

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Athar Imran

34 Years Male

Visit Date: 17-Feb-2021

Appointment Type: Online

T2DM, newly diagnosed FBS 122 RBS 176 A1C 11.7% (Feb 2021)

(<6.5%) responded well to triple therapy

QOSMET 50/500 MG

1+0+1

DIAMICRON MR 30 MG

1+0+0

TOVITT

0+0+1 (3 months)

FOLLOW UP

In 3 months (No charges)

LABORATORY TESTS

Hemoglobin A1c

FOLLOW UP INSTRUCTIONS

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							