

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Patient Name: Shaista Amjad

Age / Sex: 44 Years Female

Visit Date: 02-Dec-2020

Vitals: **Weight** 71.00 Kgs **Height** 173.00 CMs **BMI** 23.80 **SBP/DBP** 111/82 mmHg

HYPOTHYROIDISM TSH 2.58

MEDICINES

THYRONORM 100 MCG

1+0+0 (*Monday to Friday*)

THYRONORM 50 MCG

1+0+0 (*Saturday and Sunday*)

EXEN-D PLUS

1+0+0

MALTOFER

0-1+0 (*3 months*)

LABORATORY TESTS

Tsh And Free T4

FOLLOW UP INSTRUCTIONS

Follow up visit after 6 months. Call 0304-111-0336 for Appointments.



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