

# Trainer Report - Laura Martinez

Email: laura.martinez@example.com

Experience: 9 years

Assigned Clients: 12

Specialization: Group Fitness

Certification: Group Fitness Instructor

Gender: Female

Average Rating: 4.23

## Completed Goals:

1. Jacob ash (client2@example.com)
  - Goal: Lose 3kg
  - Created: Sat Apr 19 2025
  - Target: Mon May 19 2025
2. Jacob ash (client2@example.com)
  - Goal: Get toned
  - Created: Thu Jun 05 2025
  - Target: Thu Jul 24 2025
3. Jacob ash (client2@example.com)
  - Goal: Get toned
  - Created: Fri Mar 28 2025
  - Target: Thu May 15 2025
4. Ashley Roff (client3@example.com)
  - Goal: Lose belly fat
  - Created: Wed Apr 23 2025
  - Target: Sun Jun 15 2025
5. Ashley Roff (client3@example.com)
  - Goal: Lose 5kg
  - Created: Wed Apr 09 2025
  - Target: Sun Jul 06 2025
6. Ashley Roff (client3@example.com)
  - Goal: Get leaner
  - Created: Mon Apr 21 2025
  - Target: Sat Jun 21 2025
7. Jane Smith (jane.smith@example.com)
  - Goal: Lose 5kg
  - Created: Mon Apr 07 2025
  - Target: Thu Jun 26 2025
8. Jane Smith (jane.smith@example.com)
  - Goal: Lose belly fat
  - Created: Sun Apr 20 2025
  - Target: Sat Jun 28 2025
9. Jane Smith (jane.smith@example.com)
  - Goal: Walk 10k steps/day
  - Created: Mon Jun 02 2025
  - Target: Fri Aug 15 2025

10. Sophia Martinez (sophia.martinez@example.com)

- Goal: Lose 3kg
- Created: Mon Jun 02 2025
- Target: Fri Aug 22 2025

11. Sophia Martinez (sophia.martinez@example.com)

- Goal: Build endurance
- Created: Tue May 20 2025
- Target: Mon Jul 14 2025

12. Sophia Martinez (sophia.martinez@example.com)

- Goal: Lose belly fat
- Created: Fri May 23 2025
- Target: Thu Jun 26 2025

13. Ryan Scott (ryan.scott@example.com)

- Goal: Increase flexibility
- Created: Tue Apr 01 2025
- Target: Sat Jun 07 2025

14. Ryan Scott (ryan.scott@example.com)

- Goal: Get leaner
- Created: Thu May 01 2025
- Target: Sat May 31 2025

15. Ryan Scott (ryan.scott@example.com)

- Goal: Increase flexibility
- Created: Sat May 03 2025
- Target: Wed Jun 11 2025

16. Ariful Haque (Arif@example.com)

- Goal: Build endurance
- Created: Fri May 23 2025
- Target: Thu Jul 24 2025

17. Ariful Haque (Arif@example.com)

- Goal: Get toned
- Created: Fri May 16 2025
- Target: Sat Jun 28 2025

18. Emma Green (emma.green0@example.com)

- Goal: Lose belly fat
- Created: Mon Jun 09 2025
- Target: Fri Jul 25 2025

19. Emma Green (emma.green0@example.com)

- Goal: Gain muscle mass
- Created: Sat Jun 14 2025
- Target: Mon Aug 25 2025

20. Emma Green (emma.green0@example.com)

- Goal: Lose 5kg
- Created: Tue Jun 03 2025
- Target: Fri Aug 08 2025

## Incomplete Goals:

1. Jacob ash (client2@example.com)
  - Goal: lose 5 kg
  - Created: Sat Jan 25 2025
  - Target: Tue Feb 25 2025
2. Jacob ash (client2@example.com)
  - Goal: run 2km
  - Created: Thu Mar 20 2025
  - Target: Thu Mar 20 2025
3. Jacob ash (client2@example.com)
  - Goal: Lower body fat
  - Created: Mon Apr 28 2025
  - Target: Fri Jul 11 2025
4. Jacob ash (client2@example.com)
  - Goal: Get leaner
  - Created: Fri May 23 2025
  - Target: Wed Aug 20 2025
5. Jacob ash (client2@example.com)
  - Goal: Increase flexibility
  - Created: Sun Apr 27 2025
  - Target: Thu Jun 05 2025
6. Ashley Roff (client3@example.com)
  - Goal: Lose 5kg
  - Created: Mon Jun 09 2025
  - Target: Wed Aug 20 2025
7. Ashley Roff (client3@example.com)
  - Goal: Lose 3kg
  - Created: Mon Apr 28 2025
  - Target: Sun Jun 15 2025
8. Jane Smith (jane.smith@example.com)
  - Goal: Get leaner
  - Created: Tue Apr 15 2025
  - Target: Thu Jul 03 2025
9. Jane Smith (jane.smith@example.com)
  - Goal: Get toned
  - Created: Mon Jun 09 2025
  - Target: Sat Jul 12 2025

10. Sophia Martinez (sophia.martinez@example.com)

- Goal: Lose 10kg
- Created: Wed Jun 11 2025
- Target: Tue Aug 12 2025

11. Sophia Martinez (sophia.martinez@example.com)

- Goal: Get toned
- Created: Tue Jun 17 2025
- Target: Fri Aug 29 2025

12. Ryan Scott (ryan.scott@example.com)

- Goal: Lose belly fat
- Created: Sun May 04 2025
- Target: Wed Jul 23 2025

13. Ryan Scott (ryan.scott@example.com)

- Goal: Gain muscle mass
- Created: Tue May 06 2025
- Target: Sun Jun 29 2025

14. Ariful Haque (Arif@example.com)

- Goal: Lose belly fat
- Created: Sat Apr 19 2025
- Target: Sun Jun 22 2025

15. Ariful Haque (Arif@example.com)

- Goal: Lose 10kg
- Created: Fri May 09 2025
- Target: Wed Jun 25 2025

16. Ariful Haque (Arif@example.com)

- Goal: Walk 10k steps/day
- Created: Sat Apr 19 2025
- Target: Sat Jul 19 2025

17. Emma Green (emma.green0@example.com)

- Goal: Lower body fat
- Created: Tue Jun 03 2025
- Target: Sat Aug 02 2025

18. Emma Green (emma.green0@example.com)

- Goal: Lose belly fat
- Created: Fri Jun 06 2025
- Target: Wed Jul 23 2025

Rating Trend & Goal Completion Chart:



