

KARACHI, December 1, 2025: A powerful two-day "The 48-Hour Leadership Sprint" bootcamp, designed to cultivate essential soft skills and applied leadership traits, successfully concluded at their growth partner "**National Incubation Center (NIC) Karachi**". This high-impact event was the result of a collaborative partnership between **Sehatlings** and **GVON**, aimed at moving participants beyond reactive management toward collaborative, purpose-driven leadership.

The core motivation behind the bootcamp is to combat the "**BAD Framework**" (Blame, Accuse, Demand), a vicious cycle of stress, fear, and errors common in high-pressure, hierarchical environments like healthcare. The **48-Hour Leadership Sprint** focuses on unlearning these toxic traits, emphasizing applied leadership for building resilient systems.

The program engaged 22 participants from various organizations, including NIC-incubated startups and healthcare professionals from **AKUH, SIUT, and KMDC**.

Day 1 was led by **Dr. Azeem Qureshi**, Associate Professor at the Institute of Business Management (IoBM). The session centered on the '**Strategic Thinking Activity: Discovering Your 'Why' in Leadership**', guiding participants to define their core purpose using the '**Golden Circle**' framework to revisit ethical and visionary leadership. Also a **Hands-on LEGO Activity** to build resilient systems for clear communication, collaborative design and the ability to adapt rapidly when faced with unexpected changes or resource constraints.

Day 2 featured a panel of experts from Aga Khan University Hospital (AKUH): **Prof. Dr. Ahmed Nadeem Abbasi** and **Dr. Maria Tariq**, Senior Instructor and Radiation Oncology Consultant. The session was highly interactive, covering critical modules such as:

- **Live Debatable Dialogue:** Enhancing critical thinking, ethics, and empathy through role-play.
- **Quality Improvement Quest (PDSA):** Applying the Plan-Do-Study-Act cycle to solve real-world healthcare problems like long waiting lists and effective team recruitment.

This joint initiative underscores the commitment of Sehatlings and GVON to inject a new model of soft-skilled and effective leadership into the next generation of healthcare professionals and founders, ensuring sustained quality improvement and collaborative work environments.