

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Uzma Kamran

42 Years Female

Visit Date: 17-Feb-2021

Appointment Type: Physical

Vitals: **Weight** 79.9 Kgs **Height** 164 CMs **BMI** 30
SBP/DBP 112/86 mmHg **Pulse** 92

Probable Adrenal Insufficiency: Serum Cortisol (8 AM) 5.07.

Repeat Tests as follows: 6.80 ACTH 6.96 {Hx of Chronic Abdominal pain}. Will get ACTH Stimulation Test and empirically start steroids pending results

Ca 9.7, PO4 4.5 WNL

Subclinical Hypothyroidism: TSH 5.42 FT4 1.05

Anti TTG negative, making celiac disease not likely

HYDROSHIRE (Hydrocortisone) 10 MG (RXQ pharmacy 0304 111 0263)

1/2 tablet at 5 AM and 1/2 tablet at 12 noon (start after ACTH stimulation Test)

*******Online reports next week (No charges)*******

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