

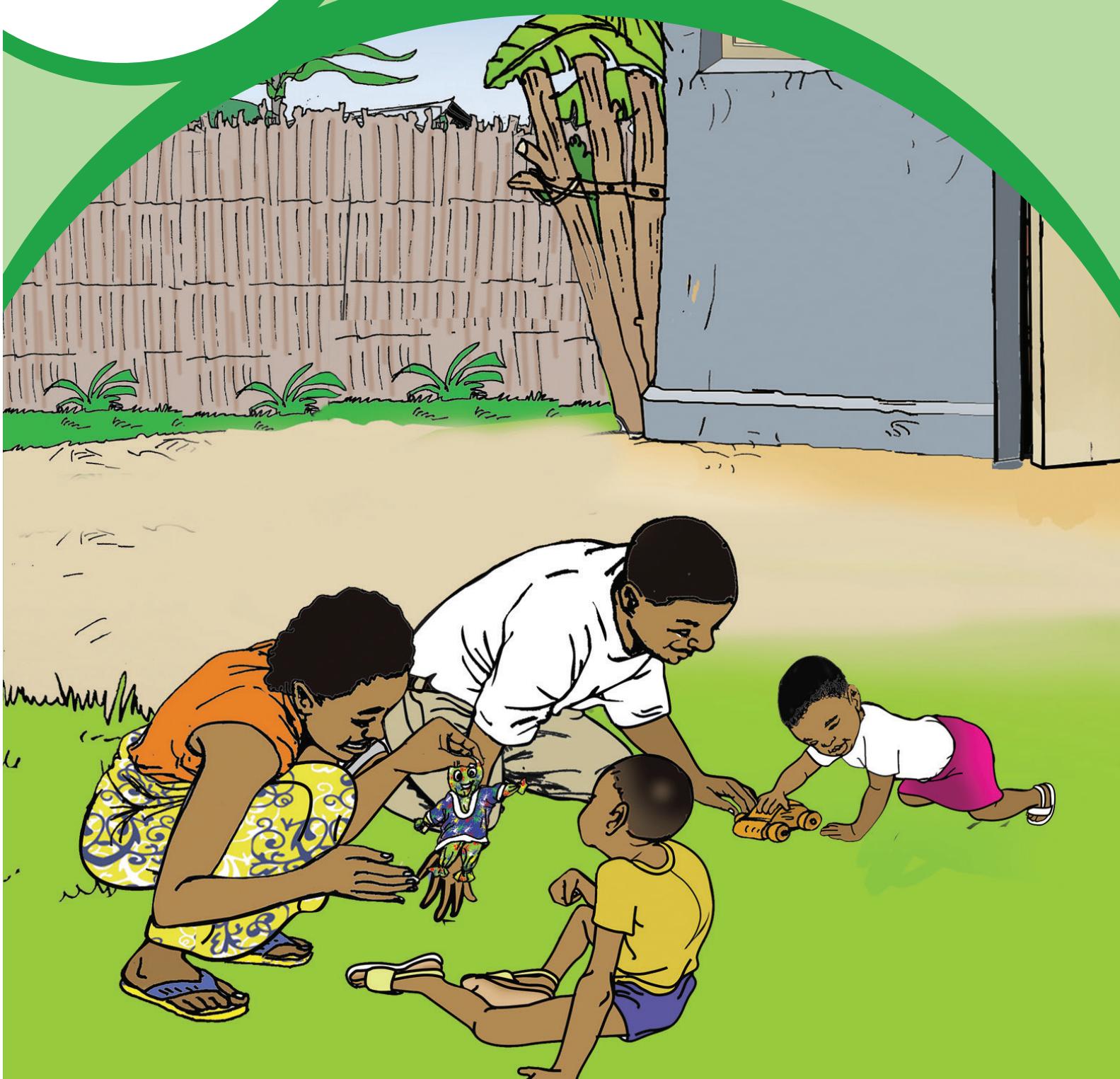


Republika y'u Rwanda

Ikigo cy'ighugu  
gishinzwe imikurire no  
kurengera umwana

# IMFASHANYIGISHO

IHUGURA ABABYEYI KU MUMARO WO  
GUKINA N'UW'AHANTU HAKANGURA  
IBIYIYUMVIRO BY'UMWANA



unicef

kuri buri mwana

# IMBONERAHAMWE Y'IBIRIMO

Imfashnyigisho ya 1: Ubwonko	04
Imfashanyigisho ya 2: Imikurire y'ubwonko - Umusingi	04
Imfashanyigisho ya 3: Umumaro wo gukina	05
Imfashanyigisho ya 4: Guhererekanya umupira	06
Imfashanyigisho ya 5: Ibikorwa bifasha umwana n'umubyeyi komatana	06
Imfashanyigisho ya 6: Imbamutima z'umwana	07
Imfashanyigisho ya 7: Kubara inkuru/Guca imigani	08
Imfashanyigisho ya 8: Ibikinisho bikozwe n'intoki	09
Imfashanyigisho ya A: Kwiga ibikorwa byo gukina-Incuke	12
Imfashanyigisho B : Ibikorwa byo gukina no kuganira bijyanye n'imyaka - uruhinja (0 - amezi 12)	25
Imfashanyigisho ya C: Imikino n'ibikorwa bijyanye n' ikigero cy'abana - ibitambambuga (amezi 12 - 36)	29

**IMFASHANYIGISHO  
IHUGURA ABABYEYI  
KU MUMARO WO  
GUKINA N'UW'AHANTU  
HAKANGURA IBYIYUMVIRO  
BY'UMWANA**

**Imfashnyigisho ya 1: Ubwonko (Urupapuro rwa 12)**



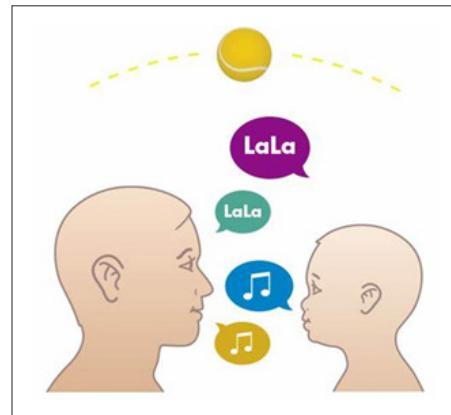
**Imfashanyigisho ya 2: Imikurire y'ubwonko - Umusingi (Urupapuro rwa 12)**



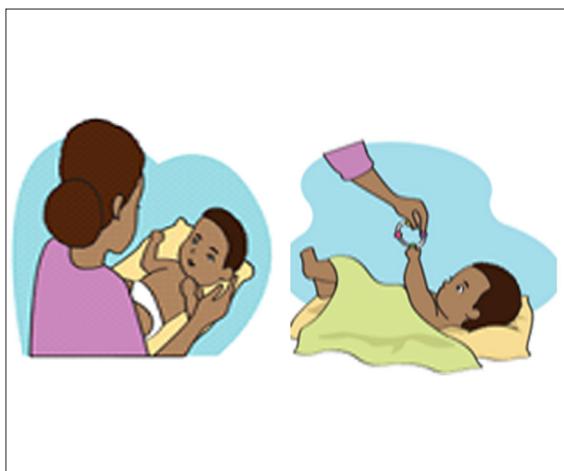
### Imfashanyigisho ya 3: Umumaro wo gukina (Urupapuro rwa 16)

Icyiciro cy'emyaka	Igikorwa giteganyijwe	Ni iki umwana yigiramo?
Kuva umwana asamwa kugeza avutse	Ganiriza uruhinja ruri mu nda, ruririmbiire, rubwire inkuru, rusomere ibitabo. Ugomba gukuyakuya inda y'umubyeyi	<ul style="list-style-type: none"> <li>Umwana yaguka mu bijyanye no kumva, akamenya ijwi ryawe akanakumenyera</li> </ul>
Uruhinja Kuva avutse kugeza amaze icyumweru	Iyegereze uruhinja cyane, ururebe mu maso, unamukuyakuye gahoro-gahoro ku maboko	<ul style="list-style-type: none"> <li>Kukureba mu maso, kukubona hafi ye, kubona ko umwitayeho, kukwiyumvamo umukuyakuya ku maboko.</li> <li>Kumva akunzwe kuko abona ababyeyi bamwitayeho, gukura mu byiyumvo byo gukorakora (bitewe no kumukuyakuya), no gukura mu byiyumvo byo kureba (bitewe no kurebana n'ababyeyi mu maso).</li> </ul>
Uruhinja Kuva ku cyumweru kugeza ku mezi 6	Ereka umwana wawe ibintu by'amabara, ubimunyuza mu maso gake-gake uva iburyo ujyana ibumoso.	<ul style="list-style-type: none"> <li>Gukura mu bushobozi bwo kureba no kugira amatsiko. Ashobora no kugerageza gufata igikoresho (imikurire y'ingingo) akanagitamira (imikurire mu byiyumvo)</li> </ul>
Uruhinja Kuva ku mezi 6 kugeza ku mezi 12	Ha umwana wawe isahani n'ikiyiko kugirango adondange.	<ul style="list-style-type: none"> <li>Gukoresha amaboko n'ibiganza afata ikiyiko cyo kudondanga ku isahane (gukura kw'ingingo). Bizamufasha gusobanukirwa ko kudondanga ibintu ari ugutera urusaku kandi ko ari we ubiteye. Ashobora kudondanga mu buryo burimo injyana (kwiga kubara), kwaguka mu matsiko kubera urusaku arimo guteza...</li> </ul>
Ibitambambuga Kuva ku mezi 12 kugeza kuri 36	Hereza umwana udupande/ utubaho atugerekeranye	<ul style="list-style-type: none"> <li>Azakoresha ibiganza bye afate agapande/akabaho akagerekeranye n'utundi (imikurire y'ingingo/ igihagararo). Ahari umunari/igorofa arimo kubaka uzagwa bimutungure, bimutere ubwoba, bimushimishe cyangwa agire ubwoba, yishime cyangwa yumve bimutengushye (imikurire mu mbamutima). Ashobora kongera akagerageza (kudacika intege).</li> </ul>
		<ul style="list-style-type: none"> <li>Mu gihe ashaka guhuza udupande/ amashusho, azagerageza kureba udufitanye isano n'udufite itandukaniro, abone gutondeka. Bizamwigisha kwhiangana/ kudacika intege ubwo azaba arimo kudutondeka. Ashobora kumva abuze amahwemo/adatuje mu gihe arwana no kudutondeka (gukura mu mbamutima), ndetse ashobora no gusaba ubufasha (imikurire mu bijyanye no kumenya ururimi/kuvuga), ...</li> </ul>

**Imfashanyigisho ya 4: Guhererekanya umupira (Urupapuro rwa 21)**



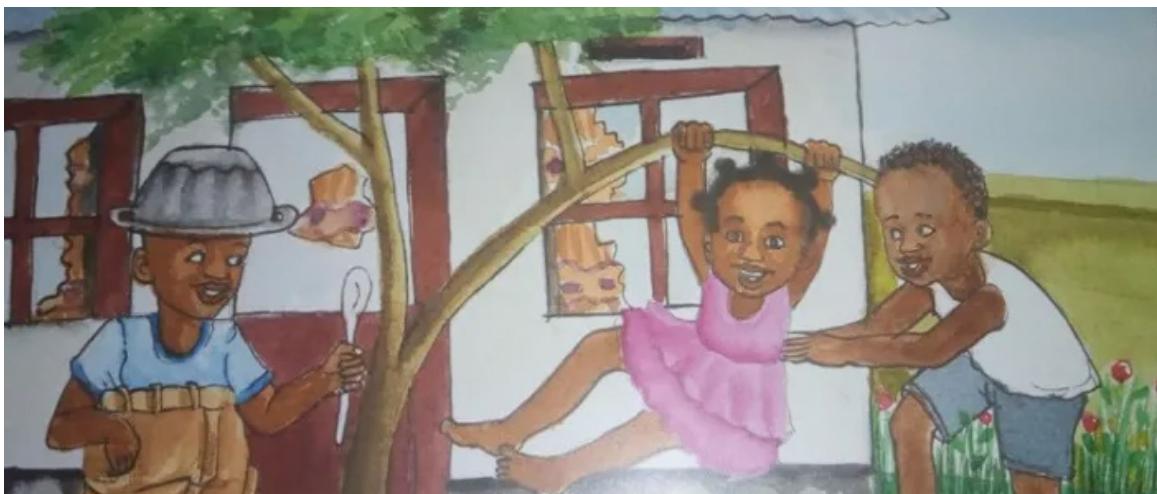
**Imfashanyigisho ya 5: Ibikorwa bifasha umwana n'umubyeyi komatana (Urupapuro rwa 23)**



**Imfashanyigisho ya 6: Imbamutima z'umwana (Urupapuro rwa 32)**



## Imfashanyigisho ya 7: Kubara inkuru/Guca imigani (Urupapuro rwa 42)



Habayeho abana batatu b'inkubaganyi cyane.

- Mu nzu iwabo babaga burira akabati, bamenta amasahani, ibirahure, teremusi n'ibikombe, bakavunagura intebé, bagakinira hejuru y'ameza ntibatinye ko bahanuka bakavunika.
- Mu cyumba cyabo na ho babaga basasura uburiri, banyanyagiza imyenda yabo ari na ko bashotorana bakarwana.
- Abo bana iyo bageraga mu gikoni bamenaga ibiryo, amavuta, ifu, isukari bagasuka amazi hasi, ari na ko bahitana ibikoresho, bimwe bikameneka.
- Inzu y'iwabo nta kirahuri cyayirangwagaho bari barabimenaguye.
- Ababyeyi babo bakoze ibishoboka byose ngo abo bana bareke gukubagana, ariko barananirana.
- Nyina w'abo bana b'inkubaganyi ageze aho ata umutwe, atangira kuyonga ananuka.
- Umunsi umwe arababwira ati: <<Bana bange uko murushaho gukubagana ni ko ngenda nyunyuka, dore nsigaye ngana n'urudodo! Nimukomeza mutyo nzayonga nshire mumbure. Mwambabariye mukareka gukubagana.>>
- Abo bana ntibitaye kubyo nyina yababwiye ahubwo barushijeho gusaragurika, kurwana no kwangiza. Nyina arayonga asigara angana n'akabuto k'umuceri. Ajya mu buiriri araryama, abana be baramushaka baramubura.
- Bageze aho baramuhamagara, bumva akajwi kabitabira mu cyumba, birukirayo. Bagezeyo batungurwa no kutabona nyina, baraturika bararira.
- Barushaho kumuhamagara, bumva ka kajwi karabitabira mu mashuka. Umukuru muri bo arasasura, abona akabuto aragafata yumva niko kabitaba. Akereka barumuna be, bose bibuka ko nyina yahoraga ababwira ko azayonga bakamubura.
- Bagira uwuba, bafata ka kabuto bagashyira mu iganda ry'ikibiriti ngo na ko batakabura. Bakicara iruhande bakomeza kurira cyane binginga nyina ngo ababarire agaruke, ntibazongera gukubagana na mba.
- Uko abana barira, amarira akagwa kuri rya ganda ry'ikibiriti, riratinda riratoha amarira agera kuri ka kabuto, gatangira gukura.
- Kubera agahinda, umunaniro n'amarira, abana bageze aho bagwa agacuho barasinzira ariko akabuto ko gakomeza gukura.
- Abana bakangutse nyina yongeye kuba muremure kandi ari munini nka mbere. Arabahobera barishima cyane. Kuva uwo munsi, abo bana b'inkubaganyi ntibongeye gukubagana ukundi.

Inkuru dukesha Editions Bakame

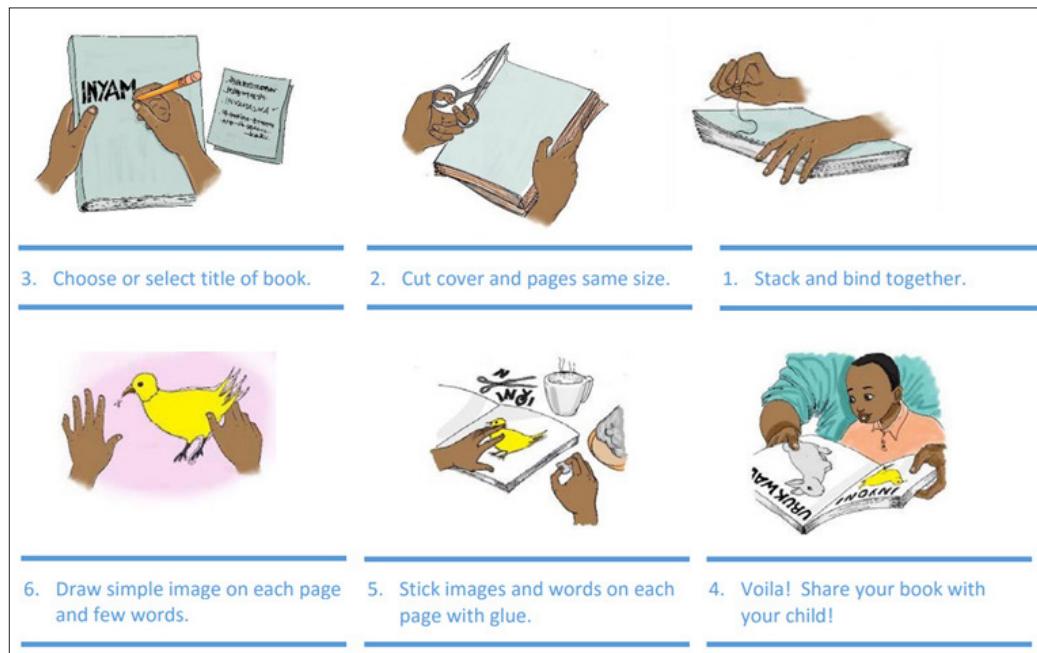
## Imfashanyigisho ya 8: Ibikinisho bikozwe n'intoki (Urupapuro rwa 48)

<b>Umupira</b> 	Umupira wa karere ubanze mu birere cyangwa amababi	Ushobora gukoreshwa mu gutuma umwana agira ubumenyi bw'umubiri binyuze mugutera umupira, kugira ubumenyi bwo kubasha kumenya amabara n'imiterere y'umupira; kwiga ururimi mu gihe avuga ngo 'tera hejuru' (hasi,vuba cyangwa gahoro)
<b>Iabube</b> 	Gikozwe mu bikoresho bishaje cyangwa amacupa. gifite isura idozwe cyangwa isize irangi.	Bifasha umwana kumenya gutekereza uruhare rw'umwana n'ababyeyi; kwambika igipupe bishobora guha umwana ubumenyi ku bice by'umubiri w'umuntu (isura, amaguru, amaboko, amaso,umunwa) bishobora gutuma agira ubuhanga n'ubumenyi mu rurimi avuga.
<b>Igitabo</b> 	Gikozwe mu binyamakuru bishaje, amakarita cyangwa ibindi bikoresho (reba hasi ku bindi bisobanuro	Bishobora gukoreshwa mu kwereka umwana amagambo no kumva ururimi mu gihe usomera ndetse unamusobanurira amafoto ari ku rupapuro. Gusomera hamwe igitabo nanone ni uburyo bwo kumufasha kwaguka no gukura mu marangamutima igihe muri kuvuga kubyo mubona ku rupapuro no kumarana igihe muri kumwe
<b>Igikarito</b> 	Fata igikarito kivamo ibiryo nk'ibisuguti, icyayi cyangwa ikawa kirimo ubusa. gifunge neza wifashishije umugozi, ugafatisha umwenda ukoresheje kore(umuti ukoreshwa mu guhuza	Imiterere itandukanye y'umwenda iba igaragara neza. umwana ashobora kuguma kucyitegerezza, kugikoraho no kukijana mu buryo busekeje kandi bushimishije.
<b>Gukoresha ibikinisho birekura amajwi</b> 	Fata amacupa asukuye kandi arimo ubusa, ushyiremo ibantu byatanga urusaku/ ijwi (ibishyimbo,utubuye duto,umuceru n'ibindi) funga icupa neza ukoresheje umugozi nyuma yo gushyiramo ibyo bantu mw'imbere	Abana bazanezwa n'urwo rusaku biri gutanga mu gihe babizunguza.  umwana ashobora kubifata, kubiterura cyangwa kubizunguza
<b>Impira yidunda</b> 	Koresha igikoresho kiburungushuye hanyuma uzengurutseho ibindi bikoresho kugirango bibe umupira. koresha ipamba riwuzenguruka kugirango birusheho kudunda	Abana b'ibitambambuga bashobora kuwutera bakanawujugunya bakina

<b>Umugozi</b> 	Shyira utuntu tuzengurutse tumeze nk'impeta ku mugodzi	Umwana ashobora kuwufata, kuwuterura cyangwa kuwuzunguza
<b>Umukino wo guhuza</b> 	Picture drawn or pasted on cardboard. Ifoto yashushanyijwe cyangwa yashiyizwe kw'ikarita	To put together a puzzle. Gushyira ibintu cyangwa ayo mafoto hamwe/ukabihuza
<b>Igitabo</b> 	Igitabo kirimo ibishushanyo n'amafoto	Gufata, kuganira, kureba ku ifoto cyangwa kuvuga inkuru
<b>Igikombe kirimo imifuniko</b> 	Egeranya imifuniko y'amacupa y'amazi cyangwa amata. hanyuma usigaze/ubike igikombe cy'ikawa gifite umufuniko wa parasitike. ca umwenge muri uwo mufuniko	Umwana ashobora kuzunguza icyo gikombe ubundi akumva ijwi risohokamo! ushobora gukoresha agatambaro cyangwa umwenda kugira ngo umwana abashe gukurura icyo gikombe.

### Kwikorera ibitabo

3. Hitamo umutwe w'igitabo.	2. kata igifuniko n'impapuro ku buryo bungana	1. Bihurize hamwe ubundi ubifatanye
6. Shushanya igishushanyo gisanzwe kuri buri rupapuro n'amagambo make.	5. Omeka ibishushanyo n'amagambo kuri buri rupapuro ukoreshsheje kole	4. Reba! sangiza umwana wawe igitabo wakoze!





Hitamo umutwe w'igitabo	2. Kata igifuniko kingana w'igitabo	3. Huza ibifuniko n'ubudodo cyangwa kore
4. Kora amashusho n'am-abambo make bijyanye	5. Omeka mo amashusho wakoze ukoreshe nka kore/ubugali cyangwa ikindi	6. Ereka umwana wawe igitabo wakoze

## Imfashanygisho ya A: Kwiga ibikorwa byo gukina- Incuke

### 1. Indimi n'ubuvanganzo

#### 1.1. Guhimba inkuru muri hamwe

1



Himba inkuru utangirane na:  
None turasohokera.....(izina  
ry'ahantu muri bugende)kandi  
turazana.....(icyo muri buzane)

2



Buri mutu wese akore  
igice cy'inkuru ye.Ariko  
izina ry'ikintu kiribuzanywe  
rigomba gutangirana  
n'inyuguti ikurikira

3



Umwana wa mbere azavuga  
ikintu gitangirwa n'inyuguti ya  
"a" (amavuta), ukurikira azavuga  
ikintu gitangirwa n'inyuguti ya  
"b"

4



Mukomeze kubikurirkiranya  
kugeza inyuguti zose  
zishize.

### Igikorwa gikomeza



Himba inkuru  
ndende- ongeramo  
interuro zituzuye  
zigombwa kuzuzwa(  
urugero:None  
urasohokera.... kandi  
turazana....ndetse  
ndaza ku.... (vuga icyo  
uri bukore)).



Buri mwana agomba kwibuka  
kandi agasubiramo ibyo  
twasangiye mubiganiro  
ahashize akabyongera  
ku nkuru(Urugero ni ba  
umwana wa mbere avuze  
amazi,uwa kabiri icunga,  
uwa gatatu azavuga "None  
urasohokera.....(izina  
ry'ahantu) kandi turazana  
amazi ,icunga n'inkoko"uko  
abantu baba benshi niko  
umukino ukomera.



Hindura  
insanganyamatsiko"None  
turajya kuroba...Cyangwa  
"None turajya gusura....

#### 1.2. Gusa nkaho uri gukora ikintu

Babyeyi mwijjishe nkaho murimo gukora ikintu runaka hanyuma umwana avumbure ibyo urimo  
gukora.

urugero,Igire nkaho ukubura.

vuga,"ndimo gukora iki?" umubwire avumbure icyo urimo gukora. .

Mu gihe abikoze neza, noneho igire nkaho uri gukata imboga.

vuga"ndimo gukora iki?" hanyuma umubwire avumbure icyo urmo gukora.

n'ibindi..

Nawe ushobora guhinduranya nawe inshingano hanyuma we agakora wowe ukavumbura icyo ari  
gukora.

### 1.3. Simoni aravuga(cyangwa mama akavuga)

**1**



Umwana umwe watoranyiwe nka Simoni naho abandi bakaba abakinnyi.

**3**



Buri wese asabwe gukurikiza amabwiriza yatananzwe.Gusa bagomba kubaha itegeko ritegeka ritangirana na Simoni aravuze.

**5**



Kurikiza amabwiriza hanyuma ubashe kuguma mu mukino igihe kirekire bishoboka

**2**



Ahagaze imbere y'itsinda,Simoni arabwira abakinnyi ibyo bagomba gukora. urugero,"Simoni aravuze'kora kw'izuru ryawe', cyangwa Simoni aravuze'kubita intoki zawe".

**4**



Niba Simoni avuze "Simoni aravuze' mufate ku mano yanyu" Ubwo mugomba gufata ku mano yanyu. Ariko mu gihe Simoni yivugiye ngo musimbuke gusa atabanje kuvuga ngo "Simoni aravuze"abakinnyi ntibagomba gusimbuka. abasimbutse bahita bavamo.

**6**



Umukinnyi ubashije kuguma mu mukino wanyuma aba atsinze hanyuma agahita aba Simoni ukurikira cyangwa agahitamo uri bube Simoni .Umukino mugenda muwusubiramo kugeza igihe mwese mubashije kuba ba Simoni .

### 1.4. Talking ball

**1**



Umwana atangiranye umupira. Bazanye igikorwa cyo gukora bakiuze(inshinga) urugero muzane amaboko hamwe,mufungure amaboko, mubisubiremo vuba vuba.

**2**



Undi muntu agerageza kuvumbura icyo gikorwa(urugero,gukoma amashyi).Agakomeza kuvumbura kugeza babimenye neza.Mu gihe byabaye byose neza umwana ajugunyire undi muntu umupira.

**3**



Umountu 2 sama umupira. umuntu 2 vuga ikindi gikorwa (urugero, simbuka hasi hejuru). Umukinyi ukirikiraho yaba umwe wa mbere cyangwa undi wa gatatu agerageze kuvumbura icyo gikorwa.Mu gihe babikoze umuntu 2 abajugunyira umupira. Mukomeze umukino kugeza aho buri wese agezweho cyangwa ako nki incuro ishanu.NI inshinga

**4**



Wanagerageza kubijyamo incuro nyinshi zishoboka mu minota 10.

## 1.5. Nyibutsa

### Vuga:

- "Nkeneye ubufasha nyibutsa ubwoko bw'ibantu baba kw'isoko. Wamfasha?"
- "Ni ibihe bantu bigurishirizwa kw'isoko? Kw'isoko bagurisha amacunga? Ni iki kindi baba bagurisha?"
- "Watekereza ku kindi kintu baba bagurisha?"
- 

Reka umwana wawe avuge ibantu bigurishirizwa mu isoko

- Urakoze , ubu ndibuka ibantu bigurishirizwa mu isoko

## 1.6. Gushakisha inyuguti

Inyuguti ziri buri hamwe hadukikije-mu bitabo, mu magazeti, mu bimenyetso, mu dupfunyika tw'ibiro.Wafasha uwana wawe kwiga ibijyanye n'inyuguti mu gihe mukinnye umukino wo gushaka inyuguti mu mazina yabo cyangwa irindi jambo bihitiyemo( nk'inzu) ahantu hatandukanye.

Vuga uti:

- Reba Isaro,hano I ni inyuguti ya mbere itangira izina ryawe.
- Wabona indi I ku gakarito?
- Naho hano hari S, inyuguti ya kabiri mw'izina ryawe
- Iyi nyamaswa ni iyihe?
- Nibyo,ingagi,Itangirana na I-Nyereka inyuguti I kuri ako gakarito

Wasubiramo uyu mukino ukoreshheje ibindi bikoresho nk'ibitabo,ibinya-makuru,i gazeti,n;ibindi.... nandi mazina.



## 2. Imibare

### 2.1. Bihurize hamwe



Kusanya imfuniko 20 y'amacupa,  
hanyuma uyigabanye mo ibice  
2 byi 10.Andika kuva kuri 0-9  
mo imbere kuri utwo dupfuniko,  
wibuke kwandika 6 na9 mu  
buryo butandukanye.



Zunguza utwo dufuniko  
kuburyo imibare  
yanditsemo itagaragara  
kandi uyivange n'ikindi  
gice.Nurangiza uyishyire  
ku mirongo ine itambitse  
n'eshanu ihagaze



Abana babwire buri wese gufata  
tubiri.Niba imibare yanditseho isa  
abigumane,Niba idasa nabisubize  
aho byaribitengeye ariko imibare  
ireba hasi.



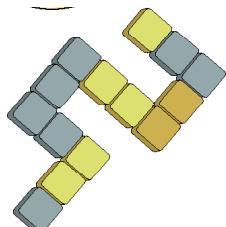
Babisubiremo kugeza  
umwana afashe ibisa.



Niba umukino uri gukinwa na bantu babiri  
cyangwa benshi,Buri wese agende agerwaho  
mu gutoramo tubiri,umwana utoye udusa  
atugumana .niba tudasa nadusubizemo  
hakurikireho undi.Utsinda n'uzaba afite  
udufuniko twinshi mu gihe umukino  
warangiye.

## 2.2. Domino(hamwe n'imibare cyangwa amashusho)

Domino zakorwa mu makarita,womeka ayo mashusho wakuye mu i gazeti,ibitabo cyangwa ukabishushanya.Bifasha umwana gukusanya no gukuramo ibisa.



## 2.3. Gutera umupira amacupa y'amazi

- |  |  |
|--|--|
| <b>1</b>    | Kusanya amacupa 5,7 cyangwa 10. yandikeho imibare minini kuri buri rimwe   |
| <b>2</b>   | Buri cupa rishyiremo amazi cyangwa umucanga kugeza mu gice.Amacupa yakore nka mpandeshatu yo mu mukino wo gutera umupira                       |
| <b>3</b>   | Buri mwana natere umupira ayo macupa kugirango agwe.   |
| <b>4</b>  | Buri nyuma yo kujugunya agapira,teranya imibare yanditse ku macupa yaguye, urugero niba amacupa yaguye ari 5,6 na 8 igiteranyo ni 19(5+6+8=19) |

## 2.4. Reka tubare ibice by'umubiri wacu

### Vuga:

- “Reka tubare ibice by'umubiri wacu!”
- “Ufite amazuru angahe?yanyereke!”
- “Ufite amaso angahe?yanyereke!”
- “Ufite amaguru angahe? yabare!”
- “Ufite amatwi angahe? Yabare!”
- “Ufite amano angahe? reka tuyabare!”
- “Wanyereka intoki 2 gusa?”
- “Noneho wanyereka intoki 5?”
- “Sawa gerageza unyereke intoki 7?”

### Inyongera:

- Fasha umwana wawe kumenya kubara umubaza ibibazo nka” ni kangahe” munabarane ibantu hamwe.Abana bibeshya muntangiriro ariko bakigira mugusubiramo imikino kenshi gas-hoboka.

## 2.5. Gukoma amashyi,gusimbuka, gusimbuka kaguru kamwe

### Vuga:

- “Reka dukomere amashyi hamwe .koma amashyi incuro 1.”
  - “Noneho koma amashyi incuro 2.”
  - “Noneho simbuka incuro 3.”
  - “Simbuka kaguru kamwe incuro 5.”
  - “Noneho koma amashyi rimwe hanyuma usimbuke kabiri.”
  - “Noneho koma amashyi kabiri,usimbuke kabiri hanyuma unasimbuke kaguru kamwe kabiri.”
- Noneho simbuka kaguru kamwe ,ukome amashyi ,wongere usimbuke kaguru kamwe hanyuma ukome amashyi.”.....

## 2.6. Guhiga ubutunzi

### Vuga:

- "Tugiye kujya ku muhigo wo guhiga ubutunzi" Kandi dukusanye amabuye
- Icum (cyangwa uduti,n'ibindi bintu byakoroha gukusanya)."'
- Sohora abana wawe. bafashe gukusanya amabuye icumi(cyangwa uduti,n'ibindi bintu byakoroha gukusanya
- "Kora umurongo muremure w'ayo mabuye yawe hanyuma uyabare kuva 1 kugeza 10"
- "Noneho, kora amabuye yawe mo ipiriye imwe nini n'into ya."
- "Noneho kora amabuye yawe mo amapiriye angana."
- "Noneho aha umuturanyi wawe amabuye abiri."
- "Kora amatsinda 5 ya mabuye 2."
- "Shyira amabuye yawe mu gikapu."

## 2.7. Reka dutoranye ibigori cyangwa ibishyimbo

Egereza igisahani kinini cyo mugikoni imbere y'umwana wawe muvangane ibirungo bitatu bitandukanye mwahisemo( byibuze 5-6 bya buri bwoko).Urugero wakoreshaa muri uyu mukino ni ibishyimbo,ibigori,umuceri

Bwira umwana wawe

- Mfasha gushyira izo mboga mu isafuriya
- "Mu gihe umwana wawe arangije icyo gikorwa ,bimusubirishemo akoresheje ubundi bwoko bw'ibiryo.

## 2.8. Gutondeka ibibabi

Mbere y'igikorwa cyo gukina,Ugomba kujya gushaka ibibabi .Ushobora kubikorana n'umwana wawe cyangwa ukabikora uvuye mukazi cyangwa kw'isoko.  
Fatamo byibuze ibibabi 5 cyangwa birenzeho.

Bwira umwana wawe:

- Reba mu bibabi byawe ubitoneke uhoreye ku gito kugeza ku kinini.Narangiza umubwire ngo "wabikoze neza"
- None ho bitondeke ugendeye ku mabara"
- "Noneho bitondeke ugendeye kuburyo bikoze"

N'ibindi....

## 2.9. Watekereza ku kindi kintu?

Umubyeyi agiye gutuma umwana atekereza ku kindi kintu gisa cyangwa gitandukanye nicyo yamubwiye.

### Vuga:

- Hano hari inyanya(wapfa kubihimba mu gihe utazifite).
- watekereza ku kindi kintu gisa umutuku nk'inyanya?"
- Shishikariza umwana wawe kuzana ikindi kitekerezo gitandukanye umubwira "Biraham-baye,wambwira ikindi kintu cyumuzenguruko kimeze nk'urunyanya?"
- "None ho, hano hari intete y'ikgori/ igishyimbo ,watekereza ku kindi kintu cyaba gisa n'igishyimbo?"
- "Watekereza ku kindi kintu kinini kurusha ikigori?"
- "Watekereza ku kindi kintu gifite ibara ry'umuuhondo nki kigori?"

N'ibindi...

## 2.10. Shushanya inziga ahantu hose

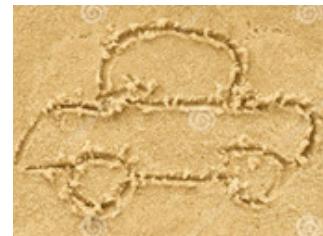
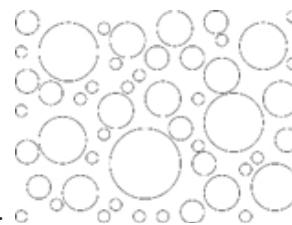
Ababyeyi bazakoresha uduti mu gushushanya ibinyempande- ikiziga mu mucanga cyangwa mw' ivumbi

Bwira umwana wawe:'Uru ni uruziga' mu gihe ugishushanya gahoro. hanyuma ukore ikindi:'Hano hari urundi ruziga' kora ikinini n'igitoya, ariko byose bizengurutse

Saba umwana wawe nawe gushushanya uruziga.Niba bimugoye mufate akaboko umufashe.Yarebera ku ruziga rwawe agashushanya urusa narwo. Azishimira gukora ikintu gisa n'i cyawe.

Nyuma y'igihe gito mubirangije wowe n'umwana mwareba hirya no hino hegereye inzu mu-gashaka ibindi bintu byaba biteye kimwe.Reka abari umwana wawe ubishaka, mufashe mu gihe abikeneye-nko kumurangira uvaga "reba mu giti kiri hariya!"

"Reka umwana wawe akoreshe ubuvumbuzi bwe agire icyo yongera kuri izo nziga.bikaba byahinduka isura y'umuntu ufite amaso n'amazuru, itunda cyangwa igare/ikindi kintu cyose umwana yatekereza



## 2.11. Ni ikihe gishushanyo kirekire? Ni ikihe kinini?

Umubyeyi yabaza umwana we ni ikihe kintu kirekire kurusha ikindi cyangwa kigari,n'ibindi...

- Fata ibiti 4 cyangwa 5 bitangana hanyuma ubaze umunyeshuri wiga mu mashuri y'incuke wawe kubikurikiranya agendeye kungano yabyo.
- Fata amabuye 4 cyangwa 5 atandukanye mu ngano hanyuma usabe umunyeshuri wawe kuyatondeka ahereye ku rinini kugeza ku rito.

N'ibindi...

## 2.12. "Pimisha Ikirenge n'ibiganza byawe"

Uzapima ibantu n'umwana wawe mukoresheje ibiganza n'ibirenge byiwe

- "Ni intambwe zingahe ziri aho wicaye kugeza kuri kiriya giti?"Gendana n'umwana wawe mubarane mu gihe abikora.

Ni intambwe zingahe wagenda kuva kuri icyo giti kugeza kuri iriya nzu?ugereranyije ni zingahe?wabigerageza ukareba?"

- Ni intambwe zingahe wagenda kuva kuri icyo giti kugeza kuri iriya nzu?ugereranyije ni zingahe?wabigerageza ukareba?"
- "Reka tugerageze dukoresheje ibiganza byacu.ni ibiganza bingahe biri kuva kumpera ziyi nkoni kugeza kuyindi mpera?(cyangwa ikindi kintu kiraho hafi).

### 3. Artistic expression and scientific exploration

#### 3.1. Shadow drawing

1



Reka umwana ashake ikintu icyo  
ari cyose yashushanya

2



Shyira ikintu ku rupapuro  
rutanditseho munsi  
y'urumuri rw'izuba.  
hinduranya neza interekko  
icyo kintu kugirango  
umwana abone igicucu

3



Wabonye igicucu?niba ari  
yego gishushanye.niba ari  
oya,kuberiki?gerageza guhindura  
igitereko cy'urupapuro nicyo  
kintu kugirango haboneke  
igicucu.

4



Ukoreshheje ikaramu y'umuti  
cyangwa y'igitu umwana  
nashushanye igicucu  
cyatanzwe nicyo kintu.

5



Sobanurira umwana wawe  
uburebure n'inguni z'icyo gicucu  
icyo bivuze kubijyanye na masaha  
y'umunsi n'icyerekezo cy'izuba  
ugendeye kuri icyo kintu.

6



Umwana yataka icyo  
gishushanyo akoresheje  
ambara.

7



Subiramo icyo gikorwa mu  
bihe bitandukanye by'umunsi  
mukumva neza uburyo igihe  
kigira ingaruka kugicucu

## Activity Extensions



Subiramo icyo gikorwa  
ukoreshjeje itoroshi mu mwanya  
w'urumuri rw'izuba .gerageza  
kugenda wimura itoroshi kure  
unayigarura hafi y'icyo kintu.  
ukareba uko guhindura intera  
hagati y'itoroshi nicyo kintu  
bihindura igicucu ,kiraba  
kinini?gito se?tereka itoroshi  
ahantu kuburyo umwana  
ashobora gushushanyisha  
amaboko yombi



Ushobora no  
gushushanya hasi  
ukoreshjeje igiti.  
hindura icyo gicucu  
mo igikinisho  
ukoreshjeje impapuro  
n'urumuri ugendeye  
kubyo wize  
kubyerekeranye n'  
ibicucu



Abana bashobora no  
gushushanya ibicucu  
bya bavandimwe  
babu hasi.

### 3.2.Drawing

Give your preschoolers an opportunity to draw, as a pre-activity to learn the correct pencil grip and how to write. They can learn to draw with chalk on a stone or with a stick in the sand.



### 3.3. Kubaka umunara/igorofa

**1**



Kora agakarito mu mpapuro  
z'umweru, usigemo umwobo munini  
bihagije kuburyo ukuboko k'umwana  
kwa kwinjiramo

**2**



Reka umwana atake ako gakarito  
n'imitako ashaka2.Reka umwana  
atake ako gakarito n'imitako ashaka

**3**



Igihe ashoje nkuko yabishatse  
shyirambo ibuntu.ariko ntumubwire  
cyangwa ngo umwerekere ibyo aribyo  
urugero umuneke,igitabo,ibuye  
n'ibindi...

**4**



Saba umwana gushyiramo ukuboko  
akumva ikirimo,muhe umwanya  
uhagije wo kumva neza ikirimo .ibi  
kandi bibafasha no gukoresha ibindi  
by'umviro bitari ukobona gusa.

**5**



Musabe kukubwira ikirimo mbere  
yuko mugikuramo kugirango  
murebe niba yabikoze

**6**



Babaze ibi bazo nka:Kirahanda  
cyangwa kiranoze?Gifite iyihe  
shusho?kirakomeye cyangwa  
kiroroshye?urabitekerezaho iki?  
wabimene ute?

### 3.4. Touch and feel

1



Wrap a cardboard box in white paper, leaving a hole just big enough for the child's arm to fit inside.

3



Once they have made it their own, place some objects inside, but don't tell or show the child what they are. For example, include a banana, lollipop, book, pencil, stone, etc

5



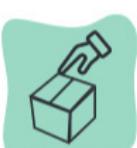
Ask them to describe the item to you and name it before pulling it out to see if they are correct

2



Have the child decorate the box, personalizing it with pictures and decorations.

4



Ask the child to put their hand inside the box and feel an object. Allow them sufficient amount of time to explore the object by feel, as this game encourages them to use other senses other than their sight.

6



Ask them questions like, is the object smooth or rough? What shape is it? Is it hard or soft? What do you think it is? How do you know?

### 3.5.Gukora indege mu rupapuro



Buri mwana nafate agace k'urupapuro. Muganire ku kuntu yakora indege nini mu rupapuro



Fasha buri mwana gukora indege ye,bafashe mu gukurikiza amabwiriza.



Mugerageze ubwoko butandukanye kugirango mukore indege yaguruka ikagera kure

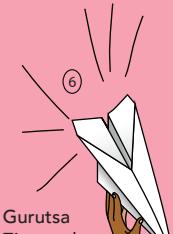
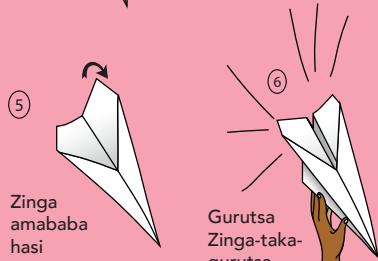


Mu zitake hanyuma murebe impinduka byagira mu migurukire yazo.



Musohoke mujye ahantu hafunguye hanyuma muzigurutse.murebe indege igera kure ni iyande cyangwa ikora utunu dushimishije ,munibaze impamvu.

#### How to fold



### Ibikorwa byisumbuyeho



Ongera ibiro: Ongera ibiro ku indege wometseho igiceri.hinduranya umwanya igiceri kiraho ku indege witegerezze ibiri bube.



Igikorwa cy'intego:Shyiraho intego urugero andika ikimenyetso cyo X ku gitu hanyuma mugerageze kugurutsa indege ihamya icyo kimenyetso.

### 3.6. Umukino wo Kubaka



Reka umwana wawe ashushanye  
igishushanyo kinini cy'amabara  
k'urupapuro. igishushanyo  
kingana n'urupapuro.



Katamo uduce duto urwo  
rupapuro tungana cyangwa  
dufite ukundi duteye mu  
binyampande, mpandeshatu  
n'ibindi...



Shyira utwo duce mu gakapu  
hanyuma utuvange



Muhinduranye iryo hurizo  
n'inshuti ziwe.



Buri mwana agomba gukora  
ihurizo rye agahuzza utwo duce  
kuburyo yongera kubona  
igishushanyo cya shushanyijwe  
n'inshuti yabo.



Reka umwana wawe ashushanye  
igishushanyo kinini cy'amabara  
k'urupapuro. igishushanyo  
kingana n'urupapuro.



Katamo uduce duto urwo  
rupapuro tungana cyangwa  
dufite ukundi duteye mu  
binyampande, mpandeshatu  
n'ibindi...



Shyira utwo duce mu gakapu  
hanyuma utuvange



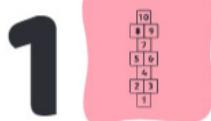
Muhinduranye iryo hurizo  
n'inshuti ziwe.



Buri mwana agomba gukora  
ihurizo rye agahuzza utwo duce  
kuburyo yongera kubona  
igishushanyo cya shushanyijwe  
n'inshuti yabo.



## 4.2 Ikibariko



Mushushanye ikibariko hasi nkuko biri kuricyo gishushanyo



Gutangira umukino umwana umwe ajunye ibuye mu kaziga 1.



Umwana azasimbuka akaziga 1 , n'amaguru yombi agwe mu kaziga 2 nu kuguru kumwe ukundi mu kaziga3 akomeze 4, nukuguru kumwe 5,6 amaguru yombi akomeze kugeza mu kaziga 10 akoresha akaguru kamwe akate akomeze abisubiremo kugeza 2,3 yuname afate ryabuye asimbuke akaziga 1.



Umwana ukurikiraho azajugunya ibuye mukaziga 2.akomeze nkuko uwa mbere yabikoze,asimbuke 1kugeza 3 atarutse 2,akomeze kugera ku 10 hindukira ugaruke nagera mukaziga 3 yuname atore ibuye akomeze mu kaziga 1.



Komeza ukinane n'abana uhinduranya incuro kugeza bajugunye ibuye muri buri kaziga



Usuzume ko nta mwana wakandagiye umurongo cyangwa ngo akandagirane ibuye mukaziga.



Mu gihe yishe amategeko asubiramo agatangira, niba abana ari benshi uwabyishe ategereza abandi bakarangiza bose akajya yakurikiraho.



Erekana aho ari butangirire n'aho asoreza



Ha buri mwana ikiyiko n'ikintu hanyuma bahagarare kumurongo utangira,Abana bashyre ikiyiko mukanwa kurundi ruhande rw'ikiyiko bahashyre cya kintu



Bareke baringanize icyo kintu ku kiyiko mbere yuko irushanwa ritangira.



Vuga"twagiye" ubabwire bose bagende bihuta bishoboka kuburyo ntawuri bute ikintu kiri ku kiyiko.Uribujugunye ikintu kiri ku kiyiko asubira inyuma agatangirire umukino



Umwana wageze ku murongo urangiza adataye icyo kintu kiri ku kiyiko aba atsinze umukino.

#### 4.1. Kwihihanya (Saye)

1 

Intebe zitoye imirongo ibiri  
ziteranye imigongo.gabanyaho  
intebe imwe ku mubare w'abana  
baribukine

2 

Shyiramo umuziki,hanyuma  
ubwire abakinni bakomeze  
bazenguruke izo ntebe ,nibusva  
umuziki uhagaze bihitire kwicara  
kuntebe buri umwe wese.

3 

Usigaye aticaye ave mu mukino.

4 

Abakinni bose bahaguruke na  
none wongere ukuremo intebe  
imwe .

5 

Shyiraho umuziki na none  
bongere bazenguruke intebe.

6 

Iki gikorwa kirakomeza kugeza  
hasigaye umuntu umwe.

7 

Uwo muntu niwe watsinze

#### 4.5 Itara ry'icyatsi, itara ritukura

- Tangirana na buri wese ari kumurongo utangira
- Nuvuga ngo "ibara ry'icyatsi" buri wese yiruke agana kumurongo urangiza
- Nuvuga ngo "ibara ritukura" buri wese ahite ahagarara.
- Niba umukinnyi akomeje kwiruka wavuze "ibara ritukura" bagomba gusubira ku ntangiriro
- Tangiza indi ncuro mu gihe buri wese yageze ku murongo urangiza

#### Kwiga kugira imbamutima n'imibanire n'abandi

#### 5.1 Ibikorwa bitunguranye byo gufasha no kugirira abandi neza

1 

Shishikariza umwana wawe  
kugira ibikorwa by'ubugiraneza  
akora buri munsi bitunguranye  
mu batuye mu muryango.

2 

Tekereza ku bikorwa  
bitunguranye bitandukanye  
byashimisha abanyamuryango

3 

Basabe kubikora kuburyo  
batabavumbura hanyuma  
bishimire ubwo bugiraneza.

## Imfashanyigisho B : Ibikorwa byo gukina no kuganira bijyanye n'imyaka - uruhinja (0 - amezi 12)

Vugisha umwana wawe na mbere y'uko avuga, reba mu maso y'umwana wawe, musekere umu-subiza mu gihe nawe agusekeye, muvugishe. mu gihe uri kumwonsa nicyo gihe kiza.



Komeza kumwiyyegamizaho umubiri ku mubiri



Shaka uburyo urebana , urebana n'umwana ndetse n'uburyo mukoranaho



Garagariza umwana wawe urukundo umukoraho unamuterura.



Shishikariza uruhinja rwawe kwigorora no kwikora mu ngingo (imikaya) mu buryo bunyuranye. mureke yirebe ku biganza n'ibirenge.



Hereza umwana wawe ibikinisho n'ibindi bintu bimukurura hanyuma abifate mu biganza. ibikoresho byo mu rugo bisukuye, byizewe kandi bifite amabara birimo ikiyiko cy'igit cyangwa isorori itameneka, bishobora guhabwa umwana akabikoraho. ibikinisho byoroheje bikozwe n'intoki, nk'agakinisho gatanga urusaku, gashobora gukurura umwana bitewe n'ijwi gasohora. mu gihe umwana ari kugenda akura, muhe ibikoresho byizewe ngo abifate cyangwa abikinishe.



Bareke bashyre ibantu mu kanwa. umunwa wabo ufite ibiyumviro. Umunwa ubafasha kwiga kumenya ibishyushye n'ibikonje, ibyoroshye n'ibikomeye, binyuze mu kubishyira mu kanwa no kubikoraho. Suzuma neza ko ibyo umwana ashira mu kanwa bifite isuku, kandi ari kinini bihagije ku buryo umwana atabasha kugishyira mu kanwa cyose.



Fasha umwana gukurikira ibikoresho. urugero, umubyeyi ashobora kwereka umwana agakombe gafite amabara, kugirango abashe kukageraho. Mu gihe umubyeyi wizeye neza ko umwana yabonye ako gakombe, umubyeyi ashobora kuzunguza ako gakombe gahoro iburyo n'ibumoso, hasi no hejuru, imbere y'umwana.



Fasha umwana wawe gukora ibikorwa nko gukoma amashyi cyangwa kuzunguza ikiganza (gupepera)



Shishikariza umwana wawe guhagarara afashe ku kintu runaka ndetse no kwisimbiza ku bibero byawee



Shyira umwana wawe utangiye gukura ahantu heza kandi hizewe ho gukambakambira no kugen-  
dera



Abana bato banezezwa no gusakurisha ibintu cyangwa guhonda ibikoreho hasi, nk'igikombe  
cyangwa ikindi gikoresho



**Kujugunya ibikinisho no kubitora:** Abana bashobora kujya batereza ibintu bakivana mu kigan-  
za kimwe bagishyira mu kindi cyangwa bakabikorana, bakajugunya ibyo bikinisho kugira ngo  
barebe aho bigwa, ijiwi biratanga cyangwa niba hari umuntu ujya kubitora.

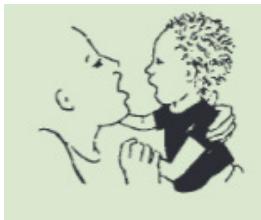
1. Emerera umwana gufata igikinisho agikuye ku gatanda ke cyangwa ku ntebe ndende.
2. Gifate ugisubize aho cyari kiri. amahirwe menshi ahari nuko iki gikorwa kizasubirwamo - kuko  
abana bakunda ibintu byisubiramo kandi bakabasha kumenya ibigiye gukurikiraho

Ibi bishobora gusa nkibibangamira umwana. ariko aba ari kwigira muri uyu mukino. aba ari ku-  
menya uburyo ibintu bigwa hasi, uburyo bitanga ijwi n'ukuntu ahatiriza akaboko ke kurenza ikintu  
ameza.



Mwenyura ndetse unasekere umwana wawe ; vugisha umwana wawe. Girana ikiganiro n'umwana  
wigana amajwi avuga ndetse n'ibimenyetso akora.

Hamagara izina ry'umwana hanyuma wumve uko asubiza. Umwana ashobora gufata izina rye mu  
mutwe (akarimenza igehe bamuhamagaye) mbere y'uko amenya kurivuga. Kumva izizna ryabo  
bibafasha kumenya ari abantu badasanzwe ku muryango wabo. Mu gihe bumvise izina ryabo,  
bazareba uri kurivuga. bazasanga uwo muntu uri guhamagara iryo zina ryabo.



### Umukino wo guhisha (hejuru y'amezi 9)

Hisha igikinisho umwana akunda munsi y'umwenda cyangwa igikarito. reba umwana ashobora kugishakisha akakibona. gukina umukino wo guhisha. Hisha isura yawe ukoresheje agakoresho runaka cyangwa ibiganza hanyuma uhite ubikuraho wihuse uvuga ijwi rishimishije cyangwa ise w'umwana ashobora kwhisha inyuma y'igitu agahita yongera akigaragaza.



### Umukino wo kwhisha

- Egera umwana wawe ku buryo abasha kubona isura yawe neza.
- Hisha isura yawe ukoresheje ibiganza byawe, ikiringiti, urupapuro, n'ibindi
- Fungura ibiganza byawe mu buryo bishekeje cyangwa ukureho akaringiti cyangwa urupapuro imbere y'isura yawe hanyuma uvuge mw'ijwi riranguruye uti, "piki a bu"
- Bisubiremo

Mu gukina uyu mukino wo kwhisha, abana biga kumenya ko ugihari nubwo baba batari kukubona. bibafasha kumenya gutandukana n'umubyeyi(mu gihe yaba agiye mu gihe yaba agiye mu yindi mirimo). niba ubona umwana wawe atanyurwa no kukubona wihihe munsi y'umwenda agatangira kurira, hagarika umukino ubundi muzawusubiremo ubutaha. Ushobora no kugerageza guhisha igikinisho cye mu mwanya wo kwhisha wowe ubwawe hashira akanya ukamwereka aho kiri

Bwira umwana wawe amazina y'ibantu n'abantu. Nubwo umwana aba atarabasha kumenya kuvuga, bagaragaza ko bumva icyo abagize umuryango we bavuga. Bumva izina ry. ibantu kandi bakanezezwu no kumenya ibyo ari byo. Urugero, batangira guhuza ijambo inyoni n'inyoni ku gitu, cyangwa ijambo izuru n'amazuru yabo.



*"Izuru ryawe riri he?" Nora ntago aramenya kuvuga - ariko ashobora kwerekana aho izuru rye riherereye. Ari no kwiga amazina y'abantu n'ibantu*



### Imfashanyigisho ya C: Imikino n'ibikorwa bijyanye n' ikigero cy'abana - ibitambambuga (amezi 12 - 36)

Iyo abana bageze kuri iyi myaka bafite ubuzima buzira umuze, baba bafite imbaduko/umurava mwinshi. Baba bagenda impande n'impande bashaka kugira ibyo bareba. bishimira gukina n'utuntu duto duto two mu nzu cyangwa hanze kandi ntibakenera ibikinisho byaguzwe mu maduka.

Hereza umwana wawe uburyo n'ibikorwa bimufasha gukomera mu maboko kandi umuhe ingingo zituma arushaho kwaguka(gukura) harimo:

- Kwandika akoresheje agace k'igwa cyangwa gushushanya hasi yifashishije agakoni.
- Kubaka akoresheje utubaho: Hereza umwana wawe udukombe tutameneka cyangwa utubaho akajya adutondekanya ajya hejuru kugeza tuguye hasi.



- Gukina n'ibumba
- Gukina n'ibipesu by'imyenda ( kubishyira mu icupa cyangwa ku gace k'ikarita cyangwa akan-di gakoresho hanyuma ukongera ukabikuraho)

- Hereza umwana wawe ibikombe, ibikarito n'utubuye cyangwa udukoni. Bakunda gushyira ibantu mu bikombe n'ibikarito hanyuma bakongera bakabikuramo.



- Kina n'abana bawe ndetse abahe n'ubufasha: "Reka tubikorere hamwe. hano hari utubuye twinshi two gushyira mu gikarito cyawe."
- Hereza umwana uburyo bwinshi ndetse anamutere imbaraga zo gukora ibikorwa bisaba imbaraga z'umubiri byizewe. Ereka umwana wawe w'igirambambuga ko ibikorwa bisaba imbaraga z'umubiri ari ingezi mu gihe mukinira hamwe nawe
- Mufashe guhaguruka no kugenda ( ushobora kumuha ikiganza - si ngombwa gukoresha ibindi bikoresho bidasanzwe)



Muhe uburyo bwo gukura mu mivugire y'ururimi. Kuri iyi mwaka abana biga kumva amagambo bagatangira no kuvuga. Ababyeyi bakoresha uburyo bwose bushoboka kugira ngo babashe kugirana ibiganiro n'umwana wabo, urugero: mu gihe uri kugaburira no koza umwana n'igihe uri gukorera hafi y'umwana.



- Baza umwana wawe utubazo tworoheje. Subiza ibyo umwana agerageza kuvuga. Mwerekendetse unambwire ku bantu karemano bisanzwe, amafoto n'ibindi bantu.



- Shishikariza abana bawe kwigira mu kureba ibyo bakora ndetse no kubyita amazina: "Uri kuzuza ibantu mu bikarito"
- Gerageza kumva amagambo y'umwana wawe unasuzume niba yumva ibyo uri kumubwira: "urashaka amazi?" "urashaka gukina umupira?"
- Imiryango ishobora gukina imikino y'amagambo no kubazanya ibibazo: "amano yawe ari he?" cyangwa "Inyoni iri he?"

Umukino wo kwigana

- Ushobora gukina n'umwana wawe, ukigira nkaho uri ahantu bacururiza ikawa uri gusangira nawe icyayi, cyangwa muri mu isoko muri kugura imboga, n'ibindi...
- Ushobora kwigira nkaho uri inyamaswa. Urugero, ushobora kwigira inka, hanyuma umwana wawe akagendesha amaguru n'amaboko gahoro gahoro avuga mw'ijwi ry'inka ati "moo". mushobora kuganira kuri izo nyamaswa munitwara nkazo (Hum"ndashonje ndarya ubwatsi; ndakora amata meza"). Ushobora kuvuga mw'ijwi riranguruye uburyo umwana wawe ari kwigana inyamaswa.
- Hindura inyamaswa mushake indi mwigana.



