

MD(USA), MPH(USA), FACE(USA)
FRCP(Lon), MIVM(Europe), MPMI(USA),
DABIM-Endocrinology(USA), DABIM(USA),
DABPNS(USA), AOM-ARCS(Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

31 Years Male

Visit Date: 12-Feb-2021

Vitals: **Weight** 54.0 Kgs **Height** 6 Feet 2 Inches **BMI** 15
BSF 2 **BSR** 112 **SBP/DBP** 200/200 mmHg **Pulse** 90

[illegible]

motes

Fasting Lipid Profile (go to the lab exactly at 8 am)

Ms. Tasnim Z. Ali

FOLLOW UP INSTRUCTIONS

Follow up visit after 12 days. Call 0304-111-0336 for Appointments.

hassan Ashraf

31 Years Male

Visit Date: 12-Feb-2021

| Monitoring Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|--------|--------|---------|-----------|----------|--------|----------|
| Before Breakfast | | | | | | | |
| 2 Hours after Breakfast | | | | | | | |
| Before Lunch | | | | | | | |
| 2 Hours after Lunch | | | | | | | |
| Before Dinner | | | | | | | |
| 2 Hours after Dinner | | | | | | | |
| At Bedtime | | | | | | | |
| At 3:00 AM | | | | | | | |