

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Shoukat Hafeez

72 Years Female

Visit Date: 25-Feb-2021

Appointment Type: Online

T2DM FBS 250 RBS 290 Frequent Hypoglycemia early morning and
mid day A1c NA (<7%)

LANTUS SOLOSTAR INSULIN

0+0+30

TAGIPMET XR 100/1000 MG

1+0+0

NORVASC 5 MG

0+0+1

QAZZO 10 MG

1+0+0

LOPRIN 75 MG

1+0+0

EXEN D PLUS Sachet (0304 111 0263)

1+0+0

TOVITT

1+0+0 (3 Months)

REFERRAL

Ms. Tasnim Z. Ali

Consultant Nutritionist

0304 111 0366

(For carbohydrate Consistent diet)

FOLLOW UP INSTRUCTIONS

Follow up visit after 2 weeks. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							