

# Trainer Report - James Anderson

Email: james.anderson@example.com

Experience: 5 years

Assigned Clients: 11

Specialization: Bodybuilding

Certification: Certified Bodybuilding Coach

Gender: Male

Average Rating: 4.70

## Completed Goals:

1. Ana Jeff (client4@example.com)
  - Goal: Get toned
  - Created: Sun Apr 20 2025
  - Target: Sun Jun 29 2025
2. Ana Jeff (client4@example.com)
  - Goal: Get leaner
  - Created: Wed May 07 2025
  - Target: Wed Jul 30 2025
3. Ana Jeff (client4@example.com)
  - Goal: Lose 3kg
  - Created: Sun May 18 2025
  - Target: Tue Jul 15 2025
4. Michael Johnson (michael.johnson@example.com)
  - Goal: Lower body fat
  - Created: Wed Jun 11 2025
  - Target: Fri Aug 15 2025
5. Michael Johnson (michael.johnson@example.com)
  - Goal: Gain strength
  - Created: Tue Jun 03 2025
  - Target: Thu Aug 14 2025
6. Michael Johnson (michael.johnson@example.com)
  - Goal: Lose belly fat
  - Created: Sun May 04 2025
  - Target: Sun Jun 29 2025
7. Robert Anderson (robert.anderson@example.com)
  - Goal: Get toned
  - Created: Fri Apr 18 2025
  - Target: Wed Jun 25 2025
8. Robert Anderson (robert.anderson@example.com)
  - Goal: Gain muscle mass
  - Created: Sat May 10 2025
  - Target: Thu Jul 03 2025
9. Manna (Mannan@example.com)
  - Goal: Lose 3kg
  - Created: Tue Apr 08 2025
  - Target: Sat May 24 2025

10. Manna (Mannan@example.com)

- Goal: Increase flexibility
- Created: Fri Jun 13 2025
- Target: Wed Aug 13 2025

## Incomplete Goals:

1. Ana Jeff (client4@example.com)
  - Goal: Build endurance
  - Created: Tue May 06 2025
  - Target: Thu Jun 26 2025
2. Ana Jeff (client4@example.com)
  - Goal: Lower body fat
  - Created: Mon Jun 02 2025
  - Target: Wed Aug 06 2025
3. Ana Jeff (client4@example.com)
  - Goal: Get toned
  - Created: Tue May 06 2025
  - Target: Sun Jul 06 2025
4. Michael Johnson (michael.johnson@example.com)
  - Goal: Lose 5kg
  - Created: Wed May 14 2025
  - Target: Sat Jul 26 2025
5. Michael Johnson (michael.johnson@example.com)
  - Goal: Gain muscle mass
  - Created: Thu May 08 2025
  - Target: Thu Jul 03 2025
6. Robert Anderson (robert.anderson@example.com)
  - Goal: Gain strength
  - Created: Thu Apr 17 2025
  - Target: Tue Jun 24 2025
7. Robert Anderson (robert.anderson@example.com)
  - Goal: Lose belly fat
  - Created: Fri May 16 2025
  - Target: Fri Jul 04 2025
8. Robert Anderson (robert.anderson@example.com)
  - Goal: Build endurance
  - Created: Tue Jun 17 2025
  - Target: Thu Aug 21 2025
9. Manna (Mannan@example.com)
  - Goal: Lose belly fat
  - Created: Sat May 10 2025
  - Target: Tue Jul 15 2025

10. Manna (Mannan@example.com)

- Goal: Gain muscle mass
- Created: Fri May 09 2025
- Target: Tue Jul 01 2025

11. Manna (Mannan@example.com)

- Goal: Lose 10kg
- Created: Sat May 10 2025
- Target: Sat Jul 05 2025

Rating Trend & Goal Completion Chart:



