

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Shagufta Sabir

57 Years Female

Visit Date: 27-Jan-2021

Appointment Type: Online

Vitals: Weight 83.00 Kgs **Height** 5.00 Feet 5.00 Inches **BMI**
30 **SBP/DBP** 130/80 mmHg

T2DM FBS 126 RBS 169 A1c 7.4% (<7%)

MEDICINES

TAGIP 100 mg

1+0+0

JARDY 10 MG

1+0+0

GLUCOPHAGE XR 750 MG

1+0+0

TOVITT

1+0+0

*****Rest as per Rheumatologist*****

LABORATORY TESTS

Hemoglobin A1c

Fasting Lipid Profile

Liver Function Test

Renal Profile

Tsh And Free T4

FOLLOW UP INSTRUCTIONS

Follow up visit after 2 months. Call 0304-111-0336 for Appointments.



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Shagufta Sabir

57 Years Female

Visit Date: 27-Jan-2021

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							