

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Zaib Un Nisa Hamid

57 Years Female

Visit Date: 10-Feb-2021

Appointment Type: Online

Vitals: Weight 100.0 Kgs **Height** 5 Feet 4 Inches **BMI** 38

T2DM FBS 119 RBS 184 A1c 7.3 (<7%) Hb 12.2 Cr 1 TSH 2.14. C/O SOB
on exertion. Will DC pioglitazone. Refer to cardiology

Dyslipidemia

Morbid Obesity

TRULICITY 1.5 MG

One injection Once a week subcutaneously

DIAMPA 12.5/1000 MG

1+0+1

LANTUS SOLOSTAR INSULIN

0+0+50

NOVORAPID INSULIN

20+10+20

*******Rest as per cardiologist*******

Follow Up next week for lab test review (No charges)

REFERRAL:

Dr Javed Ashraf

Consultant Cardiologist (Call 0304-111 0366)

Ms. Tasnim Z. Ali

Consultant Nutritionist (Call 0304-111 0366) for online consultation

Prof. Tanvir US Salam

Consultant Pulmonologist and Sleep Medicine Specialist

C-Block, Model Town, Lahore

******Show reports in next week (No charges)*******

LABORATORY TESTS

Renal Profile

FOLLOW UP INSTRUCTIONS

Follow up visit after 1 weeks. Call 0304-111-0336 for Appointments.



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							