

Dr. Kamran Babar

Patient Name: Ali Talib

1

MD(USA), FACC(USA), DABIM-
Cardiology(USA), DABIM(USA),
DABIM-Interventional
Cardiology(USA), DAB-
Echocardiography(USA), DAB-Nuclear
Cardiology(USA), DAB-Vascular
Medicine(USA)

Age / Sex: 26 Years Male

Visit Date: 04-Nov-2020

Phone: 0315-7930446

PMHx Yrs ADR

T2DM 2 Nkda

Hypertension 2018

Vitals 1: Weight 58.00 Kgs Height 170.00 CMs SBP/DBP 130/90 mmHg Pulse 88

| Monitoring Time | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------|--------|---------|-----------|----------|--------|----------|
| Before Breakfast | | | | | | | |
| 2 Hours after Breakfast | | | | | | | |
| LABORATORY TESTS | | | | | | | |
| Before Lunch (With In One Week) | | | | | | | |
| 2 Hours after Lunch | | | | | | | |
| Blood Glucose | | | | | | | |
| Before Dinner | | | | | | | |
| CBC | | | | | | | |
| 2 Hours after Dinner | | | | | | | |
| FOLLOW UP INSTRUCTIONS | | | | | | | |
| Follow up visit after 5 weeks (09-Dec-2020) | | | | | | | |
| At Bedtime | | | | | | | |
| At 3:00 AM | | | | | | | |