

# Prof. Ali Jawa

MD(USA), MPH (USA), FACE (USA)  
FRCP (Lon), MIVM (Europe), MPMI (USA),  
DABIM-Endocrinology (USA), DABIM (USA),  
DABPNS (USA), AOM-ARCS (Aus)

Diplomate American Board of Endocrinology, Diabetes and Metabolism  
Diplomate American Board of Internal Medicine  
Diplomate American Board of Physician Nutrition Specialists  
Fellow American College of Endocrinology  
Former Professor of Endocrinology,  
SZABMU / PIMS, Islamabad, Pakistan  
Consultant Endocrinologist & Diabetologist

## Sadat Ali Mutassaddi

75 Years Male

Visit Date: 30-Dec-2020

**Vitals:** **Weight** 77.10 Kgs **Height** 164.00 CMs **BMI** 29 **SBP/DBP** 106/62 mmHg **Pulse** 65

Presumed COVID-19 Pulse Ox 93% on Room Air. Will start steroids and rivaroxaban pending pulmonology evaluation. Chest X-Ray reportedly normal. CRP, LDH, Ferritin CBC, LFTs, Renal Profile blood samples drawn, reports pending

**T2DM** FBS 90 RBS 140 A1C NA (<7%)

**CAD**

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**PITALO 2MG**

**0+0+1**

**METFORMIN 500 MG**

**1+0+1**

**LOPRIN 75 MG**

**1+0+0**

**CHEER UP 10 MG**

**1+0+0**

**GC PLUS**

**1+0+0**

**GABAPENTIN 300 MG**

0+0+1

**MAXRON (Tamsulosin) 0.4 MG**

0+1+1

**METPROLOL 5 MG**

0+0+1/2

**OMERPAZOLE 20MG**

1+0+1

**DELTACORTRIL EC 5 MG**

3+0+3

**X-CEPT (Rivaroxaban) 15 MG**

1+0+0

**ZEECIN (Azithromycin) 500 MG**

1+0+0

**Lypospheric Vitamin C**

One sachet 5 times a day

**D-SHOT 200,000 IU**

Drink one vial now

**IMMUN AE**

Two dropperful 5 times a day

**REFERRAL:**

Dr Hussain, Consultant Pulmonologist, Masood Hospital, Lahore



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Monitoring Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Before Breakfast							
2 Hours after Breakfast							
Before Lunch							
2 Hours after Lunch							
Before Dinner							
2 Hours after Dinner							
At Bedtime							
At 3:00 AM							