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**Patient Name:**khushnood parveen

**Age / Sex:** 46 Years Female

**Visit Date:** 23-Dec-2020

**Address:** street number 26 House number 8/A Ampress Park, Bibi Pak Daman Lhr

**Vitals:** **Weight** 96.00 Kgs **Height** 1.00 Feet 62.00 Inches **BMI** 27.17 **SBP/DBP** 130/70 mmHg **Pulse** 90

1. Humulin-R (Regular) Insulin 16 units before breakfast
2. Humulin-N (NPH) Insulin 08 units before breakfast
3. Humulin-R (Regular) Insulin 06 units before Lunch
4. Humulin-R (Regular) Insulin 12 units before Dinner
5. Humulin-N (NPH) Insulin 06 units before Dinner
6. Xeta plus (Losartan/ HCTZ) One Tablet in morning  
(50/12.5 mg)
7. Lastolip (Atorvastatin) 20 mg Once a day
8. D-Sun (Cholecalciferol) Once in a week
9. Nexum (Esomeprazole) 40 mg Once a day
10. Cheer up (Escitalopram) 10 mg Once a day
11. Medigesic (Orphenadrine citrate/Paracetamol) Once a day
12. Cardura (Doxazosin) 4 mg Once a day

13. Otello (Carvidolol) 6.5 mg                      Once a day

Please Visit Clinic after 3 months along with HbA1C, BSR chart & B.P Chart.

