

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Shahida Anwar Begum

68 Years Female

Visit Date: 10-Feb-2021

Appointment Type: Physical

Vitals: **Weight** 77.0 Kgs **Height** 5 Feet 11 Inches **BMI** 24
SBP/DBP 132/82 mmHg **Pulse** 85

T2DM: FBS 238 RBS 252-134-200 A1c NA (<7%) Need to switch to
Basal Bolus Insulin

Hemiplegia

Vascular Dementia

Hypertension

Diabetic Gastroparesis

APIDRA SOLOSTAR INSULIN

20+20+20

LANTUS SOLOSTAR INSULIN

0+0+20

***QAZZO 10 MG**

1+0+0

***BENZIM 20 MG**

1+0+0

***XETA (EZIDAY) 50 MG**

1+0+0

***CHEER UP 10 MG**

1+ 0+0

***D-SHOT 200,000 IU**

Mix one vial in glass of milk and drink every 2 weeks

LOPRIN 75 MG

1+0+0

***XYSTER 500 MCG**

1+0+0

***LAXANTE**

0+0+1

ZEXA 20 MG

1+0+0

OR

***FOLIANT 10 MG**

2+0+0

***QUZIQ (Qusel) 25 MG**

1+0+2

***IPRIDE SR**

1+0+0

BACLIN 10 MG

1+0+1

LERACE 500 MG

0+0+2

*******Show reports online next week (No charges)*******

FOLLOW UP INSTRUCTIONS

Follow up visit after 1 weeks. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							