- sudo sh -c 'echo "deb http://packages.ros.org/ros/ubuntu \$(lsb\_release -sc) main" > /etc/apt/sources.list.d/ros-latest.list'
- sudo apt install curl # if you haven't already installed curl
- curl -s https://raw.githubusercontent.com/ros/rosdistro/master/ros.as c | sudo apt-key add -
- sudo apt update
- source /opt/ros/noetic/setup.bash
- roscore
- sudo apt install rviz

a link of a video to install ros noitec for ubuntu 20.04

https://www.youtube.com/watch?v=ZEfh7NxLMxA