

Prof. Ali Jawa

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Phone: 0321-8425005

Patient Name: Shahzadi Khanum

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Age / Sex: 53 Years Female

Visit Date: 11-Nov-2020

T2DM: FBS 111 RBS 147 A1c 8.7% (<7%)

GLUCOPHAGE 500 MG

1+0+1

LANTUS Insulin

0+0+24

JARDY 25 MG

1/2 tablet +0+0

LABORATORY TESTS

Hemoglobin A1c

Tsh

FOLLOW UP INSTRUCTIONS

Follow up visit after 12 weeks (03-Feb-2021)

Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							