

# Prof. Ali Jawa

MD (USA), MPH (USA), FACE (USA),  
FRCP (Lon), MIVM (Europe), Diplomate  
ABIM-Endocrinology (USA), Diplomate  
ABIM (USA) , Diplomate-ABPNS (USA).

**Patient Name:** Shabbir Ali

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**Age / Sex:** 27 Years Male

**Visit Date:** 18-Nov-2020

**Vitals 1:** **Weight** 115.00 Kgs **Height** 5.00 Feet 5.00 Inches **BMI** 42.19

**HYPOGONADOTROPIC HYPOGONADISM:**

**HYPOTHYROTROPIC HYPOTHYROIDISM:** FT4 0.54 (17 Nov 2020)

**CENTRAL ADRENAL INSUFFICIENCY:** On corticosteroid replacement therapy

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**THYRONORM 125 MCG**

**1+0+0** (Empty stomach in the morning one hour before breakfast) **MONDAY TO SATURDAY**

**2+0+0** (Empty stomach in the morning one hour before breakfast) **SUNDAY ONLY**

**HYDROSHIRE 10 MG**

**1+1+0**

**D-TAB** 50,000 Tablet

2 tablets every Sunday

## **TESTOVIRON 250 MG**

1 Injection intramuscularly every Three weeks

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## **BLOOD TESTS**

**Free T4**

**Testosterone ( 1 day before 6th injection)**

## **FOLLOW UP INSTRUCTIONS**

Follow up visit after 3 months (16-Feb-2021)