

# Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)  
FRCP (Lon), MIVM (Europe), MPMI (USA),  
DABIM-Endocrinology (USA), DABIM (USA),  
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism  
Diplomate American Board of Internal Medicine  
Diplomate American Board of Physician Nutrition Specialists  
Fellow American College of Endocrinology  
Former Professor of Endocrinology,  
SZABMU / PIMS, Islamabad, Pakistan  
Consultant Endocrinologist & Diabetologist

## Khalil Ur Rehman

75 Years Male

Visit Date: 10-Feb-2021

Appointment Type: Physical

**Vitals: Weight** 83.0 Kgs **Height** 168 CMs **BMI** 29

**SBP/DBP** 113/67 mmHg **Pulse** 84

**T2DM** FBS 114 RBS NA A1c NA (<7%)

**Hypertension**

**IHD**

**BPH**

\*\*\*\*\*

**CO-EZIDAY 50/12.5 MG**

1+0+0

**MEPRESSOR 100 MG**

1+0+0

**LOPRIN 150 MG**

1+0+0

**LIPIREX 10 MG**

1+0+0

**LAXANTE**

0+0+1

**TAGIPMET XR 50/500 MG**

0+1+0

**LANTUS SOLOSTAR INSULIN**

0+0+18

**APIDRA SOLOSTAR INSULIN**

10+0+0

**\*\*\*\*\*Rest as per Urologist\*\*\*\*\***

## **LABORATORY TESTS**

Hemoglobin A1c

## **FOLLOW UP INSTRUCTIONS**

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



---

Prof. Ali Jawa

## Khalil Ur Rehman

75 Years Male

Visit Date: 10-Feb-2021

| Monitoring Time         | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|--------|--------|---------|-----------|----------|--------|----------|
| Before Breakfast        |        |        |         |           |          |        |          |
| 2 Hours after Breakfast |        |        |         |           |          |        |          |
| Before Lunch            |        |        |         |           |          |        |          |
| 2 Hours after Lunch     |        |        |         |           |          |        |          |
| Before Dinner           |        |        |         |           |          |        |          |
| 2 Hours after Dinner    |        |        |         |           |          |        |          |
| At Bedtime              |        |        |         |           |          |        |          |
| At 3:00 AM              |        |        |         |           |          |        |          |