

Zille Abbas

Prof. Ali Jawa

42 Years Male

MD(USA), MPH (USA), FACE (USA)

Visit Date: 20-Jan-2021

FRCP (Lon), MIVM (Europe), MPMI (USA),

DABIM-Endocrinology (USA), Endo (USA),

DABPNS (USA), AOM-ARCS (Aus)

Appointment Type: Online

Diplomate American Board of Endocrinology, Diabetes and Metabolism

Diplomate American Board of Internal Medicine

Diplomate American Board of Physician Nutrition Specialists

Fellow American College of Endocrinology

Former Professor of Endocrinology,

SZABMU / PIMS, Islamabad, Pakistan

Consultant Endocrinologist & Diabetologist

Vitals: Weight 90.00 Kgs **Height** 6.00 Feet 2.00 Inches **BMI**

25 **SBP/DBP** 90/70 mmHg **Pulse** 90

T2DM FBS 98 RBS 136 A1c 7.9(Nov 2020) (<6.5%)

HTN

SITA 100 MG

0+0+1

EXTOR 5/160 MG

1+0+0

CO-PLAVIX 75/75 MG

1+0+0

ROVISTA 10 MG

1+0+0

SERC 8 MG

1/2+0+0

NEUROBION

1+0+0

XENOVIT XR

1+0+0

LABORATORY TESTS

Free T4

FOLLOW UP INSTRUCTIONS

Follow up visit after 5 days. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							