from the Earth, it is time to go out and attend to the Ancestral Temple, the Field Altar and the sacrifice to the gods of the growing crops. Act as master of the ceremonies that bring fertility.

THE SHAMAN SPEAKS

Reiterating Thunder. Shake.

This is a time when Noble One transforms anxiety and fear through adjusting and inspecting.

Spirit manifests in quake and thunder. This is the Rouser and Exorcist. Thunder rouses and germinates new potential, sprouting energies that thrust up from below, opening the fields so new growth can burst forth. This is the Woody Moment: Shake stirs things up to issue forth. The ideal Realising Person reflects this by focusing his fear and anxiety on correcting his stance and his person. Work through subtle penetration. This involves fate.

TRANSFORMING LINES: CHANGE AT WORK

INITIAL NINE

Shake comes, Frightening! Frightening!

Then laughing words, Shouting! Shouting!

Wise Words! The Way is open.

Anxiety over blessing, it will soon be there. A profound shock. Everything is turned upside-down. But the anxiety soon turns to



SHAKE

joy in a burst of creative energy. Let it move you. The Way is open.

Direction: Gather resources in order to act when the call comes. Re-imagine the situation. Gather energy for a decisive new move.

SIX AT SECOND

Shake comes bringing adversity, hungry souls and angry ghosts.

A hundred thousand cowries lost.

Climb the Nine Mounds. Don't pursue what has been lost.

On the seventh day you will acquire it.

This is riding a strong power. The fertilizing shock comes. You think you have lost something precious and are plagued by the remorse of the past. Don't grieve. Hide on the frontiers. Climb the mounds of transformation. Everything you lost will soon return of itself.

Direction: Let yourself be led, you can realise hidden potential. The situation is already changing.

SIX AT THIRD

Shake reviving, Oh! Oh!

Shake moves without a mistake.

The force does not match the position. The fertilizing shock rouses your dormant creative energy. Everything is renewed and inspired. Move with it. You will not be making a mistake.

Direction: A time of abundance is coming. Don't be afraid to act alone. You are connected to a creative force.

NINE AT FOURTH

Shake released from a bog.

This is not shining yet. Everything is bogged down. Release fertile energy from the cloud of confusion. Try to understand where the new impulse comes from and move with it.

Direction: Something significant is returning. Be open and provide what is needed.

SIX AT FIFTH

Shake comes and goes. Adversity, hungry souls and angry ghosts.

Be intent on your desire. Don't lose your purpose.

There will be service.

Moving in an exposed position without losing the Great. The fertilizing shock comes and goes. It brings up old memories and quarrels and you must deal with them. Keep your mind on what you want to do and all will be well. You will be involved in the service of greater things.

Direction: Follow the stream of events. Proceed step by step. Gather energy for a decisive new move.

SIX ABOVE

Shake, twisting and turning! Observing, you are terrified, Oh! Oh!

Trap! Chastising closes the Way.

Shake is not in your body, but in your neighbour's body.

Be calm. This is not a mistake.

There will be words about a marriage.

Not the centre yet. Warning: beware your neighbour! The fertilizing shock twists and turns, driving people around you into a frenzy. Don't try to put this all in order. Stay aloof. Don't get caught in the trap. This is not the right time to do anything. Be cautious about beginning a relationship now.

Direction: Bite through the obstacles. Re-imagine the situation. Gather energy for a decisive new move.