

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Patient Name: Syed Shafqat Hussain

Age / Sex: 72 Years Male

Visit Date: 07-Dec-2020

Vitals: **Weight** 76.00 Kgs **Height** 5.00 Feet 8.00 Inches **BMI** 25.48 **SBP/DBP**
128/74 mmHg

1. D.M Type 2: FBS 362 RBS 266 A1c 14 (<7%)

a) LANTUS SOLOSTAR Insulin

26 Units in the evening

b) GETFORMIN 2/500 mg

1 + 0 + 1 – Before meals

c) Trevia Met XR 50/500 mg

1 + 0 + 1 – After Meal

d) JARDY 10 mg

1 + 0 + 0 – with breakfast

2. HTN / Dyslipidemia:

a) EX-VAL A 10/160 mg

1 + 0 + 0

b) TENORMIN 100 mg

1 + 0 + 0

c) ATORVA 10 mg

1 + 0 + 0

DIABETIC FOOT Right great toe infection

AUGMENTIN 625 MG

1+0+1 for 10 days

REFERRAL

Prof. Mushahida Batool, Consultant Surgeon. Omar Hospital

042 111 111 127



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							