

---

**Patient Name:** Fatima Bibi

**Age / Sex:** 71 Years Female

**Visit Date:** 23-Dec-2020

**Address:** street number 26 House number 8/A Ampress Park, Bibi Pak Daman Lhr

**Vitals:** **Weight** 44.00 Kgs **Height** 144.00 CMs **BMI** 0.02 **SBP/DBP** 150/80 mmHg  
**Pulse** 80

1. Otello (Carvedilol) 6.5 mg Twice a day
2. Extor (Amlodipine/Valsartan) Once a day  
5/80 mg
3. Cheer up (Escitalopram) 10 mg Once a day
4. Medigesic (Orphenadrine citrate/Paracetamol) Once a day
5. Zultra (Tramadol) 50 mg As per need
6. Flexi plus Asprin/Clopidogrel) Once a day  
75/75 mg
7. GC-Plus (Glucosamine/Chondroitin sulphate) Once a day
8. Exen D (Calcium/Vit. D) 500/500 mg/IU Once a day
9. Nexum (Esomeprazole) 40 mg Once a day
10. Filbone (Ibandronic acid) 150 mg First Sunday of every Month on  
empty stomach with full glass of water.
11. Medigesic fort Ointment



