

# Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)  
FRCP (Lon), MIVM (Europe), MPMI (USA),  
DABIM-Endocrinology (USA), DABIM (USA),  
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism  
Diplomate American Board of Internal Medicine  
Diplomate American Board of Physician Nutrition Specialists  
Fellow American College of Endocrinology  
Former Professor of Endocrinology,  
SZABMU / PIMS, Islamabad, Pakistan  
Consultant Endocrinologist & Diabetologist

## Mrs Naveed Imtiaz

64 Years Female

Visit Date: 17-Feb-2021

Appointment Type: Online

**Vitals: SBP/DBP** 113/92 mmHg

**T2DM** FBS 111 RBS 118-109 A1C 7.1% (<7%)

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### DIAMPA 25 MG

1+0+0

### QOSMET 50/500 MG

1+0+1

### DIAMICRON MR 30 MG

1/2 +0+0

### CO-DIOVAN 80/12.5 MG

1+0+0

### EXEN D PLUS

1+0+0

### MEDIGESIC Tablet

1+0+1 (As needed for pain)

## **REFERRAL**

Ms Tasnium Z. Ali

Consultant Nutritionist

0304 111 0366 for online consultation

## **LABORATORY TESTS**

Hemoglobin A1c

Fasting Lipid Profile

Liver Function Test

Renal Profile

## **FOLLOW UP INSTRUCTIONS**

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



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## Mrs Naveed Imtiaz

64 Years Female

Visit Date: 17-Feb-2021

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							