

Prof. Ali Jawa

MD (USA), MPH (USA), FACE (USA),
FRCP (Lon), MIVM (Europe), Diplomate
ABIM-Endocrinology (USA), Diplomate
ABIM (USA) , Diplomate-ABPNS (USA).

Patient Name: Tazeen

Saeed Bukhari

Age / Sex: 30 Years /

Female

Visit Date: 14-Oct-2020

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Whatsapp No: 0321-8425005

BSF

99

LANTUS INSULIN 4 UNITS IN THE EVENING

GLUCOPHAGE XR 750 MG TWO TABLETS IN THE MORNING WITH BREAKFAST

*******Rest as per Gynecologist******

Prof. Ali Jawa

LABORATORY TESTS :

Patient Name: Tazeen Saeed Bukhari

Age / Sex: 30 Years / Female

Date: 14-Oct-2020

Hemoglobin A1c

Patient Name: Tazeen Saeed Bukhari

Age / Sex: 30 Years / Female

Date: 14-Oct-2020

Blood Glucose Monitoring:

Please Check Your Blood Glucose In Shaded Area

MonitoringTime	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							