

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Amjad Ali

69 Years Male

Visit Date: 10-Feb-2021

Appointment Type: Physical

Vitals: **Weight** 72.0 Kgs **Height** 166 CMs **BMI** 26
SBP/DBP 136/79 mmHg **Pulse** 87

T2DM FBS 127 RBS 120-159 A1C NA (<7%)

TAGIPMET 50/500 MG

1+0+1

GETRYL 1 MG

1+0+0

JARDY 10 MG

1+0+0

XAVOR DIU 50/12.5 MG

1+0+0

AMODIP 5 MG

1+0+0

MAXFLOW 0.4 MG

0+0+1

D-SHOT 200,000 IU

Drink one vial every month

LOPRIN 75 MG

1+0+0

CLOTRIM 1%

Apply in between toes of both feet, three times a day, till 1 week after complete recovery

LABORATORY TESTS

Hemoglobin A1c

FOLLOW UP INSTRUCTIONS

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							