
Patient Name: Saima Nusrat Khanum

Age / Sex: 55 Years Female

Visit Date: 23-Dec-2020

Address: House Number 2/B Street Number 13 Muhalla Shultan Street Rehman pura
Icchra Lahore

Vitals: **Weight** 87.00 Kgs **Height** 152.00 CMs **BMI** 32.92 **SBP/DBP** 140/82 mmHg
Pulse 76

1. Xeta plus (Losartan/ HCTZ) One Tablet in morning
(50/12.5 mg)
2. Qosmet (Sitagliptin/Metformin) 50/500 mg Once a day
3. Zamcil 50 mg Once a day
4. Nexum (Esomeprazole) 40 mg Once a day
5. Cheer up (Escitalopram) 10 mg Once a day
- .6. D-Sun (Cholecalciferol) Once in a week
7. Medigesic (Orphenadrine citrate/Paracetamol) Once a day

Please Visit Clinic after 3 months along with HbA1C, TSH, BSR chart & B.P Chart.

