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**Patient Name:** Shahida Jawad

**Age / Sex:** 62 Years Female

**Visit Date:** 23-Dec-2020

**Address:** 475 Jahanzeb Block Street Number 14 Iqbal Town lahore

**Vitals:** **Weight** 70.00 Kgs **Height** 156.00 CMs **SBP/DBP** 139/84 mmHg **Pulse** 59

1. Humulin-R (Regular) Insulin 24 units before breakfast
2. Humulin-N (NPH) Insulin 12 units before breakfast
3. Humulin-R (Regular) Insulin 20 units before Lunch
4. Humulin-R (Regular) Insulin 20 units before Dinner
5. Humulin-N (NPH) Insulin 10 units before Dinner
6. Qosmet (Sitagliptin/Metformin) 50/500 mg Twice a day
7. . Lastolip (Atorvastatin) 20 mg Once a day
8. Zamcil (Atenolol) 50 mg once a day
9. D-Sun (Cholecalciferol) Once in a week
10. Exen D (Calcium/Vit. D) 500/500 mg/IU Once a day
11. Nexum (Esomeprazole) 40 mg Once a day
12. . Flexiplus (Asprin/Clopidogrel) 75/75 mg Once a day
13. Cheer up (Escitalopram) 10 mg Once a day
14. Adalat La (Nifedipine) 30 mg Once a day

Please Visit Clinic after 3 months along with HbA1C, BSR chart & B.P chart.



