MUHUMMAD HABIB

**DATA SCIENCE PROJECT** 

# MEDICAL INSURANCE COST PREDICTION

Kaggle Github

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# **Medical Health Insurance Cost Prediction | Python + Regression Models**

Medical Health Insurance Cost Prediction with python using Different Regression Models.

# Overview

This project focuses on predicting medical health insurance costs using various regression models. The goal is to create a model that can accurately estimate the insurance costs for individuals based on their attributes. The project employs exploratory data analysis, data preprocessing, and several regression techniques to achieve this.

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# **Project Description**

In this project, we aim to predict medical health insurance costs for individuals based on various factors such as age, sex, BMI, number of children, smoking habits, and region. The project involves the following steps:

- 1. **Data Loading and Overview**: The project begins by loading the dataset containing information about individuals and their insurance costs.
- 2. **Exploratory Data Analysis**: We analyze the dataset to gain insights into the data distribution, relationships between variables, and identify potential patterns.
- 3. **Data Preprocessing**: Data preprocessing steps are performed, including handling missing values, encoding categorical variables, and scaling numerical features.
- 4. **Regression Models**: Several regression models are implemented, including Multiple Linear Regression, Lasso Regression, Ridge Regression, ElasticNet Regressor, Random Forest Regressor, and Polynomial Regression.
- 5. **Model Evaluation**: The models are evaluated using metrics such as Mean Absolute Error, Mean Squared Error, and Root Mean Squared Error. The performance of each model is compared.
- 6. **Conclusion**: The project concludes with a summary of key insights obtained from the analysis and suggestions for further improvement.

# Requirements

- 1. Python
- 2. **Integrated Development Environment (IDE)**: You can use IDEs like **Jupyter Notebook**, **PyCharm**, **Visual Studio Code**, or any other of your preference.
- 3. **Dataset**: Collect the dataset containing medical records, including factors like age, gender, BMI, number of dependents, smoking status, region, and charges.

- 4. **Data Preprocessing Libraries**: You might need libraries like **Pandas** for data manipulation and cleaning, and **NumPy** for numerical operations.
- 5. **Data Visualization Libraries**: Consider using libraries like **Matplotlib** and **Seaborn** for visualizing the data distribution, trends, and anomalies.
- 6. **Statistical Libraries**: Depending on your project's needs, **Scipy** might be useful for advanced statistical operations.
- 7. **Machine Learning Libraries**: You will likely need **Scikit-learn** for standard machine learning algorithms and **TensorFlow** or **PyTorch** for any deep learning implementations.
- 8. **Regression Algorithms**: Implementing a project on insurance cost prediction will require a variety of regression algorithms such as Linear Regression, **Ridge** and **Lasso** Regression, **Decision Tree** Regression, **Random Forest** Regression, and possibly more advanced techniques based on your research.
- 9. **Model Evaluation Tools**: Libraries like **Scikit-learn** contain useful functions for evaluating your regression models, including metrics like Mean Absolute Error (MAE), Mean Squared Error (MSE), and **R-squared**.
- 10. **Data Preprocessing Tools**: You might need tools like **Scikit-learn**'s Pipeline and preprocessing module for efficiently handling data preprocessing tasks.
- 11. **Model Deployment (Optional)**: If you plan to deploy the trained models, you might need libraries like **Flask** or **FastAPI** for creating APIs.

# **Dataset**

The dataset used for this project contains information about individuals' attributes and their corresponding medical insurance costs. The attributes include age, sex, BMI, number of children, smoking habits, and region. The dataset is loaded and explored using Python's pandas library.

Dataset Source: https://www.kaggle.com/datasets/teertha/ushealthinsurancedataset # !pip install sklearn

```
# !pip install scikit-learn
import pandas as pd
import numpy as np
import matplotlib.pyplot as plt
%matplotlib inline
import seaborn as sns
import plotly.express as px
import plotly.graph_objects as go
import plotly.figure_factory as ff
from plotly.offline import download_plotlyjs, init_notebook_mode, iplot
import warnings
warnings.filterwarnings('ignore')
# !pip install plotly
# !pip install plotly
# !pip install plotly
df = pd.read_csv('insurance.csv')
```

# **Data Preprocessing**

Data preprocessing involves handling missing values, encoding categorical variables, and scaling numerical features. Label encoding and one-hot encoding are used for categorical variables. Additionally, feature scaling is performed to ensure that numerical features are on similar scales.

# df.head()

	age	sex	bmi	children	smoker	region	charges
0	19	female	27.900	0	yes	southwest	16884.92400
1	18	male	33.770	1	no	southeast	1725.55230
2	28	male	33.000	3	no	southeast	4449.46200
3	33	male	22.705	0	no	northwest	21984.47061
4	32	male	28.880	0	no	northwest	3866.85520

# df.info()

<class 'pandas.core.frame.DataFrame'>
RangeIndex: 1338 entries, 0 to 1337
Data columns (total 7 columns):

#	Column	Non-N	Null Count	Dtype
0	age	1338	non-null	int64
1	sex	1338	non-null	object
2	bmi	1338	non-null	float64
3	children	1338	non-null	int64
4	smoker	1338	non-null	object
5	region	1338	non-null	object
6	charges	1338	non-null	float64
dtyp	es: float6	4(2),	int64(2),	object(3)

memory usage: 73.3+ KB

# df.describe

<box< th=""><th>l met</th><th>hod NDFr</th><th>ame.describe</th><th>of</th><th></th><th>age</th><th>sex</th><th>bmi</th><th>children</th><th>smoker</th></box<>	l met	hod NDFr	ame.describe	of		age	sex	bmi	children	smoker
region	1	charge	S							
0	19	female	27.900		0	yes	southwest	16884	. 92400	
1	18	male	33.770		1	no	southeast	1725	. 55230	
2	28	male	33.000		3	no	southeast	4449	. 46200	
3	33	male	22.705		0	no	northwest	21984	.47061	
4	32	male	28.880		0	no	northwest	3866	.85520	
1333	50	male	30.970		3	no	northwest	10600	. 54830	
1334	18	female	31.920		0	no	northeast	2205	. 98080	
1335	18	female	36.850		0	no	southeast	1629	. 83350	
1336	21	female	25.800		0	no	southwest	2007	. 94500	
1337	61	female	29.070		0	yes	northwest	29141	. 36030	

[1338 rows x 7 columns]>

# df.describe()

	age	bmi	children	charges
count	1338.000000	1338.000000	1338.000000	1338.000000
mean	39.207025	30.663397	1.094918	13270.422265
std	14.049960	6.098187	1.205493	12110.011237
min	18.000000	15.960000	0.000000	1121.873900
25%	27.000000	26.296250	0.000000	4740.287150
50%	39.000000	30.400000	1.000000	9382.033000
75%	51.000000	34.693750	2.000000	16639.912515
max	64.000000	53.130000	5.000000	63770.428010

```
df.isnull().sum()
             0
age
             0
sex
             0
bmi
children
             0
smoker
             0
             0
region
charges
             0
dtype: int64
```

there's no any null values

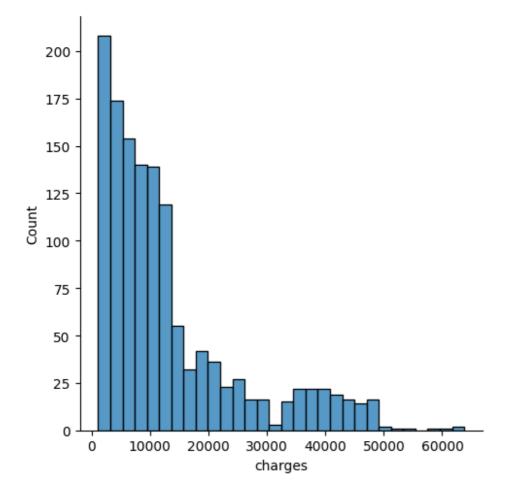
# **Exploratory Data Analysis**

Exploratory Data Analysis (EDA) is performed to understand the distribution of variables and identify relationships. Visualizations using libraries such as seaborn, matplotlib, and plotly are used to create various plots and graphs.

```
#WE CAN APPLY LOG TRANSFORM TO CORREST SKEWNESS
```

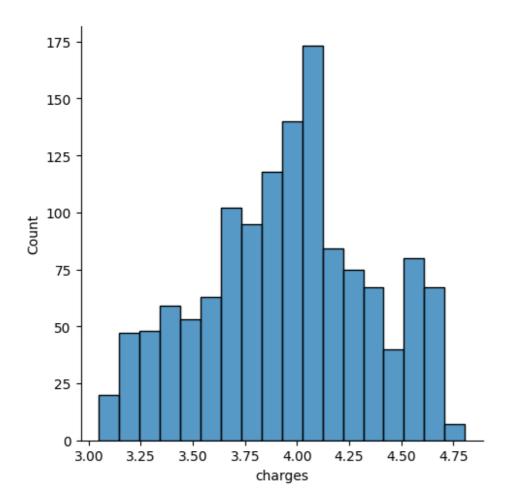
```
skewed = sns.displot(df['charges']) #Charges is right-skewed
skewed
```

<seaborn.axisgrid.FacetGrid at 0x1f0a4f06040>



log\_trans = sns.displot(np.log10(df['charges'])) #skewness is corrected using log
log\_trans

<seaborn.axisgrid.FacetGrid at 0x1f0ad223f10>



# **#CHARGES BY REGION**

```
charges = df['charges'].groupby(df['region']).sum().sort_values(ascending = True)
charges
region
```

southwest 4.012755e+06 northwest 4.035712e+06 northeast 4.343669e+06 southeast 5.363690e+06 Name: charges, dtype: float64

# # Ploting charges by region with plotly.express aka px

```
fig = px.bar(charges, title='Charges by Region', color=charges,
color_continuous_scale='plasma')
fig.update_layout(
    margin=dict(t=50, b=0, l=0, r=0),
    titlefont=dict(size=20),
    xaxis_tickangle=-45, # Specify the angle at which x-axis labels are
displayed
)
fig.update_yaxes(showticklabels=False, title=' ')
fig.update_xaxes(title=' ')
fig.update_traces(
    texttemplate='%{y}', # Display y values as text on the bars
    textposition='outside', # Position the text outside the bars
    hovertemplate='<b>%{x}</b><br>Charges: %{y}', # Customize hover template
)
fig.show()
```

```
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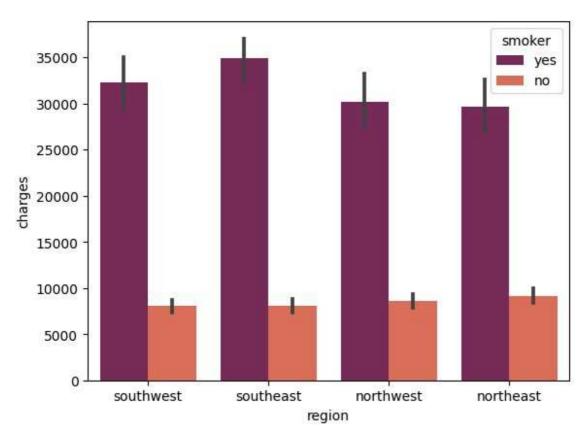
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# #WE CHECK THE CHARGES BY REGION WHO ARE SMOKERS

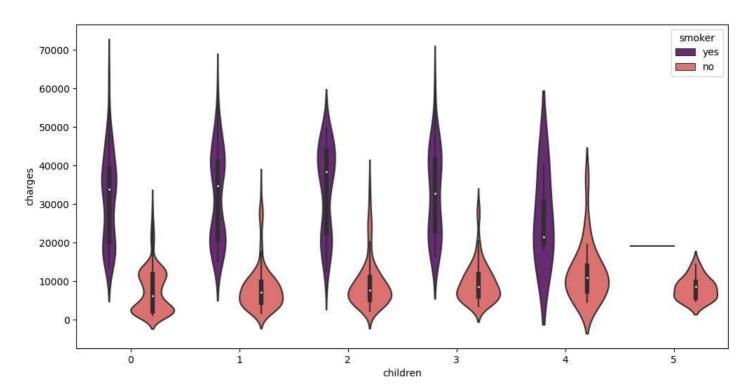
sns.barplot(data = df, x = 'region', y = 'charges', hue = 'smoker', palette =
'rocket')

<Axes: xlabel='region', ylabel='charges'>

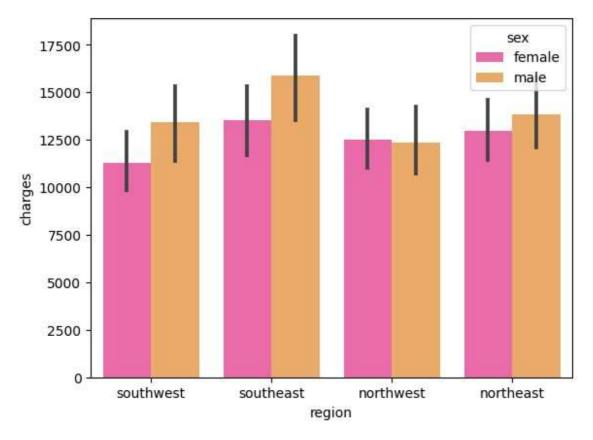


```
plt.figure(figsize=(12,6))
sns.violinplot(data = df, x = 'children', y = 'charges', hue = 'smoker', split = False, palette = 'magma')
```

<Axes: xlabel='children', ylabel='charges'>

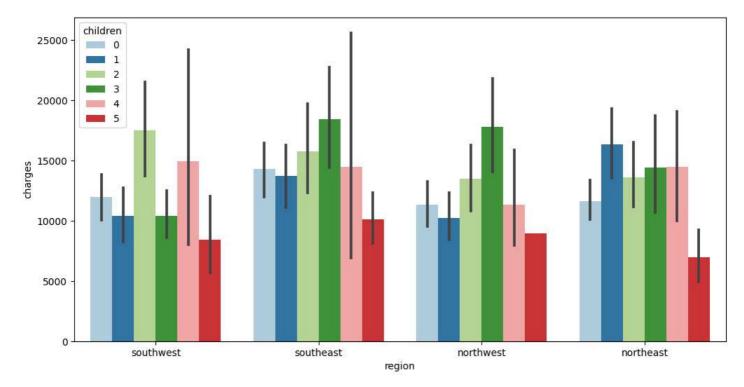


#WE CHECK THE CHARGES BY REGION BY THIER GENDER
sns.barplot(data = df, x='region', y='charges', hue='sex', palette='spring')
<Axes: xlabel='region', ylabel='charges'>



#WE CHECK THE CHARGES BY REGION BY THE CHILDREN AVAILABLE
plt.figure(figsize=(12,6))
sns.barplot(data = df, x = 'region', y= 'charges', hue = 'children',
palette='Paired')

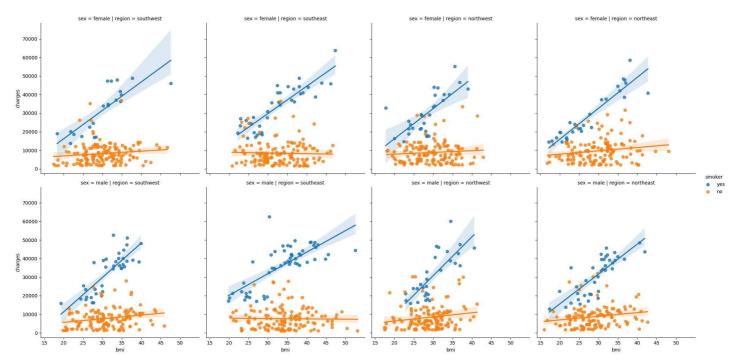
<Axes: xlabel='region', ylabel='charges'>



#regression plot to understand the relationship between the bmi and charges considering

sns.lmplot(x = "bmi", y = "charges", row = "sex", col = "region", hue = 'smoker',
data = df)

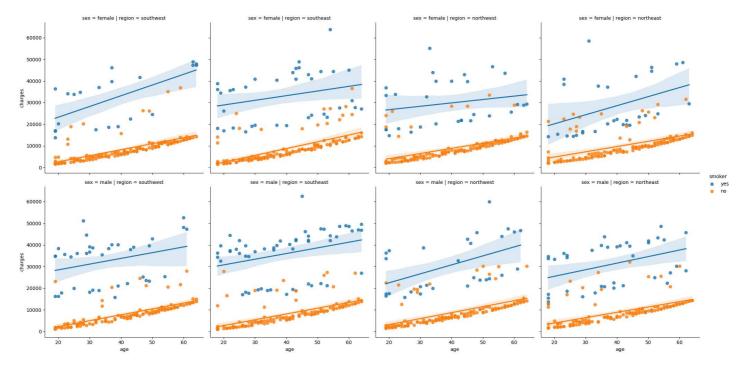
<seaborn.axisgrid.FacetGrid at 0x1f0ba646e50>



#regression plot to understand the relationship between the Age and Charges considering

sns.lmplot(x = "age", y = "charges", row = "sex", col = "region", hue = 'smoker',
data = df)

<seaborn.axisgrid.FacetGrid at 0x1f0bc80bf40>



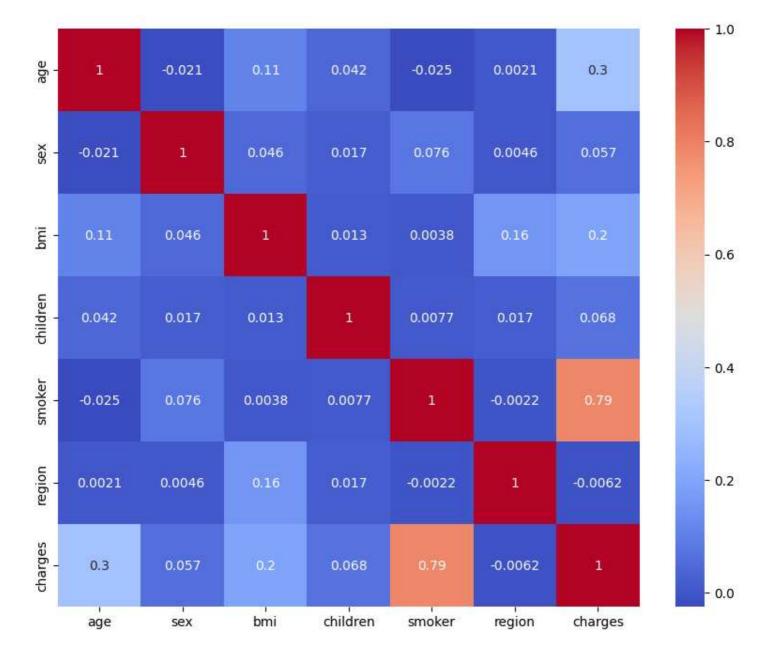
From the chart above we can see that those who are smokers get a higher medical insurance charges than those that are none smoker

```
# Convert object labels to categorical data type
df[['sex', 'region', 'smoker']] = df[['sex', 'region',
'smoker']].astype('category')
# Check the updated data types
print(df.dtypes)
               int64
age
            category
sex
bmi
             float64
children
               int64
smoker
            category
region
            category
charges
             float64
dtype: object
# Converting category labels into numerical using LabelEncoder
from sklearn import preprocessing
label = preprocessing.LabelEncoder()
label.fit(df.sex.drop duplicates())
df.sex = label.transform(df.sex)
label.fit(df.smoker.drop duplicates())
df.smoker = label.transform(df.smoker)
label.fit(df.region.drop duplicates())
df.region = label.transform(df.region)
df.head()
   age
        sex
                bmi
                     children
                                smoker
                                         region
                                                     charges
             27.900
0
    19
          0
                             0
                                     1
                                              3
                                                 16884.92400
                                              2
1
             33.770
                             1
                                     0
                                                  1725.55230
    18
          1
2
    28
          1
             33.000
                             3
                                     0
                                              2
                                                  4449.46200
```

```
3 33 1 22.705 0 0 1 21984.47061
4 32 1 28.880 0 0 1 3866.85520
```

plt.figure(figsize=(10,8))
sns.heatmap(df.corr(),cmap='coolwarm',annot=True)

<Axes: >



```
#we split our model
x = df.drop(['charges'], axis = 1)
y = df['charges']

from sklearn.model_selection import train_test_split
x_train,x_test,y_train,y_test = train_test_split(x, y, test_size = 0.2, random_state = 42)

# !pip install statsmodels
```

```
import statsmodels.api as sm #WE GET THE STATISTICAL MODEL
#add constant to predictor variables
x2 = sm.add constant(x train)
```

```
#fit linear regression model
model = sm.OLS(y_train, x2).fit()
model.summary()
<class 'statsmodels.iolib.summary.Summary'>
"""
```

<b>OLS Re</b>	gression	Results
---------------	----------	---------

Dep. Varial Model: Method: Date: Time: No. Observa Df Residual Df Model: Covariance	ations: ls:	Least Squ Sun, 20 Aug	2023 17:48 1070 1063 6	Adj. F-sta Prob	nared: R-squared: ntistic: (F-statisti ikelihood:	c):	0.742 0.740 508.7 2.71e-308 -10845. 2.170e+04 2.174e+04
	coe	f std err		 t	P> t	[0.025	0.975]
const age sex bmi children smoker region	-1.195e+0 257.056 -18.791 335.781 425.091 2.365e+0 -271.284	3 13.452 5 375.770 5 31.655 5 154.431 4 465.245	19 -0 10 2 50	.991 .109 .050 .607 .753 .829	0.000 0.000 0.960 0.000 0.006 0.000 0.112	-1.41e+04 230.661 -756.126 273.668 122.067 2.27e+04 -605.590	-9813.820 283.451 718.543 397.895 728.116 2.46e+04 63.022
Omnibus: Prob(Omnibus Skew: Kurtosis:	ıs):	(	1.823 0.000 1.251 5.731		•	:	2.085 611.548 1.60e-133 299.

# Notes:

[1] Standard Errors assume that the covariance matrix of the errors is correctly specified.

# **Standard Errors:**

• [1] Standard Errors assume that the covariance matrix of the errors is correctly specified.

# R-squared: 0.747

- The coefficient of determination.
- Proportion of variance in the response variable explained by predictor variables.
- 74.7% of the variation in exam scores explained by hours studied and prep exams taken.

# F-statistic: 523.6

• Overall F-statistic for the regression model.

# Prob (F-statistic): 3.16e-313

- p-value associated with the overall F-statistic.
- Determines if the regression model is statistically significant.
- p-value < 0.05 indicates a significant association of predictor variables with the response variable.

# coef:

- Coefficients for each predictor variable.
- Represents average expected change in the response variable, with other predictors constant.

# P>|t|:

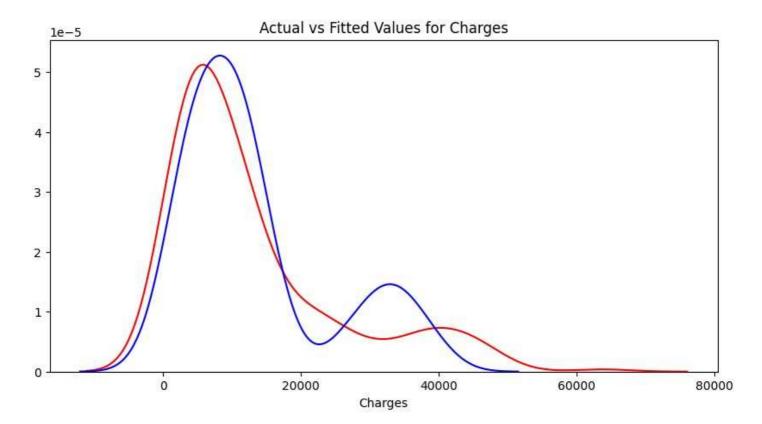
- Individual p-values for each predictor variable.
- Indicates statistical significance.
- Statistically significant at  $\alpha$  < 0.05, not significant at  $\alpha$  >= 0.05.
- Example: "sex" not statistically significant, may be removed from the model.

# **Regression Models**

Multiple regression models are implemented to predict insurance costs.

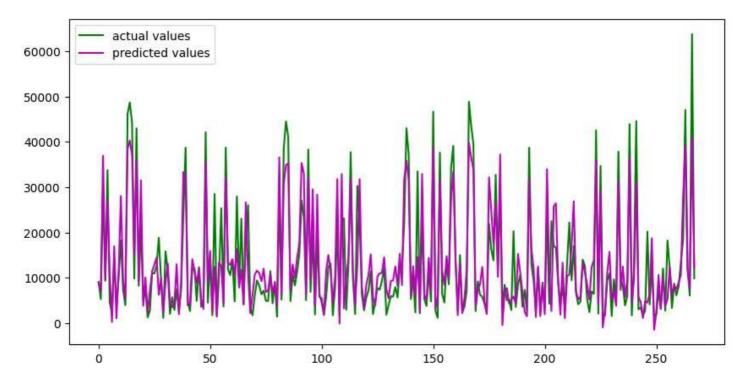
# **MULTIPLE LINEAR REGRESSION MODEL**

```
from sklearn.linear model import LinearRegression
lm = LinearRegression()
lm.fit(x train,y train)
LinearRegression()
print('Intercept', lm.intercept )
print('Coefficient', lm.coef)
print('Score', lm.score(x_test, y_test))
Intercept -11946.60656726302
Coefficient [ 2.57056264e+02 -1.87914567e+01 3.35781491e+02 4.25091456e+02
  2.36478181e+04 -2.71284266e+02]
Score 0.7833463107364539
coeff df = pd.DataFrame(lm.coef ,x.columns,columns=['Coefficient'])
coeff df
           Coefficient
            257.056264
age
            -18.791457
sex
            335.781491
bmi
children
            425.091456
smoker
          23647.818096
          -271.284266
region
#WE PREDICT OUR MODEL
y pred1 = lm.predict(x test)
plt.figure(figsize=(10, 5))
ax1 = sns.distplot(y test, hist=False, color="r", label="Actual Value")
sns.distplot(y_pred1, hist=False, color="b", label="Fitted Values" , ax=ax1)
plt.title('Actual vs Fitted Values for Charges')
plt.xlabel('Charges')
plt.ylabel('')
plt.show()
plt.close()
```



# ## ANOTHER PLOTTING TECHNIQUE

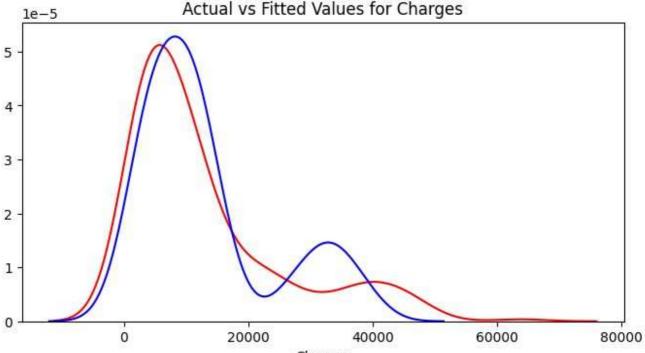
```
plt.figure(figsize=(10, 5))
# acutal values
plt.plot([i for i in range(len(y_test))],np.array(y_test), c='g', label="actual values")
# predicted values
plt.plot([i for i in range(len(y_test))],y_pred1, c='m',label="predicted values")
plt.legend()
plt.show()
```



#DATAFRAME FOR ACTUAL AND PREDICTED VALUE
predicted1 = pd.DataFrame({'Actual': y\_test, 'Predicted': y\_pred1})
predicted1.head()

```
Predicted
           Actual
764
       9095.06825
                    8924.407244
887
       5272.17580
                    7116.295018
890
      29330.98315
                   36909.013521
1293
       9301.89355
                    9507.874691
      33750.29180
                   27013.350008
259
LASSO REGRESSION MODEL
from sklearn.linear model import LassoCV
from sklearn.model selection import RepeatedKFold
#define cross-validation method to evaluate model
cv = RepeatedKFold(n splits=10, n repeats=4, random state=101) #we'll use the
RepeatedKF
#define model
lasso model = LassoCV(alphas=(0.1, 1.0, 10.0), cv=cv, n jobs=-1)
#fit model
lasso model.fit(x train, y train)
LassoCV(alphas=(0.1, 1.0, 10.0),
        cv=RepeatedKFold(n repeats=4, n splits=10, random state=101),
        n jobs=-1
print('Intercept', lm.intercept_)
print('Coefficient', lm.coef)
print('Score', lm.score(x_test, y_test))
Intercept -11946.60656726302
Coefficient [ 2.57056264e+02 -1.87914567e+01 3.35781491e+02 4.25091456e+02
  2.36478181e+04 -2.71284266e+02]
Score 0.7833463107364539
#WE PREDICT OUR LASSOCV REGRESSION MODEL
y pred2 = lasso model.predict(x test)
# Visualising the Lasso Regression results
plt.figure(figsize=(8, 4))
ax1 = sns.distplot(y test, hist=False, color="r", label="Actual Value")
sns.distplot(y_pred2, hist=False, color="b", label="Fitted Values" , ax=ax1)
plt.title('Actual vs Fitted Values for Charges')
plt.xlabel('Charges')
plt.ylabel('')
```

plt.show()
plt.close()

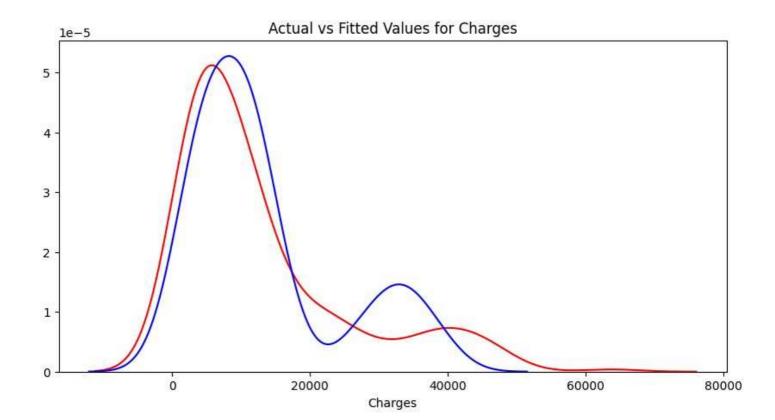


```
Charges
#DATAFRAME FOR ACTUAL AND PREDICTED VALUE
predicted2 = pd.DataFrame({'Actual': y_test, 'Predicted': y_pred2})
predicted2.head()
           Actual
                      Predicted
764
       9095.06825
                    8911.659191
887
       5272.17580
                    7123.036794
890
      29330.98315
                  36852.479165
1293
       9301.89355
                    9515.428284
259
      33750.29180 26976.771303
RIDGE REGRESSION MODEL
from sklearn.linear_model import Ridge
from sklearn.linear_model import RidgeCV
from sklearn.model selection import RepeatedKFold
```

```
#define cross-validation method to evaluate model
# cv = RepeatedKFold(n splits=10, n repeats=3, random state=101)
#define model
rid model = RidgeCV(alphas=(0.1, 1.0, 10.0), cv=cv,
scoring='neg mean absolute error')
#fit model
rid model.fit(x train, y train)
RidgeCV(cv=RepeatedKFold(n repeats=4, n splits=10, random state=101),
        scoring='neg_mean_absolute_error')
print(rid_model.intercept_)
print(rid_model.coef_)
print(rid_model.score(x_test, y_test))
-11943.455858669686
[ 2.57035723e+02 -1.80109296e+01
                                  3.35782790e+02 4.25136864e+02
  2.36341868e+04 -2.71303705e+02]
0.7833217621706015
```

```
#WE PREDICT OUR RIDGECV REGRESSION MODEL
y_pred3 = rid_model.predict(x_test)

# Visualising the Ridge Regression results
plt.figure(figsize=(10, 5))
ax1 = sns.distplot(y_test, hist=False, color="r", label="Actual Value")
sns.distplot(y_pred3, hist=False, color="b", label="Fitted Values", ax=ax1)
plt.title('Actual vs Fitted Values for Charges')
plt.xlabel('Charges')
plt.ylabel('')
plt.show()
```



# #DATAFRAME FOR ACTUAL AND PREDICTED VALUE

predicted3 = pd.DataFrame({'Actual': y\_test, 'Predicted': y\_pred3})
predicted3.head()

	Actual	Predicted
764	9095.06825	8926.757144
887	5272.17580	7118.725826
890	29330.98315	36897.233767
1293	9301.89355	9511.011287
259	33750.29180	27003.281662

# **ELASTICNET REGRESSOR**

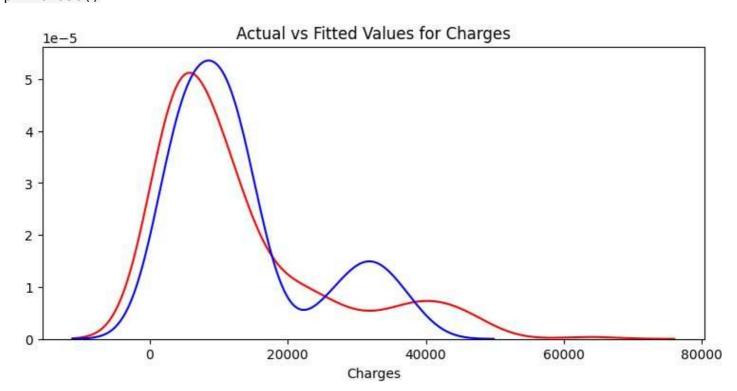
plt.close()

```
from sklearn.model_selection import cross_val_score
from sklearn.model_selection import RepeatedKFold
from sklearn.linear_model import ElasticNet

#define cross-validation method to evaluate model
cv = RepeatedKFold(n_splits=10, n_repeats=3, random_state=1)

# define model
net_model = ElasticNet(alpha=0.1, l1_ratio=0.9, fit_intercept=True,
max_iter=1000, random_state=1)
```

```
# evaluate model
scores = cross_val_score(net_model, x_train,y_train,
scoring='neg mean absolute error', cv=cv)
net_model.fit(x_train, y_train)
ElasticNet(alpha=0.1, l1_ratio=0.9, random_state=1)
print(net model.intercept )
print(net model.coef )
print(net model.score(x test, y test))
-11626.875213341189
[ 254.98398073
                   56.64093616
                                 335.90294961
                                                429.44085068
 22273.01597223
                 -273.050522781
0.7789260673175409
y pred4 = net_model.predict(x_test)
# Visualising the ElasticNet Regressor results
plt.figure(figsize=(9, 4))
ax1 = sns.distplot(y test, hist=False, color="r", label="Actual Value")
sns.distplot(y_pred4, hist=False, color="b", label="Fitted Values" , ax=ax1)
plt.title('Actual vs Fitted Values for Charges')
plt.xlabel('Charges')
plt.ylabel('')
plt.show()
plt.close()
```



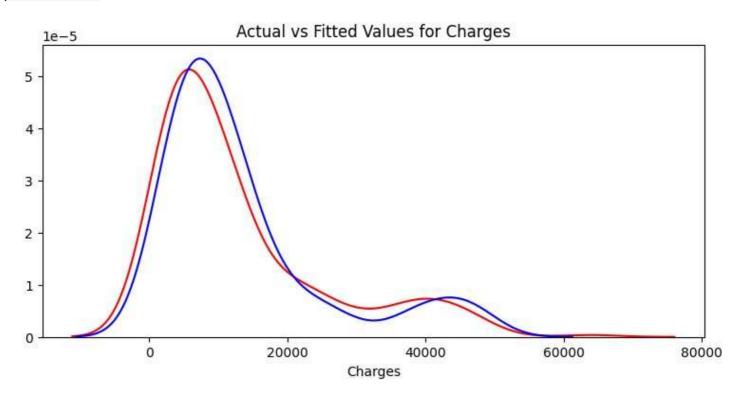
# #DATAFRAME FOR ACTUAL AND PREDICTED VALUE predicted4 = pd.DataFrame({'Actual': y\_test, 'Predicted': y\_pred4}) predicted4.head()

	Actual	Predicted
764	9095.06825	9162.642377
887	5272.17580	7363.304117
890	29330.98315	35722.815803
1293	9301.89355	9822.122303
259	33750.29180	25996.448958

# **RANDOM FOREST REGRESSOR**

from sklearn.ensemble import RandomForestRegressor

```
Ram reg = RandomForestRegressor(n estimators=100, criterion='squared error',
min_samples_split=2)
# fit the regressor model
Ram reg.fit(x train, y train)
RandomForestRegressor()
print(Ram reg.score(x test, y test))
0.8659967534430548
y pred5 = Ram reg.predict(x test)
# Visualising the Random Forest Regressor results
plt.figure(figsize=(9, 4))
ax1 = sns.distplot(y_test, hist=False, color="r", label="Actual Value")
sns.distplot(y pred5, hist=False, color="b", label="Fitted Values", ax=ax1)
plt.title('Actual vs Fitted Values for Charges')
plt.xlabel('Charges')
plt.ylabel('')
plt.show()
plt.close()
```



# #DATAFRAME FOR ACTUAL AND PREDICTED VALUE predicted5 = pd.DataFrame({'Actual': y\_test, 'Predicted': y\_pred5}) predicted5.head()

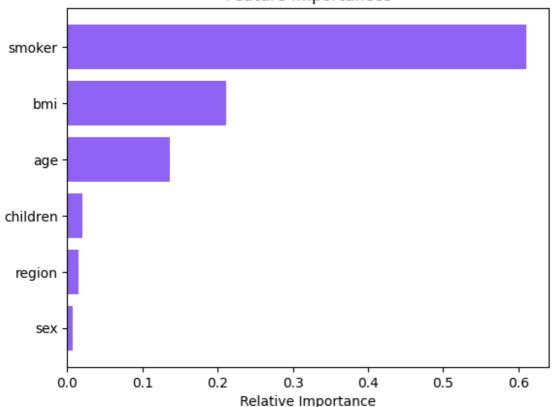
cted
3849
7971
1986
2924
7697
֡

# WE TRY SELECT THE BEST FEATURES USING FEATURE IMPORTANCE FROM RANDOM FOREST REGRESSOR

```
features = x.columns
importances = Ram_reg.feature_importances_
indices = np.argsort(importances)
```

```
plt.title('Feature Importances')
plt.barh(range(len(indices)), importances[indices], color='#8f63f4',
align='center')
plt.yticks(range(len(indices)), features[indices])
plt.xlabel('Relative Importance')
plt.show()
```

# Feature Importances



We can see that the smoker, bmi and age are more important features compared to the other features.

```
#We select the import features
x = df.drop(['charges', 'region', 'sex'], axis = 1)
y = df['charges']
x_train, x_test, y_train, y_test = train_test_split(x, y, test_size = 0.2,
random state = 0)
Χ
               bmi
                    children
                               smoker
      age
0
       19
           27,900
                            0
                                     1
1
       18
           33.770
                            1
                                     0
2
           33,000
                            3
       28
                                     0
3
       33
           22.705
                            0
                                     0
4
                            0
                                     0
       32
           28.880
           30.970
1333
       50
                            3
                                     0
1334
       18
           31.920
                            0
                                     0
```

```
36.850
                                  0
1335
       18
                          0
1336
       21
           25.800
                          0
                                  0
1337
       61
          29.070
                                  1
[1338 rows x 4 columns]
WE BUILD A MODEL USING THE POLYNOMIAL REGRESSION AFTER FEATURE IMPORTANCE
POLYNOMIAL REGRESSION MODEL
from sklearn.preprocessing import PolynomialFeatures
poly reg = PolynomialFeatures(degree=2)
x_poly = poly_reg.fit_transform(x)
x_train,x_test,y_train,y_test = train_test_split(x_poly, y, test_size = 0.2,
random state = 0)
pol reg = LinearRegression()
pol reg.fit(x train, y train)
LinearRegression()
print(pol_reg.intercept_)
print(pol reg.coef )
print(pol reg.score(x test, y test))
-5325.881705251873
[ 0.00000000e+00 -4.01606591e+01
                                  5.23702019e+02 8.52025026e+02
 -9.52698471e+03 3.04430186e+00 1.84508369e+00
                                                  6.01720286e+00
                                                   1.40840670e+03
  4.20849790e+00 -9.38983382e+00 3.81612289e+00
 -1.45982790e+02 -4.46151855e+02 -9.52698471e+031
0.8812595703345225
#WE PREDICT OUR POLYNOMIAL REGRESSION MODEL
y pred6 = pol reg.predict(x test)
# Visualising the Polynomial Regression results
plt.figure(figsize=(9, 4))
```

ax1 = sns.distplot(y\_test, hist=False, color="r", label="Actual Value")

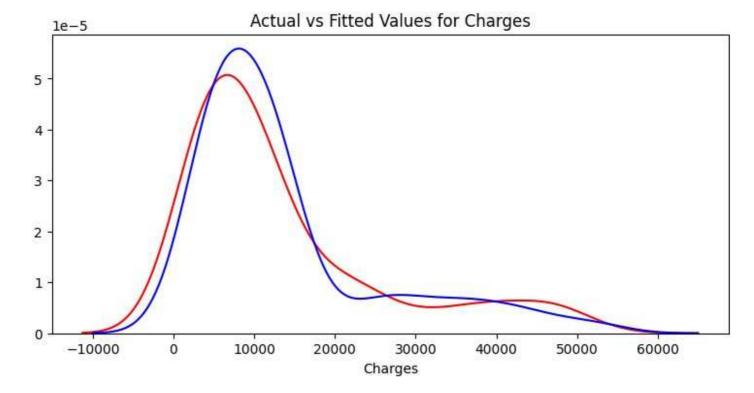
plt.title('Actual vs Fitted Values for Charges')

plt.xlabel('Charges')

plt.ylabel('')

plt.show()
plt.close()

sns.distplot(y\_pred6, hist=False, color="b", label="Fitted Values" , ax=ax1)



# **Model Evaluation**

The performance of each regression model is evaluated using various metrics, including Mean Absolute Error (MAE), Mean Squared Error (MSE), and Root Mean Squared Error (RMSE). The evaluation results provide insights into the accuracy of the models in predicting insurance costs.

```
from sklearn import metrics
from sklearn.metrics import r2 score
```

## **MULTIPLE LINEAR REGRESSION**

```
print('Mean Absolute Error:', metrics.mean_absolute_error(y_test, y_pred1))
print('Mean Square Error:', metrics.mean_squared_error(y_test, y_pred1))
print('Root Mean Square Error:', np.sqrt(metrics.mean_squared_error(y_test, y_pred1)))
```

Mean Absolute Error: 10976.93032415958 Mean Square Error: 225340349.96268988 Root Mean Square Error: 15011.340711698269

### LASSOCV REGRESSION

```
print('Mean Absolute Error:', metrics.mean_absolute_error(y_test, y_pred2))
print('Mean Square Error:', metrics.mean_squared_error(y_test, y_pred2))
print('Root Mean Square Error:', np.sqrt(metrics.mean_squared_error(y_test, y_pred2)))
```

Mean Absolute Error: 10968.76909663481 Mean Square Error: 224915279.3845799

Root Mean Square Error: 14997.175713599541

# **RIDGECV REGRESSION**

```
print('Mean Absolute Error:', metrics.mean_absolute_error(y_test, y_pred3))
print('Mean Square Error:', metrics.mean_squared_error(y_test, y_pred3))
print('Root Mean Square Error:', np.sqrt(metrics.mean_squared_error(y_test, y_pred3)))
```

Mean Absolute Error: 10975.462165520717 Mean Square Error: 225254498.69396165 Root Mean Square Error: 15008.480892280926

# **ELASTICNET REGRESSION**

```
print('Mean Absolute Error:', metrics.mean_absolute_error(y_test, y_pred4))
print('Mean Square Error:', metrics.mean_squared_error(y_test, y_pred4))
print('Root Mean Square Error:', np.sqrt(metrics.mean_squared_error(y_test, y pred4)))
```

Mean Absolute Error: 10838.727060068726 Mean Square Error: 216982294.5125357 Root Mean Square Error: 14730.31888699412

# **RANDOM FOREST REGRESSOR**

```
print('Mean Absolute Error:', metrics.mean_absolute_error(y_test, y_pred5))
print('Mean Square Error:', metrics.mean_squared_error(y_test, y_pred5))
print('Root Mean Square Error:', np.sqrt(metrics.mean_squared_error(y_test, y_pred5)))
```

Mean Absolute Error: 11484.288418379512 Mean Square Error: 266813319.89767018 Root Mean Square Error: 16334.421321175421

### **POLYNOMIAL REGRESSION**

```
print('Mean Absolute Error:', metrics.mean_absolute_error(y_test, y_pred6))
print('Mean Square Error:', metrics.mean_squared_error(y_test, y_pred6))
print('Root Mean Square Error:', np.sqrt(metrics.mean_squared_error(y_test, y_pred6)))
```

Mean Absolute Error: 2824.49504547766 Mean Square Error: 18895160.09878044 Root Mean Square Error: 4346.856346692451

From the model evaluation score, we can see that polynomial regression and the Random Forest Regressor are performing well than the other models.

# **Key Insights**

- 1. **Feature Importance:** After analyzing the dataset, we found that the most influential factors affecting medical insurance charges are whether the person is a smoker, their BMI (Body Mass Index), and their age.
- 2. **Smoking Impact:** Smokers tend to have significantly higher medical insurance charges compared to non-smokers. This is a crucial insight that highlights the importance of lifestyle choices on healthcare costs.
- 3. **Age and Charges:** The age of an individual is positively correlated with insurance charges. Older individuals tend to have higher medical costs, which is understandable given the increased likelihood of health issues as age advances.
- 4. **BMI Influence:** Higher BMI values are associated with increased medical insurance charges. This suggests that maintaining a healthy weight can positively impact healthcare costs.
- 5. **Model Performance:** We evaluated multiple regression models including Multiple Linear Regression, LassoCV, RidgeCV, ElasticNet, Random Forest Regressor, and Polynomial Regression. Among these, Polynomial Regression and Random Forest Regressor showed better performance in predicting medical insurance charges.

6. **Polynomial Model Advantage:** The Polynomial Regression model showed the lowest Mean Absolute Error, Mean Square Error, and Root Mean Square Error among all models, indicating its capability to better capture the underlying patterns in the data.

# **Suggestions**

- 1. **Promote Healthy Lifestyles:** Encourage smoking cessation programs and awareness campaigns to reduce the number of smokers. This could lead to substantial savings in healthcare costs.
- 2. **Health Awareness:** Run campaigns to educate people about the impact of BMI on health and insurance costs. Promoting healthy eating and exercise can help individuals maintain a healthy weight and potentially lower their medical expenses.
- 3. **Targeted Insurance Plans:** Design insurance plans that cater to different age groups. Tailored plans can address the unique healthcare needs of people at various life stages.
- 4. **Model Refinement:** Continue refining and optimizing predictive models. This could involve exploring more advanced algorithms or techniques to improve the accuracy of predictions.
- 5. **Regular Data Updates:** Regularly update the dataset with new data to ensure that the models remain relevant and accurate. Healthcare trends and cost patterns may change over time.
- 6. **Personalized Recommendations:** Provide personalized recommendations to individuals based on their age, smoking status, and BMI to help them make informed decisions about their healthcare and insurance choices.
- 7. **Collaboration with Healthcare Providers:** Collaborate with healthcare providers to gather more comprehensive data that includes detailed medical history. This could further enhance the accuracy of predictive models.
- 8. **Continuous Monitoring:** Keep monitoring the performance of predictive models and update them as necessary. New insights or changes in the healthcare landscape could require adjustments to the models.
- 9. **Customer Education:** Educate customers about how their lifestyle choices and age can impact their insurance costs. This transparency can help them make healthier decisions and potentially reduce their expenses.

By implementing these insights and suggestions, the insurance industry can make informed decisions to optimize insurance plans and promote healthier lifestyles among their customers.

# Conclusion

This project demonstrates the process of predicting medical health insurance costs using various regression models. The models' performances are compared using evaluation metrics, and key insights are drawn from the analysis. The project highlights the importance of data preprocessing, model selection, and evaluation for accurate predictions in the field of medical insurance cost estimation. Further improvements and refinements could be explored to enhance the models' predictive capabilities.

Feel free to reach out for further discussions or clarifications!

# **Contact Information**

For any questions or inquiries, please contact:

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