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Reset Forgotten Password For postgres User

Summary: in this tutorial, you will learn step-by-step how to reset the password of the postgres user in PostgreSQL.

For some reason, after installing PostgreSQL, you may forget the password of the postgres user. In such cases, you need to know how to reset the password to regain access to the PostgreSQL server.

PostgreSQL uses the pg\_hba.conf configuration file stored in the database data directory (e.g., C:\Program Files\PostgreSQL\16\data on Windows) to control the client authentication. The hba in pg\_hba.conf means host-based authentication.

To reset the password for the postgres user, you need to follow these steps:

First, modify some parameters in the pg\_hba.conf configuration file. Log in to the PostgreSQL server using the postgres user account without a password. Reset the password. The following steps show you how to reset a password for the postgres user:

Step 1. Backup the pg\_hba.conf file by copying it to a different location or rename it to pg\_hba.conf.bk

Step 2. Edit the pg\_dba.conf file and change all local connections from scram-sha-256 to trust. By doing this, you can log in to the PostgreSQL database server without using a password.

# TYPE	DATABASE	USER	ADDRESS	METHOD
# IPv4 local connections:				
host	all	all	127.0.0.1/32	trust
# IPv6 local connections:				
host	all	all	::1/128	trust
# Allow replication connections from localhost, by a user with the				
# replication privilege.				
host	replication	all	127.0.0.1/32	trust
host	replication	all	::1/128	trust

Step 3. Restart the PostgreSQL server. If you are on Windows, you can restart the PostgreSQL from Services.

Alternatively, you can run the following command from the Command Prompt (notice that you need to run the Command Prompt as the Administrator):

pg\_ctl -D "C:\Program Files\PostgreSQL\16\data" restart

Step 4. Connect to PostgreSQL database server using any tool such as psql or pgAdmin: psql -U postgres

PostgreSQL will not require a password to log in.

Step 5. Execute the following command to set a new password for the postgres user.

postgres=# ALTER USER postgres WITH PASSWORD 'new\_password';

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Step 6. Restore the pg\_dba.conf file, restart the PostgreSQL database server, and connect to the PostgreSQL database server with the new password.

In this tutorial, you have learned how to reset the password of the postgres user.