

# P.6 C.R.E Topical Breakdown

#### Term One

#### 1. GOD CREATED ME

- Understanding and appreciating myself as a unique person.
- The unique talents, weaknesses and strengths of each individual.
- Adolescent growth and development
- How to relate with others with consideration and respect;
  - Family level
  - School level
  - Community level

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- Reasons why people work.
- How to work responsibly using God-given talents

#### 2. EVIL AND SUFFERING

- Forms of suffering
- Effects of suffering
- HIV/AIDs as a form and cause of suffering.
- Election malpractice as a form and cause of suffering.
- Teenage pregnancy as cause of suffering.
- Jesus' example of sharing in the suffering with others.
- Jesus' teaching on how to cure suffering and social evil in society.
- The experience of Job and suffering; how Job responded to suffering.
- Caring for the suffering in our community.
- Planning and preparing for projects to serve the suffering.

#### 3. GOD CALLS HIS PEOPLE

- The root of evil.
- The need of a redeemer.
- Bible characters who received messages from God.
- Message Mary received.
- The message from John the Baptist.

#### **TERM TWO**

#### 4. CHRIST IS THE ANSWER

- Christ's concern for different people.
- Iesus' concern for the one in need.
- Jesus' concern for sinners.
- Importance of prayer
- Jesus as an example of a prayerful individual
- Peter's experience
- Importance of forgiveness.

# 5. CHRIST'S GIFT FOR THE JOURNEY

- Meaning, need and importance of Baptism
- Meaning, need and importance of Holy Communion.
- The institution of the sacrament of Baptism and Holy Communion.
- The Pentecost
- Gifts of the Holy spirit
- Importance of the Holy Spirit.
- Overcoming temptation (John 14:16)

#### 6. HOW TO BEHAVE ON THE WAY

- Christian qualities needed to bring about the community life.
- Different roles of people in the community
- Christian family
- St. Francis of Assis; How he cared for God's Creation.
- Project work; Caring for the environment
- Biblical teachings on justice.

#### 7. PEOPLE ON THE WAY

- We are unique
- Contributions of the people we meet

- Values of diversity
- The benefit of international diversity.
- Good communication as a way of relating with people.
- How Jesus responded to people with different needs.
- Good relationships
- Church relationships
- Our response to relationships.

#### **TERM THREE**

#### 8. FRIENDS ON THE WAY

- Meaning and importance of friendship
- Jesus' example of friendship
- Qualities of a good friend
- Importance of advice
- Good and bad advice
- Crisis and how friends offer support in times of crisis
- Building good friendship
- Marriage as a bond of friendship for life
- Marriage vows.

#### 9. CHRISTIAN INVOLVEMENT IN THE WORLD

- Meaning of talents
- Using God-given talents to improve the world we live in.
- Using our talents in cooperation with others
- Cooperation in the larger community; the church and the world we live in.
- Using our talents in cooperation with others
- Cooperation in the larger community; the church and the world.
- The role of science, technology and education in development.
- Rights and freedoms of voters
- Duties of Electoral Commission
- Qualities of a good citizen

#### 10. HAPPINESS ON THE WAY TO ARRIVAL

- Happiness
- Giving and receiving as source of happiness
- Good relationship with God as a source of happiness.
- Biblical teachings about life and death.
- Causes of suffering
- Enduring suffering.
- Biblical concept of Heaven
- Biblical teaching on purity.

# P.6 LESSON NOTES FOR CRE

TERM ONE LESSON I

Theme: Christians on the way Sub theme: God created me

Understanding and appreciating myself as a unique person

Meaning of uniqueness

Uniqueness refers to the differences in appearance and character among people.

# Ways of uniqueness

- Physical uniqueness
- Social uniqueness

# Physical uniqueness

- These are visible appearances and characters a person has.

# Examples of physical uniqueness

- Difference in height. Some people are short while others are tall.
- Differences in size. Some people are big while others are small.
- Difference in skin colour. Some people are light skinned while others are dark skinned.
- Difference in facial appearance. Some people have got long faces while others have round ones.

# Social uniqueness

- These are different ways people relate with others.

# Examples of social uniqueness

- Some people are talkative while others are reserved.
- Some people are cheerful all the time while others are moody
- Some people are easily loved by many people while others are hated by many people.
- Some people easily make friends while others have difficulties in making friends.

NB: Unique: means being different.

# Sample questions

- 1. What is uniqueness
- 2. Identify any two ways how people are different from each other
- 3. State any two forms of uniqueness
- 4. Give any four examples of physical uniqueness
- 5. Write down any four examples of social uniqueness
- 6. Describe your physical uniqueness

#### LESSON 2:

**TALENT** 

What is a talent?

A talent is a natural ability to do something well or better

#### **Characteristics of talents**

- i) Talents are natural
- ii) Talents are inherited from parents
- iii) Talents are received from conception
- iv) Talents can be developed or left idle, used well or misused.
- v) Individuals with in-born talents are strong in abilities
- vi) Talents are used generally in the world.

How talents make us unique

Psalms 139:13 - 16

The above states that God made each individual unique because of his hard work Examples of talents

- i) Dancing
- ii) Playing foot ball
- iii) Leadership
- iv) Singing
- v) Artistic work
- vi) Debating
- vii) Story telling

Ways of misusing talents

Importance of talents

Ways of identifying talents

- Through practice
- Through the guidance of other people
- Through praying

Human weaknesses and strengths

a) Weaknesses

These are areas an individual doesn't have strength to excel

NB: life is a balance of talents and weaknesses.

Examples of weaknesses

- i) A good foot baller may not excel in class.
- ii) A talented singer may be poor at dancing skills
- iii) A good leader may be poor at debates
- iv) A fine artists may lack skills in weaving baskets
- v) A talented mathematician scientific could be a poor leader.

Activity

- 1. What is a talent
- 2. State any four examples of talents
- 3. Point out any four characteristics of talents
- 4. State any four examples of human weaknesses and strengths.
- 5. With the help of your teacher, tell classmates your talents and how so you use it to serve the school.

#### Lesson 3 wk I

# ADOLESCENCE, GROWHT AND DEVELOPMENT

#### Adolescence:

A word which comes from Latin word Adolescere which means to grow up

Meaning of adolescence

Adolescence is a stage between childhood and adulthood.

Another name for adolescent is teenager (between 13 – 19 yrs)

#### **GROWTH**

This is an increase in size, weight and height of individual

#### **DEVELOPMENT**

This is an increase in the quality of the body, mind and behavior of an individual

#### FORMS OF GROWTH AND DEVELOPMENT

- Physical growth and development
- Social growth and development
- Intellectual or mental growth and development.

#### Characteristics of adolescence

BOYS	GIRLS
Physical x-tics	Physical x-tics
<ul> <li>Body becomes muscular</li> </ul>	<ul> <li>Body becomes smooth and shapely.</li> </ul>
<ul> <li>Voice deepens, Adam's apple</li> </ul>	<ul> <li>The voice becomes soft and attractive</li> </ul>
appears	<ul> <li>They grow wider hips, breasts develop</li> </ul>
<ul> <li>They grow taller and bigger,</li> </ul>	<ul> <li>Pubic hair, hair in the armpits start to</li> </ul>
shoulders widens	grow
<ul> <li>Beards, pubic hair, hair in the</li> </ul>	<ul> <li>Reproductive organs become mature</li> </ul>
armpits, legs, arms start to grow	<ul> <li>They start monthly menstruation</li> </ul>
<ul> <li>Genitals become bigger</li> </ul>	
<ul> <li>They start producing semen</li> </ul>	

Social x-tics	Social x-tics
<ul> <li>They develop strong feelings towards opposite sex</li> <li>Help become sensitive and socially active</li> <li>They change life style such as encouraging in risky aggressive behavior face storm and stress in life's social matters</li> </ul>	<ul> <li>they develop sexual feeling</li> <li>Feelings and desires become strong.</li> <li>They form or join peer groups, close associates, they face storm and stress that comes with social matters</li> </ul>
Mental x-tics	Mental x-tics
They start to think independently	They start to think logically
<ul> <li>Reasoning capacity and ability to argue out issues develop</li> </ul>	<ul> <li>They begin to reason discriminatively about what they hear or see.</li> </ul>

#### **QUESTIONS:**

- 1. Explain the meaning of a adolescence
- 2. Write down any form physical differences between an adolescent boy and girl.
- 3. State the meaning of the following terms
  - a) Growth
  - b) Development
- 4. Point out any tow instinctually difference between adolescent boys and girls

#### Lesson I & II week 2

How to relate with others with consideration and respect

Family level

A family is the smallest unit of the community

Types of family

- Nuclear family
- Extended family
- a) Nuclear family

This is a type of family where we find parents and their biological children

b) Extended family

This is a type of family where we find parents, biological children and their relatives.

Members that make up the African family

- Father
- Mother
- Brothers
- Sisters
- Grand parents

- Adopted person
- Cousins
- Nephews

#### How to relate with servants

- Respect them
- Do not burden them with work
- Treat them mistakes
- Give them what they need to use
- Pay their wages in time
- Pay them the money they deserve
- Give them medical care
- Do not expose them to harm

#### How to behave before adults

- Respect up them
- Obeying them
- Being trust worthy
- Being able to share ideas and things
- Helping them
- Forgiving one another
- Being honest
- Being hand working
- Loving them

NB A guardian is a person who is responsible for the care of a child in the absence of parents.

# Roles of parents to their children

- To provide basic needs
- To protect the children from harm and danger
- To treat children fairly
- To introduce them to God and religions values
- To train them to respect adults
- To teach them the basic values and norms
- To train them to acquire basic life skills
- To discipline them as a way of teaching right from wrong.

#### SCHOOL LEVEL

Important people at school

- Bursar
- Teachers
- Watch man
- Secretaries
- Matrons
- Cooks
- Compound cleaners

# Roles of children at school

- Respecting teachers and other members of the community.
- Greeting teachers, visitors and those we meet at school.
- Obeying school authorities
- Following regulations
- Expressing love, kindness to fellow pupils who need care
- Taking care of school properties
- Respecting other pupils property
- Using the washroom well
- Keeping the compound clean
- Observing person hygiene
- Working hard in school to pass high with flying colours.
- Using good and non abusive language while talking to other people.
- Sharing ideas, knowledge when asked by teacher, friends.

# **Community level**

- Respect the property
- Greet people in the community
- Help people in danger e.g. in case of accident
- Clean the area in the community
- Share with community members responsibly

#### LESSON 3: WK 2

#### **WORK**

- Work is any physical or mental activity that man does to change the environment for good or bad reasons
- Work is any useful or productive activity which involves use of energy.

# Reasons why people work

- To get food
- To get money

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- To develop natural talents
- To serve God
- To help the needy
- To express oneself in creative ways

# Types of work

- Domestic work
- Communal work
- Voluntary work

# Examples of work

- Fetching water
- Farming
- Fishing
- Clearing water source
- Teaching
- Building
- Lumbering
- Hunting

#### Values of work

- Get basic needs
- Develop talents
- Exercise gifts from the Holy Spirit
- Express in creative ways
- Promotes unity
- Improves on the lives of others in the community
- Perform God's duty
- Develop the World and protect the environment

#### Biblical reasons for work

- To fulfill God's commands (Genesis 1:28)
- To care for God's creation (Gen. 1:25)
- To obtain basic needs for survival
- Develop talents (Matthew 25:14-29)

- Exercise God's given gifts
- Develop closer relationship with God and fellow man
- Serve other people

How to work responsibly using God given talents
Parable of the talents: (Matthew 25:14-20)

Jesus tells people to do the following using our talents

- Develop talents to the full
- Create wealth for the good of the community
- Serve God willingly
- Share the fruits of work
- Use talents well
- Work with joy and happiness
- Enjoy creation because it is the fruits of God's work
- Work in cooperation with other people

How the life of Jesus teaches people to relate with others

- Obeyed and respected his parents
- Supported his parents in domestic work
- Healed the sick and gave them hope
- Fed the hungry
- He forgave sinners
- Blessed the people around him
- Prayed for both friends and enemies

# LESSON 1 AND 2 OF WK 3 SUB THEME 2 EVIL AND SUFFERING

Meaning of suffering

Suffering is to experience something bad or unpleasant in life

# Forms of suffering

- Physical suffering
- Emotional suffering

- Spiritual suffering
- Mental suffering
- Social suffering
- Economic suffering

# **Physical suffering**

This is the suffering which affects our bodies like eyes, legs, arms, internal body organs etc

# **Emotional suffering**

Emotions are strong feelings

Emotional suffering is the suffering which rises from one's mind

# **Outcome of emotional suffering**

- Anger
- Stress
- Depression
- Sadness
- Irritation
- Gloom
- Sullenness
- Trauma

# **Causes of emotional suffering**

- Misunderstandings
- Loss of property or loved one
- Failure
- Mental torture
- Worries
- Discomfort
- Fear
- Difficulties

NB: it can cause physical suffering like stomach ulcers and skin rashes

# **Spiritual suffering**

The suffering which affects one's soul

# Causes of spiritual suffering

• Disobedience to God's command

# **Outcome of spiritual suffering**

Fear and unhappiness

# **Mental suffering**

This is the suffering caused by mental illness due to diseases, accidents, drug abuse.

# **Social suffering**

This is the suffering which affects one's relationship with others

# **Examples of social suffering**

- Discrimination
- Imprisonment
- Rejection
- Neglect
- Death of beloved ones

# **Economic suffering**

This is the suffering caused due to financial resources

NB: One fails to buy or meet basic needs

# **General causes of suffering**

- Natural disasters e.g. floods, famine etc
- Mental or physical disabilities
- Wars
- Diseases
- Frustrations
- Poor child upbringing

# **Effects of suffering**

- Lack of peace and harmony
- Misery
- Shortage of basic needs
- Low income generation

- Fear among people
- Death
- Loss of faith in God
- Absence of Law and order
- Spread of diseases
- Teenage pregnancies

# How the fail of man led to suffering (Gen. 3)

- Loss of God's love
- Loss of God's glory
- Man lost ability to live forever
- Death and pain came into the world
- Man and woman began to quarrel
- All kinds of evil came into the world

#### LESSON 3: WK 3

# HIV/AIDS AS A FORM AND CAUSE OF SUFFERING

NB: It has caused suffering to both the victims and the community

# How HIV/AIDS has caused suffering

- Failure to work due to pain
- Loss of job
- Stigmatization
- Hopelessness
- Reduced chances to give birth to healthy children
- Loss of faith in God

#### To the community

- Financial problem arising from looking after a sick person
- Increased orphans
- Worries by family members and friends
- Failure to participate in community events especially the person fell sick
- Loss of man power at place of work and at home

#### Election malpractice as a form and cause of suffering

• Elections are rigged

- Lack of civic education
- Lack of transparency
- Human rights are not respected
- Corruption is practiced by buying votes
- Security forces causes fears among people

# Solutions to suffering caused by election malpractice

- Citizen should have adequate civic and voter education
- An independent, honest electoral body should handle electoral duty
- Human rights should be respected
- Leadership posts should be for service not for personal enrichment

# Teenage pregnancy as a cause of suffering

- Girls are usually abused used and left to suffer alone
- Teenage mothers have to depend on their parents to bring up the baby
- Early pregnancy many damage the reproductive system of a girl
- Poor feeding may lead to malnutrition of both the mother and baby
- Pre-mature birth is frequent and this put the lives of both the mother and child in danger
- Caesarean birth that often happens makes the young mother go through a lot of pain
- It may lead to school dropout

#### LESSON 1: WK 4

#### HOW JESUS SHARED SUFFERING WITH MANKIND

- He healed the leper (Luke 5:12-13)
- He fed the hungry (Mark 6:30-44)
- He consoled and forgave the sinners
- He resurrected Lazarus
- He taught against injustices
- He made the lame walk

#### Forms of Jesus suffering

- He was monked and abused
- He was beaten
- Spat on him
- Tore his clothes
- He was crucified

#### LESSON 2 AND 3: WK 4

# **OUR RESPONSES TO SUFFERING AND ITS CAUSES**

# Examples of social evils in the community

- Robbery
- Prostitution
- Murder
- Cheating in business and examinations
- Telling lies
- Torture of innocent people
- False accusations before authorities
- Disobeying leaders
- Destroying property

NB: To prevent suffering, the above social evil should be prevented

# Acting with responsibility

- Keeping and using public property well
- Behaving in respectable manner so that others may respect you
- Respecting other people's rights
- Actingwith humility
- Being honest at all times
- Observing the law and obeying authorities
- Keeping the good traditions and customs of your community
- Preserving the natural environment

# **Reconciliation (Define)**

- Seek to reconcile instead of going to war
- Be contented with what you have
- Work diligently
- Avoid laziness

#### Importance of reconciliation

- Helps to restore friendship and love
- Helps to restore personal communication
- Prevents bitterness and revenge
- Misunderstandings are easily corrected
- Promotes peace and harmony

#### How we can share in the suffering of others

- To pray for them
- To nurse them
- To give them material assistance
- To offer guidance and counseling to them
- To provide them medical care and treatment
- To pay for some body's medical bills
- Advocate and protect the rights of others who are being denied justice

#### LESSON 1: WK 5

SUB THEME: GOD CALLS HIS PEOPLE

RESTORATION OF BROKEN RELATIONSHIP

**RELATIONSHIP:** refers to connection or feelings that exist between two or more people. NB: Relationship may be a feeling of love or friendship

# Types of relationship

- Relationship by blood
- Relationships by marriage
- Relationships by peer
- Relationships by work

# Importance of relationships

- Promotes unity among people
- Promotes love
- Promotes security
- Promotes development

#### Causes of broken relationship

- Cruelty
- Envy
- God's disobedience (Gen. 3:1 -24)
- Telousiness
- Poverty
- Witch craft
- Enmity
- Adultery

# **Effects of broken relationships** (Dangers of broken relationships)

- Man lost God's love
- Death came into the world
- God's image in man is affected
- Hatred among human beings began
- Enmity between man and animals
- Man had to work for his food
- Woman had to go through pain during giving birth
- They have promoted immorality

# Ways of restoring broken relationships

- Iesus' salvation
- Reconciliation
- Repentance
- Encouraging peace talks
- Guidance and counseling
- Sharing with others

#### THE NEED FOR THE REDEEMER

#### **A REDEEMER**

- A redeemer is a person who saves someone from the power of evil
- Another name for redeemer is a saviour

#### **Examples of redeemers**

- Iesus
- Abraham
- Moses Joshua
- Gideon
- John the Baptist Jeremiah
   Ezekiel Jonah
   Hosea Isaiah

#### **Abraham**

God chose Abraham to be the father of all believers due to his faith

#### How did Abraham show his faith to God?

• He accepted to leave his mother land (ur) to go to unknown land (canaan)

- He accepted to change his name from Abram to Abraham and his wife's name from Sarai to Sarah
- Abraham means the father of all believers while Sarah means the mother of all believers.
- He accepted to produce a son at an old age
- He accepted to sacrifice his son (Isaac)
- He accepted circumcision at an old age.

Note: He was born in Heron and fathered by Terah

# **Gideon (Judges 6:11-16)**

He defeated the midianites

God's help to rescue the Israelites through Gideon

# Joshua (Joshua 1:1-9)

He completed the Exodus

Exodus was the journey performed by the Israelites from Egypt to the Promised Land.

#### Moses (Exodus 3:1-20)

- He rescued the Israelites from slavery in Egypt
- He led Israelites from Egypt

QN: Why did God send Moses to rescue the Israelites from Egypt?

# Miracles performed by Moses during Exodus

- He hit a rock and water came out of it.
- First born sons died (Passover)
- Death of the animals
- He changed a stick into a snake
- He created a way through the red sea

#### John the Baptist (Matth 3:1-12)

- He was the last prophet in Christianity
- He preached about the coming of Jesus the saviour and repentance
- He baptized Jesus
- He was beheaded

# Jeremiah (Jere 1:1-7)

- He preached hope and the new covenants
- He was oppointed a prophet when he was still young.

#### Ezekiel (Ezekiel 1:1-3)

• He preached about God's judgment

Prophet of doom

# Hosea (Hosea 1:1-11)

• He preached on forgiveness and hope

# Isaiah (Isaiah 6:1-13)

• He preached about the coming of the Messiah (messianic)

# <u>Ionah (Jonah 3:1-13)</u>

- He was called to go and preach to the people of Ninevi.
- He preached repentance to the people of Ninevi.
- He was swallowed by a big fish and vomited after three days.

# Ways through which God called messengers

- Through direct communication (Gen 3:1-3)
- Talking from a burning bush (Exodus 3:1-20)
- Talking through an angel (Judges 6:1-16)

## LESSON 1: WK 6

#### ADVANTAGES OF LISTENING TO GOD'S MESSENGERS IN THE BIBLE

- Helps to know things which are above our consciousness
- Enables us to learn the truth about God and Jesus
- It guides us so that we can get salvation
- Gives us patience, confidence, courage and tolerance
- Gives us hope
- Enables us to differentiate between true prophets and false ones
- Enables us to live in union with God

#### Ways of accepting savior in our daily lives

- Ask for forgiveness (repentance)
- Accept that we are sinners and we need the savior
- Love one another since we are children of God
- Live a Godly life both in action and mind
- Seek guidance of the Holy Spirit

#### The promise of salvation

- Angel Gabriel come to Mary and told her that the Lord God had chosen her to be His
  instrument
- The messenger then told her that she would bear a son whose name would be Jesus
- The child would be great and would be called the Most High God Nb: Jesus means the Saviour.

# How Mary responded to the messenger

- Joy and happiness
- Faith
- Praises to God for the favour
- Humility
- Submission called herself the handmaid of God
- Readiness to be the instrument

# **Message from John the Baptist**

- He called people to repent and change from bad ways
- He said the sign of repentance would be accepting to be Baptized
- The announced the coming of the Saviour.

# Why God called John the Baptist God called Moses because he had the following characteristics

- Humility
- Simple in life style like Elijah
- Able to withstand physical suffering and hardship
- Righteous
- Loyal and faithful to God
- Committed to God's work

#### How people responded to the message

- Some responded with the faith and got Baptized
- Others questioned the relevance of John's message
- There were a good number who accepted readily and became John's disciple

#### God message to the people to day

- To repent from their sins and go back to Him
- Accept Jesus as the way, life and the truth
- Become members of God's family through baptism
- Practice forgiveness in the broken relationships
- Listening to His messengers who bring messages of salvation
- Give themselves to God whole heartedly
- Imitate Mary the mother of Jesus in her response to God's message
- To love God and fellow men according to God's law of love

#### **Topical questions**

- 1. Why did God create man?
- 2. Who were the first two people to be created by God?
- 3. In which book of the Bible is the story of creation found?
- 4. Why was man set away from the Garden of Eden?
- 5. Identify any two talents God gave you
- 6a) Define the term family
- b) Give any two types of a family
- c) State any two roles of a family
- 7a) In which one way is a school useful to a community?
- b) Identify any one good a school gets from the community?
- c) Identify any two groups of people that are useful to us
- 8a) Why do people work? (Give two reasons)
- b) Give any two jobs that require special training
- 9a) In which two ways can people overcome their weaknesses
- c) Identify two weaknesses people have
- 10.0n which day did God rest from the work of creation?

#### Set 2

- 1. What is a sin?
- b) Identify any two results of sin
- 2a) Who was the first man to commit murder in the Bible?
- b) Which punishment was given to him by God?
- 3. State any one cause of teenage pregnancies
- b) Identify any two effects of teenage pregnancies
- 4. Why did Jesus come on the earth?
- b) In which two ways did Jesus take care of people who were suffering?
- 5. Give two ways how you can care for the needy in your community
- b) How can one avoid suffering (give two ways)
- 6. State any two organization that help people in need
- b) Which group of people is directly helped by the UWESO?
- 7. What should one do after sinning?
- b) State any one reward of avoiding sin

## Set 3

- 1a) Define the term family
- b) State any three types of family
- 2a) Identify any two causes of break ups in families today
- b) State any two results of family break ups
- 3a) Give the meaning of the name Abraham

- b) Name the son of Abraham that was born to him by Hagar
- 4a) Which message was preached by John the Baptist?
- b) Identify two forms of food John the Baptist ate in the wilderness
- 5a) Which massage did Virgin Mary receive?
- b) Give three gifts that were given to baby Jesus by the Magi
- 6a) How does God communicate to his people today (give two ways)
- b) Give any two ways how people communicate with their God