
Patient Name:Waseem Hassan

Age / Sex: 26 Years Male

Visit Date: 23-Dec-2020

Address: 47/c Mubarik Street Muhammad Ali Road Dohatta Colony Icchra Lahore

Vitals: **Weight** 55.00 Kgs **Height** 1.00 Feet 55.00 Inches **BMI** 18.99 **SBP/DBP**
150/102 mmHg **Pulse** 103

1. Humulin-R (Regular) Insulin 10 units before breakfast
2. Humulin-N (NPH) Insulin 12 units before breakfast
3. Humulin-R (Regular) Insulin 08 units before Lunch
4. Humulin-R (Regular) Insulin 08 units before Dinner
5. Humulin-N (NPH) Insulin 10 units before Dinner
6. Lastolip (Atorvastatin) 20 mg Once a day
7. D-Sun (Cholecalciferol) Once in a week
8. Exen D (Calcium/Vit. D) 500/500 mg/IU Once a day

9. Zestril 10 mg

Once a day

10. Cardura 4 mg

Once a day

11. Herbesser 180 mg

Once a day

Please Visit Clinic after 2 months along with Cbc, HbA1C, RFT, Serum electrolytes BSR chart & B.P Chart.

