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Diplomat American Board  
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Diplomat American Board  
of Diabetes, Metabolism  
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SPECIALIZED  
SERVICES:

Diabetes, Mellitus

High Blood Pressure

Thyroid Disorders

Hormones / Glands  
Abnormalities

Male / Female  
Infertility

Cholesterol Disorder

Obesity

Follow-up Visit



## Mr. John Doe

43 Years Male

Visit Date: 31-Dec-2020

Address: Test Address

### 1. D.M Type 2:

#### **a) Diamicrone MR 60 mg**

1 + 0 + 0 – Before Meal

#### **b) Tagip Met XR 50/1000 mg**

0 + 0 + 1 – After Meal

#### **c) Diampa M 12.5 /1000 mg**

1 + 0 + 0 – After Meal

### 2. HTN / Dyslipidemia:

#### **a) Co - Tasmi 40/12.5 mg**

1 + 0 + 0

#### **b) Nebil 5 mg**

0 + 0 + 1

#### **c) Xovat 5 mg**

0 + 0 + 1 - Bedtime

#### **d) Fenoget 200 mg**

1 + 0 + 0

#### **e) Loprin 75 mg**

1 + 0 + 0 - With Food

### 3. Hypothyroidism:

#### **a) Thyronorm 100 mcg - Empty Stomach - Morning**

1 + 0 + 0

### 4. Mood / Neuropathy:

#### **a) Lyta 30 mg**

1 + 0 + 0

**b) Neogab 300 mg**

0 + 0 + 1

**4. Deranged Liver Function:**

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**PLAN:**

**a) Cap. Evion 400 mg**

1 + 0 + 0 for 2 months

**5. Preventative:**

-- Dilated Eye Exam for Diabetic Retinopathy: Before Next visit

**PLAN:**

**a) Cap. D Cap (Vitamin D) 50,000 IU**

One Capsule orally once every 15 days for 3 months

**b) Tab. Neuromet**

1 + 0 + 1 for 6 weeks.

**c) Cap. Immun Plus (Wilshire)**

1 + 0 + 0 for 8 weeks.

**Follow up in 3 Months. Lab before next visit**

**LABORATORY TESTS**

Liver Function Test

Renal Profile

**FOLLOW UP INSTRUCTIONS**

Follow up visit after 10 days. Call 0304-111-0336 for Appointments.



## Mr. John Doe

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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							

