```
Patient Name: John Doe
2 Age: 47
   Date: 2025-07-10
3
4
5
    Summary of Visit:
6 Patient presented with fatigue, mild chest discomfort, and shortness of breath on
    exertion.
7
8
   Findings:
9
   - Blood Pressure: 142/90 mmHg
10 - Heart Rate: 82 bpm
11
   - ECG: Normal sinus rhythm
12
    - Blood tests: Elevated LDL cholesterol
13
14
   Diagnosis:
15
    - Early stage hypertension
16
    - Hyperlipidemia
17
18
   Recommendations:
19 - Start low-sodium diet
20 - Begin statin therapy (Atorvastatin 10mg)
```

21 - Schedule cardiology follow-up in 4 weeks

22