

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
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Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist



Dr. S. Abbas Raza
M.D.

Diplomat American Board
of Internal Medicine

Diplomat American Board
of Diabetes, Metabolism
and Endocrinology

SPECIALIZED
SERVICES:

Diabetes, Mellitus

High Blood Pressure

Thyroid Disorders

Hormones / Glands
Abnormalities

Male / Female
Infertility

Cholesterol Disorder

Obesity

Follow-up Visit

Vitals: Weight 65.00 Kgs **Height** 5.00 Feet 10.00 Inches **BMI**

21 **BSF** 100 **BSR** 120 **SBP/DBP** 120/80 mmHg **Pulse**

Provisinal
Diagnosis **Type 2 Diabetese**

20 Years Male

Sr	Medicine Name	Dosage	Instructions	For Con
1	Ryzodeg Insulin	1+0+1	After Breakfast + After Lunch	Diabe
2	Novorapid / Humalog / Apidra Insulin	1+0+0		
3	Tagip Met XR 50/1000 mg	0+0+1		
4	Diampa M 12.5 /1000 mg	0+1+0		Prost
5	Co - Tasmi 40/12.5 mg	1/2+0+1/2		Blood Pr
6	Nebil 5 mg	1	Before going to bed	Slee
7	Xovat 5 mg	1	in the morning empty stomach	GER
8	Fenoget 200 mg	1	For headache	Pain Mana

NOTES

Testingggggggg

Referral Practitioners

Dr Nouman



FOLLOW UP INSTRUCTIONS

Follow up visit after 12 weeks. Call 0304-111-0336 for Appointments.



Dr. Abdullah



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Muhammad Waqas

20 Years Male

Visit Date: 20-Jan-2021

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							