

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Rizqa Asim

30 Years Female

Visit Date: 27-Jan-2021

Appointment Type: Online

Vitals: Weight 70.00 Kgs **Height** 5.00 Feet 4.00 Inches **BMI**
26 **SBP/DBP** 138/74 mmHg

T2DM FBS 148 RBS 217 A1c 8.5% (<6.5%)

MEDICINES

TREVIA-MET 100/1000 MG

1+0+0

DIAMICRON MR 30 MG

1+0+0

TOVITT

1+0+0

*****Rest as per

Rheumatologist*****

LABORATORY TESTS

Hemoglobin A1c

FOLLOW UP INSTRUCTIONS

Follow up visit after 2 months. Call 0304-111-0336 for Appointments.

Al.

Prof. Ali Jawa

Rizqa Asim

30 Years Female

Visit Date: 27-Jan-2021

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							