

# Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)  
FRCP (Lon), MIVM (Europe), MPMI (USA),  
DABIM-Endocrinology (USA), DABIM (USA),  
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism  
Diplomate American Board of Internal Medicine  
Diplomate American Board of Physician Nutrition Specialists  
Fellow American College of Endocrinology  
Former Professor of Endocrinology,  
SZABMU / PIMS, Islamabad, Pakistan  
Consultant Endocrinologist & Diabetologist

## Nargis Abuzar

57 Years Female

Visit Date: 20-Jan-2021

Appointment Type: Online

**Vitals: Weight** 65.00 Kgs **Height** 156.00 CMs **BMI** 27

**SBP/DBP** 122/70 mmHg **Pulse** 100

**T2DM** FBS 115 RBS 170 A1c NA (<7%)

**HTN**

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### APIDRA SOLOSTAR INSULIN

6+6+6

### TOUJEO Insulin

0+0+20

### TRULICITY Injection

One injection subcutaneously once a week

### JARDY 10 MG

1+0+0

### ROLIP 10 MG

1+0+0

### GOURIC 40 MG

1+0+0

### ZUNE 20 MG

1+0+0

### COVAM 5/80 MG

1+0+0

**HILIN 50 MG**

1+0+0

## **LABORATORY TESTS**

Hemoglobin A1c

Fasting Lipid Profile

Liver Function Test

Renal Profile

## **FOLLOW UP INSTRUCTIONS**

Follow up visit after 3 months. Call 0304-111-0336 for Appointments.



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## Nargis Abuzar

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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							