

# Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)  
FRCP (Lon), MIVM (Europe), MPMI (USA),  
DABIM-Endocrinology (USA), DABIM (USA),  
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism  
Diplomate American Board of Internal Medicine  
Diplomate American Board of Physician Nutrition Specialists  
Fellow American College of Endocrinology  
Former Professor of Endocrinology,  
SZABMU / PIMS, Islamabad, Pakistan  
Consultant Endocrinologist & Diabetologist

## Athar Imran

34 Years Male

Visit Date: 03-Feb-2021

Appointment Type: Online

**Vitals: Weight** 68.00 Kgs **Height** 5.00 Feet 5.00 Inches **BMI**  
25

**T2DM, newly diagnosed** FBS 241 RBS 471 A1C 11.7% (<6.5%)

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**QOSMET 50/500 MG**

1+0+1

**DIAMICRON MR 30 MG**

1+0+0

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**\*\*\*Show reports in next clinic (No Charges)\*\*\*\*\***

## FOLLOW UP INSTRUCTIONS

Follow up visit after 1 weeks. Call 0304-111-0336 for Appointments.

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## Athar Imran

34 Years Male

Visit Date: 03-Feb-2021

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							