

Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)
FRCP (Lon), MIVM (Europe), MPMI (USA),
DABIM-Endocrinology (USA), DABIM (USA),
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism
Diplomate American Board of Internal Medicine
Diplomate American Board of Physician Nutrition Specialists
Fellow American College of Endocrinology
Former Professor of Endocrinology,
SZABMU / PIMS, Islamabad, Pakistan
Consultant Endocrinologist & Diabetologist

Rana Ahmad Ali

64 Years Male

Visit Date: 27-Jan-2021

Appointment Type: Online

Vitals: Weight 99.00 Kgs **Height** 5.00 Feet 9.00 Inches **BMI**
32

T2DM FBS 161 RBS 180 nA1c 7.9 % (<7%)

Dyslipidemia 74

LANTUS SOLOSTAR INSULIN

0+0+16

NOVORAPID INSULIN

12+12+12+0

JARDY 10 MG

1+0+0

NOCLOT EA 75/75 MG

1+0+0

XPLENDID 20 MG

1+0+0

ADVANT 8 MG

1+0+0

MAXRON 0.4 MG

0+0+1

TOVITT

1+0+0

EXEN D PLUS

1+0+0

FOLLOW UP INSTRUCTIONS

Follow up visit after 2 weeks. Call 0304-111-0336 for Appointments.



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Rana Ahmad Ali

64 Years Male

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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							