



Dr. S. Abbas Raza
M.D.

Diplomat American Board
of Internal Medicine

Diplomat American Board
of Diabetes, Metabolism
and Endocrinology

SPECIALIZED
SERVICES:

Diabetes, Mellitus

High Blood Pressure

Thyroid Disorders

Hormones / Glands
Abnormalities

Male / Female
Infertility

Cholesterol Disorder

Obesity

Follow-up Visit



Dr. S. Abbas Raza

American Board of Internal Medicine

Diplomate American Board of Diabetes,
Endocrinology and Metabolism

Address: Shaukat Khanum Memorial
Cancer Hospital, Lahore

Patient Name: Muhammad
Haroon

2

Age / Sex: 12 Years / Male

Visit Date: 13-Oct-2020

Address: Test

Whatsapp No: 0344-4462410

SBP/DBP

120/80 mmHg

1. D.M Type 1:

a) Ryzodeg Insulin

Before Breakfast:

b) Novorapid / Humalog / Apidra Insulin

Before Lunch

Before Dinner:

c) Tagip Met XR 50/1000 mg

0 + 0 + 1 – After Meals

d) Diampa M 12.5 /1000 mg

1 + 0 + 0 – After Meal

2. HTN / Dyslipidemia:

a) Co - Tasmi 40/12.5 mg

$\frac{1}{2} + 0 + 0$ – In Morning

b) Nebil 5 mg

$0 + 0 + 1$ – In Evening

c) Xovat 5 mg

$0 + 0 + 1$ - Bedtime

3. Mood / Neuropathy:

a) Lyta 30 mg

$1 + 0 + 0$

b) Neogab 300 mg

$0 + 0 + 1$

4. Others:

- Deranged Liver Function:

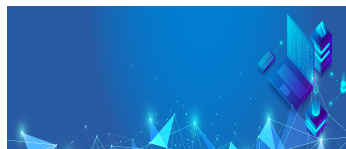
5. Preventative:

a) D Cap (Vitamin D) 50,000 IU

One Capsule orally once every 15 days for 3 months

b) Tab. Neuromet

$1 + 0 + 1$ for 6 weeks.



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Blood Glucose Monitoring:

Please Check Your Blood Glucose In Shaded Area

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							