



Repubulika y'u Rwanda

Ikigo cy'Ighugu  
Gishinzwe Imikurire no  
Kurengera Umwana

## IMFASHANYIGISHO

# IHUGURA ABABYEYI KU MUMARO WO GUKINA NO GUKANGURA UBWONKO BW'UMWANA



unicef



kuri buri mwana



**IMFASHANYIGISHO  
IHUGURA ABABYEYI KU  
MUMARO WO GUKINA NO  
GUKANGURA UBWONKO  
BW'UMWANA**

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## Ijambo ry'ibanze

## Gushimira

Iyi mfashanyigisho yateguve na Minisiteri y'Uburinganire n'Iterambere ry'Umuryango binyuze mu Kigo cy'Igihugu gishinzwe Imikurire no Kurengera Umwana (NCDA) hamwe n'Ishami ry'Umuryango w'Abibumbye ritaya ku Bana (UNICEF-Rwanda).

Iyi mfashanyigisho ni umusaruro w'ubufatanye bw'ibigo n'abantu batandukanye batanze umwanya wabo binyuze mu nyandiko n'inama nyungurana bitekerezo z'abafatanyabikorwa kandi turizera ko izagirira Abanyarwanda bose akamaro mu kubaka u Rwanda twifuza.

Itegurwa ry'iyi mfashanyigisho ryayobowe na Cambridge Education, itsinda ry'ikigo mu bigize Mott MacDonald Group. Abagenzuye itegurwa ryayo ni abakozi b'Ikigo cy'Igihugu gishinzwe Imikurire no Kurengera Umwana kubufatanye na UNICEF.

Iyi mfashanyigisho itanga umurongo ngenderwaho mu gufasha ababyeyi, abarezi n'a bafatanyabikorwa kunoza ibijyanye n'uburere buboneye n'imikurire y'abana bato mu ngeri zose.

Dushimiye by'umwihariko abafatanyabikorwa bose muri Gahunda mbonezamikurire, ababyeyi, abarezi mu ngo mbonezamikurire zitandukanye, n'abashinzwe uburezi mu Rwanda hose bagize uruhare kuri iyi mfashanyigisho. Ibitekerezo byabo binyuze mu biganiro mu matsinda byabaye ingirakamaro kuko byifashishijwe kugira ngo iyi mfashanyisho itegurwe neza.

### Nadine Gatsinzi UMUTONI

Umuyobozi Mukuru  
Ikigo Cy'Igihugu Gishinzwe Imikurire no Kurengera Umwana

# Urutonde rw'abakoze kuri iyi mfashanyigisho

## Abayoboye bakanasuzuma itegurwa ry'iyi mfashanyigisho:

Gilbert Munyemana, NCDA  
Esperance Uwicyeza, NCDA  
Emmanuel Munyampeta, NCDA  
Samson Desie, UNICEF  
Charles Avelino, UNICEF  
Annet Birungi, UNICEF  
Pierre Nzeyimana, UNICEF

## Abayoboye itegurwa ry'iyi mfashanyigisho:

Aline Villette, Cambridge Education  
Dr Joyce Musabe, Cambridge Education  
Jean Marie Vianney Havugimana, Cambridge Education

## Abashyize mu Kinyarwanda iyi mfashanyigisho:

Pierre Nzeyimana, UNICEF  
Olivier Hakizimana, Consultant  
Jean Damascene Habimana,  
Joyce Musabe, Cambridge Education  
Emmanuel Munyampeta, NCDA

## Abitabiriye inama zo gusuzuma no kwiga kuri iyi mfashanyigisho:

Emmanuel Munyampeta, NCDA  
Immaculee Kayitare, CRS  
Jean Bosco Nirere, Help a Child  
Etienne Tuyishime, Reach Children for Rwanda  
JMV Habumuremyi, UR-College of Education  
Appoline Mukamuhigirwa, AVSI  
Elie Kwizerimana, Chance for Childhood  
Dr Joyce Musabe, Cambridge Education  
Kayitare Mugabe Samuel, PCCR  
Habimana Felicien, Humanity and Inclusion  
Uwizeyimana Gratia, Imbuto Foundation  
Umuhire Christiane, MIGEPROF  
Ndayisaba Appolinnaire, REB  
Mabano Gervais, MINEDUC  
Kabarere Veneranda, ECD Expert,  
Niyirera Yannick, World Relief  
Turatsinze Felicien, Chance for Childhood  
Havugimana JMV, FXB

## Abandi basuzumye iyi mfashanyigisho:

Minisiteri y'Uburinganire n'iterambere ry'Umuryango (MIGEPROF)  
Minisiteri y'Ubuzima (MoH)  
UNICEF – Global Office  
Catholic Relief Service

## Ijambo ry'ibanze

Imfashanyigisho ihugura ababyeyi ku mumaro wo gukina n'umwana ndetse n'uw'ahantu hakangura ibiyumviro bye, ni imwe mu mfashanyigisho umunani zifashishwa mu gushyira mu bikorwa integanyanyigisho y'uburere buboneye binyuze mu nyigisho zihabwa ababyeyi.

Integanyanyigisho y'uburere buboneye yateguve mu rwego rwo kwigisha ababyeyi ibijyanye n'uburere buboneye no kubafasha kubushyira mu bikorwa aho batuye. Igamije guha ababyeyi ubumenyingiro bwo kwita ku bana babo no kubigisha buri munsi, bityo abana bose bagakura bitaweho kandi bisanzuye ku babyeyi. Integanyanyigisho y'uburere buboneye ishingiye ku bintu bifatika kandi bishoboka bituma yumvikana neza. Ikubiyeemo ibyo ababyeyi n'abita ku bana bagomba kumenya, kwemera no gushyira mu bikorwa kuri buri nsanganyamatsiko irebana na buri kiciro cy'imikurire y'umwana.

Imfashanyigisho z'uburere buboneye zitanga umurongo ngenderwaho w'uburyo bwo guhugura ababyeyi binyuze mu myitozo itandukanye, ikomoka ku nyigisho z'ingenzi zibiye mu nteganyanyigisho ku burere buboneye. Izo nyigisho zigendereye kubaka ubumenyi bw'ababyeyi mu guhindura imyumvire n'imyitwarire mu kurera.

Imfashanyigisho ku burere buboneye ntabwo ari ibitabo byagenewe gukoreshwa n'ababyeyi, ahubwo zagenewe abafashamyumvire/abarezi bahugura ababyeyi kugirango inyigisho batanga ku burere buboneye zibe ziri mu murongo w'ibyo igihugu cyifuza. Turashishikariza abafatanyabikorwa bose bifusa guhugura ku burere buboneye, kwifashisha izi mfashanyigisho bagategura inyigisho zabo bagendeye ku bagenerwabikorwa n'abafashamyumvire/abarezi bakorana na bo igihe babonekera, abahuzabikorwa bashobora kubahuza n'abaturage n'ibindi. Insanganyamatsiko bifusa kuganiraho zigomba kwibanda ku byihutirwa cyane mu gace inyigisho zigiye gutangwamo. Abafatanyabikorwa bashobora guhitamo imfashanyigisho bifusa guhuguraho n'insanganyamatsiko runaka bashaka gushimangira cyane. Abafatanyabikorwa basanzwe bakora muri gahunda z'uburere buboneye bo bashobora kwifashisha izi mfashanyigisho bakaniza ibyo bari basanganywe kugirango bijyane n'imirongo migari y'igihugu ku burere buboneye. Abafatanyabikorwa bose muri gahunda z'uburere buboneye barasabwa gukorera hamwe mu ishyirwa mu bikorwa ry'imfashanyigisho z'uburere buboneye.

Imfashanyigisho igenewe ababyeyi ku mumaro wo gukina ku mwana n'ahantu hakangura ibiyumviro bye, yibanda ku mumaro w'umushyikirano hagati y'ababyeyi n'abana cyane-cyane binyuze mu mikino no kumuganiriza.

Abana bafite uburyo karemano bwo kwiga kandi basobanukirwa neza iyo binyuze mu mikino ifite icyo isobanuye. Uko abana bakina ni ko baguka mu bijyanye n'imibanire, imbamatima, biga gukemura ibibazo, bakavumbura, bakaguka mu bijyanye 'ururimi n'imibare, bakagira imbaraga mu mikorere y'amaguru n'amaboko, bakisobanukirwa bikanatuma bigirira ikizere. Gukina ni ingenzi kugirango umwana agire imikurire yuzuye ; bityo ababyeyi n'abandi bose bita ku bana bagomba gufasha abana gukina kuva bakivuka. Gukina ni ishingiro ry'imyigire y'umwana.

Kugirango ababyeyi bagire uruhare rwuzuye mu mikurire y'abana babo, bagomba kubanza gusobanukirwa umumaro wo gukina n'uruhare bigira mu myigire y'abana ndetse n'ubuzima bwabo bw'ejo hazaza. Umumaro w'imfashanyigisho ihugura ababyeyi ku mumaro wo gukina ndetse n'u w'ahantu hakangura ibiyumviro by'umwana, ni ugusobanurira ababyeyi imikurire y'ubwonko bw'umwana (inyigisho ya 1), kubereka umumaro wo gukina ku myigire n'imikurire y'umwana (mu inyigisho ya 2 & 3).

Iyi mfashanyigisho yereka ababyeyi imikorere ihambaye y'ubwonko, kugira ngo bumve neza ko inshingano zabo zitarangirira mu kubyara, ko ahubwo imyitwarire yabo n'uburyo bita ku mwana bigira ingaruka ku mikurire y'ubwonko bwe. Imfashanyigisho itangira iha ababyeyi ubumenyi bw'ingenzi ku mikurire y'ubwonko. Ni ngombwa ko ababyeyi basobanukirwa n'imikurire y'ubwonko bw'umwana kugira ngo bamenye inshingano zikomeye bafite zo kubitaho cyane bakiri mu myaka yo hasi. Izi nyigisho zizababera impamba ibatera umuhati wo kurushaho gukina n'abana no kubaganiriza.

Usibye gushishikariza ababyeyi kujya bakina n'abana babo, iyi mfashanyigisho inabereka umumaro wo gukina ku mikurire n'imyigire y'umwana. Gukina no gusabana n'umwana bimufasha kwiyumvamo umubyeyi ndetse bigafasha umubyeyi kumenya icyo umwana akeneye bikamufasha gukura neza. Gukina no gusabana kandi byongera ubumenyi mu mivugire, gusoma no kubara, kwaguka mu mibanire n'imbamatima n'ibindi.

Imfashanyigisho igenewe ababyeyi ku mumaro wo gukina k'umwana n'ahantu hakangura ibiyumvo bye, yerekana imikino inyuranye n'uburyo bwo kuganiriza umwana bijyanye n'ikigero arimo, bikamufasha :

- Gukura mu gihagararo (gukoresha amaguru n'amaboko);
- Kugira urugwiro, imibanire myiza n'abandi n'imbamutima, n'imvumburamatsiko ;
- Kumenya kuvuga, gusoma no kubara, n'ubuvumbuzi bw'ibantu muri rusange

Ubumenyi mu bijyanye n'imivugire n'ururimi ikubiye hamwe ingingo 2 z'imfashanyigisho ku burere buboneye, zirebana n'ubusabane bwa buri munsi hagati y'umwana n'umubyeyi, n'umwihariko wo kumubarira inkuru no kumusomera ibitabo kuko ari ryo remezo ryo kugira umusaruro mwiza mu ishuri (inyigisho ya 7, 8).

Ababyeyi bashobora guhura n'imbogamizi zibabuza gukina ndetse no gusabana n'abana kenshi. Iyi mfashanyigisho irerekana izo mbogamizi ababyeyi bashobora guhura na zo ndetse ikabereka uburyo babyitwaramo bigendanye n'umwanya muke bagira ndetse n'ibikinisho bishobora kuboneka. Harimo inama ku babyeyi yo gukina n'abana ndetse no kubaginariza mu gihe bari mu mirimo yabo ya buri munsi, bifashisha ibikoresho byo mu rugo ndetse n'ibyo bashobora kubona ahabazengurutse. Bashobora no kwikorera ibikinisho bidahenze bakoresheje ibantu bitagikoreshwa. (Inyigisho ya 4 & 10).

## Amabwiriza yo gushyira mu bikorwa imfashanyigisho iyobora ababyeyi ku mumaro wo gukina n'umwana n'uw'ahantu hakangura ibiyumviro

Iyi mfashanyigisho yagenewe ababyeyi/abarezi bose bafite abana bari hagati y'imyaka 0-6 cyangwa se n'imiryango yitegura kubyara.

Izi nyigisho zigaragaza ubutumwa bw'ingenzi kandi zikagena umwanya wo gukina no kuganira n'abana binyuze mu bikorwa bitandukanye bakorana.



Iki kimenyetso cyerekana ko mu gihe cy'inyigisho z'ababyeyi, umwitotoz ukorwa neza iyo uwukoranye n'umwana, ariko aho bidashoboka hakoreshwa igipupe mu cyimbo cy'umwana cyangwa umuntu mukuru akisanisha n'umwana igihe bibaye ngombwa.

Imikino, ibiganiro n'ibikorwa bikorwa mu gihe cy'inyigisho z'ababyeyi mu itsinda bigomba kuba bihuye n'ikigero cy'imyaka y'abana b'ababyeyi bitabiriye inyigisho, uretse inyigisho ya 9 ireba ababyeyi bafite abana b'incuke. Mu gihe cy'yo myitozo umufashamyumvire/umurezi ashyira ababyeyi mu matsinda agendeye ku myaka y'abana babo ndetse n'ibiganiro n'ibikorwa bakora bikaba bijyanye n'ikigero cy'imyaka y'abana babo. Imyiteguro y'isumbuyeho ikenerwa mu ngingo ya 10 aho abitabiriye inyigisho bagomba gukora ibikinisho n'ibitabo. Abafashamyumvire/abarezi basaba ababyeyi gukusanya ibikoresho byifashishwa muri iyo nyigisho bakora ibikinisho n'ibitabo by'abana. Bishobora kuba udukarito, amakarita, amajerekani, uducupa, uduti ndetse ni bindi byose bashobora kubona aho batuye.

Mu rwego rwo gushygikira ubushobozi bw'ababyeyi mu gukomeza gukina no kuganira n'abana mu rugo, imiryango (amahuriro) ashobora gukoresha Imfashanyigisho ya 24 igice cya A, B na C mu guhimba "imikino no gutuma babona ibyo baganiraho" bigashirwa mu nyandiko zigahabwa ababyeyi.

### Uburyo bwo gutanga inyigisho

Mu gihe cy'inyigisho, umufashamyumvire/umurezi ntiyigisha ngo ababyeyi bamare umwanya munini bamwumva gusa ahubwo abereka uburyo bwo gushyira mu ngiro ibyo batozwia gukora.

**Ikiganiro kiyobwe :** Mu gihe umufashamyumvire/umurezi atanga inyigisho, abaza ababyeyi icyo bazi ndetse n'uko basanzwe babigenza ku birebana n'ingingo nyamukuru bagiye kuganiraho maze bakayigira hamwe. Iyo ababyeyi bamaze gutanga ibitekerezo byabo, umufashamyumvire/umurezi ahuza ibyo bamubwiye n'ikigisho ubwacyo, ashingiye ku byo ababyeyi bavuze basanzwe bazi maze akabungura ubumenyi cyangwa agakosora aho batabyumvaga uko bikwiye. Umufashamyumvire ufite ubunraribonye ahuza ibibazo byateguranwe n'inyigisho n'ibyo abarimo guhabwa inyigisho bakunze guhura na byo, ariko bikaba bijyanye n'insanganyamatsiko.

**Ishusho mfashanyigisho :** Umufashamyumvire/umurezi yereka itsinda ry'ababyeyi bahugurwa ishusho mfashanyigisho noneho bakayiganiraho. Ikiganiro kigomba kuba kijyanye kandi bikibanda ku ngingo nyamukuru y'yo nyigisho.

**Kwitoza ibiyizwe :** Umufashamyumvire/umurezi abanza gutanga ubutumwa bw'ingenzi mu magambo noneho agatanga urugero rw'uko ibyo yavuze bikorwa. Nyuma yo kubaha urugero, umufashamyumvire/umurezi aha umwanya ababyeyi bakimenyereza kubikora ubwabo. Mu gihe cyo kwimenyereza, umufashamyumvire/umurezi ashobora guha ababyeyi inyunganizi akanabashishikariza kujya babikora iwabo.

**Umukino :** Umufashamyumvire/umurezi ategura umikino wo gufasha ababyeyi kwiga ubutumwa bw'ingenzi bukubiye mu mfashanyigisho binyuze mu mikino.

**Inyigisho z'amajwi n'amashusho yafashwe :** aho bishoboka, umufashamyumvire/umurezi ashobora gukoresha amajwi n'amashusho abona ajyanye n'inyigishoyateganyijwe.

Abaflashamyumvire/abarezi murasabwa cyane kutarobanura abahabwa inyigisho ndetse murashishikarizwa

gutumira abafite ubumuga ndetse n'ababyara bakiri abangavu n'ingimbi. Izi nyigisho zireba abana bose  
ndetse n'ababyeyi babo nta kurobanura.

## Uko inyigisho zikurikirana

### Inyigisho ya 1

Imikurire y'ubwonko (umumaro w' imyaka ya mbere y'umwana n'imikorani reishamikiranye y'imyakura).  
Kwita ku mwana mu buryo bwose

### Imikurire y'ubwonko

Iyi nyigisho isobanura neza ko ubwonko butangira kwirema no gukura hashize iminsi mike umwana agisamwa, kandi ko imyaka ya mbere y'umwana ari cyo gihe cyo gukura cyane ku bwonko bwe. Ubwonko bw'umwana bukura binyuze mu mikorani reishamikiranye y'imyakura yabwo, kandi imikorani reishamikiranye y'imyakura igasemburwa n'uko yitabwaho hakiri kare. Mu gusoza iyi nyigisho ababyeyi bungurana ibitekerezo bijyanye n'uburyo bafasha abana babo kugira imikurire myiza y'ubwonko binyuze mu kubitaho ku buryo buboneye bakiri bato.

### Inyigisho ya 2

Umumaro wo gukangura ubwonko bw'umwana, gukina no kuganira hifashishijwe ibikorwa umwana agiramo uruhare (Icyo umwana yigira mu mukino)  
Umuhati w'ababyeyi mu gukina no kuganiriza abana mu rugo

### Umumaro wo gukina

Iyi nyigisho ryerekana umumaro wo gukina. Uko ababyeyi bimenyereza gukina n'abana babo ni ko bazarushaho kubona ko abana bigiramo byinshi. Muri iyi nyigisho, ababyeyi bazakora umwitoto ku mikurire y'umwana bibafashe gusobanukirwa uburyo umwana yiga, ari na ko agenda yunguka ubwenge. Ibi bizatuma bumva umumaro wo kureka abana bagakina, bakavumbura, ndetse banimare amatsiko ubwabo bonyine.

### Inyigisho ya 3

Kubaka ubucuti n'umwana/Kwiyegereza umwana  
Umwitoto w'uburyo bwo kubaka ubucuti n'umwana/  
kwiyegereza umwana: Guhererekanya ikintu n'umwana, kumwigana, kurebana mu maso, gufatira umwana mu gituza, umukino wo kwihihanya/guhisha isura ukoreshje intoki, gukina agapira.

### Kwereka umwana urugwiro/kwiyegereza umwana

Iyi nyigisho yibanda ku bikorwa byo gukina no kuganira n'umwana, byongera ubusabane n'umwana no kumenya kumuha ibyo akeneye. Ibi bituma umwana arushaho kwibonamo umubyeyi cyane, urugwiro hagati yabo rukiyongera.

### Inyigisho ya 4

Imbogamizi mu gukina no kuganira n'abana  
Kubura umwanya Kubona ibikinisho by'abana

### Gukemura imbogamizi mu gukina no kuganira n'abana

Iyi nyigisho ibaza ababyeyi imbogamizi bahura nazozibabuza gukina, gusabana, kugirana ibiganiro no gukorana imirimbo n'abana uko bikwiye nkuko byavuzwe mu nyigisho zibanza. Kubera ko imbogamizi nyamukuru zibuba ababyeyi gukina no kuganira n'abana ari kubura umwanya no kutagira ibikinisho, iyi nyigisho ifasha ababyeyi kubishakira ibisubizo : Kwifashisha umurimo wose umubyeyi akora buri munsi nk'uburyo bwo gukina no kuganiriza umwana. Ikindi ni ugukoresha ibikoresho nk'ibikinisho byaba ibiboneka mu rugo, ibiboneka mu gace batuyemo cyangwa ibyo bikorera mu bikoresho ibiboneka aho batuye.

## Inyigisho ya 5

Kwigana umwana/  
gukurikira umujyo  
w'umwana  
Gufasha umwana  
kudacika intäge  
Imbamutima  
Amashuri y'inshuke

### Gukina no kuganira n'umwana - Kubaka imbamutima n'imbanire myiza n'abandi

Iyi nyigisho yerekana uburyo ababyeyi bashobora gukina no kuganira n'abana binyuze mu bikorwa bitandukanye, bikabafasha kubaka imbamutima zabo n'imbanire myiza n'abandi. Yerekana bwa mbere ibijyanye no gukurikira umujyo w'umwana cyangwa se gukora icyo akoze kugira ngo mubashe kugendana no guhuza, ndetse no kubaha amahitamo y'icyo ashaka kwiga no kumenya, kumushyigikira mubyo akora ukamufasha kudacika intäge no gushima ibyo ashoboye gukora/kugeraho.

Iyi nyigisho isoza yerekana ko amashuri y'inshuke ari ahantu h'ingeniumwana yigira imibanire n'abandi.

## Inyigisho ya 6

Building numeracy skills  
through play  
Financial education

### Kwigisha umwana hakiri kare : Imbare

Iyi nyigishoyerekana ko imikino nokuganira mu gihe cyo gufatanya imirimo bifasha kubaka ubumenyi bw'imbare (kubara, kubasha gutandukanya ibinyampande cyangwa kuzuza ibisukika nk'amazi cyangwa umucanga mu gikoresho runaka. Iyi nyigisho kandi ishishikariza ababyeyi gusobanurira abana b'inshuke iby'ibenze bijyanye n'ubumenyi ku mafaranga.

## Inyigisho ya 7

Kwiga no kumenya  
ururimi. Ibibazo bisaba  
gutanga ibitekerezo  
Ibikorwa bifasha mu  
kwiga no kumenya  
ururimi. Imikino yo  
kwigana ibikorwa mu  
buryo bwo gukina

### Kwigisha umwana hakiri kare : Kuvuga

Iyi nyigishoisobanura umumaro wo kuganira n'abana kugira ngo bige banamenye ururimi ndetse rikanatanga inama ku babyeyi ku buryo bwo kubaza umwana ibibazo bituma atanga ibitekerezo, no kugirana nabo ibiganiro mu gihe bakorana imirimo ya buri munsi harimo no gukinana imikino nk'iy'abana nyirizina.

## Inyigisho ya 8

Telling stories  
Reading books using  
illustrations  
Reading books using  
text  
Making reading books  
engaging and enjoyable

### Kwigisha umwana gusoma no kwandika hakiri kare – Kubara inkuru

Iyi nyigishoisobanura umumaro wo kubara inkuru no gusoma ibitabo. Ifite kandi umugambi wo gushimangira umumaro wo kugira umuco wo kubara inkuru no gusomera hamwe ibitabo mu buzima bw'abagize umuryango bwa buri munsi. Muri iyi nyigisho ababyeyi bagirwa inama y'uburyo bashobora guhindura igikorwa cyo gusoma nk'umwanya wo kwishimana n'abana ndetse bakabigiramo uruhare. Ababyeyi kandi bagirwa inama z'uburyo babona ibitabo by'abana.

## Inyigisho ya 9

Uruhare rwo gukina  
no kuganira n'umwana  
binyuze mu mirimo  
akorana n'umubyeyi/  
umurezi mu gufasha  
abana b'inshuke kwiga.

### Kwigisha umwana hakiri kare binyuze mu mikino – Inshuke

Iyi nyigishoisishikariza ababyeyi gukina n'abana babo b'inshuke. Ababyeyi bagezwaho uburyo burindwi (7) butandukanye ku bikorwa byo gukina no kuganira n'abana babo mu mirimo bakorana ibafasha kongera ubumenyi bwo gusoma, kubara, kuvumbura ubumenyi bwa siyansi ndetse bikanatuma agira imikurire y'umubiri myiza.

## Inyigisho ya 10

Kwikorera ibikinisho  
n'ibitabo

### Gukora ibikinisho n'ibitabo

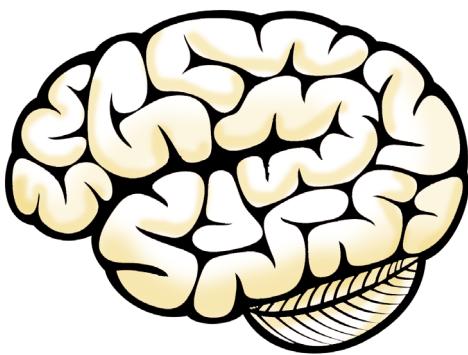
Iyi nyigishoyerekana uburyo buhendutse bwo gukora ibikinisho n'ibitabo mu rugo. Nyuma yo kwerekwa ibikinisho n'ibitabo byakozwe n'intoki, ababyeyi na bo bakora ibyabo bakoresheje ibikoresho bahawe cyangwa ibyo bizaniye.

## **Uko inyigisho zitangwa**

1

Iminota 100

## Intego



## Imikurire y'ubwonko



Ibyo ababyeyi bagomba  
kumenya



Ibyo ababyeyi bagomba  
gukora

Ubwonko ni 'iki ?  
Uko ubwonko bukura

Abana bagomba  
kwitabwaho mu buryo  
bwose bakiri bato cyane  
kugirango bifashe imikurire  
myiza y'ubwonko bwabo

INTAMBWE YA 1

Iminota 10



## Gutanga ikaze n'inshamake y'inyigisho

Imfashanyigisho

Guha ikaze ababyeyi  
Guhana ikaze cyangwa indirimbo itangira  
Gusobanura gahunda irebana n'uburere buboneye  
Inshamake ku nyigisho ya mbere

INTAMBWE YA 2

Iminota 60



Iminota 05

## Imikurire y'ubwonko

Imfashanyigisho

### Ikiganiro kiyobowe – Ubwonko

Baza ababyeyi uti : Ese ubwonko bukora iki ? Ni  
uwuhe mumaro w'ubwonko ?

Imfashanyigisho ya  
1: Ubwonko  
(Urupapuro rwa 4)

- Ubwonko ni urugingo/urwungano rugenzura  
ibitekerezo, kwibuka, imbamutima, kunyeganyega  
kw'ingingo z'umubiri, guhumeka, gusonza, n'indi  
mikorere yose y'umubiri wacu.



Iminota 00

## Ishusho mfashanyigisho - Imikurire y'ubwonko

Imfashanyigisho ya  
2: Imikurire y'ub-  
wonko - Umusingi  
(Urupapuro rwa 4)

### Saba ababyeyi kwitegereza ishusho y'inzu iri mu mfashanyigisho #2. Noneho ubabaze uti:

- Ushaka kubaka iyi nzu wahera hehe ?

Tega amatwi ibisubizo by'ababyeyi ube wakongeraho izi nyunganizi niba ari ngombwa : Mbere yo  
kuzamura inkuta, ni ngombwa kubanza gucukura umusingi.

Kugirango uzirike inzu cyangwa uyisakare, ugomba kuba wabanje kubaka inkuta no kubaka hasi

- Ese byagenda bite uramutse utubatse umusingi ?

Tega amatwi ibisubizo by'ababyeyi maze wongereho izi nyunganizi niba ari ngombwa : Nta musingi inzu  
ntikomera kuko nta rufatiro, ishobora guhengama ndetse ikaba yanagwa.



Iminota 05

- Mbere y'imyaka 6 y'amavuko, ubwonko bw'umwana buba bukura vuba cyane, bwubaka urufatiro rw'imyigire n'imikurire yacu mu gihe cyose tumara ku isi.
- Nkuko mubona igishushanyo cy'inzu, ubwonko nabwo buremye mu byiciro kandi urufatiro/ umusingi ubwonko bwacu buduha, ni iremezo ry'ubuzima bwacu bwose. Urugero, kuganiriza uruhinja mu rurimi rw'impinja, ni ukumuha umusingi azashingiraho amenya kuvuga igithe nikigera.

Umupira ubanzwe mu birere



Iminota 20

#### **Umwitoto : Imikurire y'ubwonko**

Urusobe rw'uturemangingo tw'ubwoko

1. Saba abitabiriye inyigisho bahagarare begeranye ariko ku buryo basiga umwanya hagati yabo ungana n'aho buri muntu yaramburira amaboko ye.
2. Sobanurira ababyeyi ko buri wese agereranywa na kamwe mu myakura y'ubwonko bw'umwana. Basobanurire ko imyakura ari uturemangingo tugize ubwonko, tukaba dushinzwe gutanga amakuru mu bice by'umubiri.
3. Fata umupira ubanzwe mu birere cyangwa mu budodo
4. Fata ku mpera irereta y'akagozi kabangishijwe umupira noneho uwo mupira uwuterere undi muntu (uwo muntu uwujuguniye asobanuye akandi karemangigo cyangwa umwakura w'ubwonko). Noneho saba uwo muntu nawe gufatira umupira kuri ka ka kagozi karereta nubundi, na we awunagire muntu ariko agume afate ka kagozi kabanze. Buri wese agende ahhereza mugenzi we gutyo - gutyo. Uko abantu bakoze uruziga ari bensi bagenda bajugunyirana umupira ariko bagasigara bafashe akagozi kawuharaze, utwo tugozi twose turagenda tugasobekerana ari nabyo bishushanya utunyanyingo/imyakura twinshi dusobekeranye mu bwonko. Uko kujugunya akagozi ni ko ubwonko buba bukanguwe n'ikintu cyose gikomye ubwonko maze kigategeka ubwonko ko hari icyo bukwiye gukora, na bwo bugasubiza hakoreshejwe urundi rugingo rw' umubiri.
5. Ntibyoroshye gusobanurira abitabiriye inyigisho icyo kintu kiba gikomye ku bwonko (positive experience) ariko wabafasha ubaha ingeri ko ari nko gusekera uruhinja urukikiye, kumwigana mu gihe yiganiriza ukamusubiza, kumubwira agatekerezo, gukina na we umupira, kumugaburira ndetse n'ikindi kintu cyose wamukorera.
6. Umukino uwusoze hakiri ababyeyi batarakora kuri uwo mupira. Wenda usigaze ababyeyi 2 batanagiwe umupira.
7. Basobanurire noneho ko ako kagozi/kadodo kagenda kagahuza ababyeyi bagereranywa n'utwo turemangingo, ari na byo bisobanura uburyo umwana yiga/inzira yerekana uko umwana yiga ikintu icyo ari cyo cyose.
8. Uko ababyeyi bombi b'umwana bamusekera, ni ko uturemangingo tubiri (twakwita amazina y' ababyeyi bombi) twishushanya mu bwonko bw'umwana tugashinga imizi. Icyo gihe umwana agira umusingi ukomeye mu bijyanye n'umunezero ndetse no kubaka ubucuti n'umwana n'ababyeyi be bombi.
9. Noneho jya kuri ba babyeyi batigeze banagirwa umupira ngo basigarane ka kagozi mu ntoki zabo. Ubasobaburire ko mu gihe cyose utwo turemangingo tudahererekanya amakuru, turapfa cyangwa se ntidukora. Bivuze ko iyo uturemangingo tw'ubwondo tudakoreshejwe mu myaka ya mbere y'umwana turapfa, umwana akabihomberamo.
10. Urugero, ni uko burya umwana wese avukana ubushobozi bwo kuvuga igishinwa, ikirusiya cyangwa se igiswayire. Ariko kuko ababyeyi batavuga urwo rurimi ngo barumuganirizemo, utwo turemangingo dutanga ubushobozi bwo kwiga urwo rurimi turapfa noneho hagasigara twa tundi tuvuga ikinyarwanda gusa cyangwa se urundi rurimi ababyeyi b'umwana bavuga.



Iminota 05

- Ubwonko bukura binyuze mu ihuzwa n'urusobekerane rw'imyakura (utunyangingo) yabwo.
- Ubwonko bukuzwa n'ibyo umuntu anyuramo
- Impagarara/umuhangayiko n'ihohoterwa byangiza imikoranire y'imyakura y'ubwonko, mu gihe urukundo, kwitabwaho no gukangura ibiyumviro ari umusemburo mwiza ku mikoranire y'imyakura y'ubwonko.
- Ababyeyi bombi bafite uruhare rukomeye mu mikurire y'umwana, bamugaragariza urukundo no kumwitaho, ndetse banamutoza umuco n'imigenzo bimwubaka.



Iminota 05

### **Ikiganiro biyobowe : Imikurire y'ubwonko**

**Baza ababyeyi uti :** Ese iyo inyamaswa zikunda guca ahantu zishotse hamera hate?  
Reka ababyeyi basubize, ubunganire aho biri ngombwa: aho hantu hirema inzira

**Soza uyu mwitoto uvuga uti:** Utunyangingo dusobekeranye muri ubwo buryo: uko utoje umwana inzira nziza/imigenzo myiza, urugero nko kumuganiriza , ni ko uturemangingo tugenga imivugire tuzarushaho kwaguka mu bwonko bw'umwana.



Iminota 20

### **Ibiganiro biyobowe: Gukura k'ubwonko**

Baza ababyeyi uti: Ese aya makuru arabatunguye ? Mwumva mute ibijyanye n'uko umusingi w'ibizadufasha mu buzima, umwana abyiga kuva nyina akimutwite kugeza ku myaka 6 ? Ni ibihe bintu by'ingenzi mutekereza ko abana banyu baba baragizeho ubumenyi bukomeye ? Ni ibihe bintu abana banyu bafitemo intäge nke (badafiteho ubumenyi buhagije)?

INTAMBWE YA 3

Iminota 15

### **Kwita ku mwana**

Imfashanyigisho



Iminota 10

**Ikiganiro kiyobowe :** Kwita ku mwana  
Ni mu buhe buryo wafasha ubwonko bw' umwana wawe gukura neza ? Mbese ibikorwa byiza wumva biturutse mu mibanire yanyu mwembi ni ibihe ? Bibutse no gukina niba batabikomojeho.



Iminota 05

Ababyeyi bashobora gufasha ubwonko bw'abana babo kugira umusingi ukomeye bakora ibi bikurikira :  
o Kubereka urukundo kandi ukabitaho  
o Kubaha indyo yuzuye no kwita ku buzima bwabo.  
o Kubarinda ikintu cyose cyabahungabanya no kugira ituze mu rugo  
o Kubarinda indwara ziterwa n'umwanda.  
o Gukina na bo ndetse no kubaganiriza - ukabaha amahirwe/uburyo bwo kwinyagambura, gukora ku bintu kugira ngo bibafashe kuvumbura no kwiga.  
Iyi mfashanyigisho iyobora ababyeyi ku mumaro wo gukina izibanda cyane kuri iyi ngingo ya nyuma yo gukina n'umwana no kumuganiriza kuko bimufasha kwaguka mu bwenge.

INTAMBWE YA 4 Iminota 5



### Umusozo w'inigisho

- Baza ababyeyi bakubwire icyo bakuye mu nyigisho y'uyu munsi. Nibiba ngombwa ubibutse ubutumwa bw'ingenzi : Mbere y'uko umwana agira imyaka 6, ubwonko bwe buba bukura byihuse cyane, bukamubera iremezo ry'ubuzima mu bijyanye n'imyigire n'imikurire.
- Imikurire y'ubwonko ni imikoranire y'uturemangoingo twabwo n'imyakura. Uru rusobe rw'uturemangoingo tw'ubwonko n'imyakura bigenda byagurwa n'uburyo umwana yitabwaho
- Ababyeyi bombi bafite uruhare runini mu mikurire y'umwana wabo bamugaragariza urukundo n'ubwuzu, kandi bagafasha abana babo mu kunguka ubumenyi binyuze mu gukina nabo, kubaganiriza, kubafasha gusoma inkuru...

Umukoro wo mu rugo : Garagariza umwana wawe urukundo, ukine nawe ndetse umuganirize

Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

### Intego



### Umumaro wo gukina

IHUGURA ABABYEYI KU MUMARO WO GUKINA NO  
GUKANGURA UBWONKO BW'UMWANA



Ibyo ababyeyi bagomba  
kumenya



Ibyo ababyeyi bagomba  
gukora

Abana biga bakina  
Abana bigira mu biganiro

Gukina n'abana babo  
Kuganiriza abana babo.

INTAMBWE YA 1 Iminota 10



### Ikaze n'ijambo ry'ibanze

Guha ikaze ababyeyi  
Igikorwa cyo gusuhuzanya cyangwa indirimbo y'ikaze  
Kubaza ibibazo bifasha ababyeyi kwibukiranya  
inyigisho y'ubushize  
Kugenzura umukoro watanzwe : Kwereka umwana  
urukundo, kumukinisha no kumuganiriza

Imfashanyigisho

INTAMBWE YA 2 Iminota 40



Iminota 05

### Umumaro wo gukangura ubwonko bw'umwana, gukina no kuganira hifashishijwe ibikorwa umwana agiramo uruhare

Imfashanyigisho

**Ikiganiro kiyobowe** – Gukina no kuganira  
hifashishijwe ibikorwa umwana agiramo uruhare  
Ni gute ukina n'umwana wawe ? Uvugana gute  
n'umwana wawe ?

**Kwitoza** – Imikino n'ibikorwa bifasha umwana gukina

Imfashanyigisho ya 3:  
Umumaro wo gukina  
**(Urupapuro rwa 5)**

1. Koranyiriza ababyeyi bitabiriye ikiganiro mu matsinda ushingiye ku kigero cy'abana babo
2. Babwire umukino ujyanye n'ikigero cy'abana babo

<b>Ikigero cy'ubukure</b>	<b>Ibikorwa n'imikino</b>	<b>Ikigero cy'ubukure</b>	<b>Ibikorwa n'imikino</b>
<b>Kuva umwana agisamwa kugeza avutse</b>	Ririmbira umwana wawe Kuyakuya (masa) inda yawe	<b>Uruhinja</b> Kuva ku mezi 6 kugeza kuri 12	Ha umwana wawe nk'isahane n'ikiyiko kugirango abikinise ahondagura cya kiyiko
<b>Uruhinja</b> Kuva umwana akivuka kugeza yujuje icyumweru	Jya uterura umwana umwi- yegereze, umureba mu maso noneho gake gake umufate akaboko umunanure buhoro buhoro.	<b>Ibitambambuga</b> Kuva ku mezi 12 kugeza kuri 36	Ha umwana wawe ibikinisho byo kubaka no kugerekerya
<b>Uruhinja</b> Kuva ku cyumweru kugeza ku mezi 6	Ereka umwana wawe ibantu by'amabara atandukanye ubikore ubinyuza mu maso ye uva iburyo ujyana ibumoso	<b>Incuke</b> Kuva ku myaka 3 kuzamura	Ha umwana ibikinisho bituma atekereza hanyuma umufashe kubikoresha

3. Reka bitoze ibyo bikorwa/iyo myitozo hamwe n'abana babo. Ubunganire aho biri ngombwa  
 4. Nyuma y'umwanya muto, ubahagarike gato maze ubabaze uti : Ese muraterekereza ko ari irihe somo  
 abana banyu bakuye muri iyi mikino/ibikorwa ?  
     Ni biba ngombwa wifashishe imfashanyigisho ya 3 kugirango uberekere uko babafasha neza.  
     Ntiwirirwe ujya mu mikino yose ahubwo uhitemo umwe ababyeyi bashoboye gukina noneho  
     ubasobanurire icyo abana bakuyemo nk' inyigisho.  
 5. Reka basubiremo umukino noneho urebe icyo abana babo babashije kwigiramo



Iminota 05

- Abana biga bakina kandi bagerageza gukora no  
gukorakora ku byo babona, ndetse banigana ibyo  
babonye abandi bakora
- Gukina biha abana uburyo bwinshi bwo gutekere-  
za no kwishakira ibisubizo cyangwa gukemura  
ibibazo
- Si ngombwa 'kwigisha' abana, ahubwo icyo  
bakeneye ni ukubaha uburyo bwo kuvumbura  
no kwigira ku byo bakora. Abana bato bigira mu  
gukora no gukina.



Iminota 10

#### **Ikiganiro Kiyobowe: Kwiyemeza gukina**

Baza ababyeyi : Ese ni ibihe bikinisho (bijyanye  
n'ikigero cy'umwana) mufite mu rugo umwana ashob-  
ora kwifashisha akina, urugero nk'ibantu by'amabara  
atandukanye ushobora guhitisha mu maso y'uruhi-  
nya ? Ibyo ashobora guhondagura bitanga amajwi atan-  
dukanye, ibyo kugerekerya, n'ibikinisho bibafasha  
gutekereza nk'ibyo guhuza ibice bitandukanye bigize  
amashusho kugirango bibe amashusho afite igisoba-  
nuro n'ibindi?

Ese uyu mukino bazongera kuwukina n'abana babo  
ryari ?

Umufashamyumvire agomba gukurikirana ko ababyeyi  
bazongera gusubiramo uwo mukino n'abana babo mu  
rug. Ikindi bagomba kumenya igihe ababyeyi baza-  
subiramo uwo mukino n'uko bazabikora.

INTAMBWE YA 3

Iminota 15



Iminota 15

**Imikurire y'umwana**

**Igikorwa cyo gukina : Gukura k'umwana**

1. Baza buri mubyeyi niba bemeranywa n'interuro zikurikira cyangwa batemeranywa na zo
2. Uko ababyeyi bagenda basubiza abemeranywa n'interuro bajye ukwabo abe ari nako biba ku batemeranywa n'ibivugwa mu nteruro zikurikira.
3. Reka bavuge uko babyumva
4. Nyuma y'iminota mike, tanga ibisubizo unasobanure impamvu aho biri ngombwa.

Imfashanyigisho

<ul style="list-style-type: none"> <li>• Abana bigira cyane mu byo bagerageza gukora no kwigana ibyo babona abandi bakora kurusha ibyo babwirwa gukora.</li> <li>• Umubyeyi w'umugabo cyangwa umugore akwiriye kujya aganiriza umwana na mbere y'uko umwana amenya kuvuga</li> <li>• Umwana avuka atabona</li> </ul>	<p>Ni byo</p>		Hari ibihamya byerekana ko abana bigira mubyuo bakora
	<p>Ni byo</p>		Umubyeyi aba arimo gutegura umwana kuzavuga ndetse anamwigisha uko abantu baganira
	<p>Si byo</p>		Umwana avuka abona, uretse ko arushaho kureba neza uko agenda akura. Umwana akururwa cyane n'amasura. Ubushakashatsi bwerekanye ko hagati y'byumweru 2 na 3 uruhinja rutangira kumenya amasura. Ubundi bwagaragaje ko ahubwo binabaho mbere yaho mu minsi mike nyuma yo kuvuka.
	<p>Si byo</p>		Umwana avuka abona, uretse ko arushaho kureba neza uko agenda akura. Umwana akururwa cyane n'amasura. Ubushakashatsi bwerekanye ko hagati y'byumweru 2 na 3 uruhinja rutangira kumenya amasura. Ubundi bwagaragaje ko ahubwo binabaho mbere yaho mu minsi mike nyuma yo kuvuka.
<ul style="list-style-type: none"> <li>• Umwana agomba gukangarwa igihe hari icyo ashizye mu kanwa ke.</li> </ul>	<p>Si byo</p>		Abana bakunda gushyira ibintu mu kanwa kuko niyo haba hari ibiyumviro byabo. Ibyo rero bibafasha kwiga kumenya ibishyushye, ibikonje, ibyoroshye n'ibikomeye bakoresheje mu kanwa n'intoki zabo. Genzura neza ko ibyo byose umwana aba akoraho ndetse anashyira mu kanya nta cyo byamutwara kandi ko bifite isuku.
<ul style="list-style-type: none"> <li>• Umwana ajugunya ibintu kugirango ateshe umutwe ababyeyi be</li> </ul>	<p>Si byo</p>		Kuba ikintu cyamucika kikagwa bishobora kuba impanuka. Ikindi umwana yigira mu kugerageza gusubiramo ibyo akora bikamufasha kumenya ibirimbo kuba, igihe byatwaye kugirango ijwi/urusaku rubashe kumvikana n'uko abantu babyakira n'ibindi.

INTAMBWE YA 4 Iminota 5



### Umusozo w'inigisho

Baza ababyeyi uti: Ese mwize iki uyu munsi? Ni ba ari ngomba, bibutse ubutumwa bw'ingenzi :

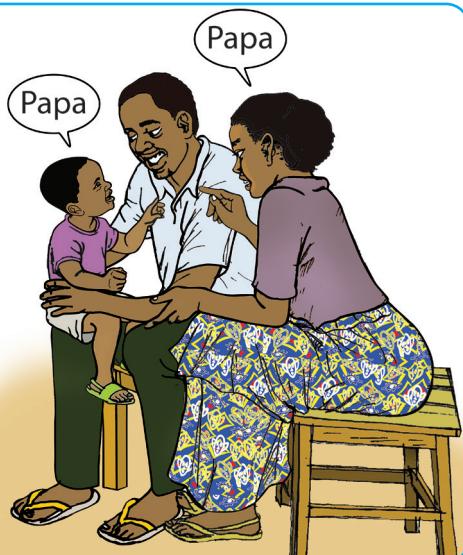
- Abana bigira mu gukina no kugerageza ibantu byose ; ndetse no kwigana ibyo abandi bakora
- Si ngobwa « kuguva ngo ugiye kwicara wigishe umwana » Abana bato bigira mu gukina no kugerageza ibantu. Bahe umwanya wo kuvumbura no kugerageza ibantu

Umukoro : Kina n'umwana wawe ndetse unamuganirize Kuririmba indirimbo isoza inyigisho

Imfashanyigisho



### Intego



## Kwita ku mwana ku buryo buboneye

IHUGURA ABABYEYI KU MUMARO WO GUKINA NO GUKANGURA UBWONKO BW'UMWANA



### Ibyo ababyeyi bagomba kumenya



Kubaka ubucuti n'umwana n'umwana ni iki ?

Kugirana umubano wihariye hagati yawe n'abana bibafasha gukura no kubyiruka neza.



### Ibyo ababyeyi bagomba gukora

Umva kandi usubize ibyifuzo by'umwana ndetse unamuhe ibyo akeneye  
Gira uruhare mu mikino n'ibiganiro bikurikira mu kubaka umubano udasanzwe :  
o Rebana n'umwana wawe mu maso  
o Jya ufatira umwana mu gituza muhuze umubiri  
o Jya wigana ibyo umwana avuga n'ibyo akora.  
o Kina umupira n'umwana w' igitambambuga ndetse n'incuke.  
o Jya ukina n'umwana wawe

### INTAMBWE YA 1 Iminota 5



### Gutanga ikaze no kwibwirana

Imfashanyigisho

Guha ababyeyi ikaze Gusuzuma umukoro watanzwe : Gukina no kuganiriza umwana Kubagezaho insanganyamatsiko y'inyigishoy'ubo munsi

### INTAMBWE YA 2 Iminota 50



Iminota 05

### Kubaka ubucuti n'umwana

Imfashanyigisho

**Ikiganiro kiyobowe-** Urukundo rwa kibyeyi/kubaka ubucuti n'umwana/ubucuti magara. Funga amaso ubundi utekereze ku muntu wiyumvamo cyane mu buzima. Wiyumva gute iyo uri kumwe n'uwo muntu ?



Iminota 05

- Kubaka ubucuti n'umwana bisobanuye urukundo rwinshi umuntu akunda undi afata nk'udasanzwe mu buzima bwe, bituma yumva ko iyo nshuti izamurinda ndetse nta cyo yayiburana
- Kubaka ubucuti n'umwana n'umwana bitangira akivuka bikarushaho uko agenda akura
- Abana biyumvamo cyane kandi bakunda ababyeyi/abarezi n'abandi bantu babitaho ku buryo buhoraho, abo bakunda kumarana igihe kinini babitaho babaganiriza bakanabereka urukundo n'urugwiro.
- Kugira ngo umwana yumve atekanye, akure neza akenera kugirana umubano udasanzwe nibura n'umuntu umwe yibonamo ku buryo bwizewe.
- Gukina no kuganira n'umwana bituma arushaho kugukunda no kukwiymvamo.



Iminota 15

**Umwitoto : Umwitoto wo kubaka ubucuti magara n'umwana/kubaka ubucuti n'umwana - Umukino wo guhererekanya n'umwana ("Gutanga no kwakira umupira/agapira/ikindi kintu")**

Umupira/agapira  
(cyangwa akabuye  
ushobora kubona  
mu habazengurutse)

Niba bishoboka mwajya ahantu hisanzuye, hashobora kuba hanze igihe aho muri hatisanzuye kugira ngo amatsinda abone ubwinyagamburiro buhagije mu gihe k'imikino mu matsinda.

1. Saba buri muntu ahitemo uwo bafatanya. Muri buri tsinda rya babiri, bagomba kuba barebana kuburyo hagati yabo hatagomba kubamo intera irenga aho abasha kugeza ukuboko. Hereza umwe agapira. Babwire ko igihe uvuze ngo "**Tanga**", umuntu wa mbere azajya atera agapira ahhereza mugenzi we ngo asame. Hanyuma nuvuga uti "**garura/subiza**," umuntu ufite agapira nawe asubize mugenzi we.
2. Nyuma y'agace ka mbere k'umukino, buri muntu atere intambwe imwe asubira inyuma. Buri uko murangije agace ko guhererekanya agapira bikaba byagenze neza, murusheho kongera intera iri hagati yanyu kugira ngo murebe ko murushaho gukomeza gusama agapira. Mukomeze kongera intera kugeza ubwo mubasha kugera ku mpera z'aho murimo gukinira.
3. Shimira abitabiriye amasomo bose ku bw'umuhate bagize mu mukino n'uburyo bagiye bahuza mu guhererekanya agapira kugeza n'ahari intera ndende. Ushobora kubabaza uti : 'ni iki wabonye kuri mugenzi wawe ku bimenyetso by'umubiri yagaragazaga ? Ese wabyitwayemo gute igihe mwakinaga?
4. Babwire bongere bakine wa mukino wo guhererekanya agapira babiri- babiri. Noneho umwe abe umwana hanyuma avuge "**Tanga**," nko kuvuga "**Ndashonje**," "**ndananiwe**" noneho atange umupira. Noneho mugenzi we asame agapira avuge: "**subiza**" mu buryo yasubizamo umwana ushonje nk'urugero: "**Ndakugaburira**," "**Ndakuryamisha**" hanyuma yongere amusubize agapira. Bwira amatsinda kwishakira ingero zabo z'uburyo bwo guherezanya agapira binajyanye n'ibiganiro. Bakomeze baherezanye udupira banagura intera iri hagati yabo kugeza ubwo muri buri tsinda agapira gatakaye hasi cyangwa bageze ku mpera y'aho barimo gukinira.



- Umukino wo guhererekanya ni ingirakamaro ku mubyeyi/umuntu wita kubana kuko bituma yita ku bimenyetso n'ibyifuzo umwana agaragaza ndetse akanabisubiza.
- Uyu mukino ugfasha kurushaho gusobanukirwa igihe umwana ashonje, arwaye, atishimye cyangwa igihe ari mubyago byo kuba hari icyamuhungabanya. Bigufasha kurushaho gusobanukirwa uburyo wasubiza ibyifuzo by'umwana.

Imfashanyigisho ya 4: Guhererekanya umupira  
**(Urupapuro rwa 4)**



Iminota 10

**Umwitoto: Umwitoto wo kubaka ubucuti magara/ urukundo rwa kibyeyi/kubaka ubucuti n'umwana - Kwigana**

Saba ababyeyi kwitoza kwigana abana babo. Basabe:

- 1- Kwitegerezza mu mamaso h'uruhinja kugeza ubwo abona bahuje amaso
- 2- Ita ku myitwarire y'umwana nk'uburyo yinyeganyeza n'amajwi asohora.
- 3- Igana ibyo umwana akora n'amajwi ye. Igihe hari ijwi umwana asohoye cyangwa hari icyo akeze nave mwigane (ni umwana ugomba gutangira kugira icyo akora cyangwa avuga mbere hanyuma umubyeyi/umurezi nave akamwigana)

Aho biri ngombwa unganira ababyeyi ubabwira ibyo abana babo barimo gukora n'ibyo bo ubwabo nk'ababyeyi bagomba gukora. Ntutume umwana aba ari wowe abona ; reba umwana witonze nakora ikintu mu buryo bwhuse, uhite usaba umubyeyi kugisubiramo, urugero, nko kwayura, nave fungura umunwa wawe, vuga 'baba', n'ibindi....

Fasha ababyeyi/abarezi gusobanukirwa n'uburyo abana babyishimira. Urugero, umwana arimo guseka kubera ko yumvise usubiramo ijwi rye, n'ibindi...

Niba ababyeyi batari kumwe n'abana babo, umubyeyi umwe ashobora gukina ari umwana undi akaba umubyeyi nyuma bakaza guhinduranya.





- Kwigana ijwi ry'umwana ndetse n'ibyo akora bituma ubasha gukomeza kumwitaho no kumuha umwanya. Bigufasha kumva icyo umwana arimo kuvuga bityo ukabasha kumuha/kumusubiza ibyo ashaka n'ibyo akeneye.



Iminota 10

### **Ishusho mfashanyigisho- Indi myitozo yubaka ubucuti magara hagati y'umwana n'umubyeyi (kubaka ubucuti n'umwana)**

Shyira ababyeyi mu matsinda ushingiye ku myaka y'abana babo ubareke bakine indi mikino ibafasha gushimangira ubucuti magara/kubaka ubucuti n'umwana/urukundo rwa kibyeyi n'abana babo.

Imfashanyigisho ya 5:  
Ibikorwa bifasha  
umwana n'umubyeyi  
kubaka ubucuti  
n'umwana  
**(Urupapuro rwa 5)**

### **Uruhinja (Munsi y'amezi 9)**

Rebana n'umwana mu maso mu gihe urimo kumwitaho, murimo gukina ndetse n'igihe urimo kumwonsa (Urugero : Ishusho ya 1 y'imfashanyigisho ya 5)

Komeza kwiyegereza umwana wawe kuburyo muhuza umubiri. Nyina cyangwa se w'umwana akuramo umwenda wo hejuru (mu gituza) ndetse n'umwana ukamwambura (agasigarana imbindo, akagofero n'udusogisi). Umwana ashayirwa mu gituza cya se cyangwa nyina - umubiri ku mubiri hanyuma ukamufubika umwenda cyangwa ikigoma hejuru kugira ngo adakonja. Mu gihe cyo kuruhuka, ushobora kuruhuka mw'ubwo buryo. (Ishusho ya 2 mu mfashanyigisho ya 5)

### **Impinja (ziri hejuru y'amezi 9), ibitambambuga n'inshuke**

Umubyeyi ahisha mu maso akoresheje furari/igitambaro, ingofero cyangwa ibiganza bye hanyuma agahita akuraho iyo furari/igitambaro, ingofero cyangwa ibiganza bye mw'isura yihuse. Vuga mu ijwi rishimishije mu gihe urimo gukuraho icyo wari wakinze mu maso ari nako umwenyura cyangwa umusekera. Ongera ubikore. (Ishusho ya 3 mu mfashanyigisho ya 5)een you.



Iminota 05

### **Ibitambambuga n'inshuke**

Kinana n'umwana wawe umupira (Ishusho ya 4 mu mfashanyigisho ya 5)

Ku bana b'ibitambambuga, mushobora guterana/ guhererekanya umupira mukoresheje ikiganza cyangwa ikirenge.

Ku bana b'inshuke, ushobora kujya umusunikira umupira hasi, ukamusaba nawe kuwugusubiza.

Uburyo bukurikira bufasha ababyeyi kubaka ubucuti n'umwana n'abana:

- Kumenyera kurebana n'umwana mu maso igihe umuteruye, by'umwihariko ku babyeyi b'abagore mu gihe barimo konsa umwana.
- Kina n'umwana imbonankubone, abana baba bakenye kubona amasura y'ababyeyi babo,
- Vugisha umwana mu buryo butuje kandi bworoheje,
- Humuriza umwana umukoraho ndetse unamatwara neza mu buryo bufite injyana
- Imenyereze kumufatira mu gituza kuburyo muhuza umubiri kandi uhere akivuka kugeza igihe cyo se akiri uruhinja
- Ita ku bibazo by'umwana kandi umuhe icyo akenye cyangwa yifuza (gutanga no gusubiza)
- Igana ibyo umwana wawe akora munaganire.

INTAMBWE YA 3 Iminota 5



### Umusozo w'inigisho

**Baza ababyeyi:** Ese mwize iki uyu munsi? Niba ari ngombwa ubibutse ubutumwa bw'ingenzi :

- Kugirango abana bumve bari mu mutuzo kandi bakure neza, bakeneye kugirana isano yimbitse nibura n'umuntu umwe bakamwisanzuraho cyane (bakubaka ubucuti n'umwana na we)
- Kugirango uku kubaka ubucuti n'umwana n'umwana gushoboke, umurezi/umubyeyi asabwa kwita kuri buri kimenyetso umwana akora kandi akamusubiza mu buryo bwiuse
- Gukina no kuganira n'umwana muto bituma akwiyumvamo cyane

**Umukoro:** Ugendeye ku myaka y'umwana wawe, gira umukino ukina na we wagufasha kubaka ubucuti magara/kubaka ubucuti n'umwana na we /gushimangira urukundo rwa kibyeyi kurushaho (kumwigana, kwihihanya, gukina agapira no gukoranaho)

Kuririmba indirimbo isoza inyigisho

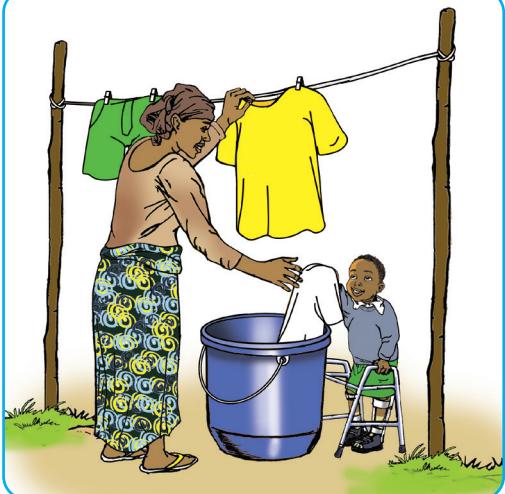
Imfashanyigisho

# INYIGISHO

4

Iminota 110

## Intego



## Gukemura imbogamizi zituma tudakina n'abana

INTAMBWE YA 1

Iminota 5



### Gutanga ikaze no kwibwirana

Guha ababyeyi ikaze  
Baza ababyeyi ibibazo bibafasha kwibukiranya  
inyigisho y'ubushize  
Kugenzura umukoro batahanye  
Gusobanura insanganyamatsiko y'inyigisho y'umunsi

Imfashanyigisho

INTAMBWE YA 2

Iminota 10



Iminota 10

### Imbogamizi zituma umubyeyi/umurezi atabasha gukina no kuganira n'umwana

**Ikiganiro kiyobowe - Shaka ibisubizo ku kibazo kijyanye no kutabasha gukina ndetse no kuganira n'umwana wawe**

**Baza ababyeyi:** Waba warigeze ukina n'umwana wawe ndetse ukagirana ibiganiro nawe ukurikije imikino n'uburyo butandukanye twabonye wakina n'umwana wawe murugo? N'izihe nzitizi wahuye nazo mugihe wakinanaga ndetse unaganira n'umwana wawe mu rugo?

Mu rwego rwo gufasha ababyeyi gusangizanya ubuhamya, umufashamyumvire/umurezi ashobora gutanga urugero rw'imbogamizi: wenda ahari muba mufite akazi kenshi ntimubona umwanya wo gukina n'abana. Wenda ahari imikino y'abana irabarambira mukumva mudashaka gukina.

Fasha ababyeyi kwibonera ibisubizo bibanogeye.

Imfashanyigisho

INTAMBWE YA 3 Iminota 50



Iminota 05



Iminota 15

### Ikibazo k'igihe (umwanya muke)

Niba ababyeyi bumva badafite umwanya wo gukina no kuganira n'umwana bagire inama yo:

- o Gukina no kuganira n'umwana igihe bari mu mirimo yo mu rugo (Ushobora kumuvugisha, kumuririmbiya cyangwa kumukinisha igihe urimo kumukarabya, kumugaburira no kumwambika cyangwa ukabikora igihe urimo gusukura inzu cg urimo guteka)
- o Shaka n'abandi babasha kugufasha gukora imirimo yo mu rugo kugira ngo ubone umwanya wo kwita ku mwana.
- o Reba abandi harimo na se w'umwana cyangwa basaza/ bashiki be bashobora nabo kumwitaho bagufashe kumukinisha no kumuganiriza.

Imfashanyigisho

### Kubara inkuru - Kwifashisha imirimo isanzwe ugakina n'umwana wawe

#### 1. Soma inkuru ikurikira

Mbabazi arananiwe cyane yiriwe akora. Ijoro ryakeye ntiyasinziriye neza kubera ko umwana we Teta yarwaye impiswi. Ubu ni ige cyo gutegura amafunguro kandi nta muntu wo kumufasha uhari. Teta ari mu buriri arasinziriye. Musaza we Ngenzi uftite imyaka ibiri (2) y'amavuko ari hanze arimo gukubita inkoni ku rukuta, yarambiwe. Mbabazi arimo gusoroma ibishyimbo by'imitaja, Ngenzi amuhamagaye amubwira ati "ndashonje, ndashaka kurya".

Baza ababyeyi uti:

- o Mwari mwisanga mu bihe bimeze nk'ibi?
- o Ukora iki iyo bikubayeho?

#### 2. Reka dukomeze inkuru.

Mbabazi aramuhamagara ati Ngenzi, ngwino mu nzu". "Ndabizi urashonje. Reka tugerageze kugira vuba dutegure amafunguro ya njoro". Ngenzi yinjira mu nzu afite ya nkoni ye. Mbabazi aravuga ati "reka ducecke tudakangura mushiki wawe". "Jye nawe tugiye gutegura amafunguro vuba, nkeneye ubufasha bwawe kuko ndananiwe cyane. Ushobora kumfasha kuronga biriya bishyimbo? Fasha hasi inkoni yawe uzane iriya base". Ngenzi ariruka azanira nyina ibase ashayiramo amazi. Mbabazi aravuga ati "Eh, ibiganza byawwe byanduye wari urimo gukinira hanze." Dukwiye gukora iki?" Ngenzi arasubiza ati "gukaraba intoki". Mbabazi amusukira amazi ku biganza. aramubwira ati "karaba neza ibiganza byombi" Ngenzi akuba ibiganza byombi ari guseka arangije aravuga ati "noneho ni ibishyimbo". Mbabazi aramusubiza ati "yego, noneho ni ibishyimbo". Reka turebe ko ubironga neza nkuko wogeje ibiganza byawwe. Mu gihe urimo gukora ibyo, jye ngiye kuzana inkwi zo gudana. Ngenzi yakunze icyo gikorwa cyo kuronga ibishyimbo. Amazi yumvaga ameze neza ndetse akunda n'ukuntu ibishyimbo birimo kugenda bizenguruka iruhande rw'ibiganza bye nk'udufi. Ngenzi aravuga ati "ibishyimbo birenda gucya". Nyina aramubwira ati "bishiire muri iyi base yindi". Ngenzi abikuriramo rimwe abishyira mu yindi base y'amazi meza. Ahita abona ko ku ndiba y'iyo base byari birimo huzuyeho umwanda wa bya bishyimbo. Aravuga ati "mama, reba!" Nyina aramusubiza ati "yego", reba umwanda wose wakuye ku bishyimbo. Ongera ubironge indi nshuro imwe mu mazi meza urebe niba hari umwanda usigara muri ayo mazi. Ndakeka ko bisa neza ku buryo byatekwa vuba tukarya.

#### Baza ababyeyi uti:

- o Ni iki cyabaye muri iyi nkuru?  
Niba bikenewe fasha ababyeyi: Mbabazi yari akiye kumenya ko umuhungu we ashonje kandi ko na we ananiwe; amuhaye amabwiriza y'ibyo amwitezeho gukora (gutuza) ndetse amusobanurira n'impamvu (ko mushiki we asinziriye); amuhaye umurimo uba umuhugije kandi ari no kumufasha gutegura amafunguro. Kuri Ngenzi, byaramushimishije cyane kuko yabikoze yumva arimo gukina kandi arimo yiga.

Ni mu buhe buryo Mbabazi yakundishije umuhungu we ibyo yari arimo gukora? Ni irihe somo Ngenzi yigiyemo?



**Gushyira mu bikorwa ibyizwe - Gukora imirimo  
yawe ya buri munsi ukina n'umwana wawe.**

**Bwira ababyeyi kwigabanya mu matsinda,**

3. Saba buri tsinda kuganira ku mirimo itandukanye bafatanya n'abana babo buri munsi (kubakarabya, kubambika, n'ibindi.) cyangwa se imirimo bakora abana babari hafi (nko guteka, kumesa imyenda n'ibindi...)

**Saba ababyeyi gutekereza kuri ibi bibazo:**

- o Ese abana banyu barimo gukora iki muri uyu mwanya?
- o Ese ni gute musaba abana banyu kubafasha /mubakundisha iyo mirimo?
- o Ese muba murimo kubaganiriza iki mu gihe nk'iki?
- o Ese abana banyu bigiramo iki?
- o Ni iki nk'ababyeyi mwakora kugira ngo murusheho gufasha abana banyu kwiga?

Koresha ingero ziri mu mbonerahamwe ikurikira mu gufasha aba bayeyi aho biri ngombwa. Si ngombwa kurondora ibikorwa byose byavuzwe mu mfashanyigisho ariko ushobora kuvugamo nk'igikorwa kimwe cyangwa bibiri.

Ibikorwa bya buri munsi	Ibikorwa byo gukina no kuganira byateganyijwe (hagendewe ku myaka y'umwana)
Gusenga mu gitondo	Ku bana b'impinja, bakwishimira kukuba iruhande no kumva indirimbo Ku bitambambuga n'inshuke, mwafatanya kuririmba ndetse no gusenga
Gufata amafunguro	Ku bana b'ibitambambuga, bareke bigaburire ubwabo hanyuma ubashimire ku bw'umuhathe wabo. Muganire uko umunsi wagonze cyangwa se ibyo muteganya gukora uwo munsi. Niba umwana wawe amaze gukura, mubaze uko umunsi we wagonze/uko yiriwe
Kujya ku ryama nijoro	Igihe uryamishije umwana mu buriri, ushobora kumubwira inkuru/agatekerezo, ukamubaza uko yiriwe, ukamurimbira akaririmbo, ukamupfumbata, n'ibindi...
Guteka	Ushobora guha umwana wawe agasahani kariho ibishyimbo noneho ukamusaba kubibara. Uramutse udashaka ko umwana akina n'ibiryo, ushobora kumuha ikiyiko cyangwa igikombe kitameneka akabikinisha. Ku bana b'inshuke, ushobora gutangira kubabwira kugufasha uturimo tworoheje two mu gikoni
Guhaha	Jyana n'umwana ku isoko: mubwire icyo ugiye kugura n'impamvu ugiye kukigura. Niba ari mukuru bihajje mubaze icyo ashaka kugura (mubiganireho/mubyuguraneho ibitekerezo). Mubwire gutwara agakapu (gatoya), gura imbuto ureke abe ariwe uzigeza mu rugo cyangwa umuhe amafaranga abe ari we uyatanga ubundi umuhe imbuto nke azitahane
Kumesa imyenda	Ku mpinja, Mureke mwicarane ku mukek/ikirago, ubundi ubahereze ibikinisho cyangwa kimwe mu bikoresho byo mu rugo yaba akinisha igihe urimo kumesa. Ku bana bari mu kigero cy'ibitambambuga n'inshuke, ushobora kubaha akabase gato karimo amazi bagakina bakoresheje agacupa cyangwa agakombe katameneka. Ku bana b'inshuke, ushobora no kubasaba kugufasha. Niba urimo kumesa mureke agufashe ndetse unafate umwanya wo kumusobanurira amabara y'imyenda murimo kumesa. Ujye umwereka umwenda umubaze nyirawo. Ushobora kubabaza uko umwenda runaka udozwre ndetse n'icyo udozwemo n'ibindi.
Gusukura mu nzu no mu Busitani n'ahandi	Tuma umwana kuzana ibikoresho uri bukoreshe usukura inzu cyangwa gutunganya ubusitani. Tangiza akaririmbo mu gihe murimo gukoropa, muri gusukura cyangwa gukora mu busitani. Saba umwana muririmbane cyangwa umwiigishe iyo ndirimbo mu gihe muri gukora kandi ureke nawe agufashe.
Koza ibikoresho byo mu gikoni	Bwira umwana gukura amasahane n'ibikombe ku meza hanyuma umubwire kubijyana aho byogerezwa. Mwereke uko boza ibyo byombo ndetse unamusabe kugira ibyo yoza. Ashobora no kukuguma iruhande akareba uko ubyoza. Mushobora gukina umukino wo kubazanya: 'Ese ndimo koza iki', (amakanya, ibyuma, amasahani, n'ibindi...) wamubaza uti, Nogeje amasahani angahe?



Iminota 05

- Abana bakunda kuba bari kumwe n'ababyeyi babo kandi bakabigiraho byinshi
- Uko urushaho gukorana imirimo yawe ya buri munsi n'umwana wawe ni nako arushaho kwiga no kunguka ibantu byinshi
- Uku gusabana k'umubyeyi n'umwana bya hato na hato bituma umwana arushaho kumenya ururimi ndetse bikanamwubakamo ikizere



Iminota 05

#### **Ikiganiro kiyobowe- Kwifashisha imirimo ya buri munsi ugakina n'umwana**

Ese hari imbogamizi mwaba mufite cyangwa mutekereza mushobora kuzagira mu gushyira mu bikorwa ibi bitekerezo tumaze kubona?  
Niba ababyeyi bavuze ko ntacyo abana bato bashobora gufasha, babwire ko kumara akanya gatouri kumwe n'umwana wawe mu murimo (nko koza cyangwa gutora ibishyimbo)  
birokora wa mwanya (umwana ntago aba ari kukugora cyane ngo ashaka ko umwitaho kuko muba murimo gutafatanya)

INTAMBWE YA 4

Iminota 30



Iminota 05

#### **Gushakira umwana ibikinisho**

Niba ababyeyi badafite ibikinisho byo guha abana babo, bagire inama yo:

- Gukoresha igikoresho icyo aricyo cyose cyo mu rugo cyakinishwa gisukuye kandi kitakomeretsa umwana. Ntabwo abana bato bakenera gusa ibikinisho bishya cyangwa se byaguzwe.
- Ushobora no gukoresha ibikoresho byakoreshewe nk'ibikarito, ibikopo bivamo ibiryo cyangwa ibindi bintu bitandukanye .
- Menya neza niba ibantu wahaye umwana wawe gukinisha byizewe- urugero reba niba bitahumanya umwana, bitameneka kandi ko ari binini ku buryo atabasha kuba yabimira.

Imfashanyigisho



Iminota 10

#### **Ikiganiro kiyoboye- ibikoresho byo mu rugo byakoreshwa mu gukina.**

Urugero, ku babyeyi/abita ku bana bafite amezi 7, babaze uti: " Ni iki mufite mu rugo cyizewe umwana wawe ashobora gufata, gucugusa, gukinisha ahondagura no kujugunya hasi?"

Ku mwana ufite amezi 12 kugeza ku myaka 2, baza ababyeyi/abarezi babo uti:

'Ni ubuhe bwoko bw'udukopo cyangwa udukarito umwana wanyu muto ashobora gukinisha ashyiramo utuntu?

Ku bana bakuru, baza ababyeyi/abarezi babo uti: 'Ni iyihe myenda ishaje, ibikoresho n'ibitambaro mufite umwana yakinisha?

Ni ibihe bikoresho bindi mutekereza byakwifashishwa mu gukina?



Iminota 05

- Imiryango ishobora kwikorera ibikiniso byoroheje kandi bidahenze.
- Agace k'akabaho gafite udupine dusize irangi gashobora gukinishwa nk'igare/ agapikipiki.
- Umwana ashobora kugerageza guhuza uduce tw'agakarito baciye gashushanyijeho ishusho y'ikintu kugira ngo akore ishusho y'icyo kintu. Dushobora no kuba udupfundikizo tw'amacupa. Mushobora no gushushanya ifoto y'ikintu ku gikarito mwarangiza mukagikatamo ibice nka bitatu, noneho ugaha umwana agakina abiteranya kugira ngo akore ishusho ya cya kintu.
- Egeranya udukoresho/utuntu dutandukanye dushobora gukoreshwa nk'udukiniso. Abana bashobora gukina bakoresheje udukoresho nk'ibishishwa byavuyemo imbuto cyangwa utubabi dufite isuku kandi tutakomeretsa umwana (urugero: utubabi tudafite amahwa).
- Abana kandi bakenera kugira abo bakina nabo. Bigira mu gukina n'ababyeyi babo, abavandimwe n'inshuti.



Iminota 10

### **Ikiganiro kiyobowe - Gukora ibikiniso**

Hari na rimwe mwigeze mukorera umwana wanyu igikiniso? Ni ibiki mwamukoreye, mwabikoze gute? Ese mwakwigisha abandi babyeyi uburyo bikorwa? Ni ibihe bikoresho ushobora kubona mu rugo cyangwa aho mutuye bishobora gukorwamo ibikiniso?

INTAMBWE YA 5

Iminota 5



### **Umusozo w'inyigisho**

Baza ababyeyi uti : Ese uyu munsi twize iki? Niba bishoboka ubibutse ubutumwa bw'ingenzi :

- Niba uftite inzitizi zo kubona umwanya wo kuganira n'umwana wawe, mukinishe un-amuganirize wifashishije imirimo urimo gukora mu rugo, uzaba umweretse urukundo kandi anigire kuri iyo mirimo (kumwuhalgira, kumug-aburira...)
- Niba nta bikiniso mufite mu rugo, kore-sha ibikoresho byo mu rugo, bisukuye kandi bitakomeretsa umwana cyangwa ngo abimire, kandi wige kwikorera ibikiniso byoroheje by'abana.

**Umukoro wo mu rugo:** Mu gihe ukora imirimo yo mu rugo, saba umwana aze agufashe. Kora ibikiniso bitagoye kandi byoroheje. Kusanya ibikoresho byak-wifashishwa nk'ibikiniso biboneka aho mutuye. Reba mu bikarito ibyakoreshwa nk'ibikiniso bitagira icyo bitwara umwana.

Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

## Intego



### Ibikorwa bifasha umwana gukina no gusabana – Iterambere mu mbamutima n'imibanire n'abandi

IHUGURA ABABYEYI KU MUMARO WO GUKINA NO GUKANGURA UBWONKO BW'UMWANA

Ibyo ababyeyi bagomba kumenya	Ibyo ababyeyi bagomba gukora
<p>Umumaro wo kuvuga ibijyanye n'imbamutima Umumaro wo gukora nk'uko umwana akora Umumaro wo kumuha ibyo ahangana nabyo bimusaba gutekereza.</p>	<p>Igihe urimo gukina n'umwana wawe gendera mu mujyo we Ihute mu mukino cyangwa ugende gahoro ukurikije ubushobozi bwe mu gukina. Menya kandi wite ku mbamutima z'umwana Jya ukina n'umwana wawe Jya uganiriza umwana wawe</p>

INTAMBWE YA 1 Iminota 5



### Gutanga ikaze n'ijambo ry'ibanze

Imfashanyigisho

Guha ababyeyi ikaze  
Baza ababyeyi ibibazo bibasaba kuganira ku nyigisho y'ubushize

**Gusuzuma umukoro watanzwe:** Kwemerera umwana mugafatanya imirimo yo murugo no kumubonera ibikiniso

Gusobanura insanganyamatsiko y'inyigisho y'umunsi.

INTAMBWE YA 2 Iminota 20



Iminota 05

### Gukurikira umujyo w'umwana/kumwigana

Imfashanyigisho

#### Kwerekana uko bikorwa no kubyitoza-Ugendeye kugukurikira umujyo w'umwana/kumwigana

Huza ababyeyi 2, umwe abe ari gukina n'umwana, mu gihe undi we araba ari kwitegerezza ibyo bari gukora

- o Ibyo abana bishimira mu gihe bakina ni inyoni, amajwi, ibikiniso n'ibindi... ;

- o Niba umubyeyi ashaka ibishimisha umwana, urugero nko kuvuga "Eeh hariya hari akanyoni gato mu gitii", iryo jwi ni iry'iki ? 'Eeh ni umubaji urimo kubaza n'ibindi...

Nyuma y'umwanya muto reka ababyeyi bagurane banahinduranye inshingano. Umubyeyi ukinana n'umwana we agomba kwita kubishimisha umwana. Undi mubyeyi nawe akita ku byo bavuze mbere.



Iminota 05

### Gukurikira icyerecyezo cy'umwana:

- Kumenya ibyo umwana yishimira;
- Komezanya n'ibyo umwana arimo gukora. Niba arimo kwitegerezza igikombe
- Nawe kitegerezze; irinde guhindura igikorwa yatangiye
- Ganira ku byo murimo gukora. Urugero- aka gakombe gatukura ni keza,
- Niba umwana ahinduye umukino yakinaga reka abe ari we ukuyobora. Urugero niba
- Arangije kuzunguza agapira agatangira gukina n'amatafari, na we muyajyanemo
- Burya n'impinja zayobora umukino. Ushobora gukurikirana amaso y'uruhiija
- ukamenya ikimushimisha.

INTAMBWE YA 3

Iminota 20



Iminota 15

### Gukora ikintu kimugoye kugeza akirangije

#### Umwitoto-Gukora ikimugoye akakirangiza

#### Imfashanyigisho

Imikino ababyeyi  
bikoreye yo guhuza  
udece dutandunye  
kugirango dukore  
ishusho ifite.Udukomb  
twa purasitike  
Uduti

1. Shyira ababyeyi mu matsinda ya babiri babiri, noneho ubabwire bakine imikino iri mu gice gikurikira ijyanyen'ikiciro cy'abana

<b>Impinja</b>	Hereza umwana igikoresho runaka cyo mu rugo umureke acyakire cyangwa agifate	
<b>Ibitambambuga</b>	Shushanya hasi ukoreshheje agakoni	
<b>Inshuke</b>	Kina n'umwana umukino usaba gutekereza cyane, wo guhuza uduce tugize ishusho y'ikintu	

Umubyeyi umwe agerageze umwitoto hamwe n'umwana we, noneho abandi babyeyi nabo bitegerezze uko umukino urimo gukinwa. Babwire ko bagomba kumenya:

- Umukino woroshye cyangwa ukomereye umwana
- Uburyo bwo korohereza umwana umukino (niba ugaragara nk'ukomeye ku mwana), cyangwa bakagerageza uburyo umukino wasa nk'uwwukomeza (igihe ugaragara nk'uworoshye ku mwana).

Nyuma y'umwanya muto reka ababyeyi bagurane/ bahinduranye inshingano mu mukino. Umubyeyi ukinana n'umwana we agomba kwita kubimugora kugira ngo amworohereze. Undi mubyeyi nawe agakora nk'uko uwa mbere yakoze yita ku byo akwiye gukorera umwana.



Iminota 05

- Niba ubona umwana wawe hari igikorwa yamenye gukora neza mu mukino, ushobora noneho kumuha ikirushijeho gukomera, nk'urugero niba yashoboye gutondeka udupande 4 tw'utubaho bimworohey, ushobora noneho kumuha gutondeka udupande 6.



Iminota 05

- Niba umwana wamuhaye umukino wamugoye kuwukora gabanya umuhe uworoheje abone kongera gusubira kuri wa wundi ukomeye hanyuma y'uworoshye
- Mu gihe umwana afite ubumuga runaka cyangwa yaradindiye mu mikurire, imikino, gusabana no kuganira ni ingirakamaro. Menya imikino ijyanye n'ubushobozibwe.

INTAMBWE YA 4

Iminota 20



Iminota 08

### Amarangamutima / imbamutima

#### Imikino - Amarangamutima / imbamutima

Imfashanyigisho

Imfashanyigisho ya 6: Imbamutima z'umwana  
**(Urupapuro rwa 7)**

1. Erekana ishusho y'isura imwe mu masura y'abana agaragara ku ishusho y'imfashanyigisho ya 6, noneho ubaze ababyeyi uti se uyu mwana murabona ameze ate? Urugero: arishimye, noneho ubabaze, ese ni iki mwabwira umwana nk'uyu wishimye? 'Urishimye kuko wasinziriye neza ku manywa!'
2. Komeza no ku yandi mashusho yerekana imbamutima z'umwana.



Iminota 02

- Umwana ku mezi 3 cyangwa 4 atangira kugaragaza imbamutima ze/cyangwa kugaragaza ibiyumvo bye
- Ita cyane ku mbamutima z'umwana wawe kandi usubize ibyifuzo bye cyangwa umuhe icyo akeneye nkuko bikwiye
- Ni byiza kuvuga ku mbamutima z'umwana wanyu cyangwa izanyu kuko bimufasha kuzigenga no kuzigaragaza aho biri ngombwa



Iminota 10

### Umwitozo: Kumenya imbamutima/ibiyumviro

1. Gabanya ababyeyi mo amatsinda ugendeye ku myaka y'abana babo. Bagenera ibikorwa bikwiye imyaka y'amatsinda barimo.

#### Impinja

Kina n'uruhinja rwave ukoresheje ibantu bijegera. Umwana ashobora gukururwa n'ukuntu bijegera.



#### Ibitambambuga

Kina n'umwana wawe, mushyira ibantu (utubuye, uduti cyangwa udupesu tw'emyenda) mu gikarito cyangwa icupa hanyuma mukongera mukabikuramo



#### Inshuke

Ha umwana wawe umukino wo gutondekanya/ guhuza udupande tugize ishusho y'ikintu kandi nibiba ngombwa umufashe gutondekanya/ guhuza utwo duce dutandukanye tugize ishusho.



2. Reka ababyeyi bitoze iyo mikino n'abana babo
3. Usabe ababyeyi kwitegerezza amasura y'abana babo bagerageze kumenya uko bari kwiyumva igihe bari gukina uyu mukino.

Ku musozo babaze uko umukino wagenze

INTAMBWE YA 5

Iminota 15



Iminota 10



Iminota 00



Iminota 05

INTAMBWE YA 6

Iminota 5



Amashuri y'inshuke

**Ikiganiro kiyobowe** – Amashuri y'inshuke

Baza ababyeyi : Ese abana banyu bari hejuru y'imyaka 3 biga mu mashuri y'inshuke?

Tugendeye ku byo twavuzeho, ni gute amashuri y'inshuke n'amarerero bikwiriye gukora? (Gukina niishingiro ry'imyigire y'abana, kugira ibikinisho by'ubwoko butandukanye n'ibywafashishwa nk'ibikinisho biboneka muri ako gace, n'ibindi...)

- Abana biga mu mashuri y'inshuke barasabana cyane kandi bakunda abandi bana. Bishimira kujya mu mashuri y'inshuke.
- Kujya mu mashuri y'inshuke bibafasha kunguka ubumenyi bwo kubana n'abandi (Uko bakwitwara ku bandi)
- Inyigisho zitangirwa mu mashuri y'inshuke zigomba kuba zishingiye ku mikino kandi zikaba ziha abana uburyo bwo kwivumburira no gushyira mu bikorwa ibyo biga.
- Abana bafite ubumuga na bo barisanga mu mashuri y'inshuke

**Ikiganiro kiyobowe-amashuri y'inshuke  
Ni gute wafasha ishuri ry'inshuke/urugo  
mbonezamikurire rikwegereye guteza imbere  
imikino?**

(kora udukinisho dutandukanye utujyane kuri ryo shuri/urugo mbonezamikurire, ganiriza abarimu umumaro wo gukina)

Niba muri ako gace nta shuri ry'incuke rihari/urugo mbonezamikurire, wabaza uburyo bashobora gushyiraho aho abana babo bashobora guhurira bagakinira hamwe. (N'iyo iryo huriro ryo gukina ryabaho nyuma ya sa sita rimwe mu cyumweru).

Imfashanyigisho

Umusozo w'inyigisho

**Baza ababyeyi :** Ese uyu munsi twize iki? Nibiba ngombwa ubibutse ubutumwa bw'ingenzi :

- Gukina n'umwana ni ingenzi cyane mu mikurire ye
- Igihe ukina n'umwana, reka akuyobore, umwigane yimare amatsiko. Mureke agaragaze amarangamutima ye, agerageze kwirwanaho bitewe n'uko igikorwa murimo kimworoheye cyangwa kimukomereye
- Kujya mu mashuri y'incuke n'urugo mbonezamikurire ni ingenzi cyane kuko imyigire yabo yibanda cyane mu gukina

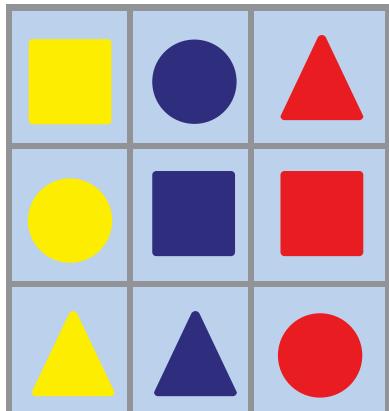
**Umukoro wo mu rugo :** Imyitozo ijyanye nokwigana ibyo umwanaakoze, menya imikino ijyanye n'ubushobozi bw'umwana, menya imbamutima z'umwana

Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

## Kwigisha umwana mu myaka ye ya mbere - kubara

### Intego



Ibyo ababyeyi bagomba  
kumenya

Imikino yubaka ubumenyi bwo  
kubara



Ibyo ababyeyi bagomba  
gukora

Ha umwana cyangwa  
umwereke ibikinisho  
by'ibinyampande  
bitandukanye, ibantu  
by'amabara atandukanye mu  
ngero, uburebure, ibiro  
Mubarane cyangwa mupimane  
n'umwana wanyu  
Mukinishe amazi n'umucanga  
Toza abana b'inshuke kumenya  
amafaranga y'ibiceri n'inote

#### INTAMBWE YA 1

Iminota 10



#### Gutanga ikaze no gusobanura inyigisho y'umunsi

Guha ikaze ababyeyi. Baza ababyeyi ibibazo bibafasha  
kuganira ku inyigisho ry'ubushize. Kuganira ku mukoro  
wo mu rugo: Imiyitozo ijyanye no kwigana ibikorwa  
by'umwana, menya imikino ijyanye n'ubushobozi  
bw'umwana, menya imbamutima z'umwana.  
Kugenzura umukoro, Basangize insanganyamatsiko  
y'inyigisho ry'uwo munsi

Imfashanyigisho

#### INTAMBWE YA 2

Iminota 40



Iminota 15

#### Imikino no kuganiriza umwana bijyanye m'imyaka ye - Kubara

#### Umwitoto : Imikino yongera ubumenyi mu kubara

Imfashanyigisho

Ibinyampande  
by'amabara  
atandukanye

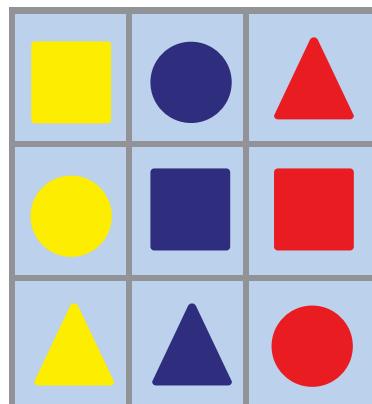
1. Shyira ababyeyi mu matsinda atandukanye ugendeye ku myaka yaabo  
noneho ubahe imikino ijyanye n'ikigero cy'imyaka y'abana babo  
Kuvangura amabara n'amashusho

Ababyeyi bereka abana ibikoresho/udukarita tw'amabara atandukanye  
cyangwa uduce tw'udukarito cyangwa purasitike tw'amashusho/imiterere  
n'amabara atandukanye, noneho bagasaba umwana:

- Guhitamo udutukura (cyangwa ubururu) gusa.
- Nakora ku gikoresho/agakarita gatukura, mubwire uti yego – ni  
byo hunyuma iki ni igiki? (Igikombe, isahani, ingofero, umupira,  
ikanzu...)

Ababyeyi bashobora kubwira abana guhitamo igikoresho cya  
mpandeshatu mu cyumba barimo cyangwa mu bintu bibakikije  
ndetse bakanababaza icyo ari cyo.

Mushobora no kubisubiramo mwibanda ku bijyanye n'amabara  
atandukanye cyangwa amashusho



## Inshuke

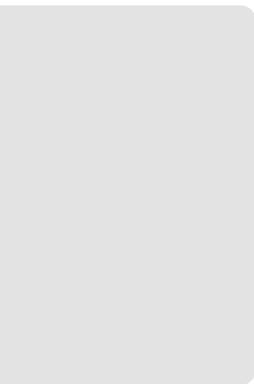
- Sohora abana bawe. Bafashe gukusanya amabuye icumi (cyangwa uduti, n'ibindi bintu byakoroha gukusanya noneho babizane mu nzu.
- "Kora umurongo muremure w'ayo mabuye hanyuma uyabare mu ijwi riranguruye kuva 1 kugeza 10"
- "Noneho, kora amabuye yawe mo ikirundo kimwe kinini n'igitoya."
- 'Noneho koramo ibirundo bingana'
- "Noneho ha mugenzi wawe amabuye abiri."
- "Kora amatsinda 5 y'amabuye 2."
- Shyira amabuye yawe mu gikapu."

1. Reka ababyeyi bakine n'abana babo
2. Ku musozo babaze uti: Ese mwabonye umukino wagenze gute? Ese uyu mukino namwe mwawusubiramo mu rugo ?



Iminota 05

- Abana biga ibantu bijyanye n'imibare binyuze mu gukina
- Kwiga ibijyanye n'ibinyampande, ingero, uburebure, ibiro n'amabara ni ubumenyi bw'ingenzi mu bijyanye n'imibare umwana aba agomba kumenya akiri muto.
- Ereka umwana wawe ibinyampande bitandukanye haba mu mabara ndetse no mu ngano
- Barana n'umwana wawe. Mu bikorwa byanyu bya buri munci, muhe amahirwe yo kwiga kubara ibantu mukoresha. Mwabarana intoki, imboga mwaguze kw'isoko, n'ibindi...



Iminota 20

## Umwitoto - Gukina hifashishijwe amazi n'utubuye.

Fata ibikoresho 2, kimwe cy'utubuye, ikindi cy'amazi. Hanyuma wiyegeze ibindi bikoresho nk'amacupa ya pulasitike, udukarito, ibikombe, ibiyiko.... Ureke abana barebe uko bigenda iyo bashyize amazi cyangwa umusenyi muri ibyo bikoresho ndetse niyo babikuyemo.

Ibigega/  
ibidomoro/  
ibikopo/ut ubido/  
amacupa  
Amazi  
Amabuye

Hanyuma ababyeyi bakine n'abana babo bakurikira umujyo wabo. Nyuma y'iminota 5, reka abana n'ababyeyi bakomeze gukinana ari nako ababyeyi murimo kubiganiraho mu itsinda.

## Ikiganiro kiyobowe - Gukina hifashishijwe amazi n'utubuye

Uratekereza ko umwana wawe arimo kwiga iki ? (Ingero, ibyuzuye, ibirimo ubusa, iyo ushyize icupa mu mazi imbaraga bitanga, umuyaga mu mazi, uburemere bw'icupa ryuzuye umucanga cyangwa ririmo ubusa n'ibindi...). Wakwifashisha ibyo urimokubona abana babo barimo gukora nk'ingero.

## Ikiganiro kiyobowe - kwiyemeza gusubiramo umukino mu rugo

Ni gute wausubira muri uyu mu kino hamwe n'umwana wawe ugeze mu rugo? Ese uraza kuwutegura gute?

INTAMBWE YA 3 Iminota 10



Iminota 05

### Kwiga ibijyanye n'umutungo /Amafranga

- Uhereye ku myaka 5 umwana aba ashobora gutandukanya igiceri n'inoti.
- Reka abana bawe bimenyereze ibijyanye n'amafranga/ inoti n'ibiceri. Mubikine nk'abari mw' isoko murimo guhaha.
- Muri uwo mukino, kurikirana uburyo akoresha/ yakoresha ayo mafaranga aramutse ari guhaha koko.

Imfashanyigisho

INTAMBWE YA 4 Iminota 05



Iminota 05

### Demonstration and practice – play activity for financial education

Invite parents to play "Buying and selling" game with their child, pretending that they go to the shop and buy water, etc... They can give coins or small notes to their kids to get familiar with.

INTAMBWE YA 4 Iminota 5



### Umusozo w'inigisho

**Baza ababyeyi:** Ese mu inyigisho y'uyu munsi twize iki? Nibiba ngombwa ubibutse ubutumwa bw'ingenzi:

- Imikino imwe n'imwe ushobora gukina n'umwana wawe ntumushimisha gusa ahubwo yigiramo n'imibare

Imfashanyigisho

**Umukoro wo mu rugo:** Kinisha umucanga cyangwa amazi uri mu rugo, amashusho asize amabara n'ibinyampande

Kuririmba indirimbo isoza inyigisho

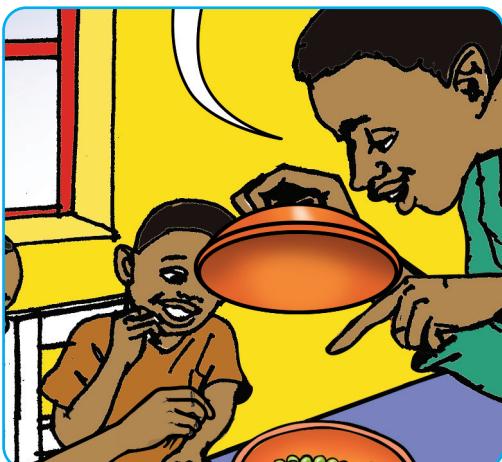
# INYIGISHO

7

Iminota 85

## Kwigisha umwana gusoma hakiri kare

### Intego



#### Ibyo ababyeyi bagomba kumenya

Umumaro wo kuganira n'umwana.  
Uburyo bwo kuganira n'umwana



#### Ibyo ababyeyi bagomba gukora

Kuganiriza abana babo  
Kubaza abana b'ibitambambuga  
n'ishuke ibibazo bibagura  
mu mitekerereze  
Guha umwana uhajige  
imikino y'abana

INTAMBWE YA 1

Iminota 10



### Gutanga ikaze no kwibwirana

Guha ababyeyi ikaze no kwibwirana  
Baza ababyeyi ibibazo bibafasha kwibukiranya  
inyigisho ry'ubushize

**Gusuzuma umukoro watanzwe:** Gukina n'abana  
wifashishije amazi n'utubuye mu rugo; ibinyampande  
no kumenya amabara  
Gusobanura insanganyamatsiko y'inyigisho ry'umunsi

Imfashanyigisho

INTAMBWE YA 2

Iminota 20



### Kwiga no kumenya ururimi

**Ikiganiro kiyobowe** - Kuganira n'umwana  
Shyira ababyeyi mu matsinda ukurikije ikigero  
cy'imyaka y'abana babo (impinja, ibitambambuga  
n'incuke), noneho barebere hamwe ingingo igira iti:  
Ese umwana wawe akuganiriza ate?  
Nyuma y'iminota 5 buri tsinda rinyuriremo  
abahugurwa bose uko umwana wo muri icyo kigero  
aganira

Imfashanyigisho

### Impinja

- Abana batangira kumenya no kumva amajwi ku mezi 7 bakiri mu nda.
- Impinja zivuga zikoresheje ibimenyetso/zica amarenga, kurira, kwerekana ikintu agitunze urutoki cyangwa ubundi buryo butari amagambo. Nyuma batangira kuvuga bakoresheje amagambo y'abana agizwe n'umugemo umwe (urugero: "ba, ba" "ma, ma" "da, da, da").
- Kumenya no kwita ku byo umwana agerageza kukwereka ni ingenzi. Urugero, niba umwana atunze urutoki inyonii, ushobora wowe kuyivuga mu izina uti "ni byo, iriya ni inyonii"



Iminota 10

- Kumva amagambo n'amajwi menshi bifasha mu mukurire y'ubwonko bw'abana no kumenya ururimi
- Kuririmbira umwana ukiri mu nda na nyuma yo kuvuka ni ingirakamaro cyane. Koresha ururimi rworohere impinja zishobora kumva

### Ibitambambuga

- Hagati y'amezi 12 na 24, abana benshi baba bavuga ijambo rimwe gusa. Mufashe kumenya kuvuga amagambo yuzuye. Urugero, niba umwana wawe avuze ati, "Mama atetse" ushabora kumusubiza umwanganira mu nteruro yuzuye uti, "yego, mama aratetse", "Mama atetse ibiryo", cyangwa ukamubaza ibibazo uti "Mama atetse iki?"
- Hagati y'amezi 24 na 36, abana benshi batangira kuvuga interuro zoroheje. Ganiriza umwana wawe inshuro nyinshi zishoboka. Ni bwo buryo nyabwo bwo kumwigisha kuvuga neza.

### Inshuke

- Abana b'inshuke bavuga bakoresheje interuro nyinshi kandi zivangavanze.
- Abana b'inshuke bakunda kubaza ibibazo. Batege amatwi kandi ubasubize
- Ganira n'umwana ku ngingo zamutera kwaguka mu mitekerereze

Abana bafite ubumuga bashobora kutoroherwa no kwerekana icyo bashaka kuvuga. Ihatire kumuganiriza cyane kugira ngo ubashe gusobanukirwa no kumenyera aho afite inzitizi n'ubushobozi bwe, aho kwibanda ku kigero cy'imyaka ye. Ushobora kwigana n'uko mwana ururimi rw'amarenga; mukumvikana amarenga yoroheje muzajya mukoresha ku bintu bimenyerewe cyane nko kurya, kuryama...

INTAMBWE YA 3

Iminota 10



Iminota 10

Kuganiriza umwana wawe

Imfashanyigisho

**Ikiganiro kiyobowe - Kuganiriza umwana wawe**

Itandukaniro hagati yo gutanga amabwiriza n'ibibazo byagura intekerezo z'umwana

Shyira ababyeyi mu matsinda abiri - buri tsinda rijye ukwaryo mu cyumba cyangwa hanze.  
Bwira itsinda rya mbere uti:

- Muhaguruke.
- Muceceke
- Mutunganye imyenda yanyu
- Mwicare

Noneho bwira itsinda rya kabiri uti:

- Mumeze mute? (reka bamwe bagusubize)
- Mwafashe irihe funguro mu gitondo? (reka bamwe bagusubize)
- Iki kirere murabona kiramatse gite?

Noneho baza amatsinda yombi uti:

- Ni gute mwabonye uburyo naganiraga n'itsinda rya 1 ndetse n'iry 2 ? (Bashobora kukubwira ko babonaga uha amabwiriza itsinda rya 1, mu gihe irya 2 wariganirizaga)
- Ese itsinda rya 1 twasubizanyije amagambo angahe? Naho se irya kabiri twasangiye ijambu kangahe? (Bashobora kukubwira ko itsinda rya 2 ari ryo mwavuganye cyane)
- **Anzura:** Itsinda rya 1 narihaga amabwiriza simbahe umwanya wo kugira icyo bavuga, mu gihe itsinda rya 2 nababazaga ibibazo nkanabashishikariza gusubiza.

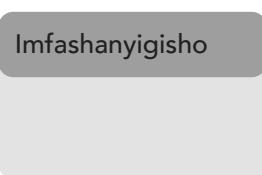
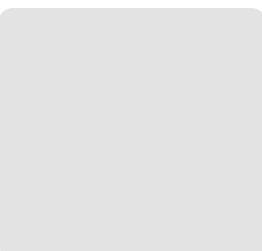


- Ni ngombwa kuganira n'umwana wawe kugira ngo amenye amagambo menshi.
- Mubaze ibibazo bisaba gusubiza akoreshje amagambo menshi. Ibi bizafasha umwana wawe kumenya amagambo menshi binamutere gutinyuka kuvuga.
- Iyo umwana atangiye ishuri azi amagambo menshi, ni ko abasha gutsinda neza



#### **Ibikorwa n'imikino bijyanye n'ikigero cy'ubukure bw'umwana**

#### **Umwitoto - Uburyo bwo kuganira n'umwana**



1. Shyira ababyeyi mu matsinda ushingiye ku myaka y'abana babo. Basabe bungurane ibitekerezo ku bikorwa byabafasha kuganiriza abana babo bijyanye n'ikigero cy'imyaka yabo.

Bunganire aho biri ngombwa.

<b>Ikigero cy'umwana</b>	<b>Igikorwa giteganijwe</b>
Kuva mw'isamwa kugeza avutse	Kuvuga, kuririmba, kubwira umwana wawe uri munda inkuru
Uruhinja Kugeza ku mezi 6	Vugana n'umwana wawe, umubwire ibyo urimo gukora: "ndimo kurya ifunguro rya mu gitondo. Iki ni igikoma. Nkinywa mu gitondo kugira ngo ngire imbaraga!"
Uruhinja Kuva ku mezi 6 - 12	Tunga urutoki ku bikoresho kugirango umwana abirebe ; ubimuganirizeho uti: "Reba kiriya git! Gifite ibara ry'ikigina n'icyatsi kibisi! Ushobora no gusubiza ibyo umwana arimo kukwereka: "Ni byo, iriya urimo kunyereka ni inyonu irimo kuguruka!"
Ibitambambuga amezi 12 - 36	Baza umwana wawe utubazo tworoheje. Urugero, niba ugiye kumubyutsa mubwire uti" bite, urumva uramutse ute ?" Cyangwa umubaze ibibazo byo kumuhitishamo uti: Urashaka gukinisha iri icupa rinini cyangwa iri rito?" Shishikariza umwana wawe kuvuga, unashibize ibibazo akubaza. Mubaze utubazo tworoheje ndetse wumwe n'ibisubizo bye arinako umushishikariza kuvuga "Iki ni iki" Musaza wawe ari he ?" "Ni uwuhe mupira munini ?" "Urashaka igikombe gitukura ?" Gusubiza ibibazo by'umwana bimufasha gusobanukirwa n'ibintu byinshi. Abagize umuryango bagomba kwihangana bagafasha umwana, bamusubiza ibibazo ababaza.



Iminota 05

- Abana biga ururimi no gusoma binyuze mu mikino no mu biganiro
- Umwana yiga kuganira binyuze mu mikino, n'yo yaba ataramenya kuvuga binyuze mu mikino:
- Hari uburyo butandukanye wafashamo umwana wawe kwiga ururimi.
  - Kumuganiriza buri munsi
  - Kumubaza ibibazo
  - Kwita ku bitekerezo by'umwana n'ibibazo akubaza
  - Kuririmba
  - Indirimbo cyangwa amagambo ari mu njyana iryoheye abana
  - Kumubarira inkuru
  - Kuvuga ku mashusho
  - Kumusomera ibitabo.



Iminota 10

#### Kwerekana uko bikorwa no kubyitoza - Ibikorwa byo kuganira - Gukina iby'abana

Shyira ababyeyi mu matsinda make. Basabe gusa nk'abakina iby'abana; bakine nk'aho bari muri resitora, ku isoko, gukina ari papa na mama, gutwara imodoka...



Iminota 00

- Gukina iby'abana ni umukino mwiza cyane ku bana b'ibitambambuga n'inshuke kuko bibafasha kumenya ururimi no kwaguka mu mitekererez.

INTAMBWE YA 5



Iminota 5

#### Umusozo w'inigisho

Baza ababyeyi uti : Mwungutse iki mu inyigisho y'uyu munsi? Nibiba ngombwa ubibutse ubutumwa bw' ingenzi :

- Ni ngombwa kuganiriza umwana wawe kugirango abashe kumenya amagambo
- Imikino umwe ukina n'umwana wawe imwagara mu mivugire no kumenya ururimi

**Umukoro wo mu rugo :** Ganiriza umwana wawe, umubaze ibibazo bimwagura mu mitekerereze, munafatanye gukina imikino y'abana (gukina iby'abana).

Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

# INYIGISHO

8

Iminota 90

## Kwiga no kumenya ururimi- Kubarira umwana inkuru no kumucira imigani

### Intego



Ibyo ababyeyi bagomba  
kumenya



Ibyo ababyeyi bagomba  
gukora

Gusobanukirwa umumaro  
wo kubarira umwana inkuru  
Gusobanukirwa umumaro  
wo gusoma

Barira abana inkuru  
Fatanya n'abana gusoma  
ibitabo  
Gusoma ibitabo hamwe  
n'abana  
Gutuma abana  
bashimishwa no gusoma  
kandi bakabigira Umuco  
uko bagenda bakura

INTAMBWE YA 1 Iminota 5



### Gutanga ikaze n'ijambo ry'iryibaze

Baza ababyeyi ibibazo bibafasha kwibukiranya  
inyigisho y'ubushize  
Gusobanura insanganyamatsiko y'inyigisho y'uyu  
munsi

Imfashanyigisho

INTAMBWE YA 2 Iminota 30



Iminota 10

### Kubara inkuru no guca imigani

#### Ikiganiro kiyobowe – Kubara inkuru, guca imigani no gusoma ibitabo

**Baza ababyeyi uti:** Ese wowe cyangwa undi muntu  
wo mu rugo rwanyu mujya mugira umwanya wo  
kubarira abana inkuru cyangwa kubacira imigani?  
Mujya mubafasha gusoma ibitabo ?  
Muri mwe ni bangahe bafite ibitabo byo gusoma  
byagenewe abana/ cyangwa inkuru zishushanyije?  
Ese mutekereza ko ari ingenzi kubarira abana inkuru  
no kubacira imigani ? Kubera iki ?

Imfashanyigisho



Iminota 05

- Abana bakunda kumva inkuru
- Inkuru zibafasha kumenya no kuvuga ururimi
- Bibafasha kunguka amagambo mashya no  
kwaguka mu mitekerereze
- Bifasha abana kumenya gutekereza kure,  
bakabaza ibibazo bagenekereza ibyakurikira
- Inkuru zagura ubushobozi bw'abana bwo gutega  
amatwi no gushyira umutima ku byo bariho
- Gusomera abana ibitabo bituma bakunda gusoma  
bakiri bato
- Kandi ni n'iburyo bwiza bwo kubategura kujya mu  
ishuri bakiri bato biga gusoma no kwandika
- Kubarira abana inkuru no kubasomera ibitabo  
byubaka ubucuti mu bagize umuryango



Iminota 15

## Kwerekana uko bikorwa no kubyitoza - Kubara inkuru no guca imigani

Imfashanyigisho ya 7:  
Kubarira abana inkuru  
(Urupapuro rwanda 8)

1. Huriza hamwe ababyeyi n'abana
2. Babwire inkuru ngufi ishobora no kuba ari iyawe nko kuvuga ko ugiye kujya ku isoko kugura imboga no kuba ushobora guhurirayo n'inshuti mu buryo butunguranye ; cyangwa ubabwire inkuru ziri mu mfashanyigisho ya 7: (Inkuru ntikwiriye kurenza iminota 5)
3. Mu gihe urimo kuvuga inkuru, koresha ibimenyetso, ijwi, n'indoro bitandukanye kandi ujye uhuza amaso n'abana ;
4. Huza ibikoresho bya buri munsi n'inkuru aho biri ngombwa nk'amasafuriya n'ibindi ;
5. Baza abana ibibazo unabahé umwanya wo kubisubiza. Bemerere kugereranya no kuvuga uko babyumva. Mu gihe inkuru irangiye, baza abana ibibazo kuri iyo nkuru.

**Mu gusoza, baza ababyeyi:** Ese ni iki mwakoze kugira ngo mushishikarize abana gutega amatwi no kuryoherwa n'umugani/inkuru mwababariraga ? Saba ababyeyi nabo ubwabo gusubiramo iyo nkuru (ishobora kuba incamake yayo niba wenda igithe gisigaye ari gito)

INTAMBWE YA 3

Iminota 55



Iminota 05

## Somera abana ibitabo ukoresheje Inkuru zishushanyije/amashusho

- Tangira kujya usomera umwana ibitabo akiri muto. Umwana ukiri munda ku mezi 7 abasha kumva kandi akamenya ijwi ryawe.
- Abanezezwu no gusoma/ kureba mu gitabo inshuro nyinshi
- Ibitabo byiganjemo amashusho y'amabara akeye ariko bitarimo amagambo menshi nibyo abana bakunda, cyane cyane nk'ibishushanyijemo inyamaswa n'amatungo
- Ntacyo bitwaye niba abana badashoboye kwisomera igitabo. Icy'ingenzi ni uko babwirwa inkuru zikirimo

Imfashanyigisho



Iminota 15

## Umwitoto - Koresha inkuru zishushanyije/ amashusho ubarira umwana inkuru

Ibitabo bigizwe  
n'amafoto n'amashusho  
bipfukishije urupapur  
kugirango ibifuniko  
bitagaragara.

Mbere ya byose banza uhishe igifuniko cy'igitabo ugipfukishije urupapuro



6. Icara hasi unasabe abana n'ababyeyi kwicara hafi yawe kugirango buri wese abashe kubona amashusho. Somera abana inkuru/igitabo ukoresheje ingero z'amashusho (bitari ukubasomera amagambo) :



- Koresha ibimenyetso, ijwi n'indoro bitandukanye by'abakinni
- Tunga urutoki ku mashusho mu gihe urimo kugira icyo uyavugaho
- Baza ibibazo mu gihe usoma, kandi nabo bahe amahirwe yo kubaza ibibazo
- Bemerere kugereranya ku cyaba kiri bukurikireho/uko inkuru ikomeza mu bika cyangwa ibice bukurikira

Shyira ababyeyi mu matsinda ya bane cyangwa batanu hanyuma ubahe igitabo, Reka barebere hamwe ibigikubiyemo noneho basimburanwe mu gusoma igitabo bakoresheje amashusho gusa.



Iminota 05

- Si ngombwa ko ababyeyi basomera abana babo amagambo ari mu gitabo.
- Hamwe n'abana bawe mwitegerezibiri mu gitabo, hanyuma muganire ku mashusho arimo ndetse icyo inkuru ishobora kuba isobanuye. Ushobora no kwiimbira inkuru yawe.



Iminota 20

### Kwitoza ibiyizwe -Gusomera abana

Shaka agatabo gato karimo amagambo yoroshye kandi make ariko kiganjemo amafoto hanyuma mu itsinda mugasome

Ibitabo bigizwe  
n'amafoto

- Huza ababyeyi n'abana, fata igitabo ku buryo buri wese abasha kukibona
  - Basomere igitabo mu buryo bw'ikiganiro
  - Bereke igifuniko cy'igitabo noneho ubabaze uti : Muratekereza iki gitabo kivuga kuki? Abana, muragitekerezaho iki ?
  - Uri kumwe n'ababyeyi n'abana, fungura igitabo murebere hamwe amafoto agikubiyemo. Noneho baza abana ese ni iki murimo kubona ?
  - Baza abana n'ababyeyi kuri ayo mafoto uko mugenda tuyageraho : "Iki ni igiki ? iki muragifite mu rugo ? Ese uyu muhungu arimo gukora iki ? n'ibindi. Tunga urutoki ku bantu bishimishije biri ku ifoto. Bara ibikoresho bigaragara mu ifoto.
  - Saba abana n'ababyeyi gukeka (gutekereza ibigye gukurikiraho): " Eehh! umukoba arimo kwiruka asanga nyina. Ni iki mutekereza ko kigiyegukurikiraho ? Reka duhindure urupapuro turebe !"
  - Niba ubonye inyamaswa mu gitabo, ushabora kuvuga mu ijwi ry'iyo nyamaswa ?
  - Niba ubonye mu gitabo umuntu unezerewe, ubabaye cyangwa urakaye, ushabora kwigana iyo ndoro cyangwa uko ameze ? (Ababyeyi n'abana)
  - Niba hari igikorwa gikozwe mu byo murimo gosoma mu gitabo, ese mushobora kubikora ? (Ababyeyi n'abana)
- o Nyuma yo gusoma inkuru, funga igitabo noneho ubabaze uti : 'ese mwakunze iki gitabo ? Ese cyavugaga kuki ? Ese ni iki cyabaye muri iyi nkuru ? n'ibindi.

Reka ababyeyi bajye mu matsinda nanone hanyuma bitoze gusomera inkuru/ igitabo abana mu buryo butuma bayishimira Tanga inama zijiyanne n'ikigero cy'imyaka y'abana.

### Impinja

Shishikariza abana kwegera banakora ku mafoto/amashusho yo mu gitabo Ababyeyi mu gihe bari gusoma ibitabo bajya batunga urutoki amafoto mu gihe hari icyo bari kuyavugaho. reba akanyoni keza ?

Rekera aho gusoma niba ubona ko bamaze kunanirwa



### Ibitambambuga

Ntutinde cyane uvuga ku mafoto, yavuge ho gake Bereke bakore mu mafoto

### Incuke

Baza abana ibibazo byinshi bijyanye n'ibyo murimo kubona mu gitabo





Iminota 10

### **Umwitoto - Kubara inkuru no gusoma inkuru n'ibitabo**

Ni ryari uzasomera cyangwa ukarebana n'umwana wawe ibitabo? Ni ikihe gitabo muzareba? Ni he wakura icyo gitabo? n'ibindi....

Gerageza kumvisha ababyeyi ko bakwiriye kugira umuhate wo gushakira abana babo ibitabo no kubibasomera bari kumwe mu rugo. Shaka ibisubizo ku mbogamizi bashobora guhura nazo.

Rangira ababyeyi aho bashobora gukura ibitabo bifuza bidahenze. Harimo nk'amasonero aboneka aho batuye, gutizanya ibitabo n'abandi babyeyi cyangwa kwikorera ibyabo bitabo.

INTAMBWE YA 3



Iminota 55

### **Umusozo w'inigisho**

**Baza ababyeyi:** Ese mu nyigisho y'uyu munsi twize iki?  
Niba ari ngombwa ubibutse ubutumwa bw'ingenzi :

- Ni ngombwa gusomera umwana igitabo cyangwa kumubwira inkuru ku buryo na we ahimbarwa akakuganiriza kuri izo nkuru
- Niba utazi gusoma no kwandika, fasha umwana wawe kureba amashusho yo mu gitabo gusa, ubundi ugenekereze inkuru ijyanye n'ayo mashusho

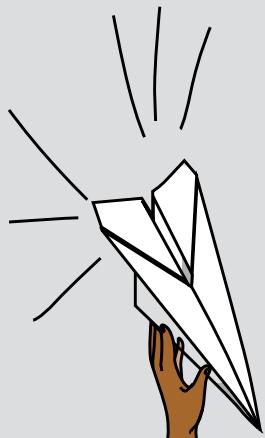
**Umukoro wo mu rugo :** Barira umwana inkuru cyangwa mufatanye kwitegerezza no gusobanukirwa amashusho ari mu gitabo.

Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

## Gufasha umwana kwiga hakiri kare binyuze mu mikino - Inshuke

### Intego



Ibyo ababyeyi bagomba kumenya

Imikino inyuranye ifasha abana b'inshuke kwiga hakiri kare



Ibyo ababyeyi bagomba gukora

Gira uruhare mu mikino itandukanye ifasha umwana w'inshuke kwiga neza gusoma, imibare, kuvumbura ndetse no gukura neza mu giagararo.

#### INTAMBWE YA 1

Iminota 10



#### Gutanga ikaze no kwibwirana

Imfashanyigisho

Guha ababyeyi ikaze  
Kurebera hamwe umukoro w'ubushize: Kubwira umwana wawe inkuru cyangwa kumusomera igitabo  
Gusobanura insanganyamatsiko y'inyigisho y'umunsi

#### INTAMBWE YA 2

Iminota 15



Iminota 15

#### Imikino ifasha abana kwiga hakiri kare: Kwiga gusoma

Imfashanyigisho

##### Umwitoto

Shyira ababyeyi mu matsinda 2. Tegura ahantu habiri amatsinda akorera imikino 2. Babwire baze bakinire ha hantu wateguye.  
Nyuma y'iminota 5 reka amatsinda ahinduranye imikino mfashanyigisho

Imfashanyigisho

Ibitabo, inkuru zishushanyije,  
Ibifuniko bashyiramo ibantu

### 1. Imvumburamatsiko y'inyuguti

Kuri uyu mwitoto mutegure ibitabo, inkuru zishushanyije, n'udupaki/udukarito dupfunyikwamo ibantu twakoreshejwe. Bwira ababyeyi uko bafasha umwana kuvumbura/kumenya inyuguti zigize izina rye cyangwa ikindi kintu nk'inzu; bifashishije igitabo, inkuru zishushanyije...



Bwira ababyeyi uko bafasha umwana kuvumbura/kumenya inyuguti zigize izina rye cyangwa ikindi kintu nk'inzu; bifashishije igitabo, inkuru zishushanyije...

Urugero, nk'umwana witwa ISARO ushobora kumubwira uti:

- Mu izina ISARO, inyuguti itangira izina ryawe yitwa I
- Wanyereka indi nyuguti ya I kuri iki gifuniko/gikarito?
- Iyi nyuguti ya kabiri mu izina ryawe rero yo yitwa S
- Naho se iyi nyamaswa yitwa gute?
- Yego ni 'ingagi' inyuguti itangira ni 'I', erekana inyuguti aho yanditse Ushobora gusubiramo uyu mwitoto ukoresheje ibitabo binyuranye, ibinyamakuru, inkuru zishushanyije, udutabo duto n'ibindi bintu

## 2. Imvumburamatsiko y'in Yuguti

Kuri uyu mwitoto mutegure ibitabo, inkuru zishushanyije, n'udupaki/udukarito dupfunyikwamo ibantu twakoreshejwe.

Bwira ababyeyi uko bafasha umwana kuvumbura/kumenya inyuguti zigize izina rye cyangwa ikindi kintu nk'inzu; bifashishiye igitabo, inkuru zishushanyije...

INTAMBWE YA 3 Iminota 15



Iminota 15

**Imikino ifasha abana kwiga hakiri kare - Imibare**

**Kwerekana uko bikorwa no kubyitoza**

Shyira ababyeyi mu matsinda 2. Tegura ahantu habiri amatsinda akorera imikino 2. Nyuma y'iminota 5 amatsinda ahinduranye imikino mfashanyigisho

Imfashanyigisho

Udupfundidkizo tw'amacupa Udu

### 1 - Shyira ababyeyi mu matsinda ya babiri- babiri

Shyira udupfundikizo tw'amacupa mu matsinda abiri; itsinda rimwe 10 n'irindi 10. Udupfundikizo utwandikeho 1 kugeza ku 10 muri buri tsinda.

Udupfundikizo twubure

Saba umwana atoranye udupfundikizo 2; kamwe - kamwe muri buri tsinda atwegeranye. Niba ateruye udupfundizo duhuje imibare, mureke adushyire hamwe. Niba imibare idahuye, asimbuze kamwe. Nimusubiremo umwitoto kugeza ubwo umwana ahuje udupfundikizo twose dusa.

### 2- Gushushanya inziga ahantu hose

Umubyeyi ashushanye uruziga mu musenyi cyangwa mu mukungugu akoresheje agati.

Uko urimo gushushanya uruziga bwira umwana 1`uti : "Uru ni uruziga." Noneho ushushanye urundi ari nako umubwira uti "Dore urundi ruziga." Shushanya inziga zitandukanye mu bunini, ariko zifite ishusho imwe. Noneho bwira umwana wawe na we ashushanye uruziga. Fasha umwana wawe gufata agati niba katamworohey.

Nyuma y'umwanya muto, mushobora kongera gushushyanya ibindi bintu bifite ishusho y'uruziga n'isura y'umuntu, igare...

INTAMBWE YA 4 Iminota 40



Iminota 10

**Imikino ifasha abana kwiga hakiri kare - Gukura mu gihagararo**

**Kwerekana uko bikorwa no kubyitoza - Kugendesha ikintu**

Ha buri mwana ikiyiko n'akabuye. Buri mwana nashyre ikiyiko mu kanwa noneho ashire akabuye kuri cya kiyiko. Babwire basiganwe batamiye bya biyiko biriho utubuye. Umwana utanga abandi kugera aho wabere-tse ikiyiko kitaratakara araba atsinze.

Imfashanyigisho

Ibiyiko Utubuye

INTAMBWE YA 5 Iminota 10



Iminota 15

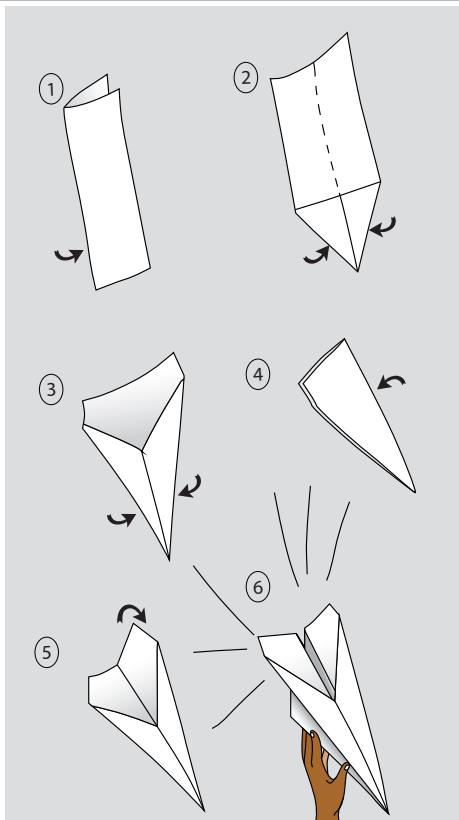
**Imikino ifasha abana kwiga hakiri kare-Kuvumbura**

**Kwerekana uko bikorwa no kubyitoza**

Shyira ababyeyi mu matsinda 2. Tegura ahantu habiri amatsinda akorera imikino 2. Babwire baze bakinire ha hantu wateguye, nyuma y'iminota 5 reka amatsinda ahinduranye imikino mfashanyigisho.

Imfashanyigisho

Urupapuro rwa A4  
Udukarito n'ibikinisho  
byo kubaka inzu



### 1 - Indege ikoze mu rupapuro

Umwana n'umubyeyi nibafate impapuro

Umubyeyi n'umwana nibakore indege muri bya bipapuro bakurikije amabwiriza ubahaye

Nimujye hanze mugurutse za ndege mwakoze ahantu hisanzuye

### 2 - Kubaka umunara/inzu

Fasha umwana wawe kugerekeranya ibintu yubake umunara

### 3 - Kuvumbura wifashishije ibidukikije

Temberana n'umwana wawe mu gace mutuyemo. Shushanya nk'ibintu akunda nko ku giti cyangwa hasi, ku kibabi cyangwa ahandi

**INTAMBWE YA 6** Iminota 15



Iminota 10



Iminota 05

**Umusozo w'inigisho**

**Ikiganiro kiyobowe- Imikino ifasha abana kwiga hakiri kare**

Iyi mikino twakinnye mwayibonye mute? Murumva ari iki umwanayigiyemo? Ese murumva mwayisubiramo iwanyu mu ngo? Ryari? Mwakwifashisha ibihe bikoresho ?

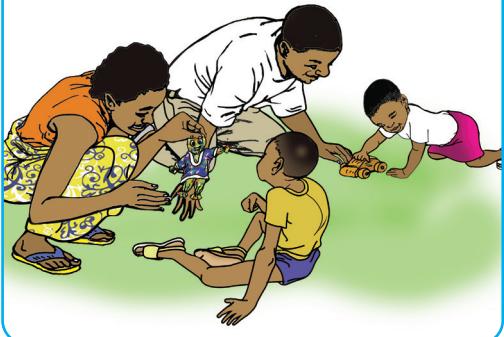
Ibutsa ababyeyi ko iyo bakina n'abana b'inshuke bibafungura bikazabafasha mu mashuri y'inshke n'urugo mbonezamikurire

**Umukoro wo mu rugo:** Mufatanije n'abana banyu b'inshuke, muze gusubiramo imikino yose twitoje.

Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

### Intego



### Gukora ibikinisho

IHUGURA ABABYEYI KU MUMARO WO GUKINA NO  
GUKANGURA UBWONKO BW'UMWANA



Ibyo ababyeyi bagomba  
kumenya



Ibyo ababyeyi bagomba  
gukora

Ni gute wakora ibikinisho?

Gukorera mu rugo  
ibikinisho byoroheje kandi  
bihendutse.

Igihe umufashamyumvire/umurezi ategura iyi nyigisho, ashobora gusaba ababyeyi kwitwaza ibikoresho bazifashisha bakora ibikinisho by'abana, nk'ibikarito, amajerekani, imipfundikizo y'amacupa, uduti n'ibindi. Ashobora gusaba ababyeyi kubivana mu rugo cyangwa ahabazengurutse, ndetse no gutekereza aho bashobora gukura ibisabwa kugurwa ngo bikorwemo ibikinisho nk'iduka cyangwa umudozi baguraho ibikorwamo ibipupe, cyangwa ku mubaji baguraho udupande tubaje two gutondeka... Mbere yo gutangira inyigisho, wereke ababyeyi ibikinisho wakoreye mu rugo, nkuko bigaragara mu mfashanyigisho ya 8, babyigireho gukora ibyabo

INTAMBWE YA 1 Iminota 10



### Gutanga ikaze no kwibwirana

Imfashanyigisho

Guha ikaze ababyeyi  
Baza ababyeyi ibibazo bibafasha kwibukiranya  
inyigishoy'ubushize.  
Gusuzuma umukoro watanzwe mu nyigisho iheruka  
Gusobanura insanganyamatsiko y'umunsi.

INTAMBWE YA 2 Iminota 75



Iminota 60

### Gukora ibikinisho

Imfashanyigisho

#### Kwerekana uko bikorwa no kubyitoza - Gukora ibikinisho ubwawe

1. Mbere yo gutangira inyigisho, ube witwaje ibikinisho n'ibitabo wakoze nkuko bikubiye mu mfashanyigisho #13
2. Eureka ababyeyi ibikinisho wakoze
3. Erekana ibikoresho bishobora gukorwamo ibikinisho by'abana
4. Erekera ababyeyi uko bakwikerera ibikinisho by'abana

Imfashanyigisho

Imfashanyigisho  
ya 8: Kwikorera  
ibikinisho  
**(Urupapuro rwa 9)**

#### Ikiganiro kiyobowe - Kwikorera ibikinisho

Ese murumva kuva ubu mugije kujya mukorera abana ibikinisho mu rugo iwanyu? Ese ni ibihe bikoresho biboneka ahomutuye byakwifashishwa mu gukora ibikinisho? Murumva muzabikora nyuma y'igihe kingana iki? Murumva byaba byiza kubikora abaturanyi bateranye bakabimenza? Niba ari byiza, murateganya guhura ryari ngo mufatanye gukora ibikinisho by'abana?



Iminota 15

INTAMBWE YA 3

Iminota 5



Iminota 05

### Umusozo w'inyigisho

Kuririmba indirimbo isoza inyigisho  
Umukoro wo mu rugo: Gukora ibikinisho byoroheje uri  
mu rugo  
Kuririmba indirimbo isoza inyigisho

Imfashanyigisho

## Inyandiko zifashishijwe

Inyandiko zikurikira zifashishijwe mu kwandika iyi mfashanyigisho iyobora ababyeyi mu kwita ku mumaro wo gukina ndetse n'ahantu hakangura ibyumviro by' umwana.

Integanyanyigisho y'Ubure Buboneye yagenewe gufasha ababyeyi n'abarezi kwita ku mwana guhera agisamwa kugeza yujuje Imyaka itandatu y'amavuko, cyateguwe na Porogaramu y'Igihugu Mbinezamikurire y'abana bato (NECDP), Minisiteri y'Uburinganire n'Iterambere ry'Umuryango (MIGEPROF) muri Kamena 2019

## Inyito zibereye abantu bafite ubumuga

No	Ntibavuga (Inyito ziphobya)	Bavuga (Inyito iboneye)
1	Ikimuga, uwamugaye, ubana n'ubumuga, ugendana n'ubumuga	Umuntu ufite Ubumuga
2	Ikirema, Ikimuga, Karema, Kajorite, Igicumba, Gicumba, Utera isekuru, Kaguru, Jekaguru, Ikirema Karema, Muguruwakenya, Terigeri, Kagurumoja, Kaboko, Mukonomoya, Rukuruzi	Umuntu ufite Ubumuga bw'ingingo
3	Impumyi, Ruhuma, Maso, Gashaza, Miryezi, ...	Umuntu ufite Ubumuga bwo kutabona
4	Igipfamatwi, Ikiragi, Nyamuragi, Ibuku, Ikiduma, Igihuri, Bihurihuri	Umuntu ufite ubumuga bwo kutumva no kutavuga cyangwa bumwe muri bwo
5	Igicuru, Igihoni, Ikjibwe, Ikirimarima, Ikitaburyo, Ikitabwenge, Indindagire, Ikgoryi, Igihwene, Ikimara, Zerenge, Icyontazi, Inka, Inkaputu.	Umuntu ufite Ubumuga bwo mu mutwe
6	Kanyonjo, Gatosho, Gatuza	Umuntu ufite Ubumuga bw'inyonjo
7	Nyamweru, Umweru, Ibihwamweru, Nyamwema, Umuzungu wapfubye	Umuntu ufite Ubumuga bw'uruhu rwera



