

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Sohail Akram

34 Years Male

Visit Date: 29-Dec-2020

Vitals: Weight 77.00 Kgs **Height** 5.00 Feet 7.00 Inches **BMI** 27 **BSF** 126 **BSR** 286
SBP/DBP 136/89 mmHg

T2DM FBS 123 RBS 286 A1C 11.7% (

Hypertension

Dyslipidemia

MEDICATIONS

GETFORMIN 1/500 MG

1+0+0

QOSMET 50/500 MG

1+0+1

JARDY 10 MG

1+0+0

FENOGET 200 MG

1+0+0

TASMI 40 MG

1+0+0

EXEN D PLUS

1+0+0

FOLLOW UP INSTRUCTIONS

Follow up visit after 2 weeks. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							

