

# Mess Menu

w.e.f (1<sup>st</sup> May 2015)

	Breakfast	Lunch	Snacks	Dinner
<b>Monday</b>	Chole Kulche /{Omlette(L),bread butter/jam}, sprouts,tea/coffee/milk(corn flakes/bournvita)}	1.Aaloo Pyaaz 2.Kadi 3.Plain rice 4.Papad(L) 5.Plain and Butter Roti 6.salad	Vada Pav(L) Sauce Thandai Tea	1.Masala kaduu 2.Lobia dal 3.Fried rice 4.plain and Butter Roti 5.Fruit Custard(L) 6.Salad
<b>Tuesday</b>	{Uttpam,sambar,coconut chutney} /Bread Butter /bread jam} , sprouts ,tea/coffee/milk(cornflakes/bournvita)	1.Aaloo parantha 2.Lasoon chatni 3.Plain curd 4.chane ki dal 5.Salad	Noodles(L) Sauce Lemon water Tea	1.Dal makhani 2.Mix veg 3.Matar rice 4.plain and Butter Roti 5.Balusai(L) 6.salad 7.Papad
<b>Wednesday</b>	{Poha + Mithi Chatni}/{boiled egg(L),toasted bread with butter} , sprouts ,tea/coffee/milk(cornflakes/bournvita)	1.Rajma 2.Loki 3.Plain Rice 4.Bundi Raita 5.Papad(L) 6.plain and Butter Roti 7.salad	Mathri(L), Sauce Jal jeera Tea	1.Veg Kofta 2.Dal tadka 3.Pulav 4.Plain and butter roti 5.Kheer(L) 6.Salad
<b>Thrusday</b>	{{Sambar vada/idli},{coconut chutney}},{Omlette(L),toasted bread with butter} , sprouts,tea/coffee/milk(corn flakes/bournvita)	1.Bhindi 2.Arhr Dal 3.Onion rice 4.Veg Raita 5.Plain and Butter Roti 5.Salad	Mix Pakoda Rasna Tea	1.Matar Paneer 2.Mix dal 3.Plain rice 4.Plain and Butter Roti 5.Besan ke laddoo(L) 6.Salad 7.Papad(L)
<b>Friday</b>	{Pav Bhaji}/ {boiled egg(L),bread butter/bread jam}, Sprouts,tea/coffee/milk(corn flakes/bournvita)	1.Chana Masala 2.Plain rice 3.Bundi Raita 4.Plain and Butter roti 5.Black Masoor 6.Salad	Bread Roll(L) Sauce Roohafza Tea	1.Navratan Korma 2.Urad dal 3.Pulav 4.Plain and Butter roti 5.Suzi Halwa(L) 6.Salad
<b>Saturday</b>	{Cutlet with sauce}/{Boiled egg(L),bread butter/bread jam},sprouts,tea/coffee/milk (cornflakes/bournvita)	1.Gatta masala 2.Moong dal 3.Plain rice 4.Veg Raita 5.Plain and Butter roti 6.Papad(L) 7.Salad	Chivda(L) Lemon Water Tea	1.Bhature 2.Chole 3.Onion rice 4.Imarti(L) 5.Salad 6.Fried Mirchi
<b>Sunday</b>	{Samosa,jalebi,meethi chatni}/{Omlette(L),toasted Bread with Butter}, sprouts,tea/coffee/milk(corn flakes/bournvita)	1.Gobhi Matar 2.Arhr Dal 3.Jeera rice 4.Plain Curd 5.Plain and Butter roti 6.Salad	Idli fry(L), Roohafza, Tea	1.Pudi 2.Aaloo Matar 3.Mix Dal 4.Plain rice 5.Gulab Jamun(L) 6.Salad

**Cosha Senator InCharge**

**Mess In Charge**

**Chief Warden**

