Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA) FRCP (Lon), MIVM (Europe), MPMI (USA), DABIM-Endocrinology (USA), DABIM (USA), DABPNS (USA), AOM-ARCS (Aus) Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Manzoor Hussain

64 Years Male

Visit Date: 03-Feb-2021

Appointment Type: Online

Vitals: Weight 82.00 Kgs Height 179.00 CMs BMI 26

SBP/DBP 120/80 mmHg Pulse 70

T2DM FBS 145 RBS 126-130-160 A1C 6.6% (<7%)

INOSITA PLUS 50/500 MG

1+0+1

GETRYL 1 MG

1+0+0

ROVISTA 10 MG

1+0+0

MAXFLOW 0.4 MG

0+0+1

TOVITT

1+0+0

D-SHOT 200,000IU

Drink one vial every 2 weeks

LABORATORY TESTS

Hemoglobin A1c

Fasting Lipid Profile

Liver Function Test

Renal Profile

Urine For Microalbumin

FOLLOW UP INSTRUCTIONS

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



Prof. Ali Jawa

Manzoor Hussain

64 Years Male

Visit Date: 03-Feb-2021

| Monitoring Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|--------|--------|---------|-----------|----------|--------|----------|
| Before Breakfast | | | | | | | |
| 2 Hours after Breakfast | | | | | | | |
| Before Lunch | | | | | | | |
| 2 Hours after Lunch | | | | | | | |
| Before Dinner | | | | | | | |
| 2 Hours after Dinner | | | | | | | |
| At Bedtime | | | | | | | |
| At 3:00 AM | | | | | | | |