

Dr. Abdullah

Patient Name: Ali Talib

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**MD (USA), MPH (USA), FACE (USA),
FRCP (Lon), MIVM (Europe), Diplomate
ABIM-Endocrinology (USA), Diplomate
ABIM (USA) , Diplomate-ABPNS (USA).**

Age / Sex: 26 Years Male

Visit Date: 19-Nov-2020

**Diplomate American Board of
Diabetes, Endocrinology and
Metabolism**

**Address: Shaukat Khanum Memorial
Cancer Hospital, Lahore**

Vitals 1: Weight 58.00 Kgs **Height** 5.00 Feet 4.00 Inches **BMI** 21.95 **SBP/DBP**
90/60 mmHg **Pulse** 70

**Provisinal
Diagnosis** **Type 2 Diabetes**

Sr	Medicine Name	Dosage	Instructions	For Condition
1	Ryzodeg Insulin	1+0+1	After Breakfast + After Lunch	Diabetes
2	Novorapid / Humalog / Apidra Insulin	1+0+0		
3	Tagip Met XR 50/1000 mg	0+0+1		
4	Diampa M 12.5 /1000 mg	0+1+0		Prostate
5	Co - Tasmi 40/12.5 mg	1/2+0+1/2		Blood Pressure
6	Nebil 5 mg	1	Before going to bed	Sleep
7	Xovat 5 mg	1	in the morning empty stomach	GERD
8	Fenoget 200 mg	1	For headache	Pain Management
9	10			

HEALTH MAINTENANCE

<https://myeonhealth.com/joinAppointment/72/10/93><https://myeonhealth.com/joinAppointment/72/10/93>
end


LABORATORY TESTS

Free T4

Cbc

FOLLOW UP INSTRUCTIONS

Follow up visit after 12 days (01-Dec-2020)



Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							