

Prof. Ali Jawa

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ABIM (USA) , Diplomate-ABPNS (USA).

Phone: 0321-8425005

Patient Name: Asma Imran

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Age / Sex: 42 Years Female

Visit Date: 11-Nov-2020

Vitals 1: **Weight** 69.00 Kgs **Height** 158.00 CMs **SBP/DBP** 113/74 mmHg **Pulse** 92

T2DM FBS 105 RBS 114 A1c 6.5% Sep 30, 2020 (<7%). Well controlled. S/P Cholecystectomy . Will stop SGLT-2 for now

TREVIAMET 50/500 MG

1 + 0 + 1 (Ongoing)

D-SHOT 200,000 IU

Drink one injection every month (Ongoing)

THYRONORM 50 MCG

1 + 0 + 0 (Empty Stomach)

LABORATORY TESTS

Tsh And Free T4

Hemoglobin A1c

FOLLOW UP INSTRUCTIONS

Follow up visit after 12 weeks (03-Feb-2021)

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							