



Dr. Muhammad Zohaib  
MBBS. RMP

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**Patient Name:** Mr. John Doe

**Age / Sex:** 43 Years Male

**Visit Date:** 23-Dec-2020

**Address:** Test Address

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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							