



Dr. Muhammad Zohaib  
MBBS. RMP

**Patient Name:** Tahira Sakhawat

**Age / Sex:** 71 Years Female

**Visit Date:** 16-Dec-2020

**Address:** 507 E, Eden Cottages Road new Iqbal park, Walton Lahore

**Vitals:** **Weight** 63.00 Kgs **Height** 4.70 Feet Inches **BMI** 30.70 **SBP/DBP** 175/95 mmHg  
**Pulse** 98

1. Qosmet (Sitagliptin/Metformin) 50/500 mg Twice a day
2. Caprinza (Amlodipine) 10 mg Once a day
3. Xeta (Losartan) 50 mg Once a day
4. Lastolip (Atorvastatin) 20 mg Once a day
5. Flexiplus (Asprin/Clopidogrel) 75/75 mg Once a day
6. Exen D (Calcium/Vit. D) 500/500 mg/IU Once a day
7. Cheer up (Escitalopram) 10 mg Once a day
8. Medigesic (Orphenadrine citrate/Paracetamol) Once a day  
35/450 mg
9. D-Sun (Cholecalciferol) Once in a week
10. GC-Plus (Glucosamine/Chondroitin sulphate) Once a day  
500/400mg
11. Zultra (Tramadol) 50 mg Once a day

Please Visit Clinic after 3 months along with HbA1C, BSR chart & B.P chart.

## FOLLOW UP INSTRUCTIONS

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



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Dr. Muhammad Zohaib

