

Dr. Abdullah

Patient Name: Mr. John Doe

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**MD (USA), MPH (USA), FACE (USA),
FRCP (Lon), MIVM (Europe), Diplomate
ABIM-Endocrinology (USA), Diplomate
ABIM (USA), Diplomate-ABPNS (USA).**

Age / Sex: 43 Years Male

Visit Date: 25-Nov-2020

Address: Test Address

**Diplomate American Board of
Diabetes, Endocrinology and
Metabolism**

Phone: 0321-5001777

Address: Shaukat Khanum Memorial
Cancer Hospital, Lahore

PMHx	Yrs	ADR
Abnormal TFTs	2	Acarbose
Abnormal Labs	2018	Amlodipine

Provisinal Diagnosis	Type 2 Diabetese
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Sr		Medicine Name		Dosage		Instructions		For Condition	
1		Ryzodeg Insulin		1+0+1		After Breakfast + After Lunch		Diabetese	
Monitoring Time		Sunday	Monday	Tuesday	Wednesday	Thursday		Friday	Saturday
2		Novorapid / Humalog / Apidra		1+0+0					
Before Breakfast		Humalog XR mg		0+0+1					
3									
4		Diampa /1000 m		0+1+0				Prostate	
5		Co - Tas mg		1/2+0+1/2				Blood Pressure	
6		Nebil 5 mg		1		Before going to bed		Sleep	
7		Xovat 5 mg		1		in the morning empty stomach		GERD	
8		Fenoget 200 mg		1		For headache		Pain Management	
Before Dinner									
LABORATORY TESTS									
2 Hours after Dinner									
Chest X-ray									
At Bedtime									
Blood Glucose									
At 3:00 AM									
CBC									

Free T4

Referral Practitioners

Prof. Ali Jawa
 Dr Nouman
 MD(USA), MPH (USA), FACE (USA)
 DABIM-Endocrinology (USA), DABIM (USA),
 DABN (USA)
 Dr. Kamran Babar

Diplomate American Board of Endocrinology, Diabetes and Metabolism
 Diplomate American Board of Internal Medicine
 Diplomate American Board of Physician Nutrition Specialists
 Fellow American College of Endocrinology
 Professor of Endocrinology,
 SZABMU / PIMS, Islamabad, Pakistan
 Consultant Endocrinologist & Diabetologist

FOLLOW UP INSTRUCTIONS

Follow up visit after 21 days (16-Dec-2020)

Ali

Dr. Abdullah

Print Date & Time: 25th Nov 2020 01:13:23

Dr. Abdullah