
Part 1

- ◆ Study or Work
- ◆ Are you a student or do you work?
- ◆ What subject are you studying?
- ◆ Do you like your major?
- ◆ What is your future plan?
- ◆ Do you prefer to study in the mornings or in the afternoons?

给出观点， 给出原因， 具体：

engineering 工程学	literature 文学
major in	主修
an intensive course	强化课程
study overseas/study abroad	海外留学
have a good reputation	有好的声誉
offer friendly learning environment	提供一个好的学习环境
boarding school	寄宿学校
keeping up with my studies	保持学习
gain knowledge/develop skills	获取知识/发展技能
learning things by heart	专注学习
distance learning/ face to face learning	线上课， 线下课
peruse a career in	追求在... 行业的职业生涯
a university student/freshman/sophomore/junior/senior	大学生/大一/大二/大三/大四
bachelors / master degree.	本科/研究生文凭
undergraduate/postgraduate	本科/研究生
higher education	更高的学历
have ample opportunity to do	有很大机会做...
at the moment	目前
get the best result	获得最好的成绩
get a scholarship	获得奖学金
improve concentration	增强注意力
think out of the box	有创造地思考
I'm planning for a further education in XXX.	
I'm planning to continue my education/studies in XXX.	
I've been learning in ... for ... years	
morning person	早起的人

◆ **Hometown**

1. Where are you from?
2. How long have you been living there?
3. Do you like your home town?
4. Is there anything you don't like about it?
5. Have there been any changes in your hometown in recent years?

Be born and raised in 土生土长

Tourist attraction 旅游景点

coastal City 沿海城市

peaceful 安静的

bustling and lively city 繁华的

picturesque 风景如画的

hospitable 热情好客

skyscraper 摩天大楼

department store 百货大楼

developed rapidly 迅速发展

a huge population 很大人口

traffic regulation 交通规则

poor housing condition 恶劣的居住条件

lively bars/ restaurant 环境好的酒吧/餐厅

tackle the problem = solve the problem

A small / middle/ big sized city 一个小/中等/大城市

a city with a lot of history / a historical City / an ancient city 有悠久历史的城市

Be popular with / be known for 因.... 而有名

is growing in popularity //is getting more and more popular 越来越流行

if I had to pick a favorite, I'd say ... 如果必须要选一个我喜欢的, 我觉得。。。

incredibly = extremely = super =very 非常

Playable = tasty = scrumptious = delicious = yummy 好吃

Be stuck in traffic = be/get caught up in traffic 很拥堵

be happy living there 住在这里很开心

upmarket shops 高档商店

place of interest 名胜古迹

landscape 风景

cosmopolitan city 多元化的城市

local people 当地人

High - rise 高楼大厦

shopping mall / shopping center 商场

apartment building 公寓楼

Be seen as 被看作

public transport system 公共交通系统

public space 公众区域

◆ Home/Accommodation

1. Do you live in a house or a flat?
2. Who do you live with?
3. Are the transport facilities to your home very good?
4. Do you plan to live there for a long time?
5. What part of your home do you like the most?

living room 客厅

balcony 阳台

bedroom 卧室

dorm 宿舍

detached house 独立式公寓

dream home/ideal home 梦想中的家

first-time buyer 初购者 (房子)

rented accommodation 租的住处

spacious room 宽敞的房间

home comfort 家庭的舒适 (I miss my home comforts when I'm away)

house warming party 乔迁庆宴

all mod cons 现代化生活设备 (The house has a good view and all mod cons)

decorate it myself 自己装修

let me feel at home 让我有种在家的感觉

be the first choice 首选

be right for me 适合我

be within a walking distance from 离... 很近

to do up a property 装修 (旧) 房子

to get on the property ladder 购买房产 (比如说先买个小一点的, 打算换大一点的时候可用)

to live on campus 住学校

to own your own home 拥有自己的房子

kitchen 厨房

bathroom 浴室

back garden 后花园

hall of residence 大学宿舍

terraced house 连栋房屋

the suburb 郊区

(go) house hunting 找房子

single/double room 单人/双人间

cozy room 舒适的房间

fully - furnished 家具齐全

reflect my personality 反映我的个性

a pleasant community 一个很惬意的小区

transportation systems 交通系统

to move into 搬进 (新房子)

to pay a rent in advance 提前交房租

◆ **Sport (NEW)**

1. Do you like watching sports programs on TV?
2. Do you like to watch live sports games?
3. Who do you like to watch sports games with?
4. What kinds of games do you expect to watch in the future?

词汇:

Basketball 篮球

soccer 足球

Curling 冰壶

figure skating 花样滑冰

table tennis 乒乓球

sports game/event/competition 体育比赛

sports stadium 体育馆

句式:

cheer on favorite team 为我喜欢的球队加油

interact with other sports fans 与其他体育迷互动

lively energy of crowd is so infectious 人群中的活跃的气氛很有感染力

sth is truly incomparable ... 无可替代的

no one else but my dad/mom/brother/ boyfriend/ girlfriend 和爸/妈/男朋友...

closest/best friend/buddies 好朋友

establish a very good relationship 建立良好关系

share an interest in sport 对运动有共同兴趣

easily get carried away by sth 被... 容易忘乎所以

I find it interesting/difficult... 我感觉有趣/苦难...

develop an interest in sth 培养... 兴趣

follow in one's footsteps (idiom) 效仿,

Eg: I'm really into swimming because I wanted to follow in my brother's footsteps of being a professional swimmer.

Boost my confidence 提高我的自信心

expand my social circles 扩大我的社交圈

◆ **Art (NEW)**

1. Do you like drawing?
2. Do you like to go to the gallery?
3. Do you want to learn more about art?
4. Did you learn drawing when you were a kid?

词汇:

Art works 艺术作品

art exhibition 艺术展览

Art museum 艺术博物馆

express feelings 表达情感

Drawing competition 绘画大赛 Depiction 描绘

Landscape 风景

draw a portrait 画肖像

Feel stress-free 放松

rejuvenate a person 减轻压力/恢复活力

Still life 静物画: it's a beautiful depiction of still life

Masterpiece 代表作, 杰作: This picture is really a masterpiece.

句式:

Understand the beauty of art 理解艺术的美

Fascinating works of art 迷人的艺术作品

Bring pleasure to people 给人们带来快乐

Open the door to art world 打开通往艺术世界的大门

Be talented in ... 有天赋

◆ **Emails (NEW)**

1. Do you often send emails?
2. When would you send emails to others?
3. Is sending emails popular in China?
4. Do you think sending emails will be more or less popular in the future?

Everyday/every single day/ on a daily basis 每天

Formal greeting 正式问候（一般发邮件都需要按照标准格式来进行）

Corporate communication 公司信息交流

Tutor/supervisor 导师，指导老师

Ask for help/ advice 寻求帮助/建议

Submit my assignment 交作业

Meeting summary 会议记录

Group members 小组成员

Admission office 招生办

Keep connection with 保持联系

Rely (more) on 更加依赖...

More instant 更加及时

More convenient 更加方便

◆ Dreams (NEW)

1. Can you remember the dreams you had?
2. Do you share your dreams with others?
3. Are you interested in other's dreams?
4. Do you think dreams have special meanings?
5. Do you want to make your dreams come true?

词汇:

A heavy dreamer 经常做梦的人	Vivid dreams 清晰的梦
Memorable dreams 记忆犹新的梦	be hunted by dreams 被梦缠绕
Have nightmares 做噩梦	pleasant and meaningful dreams 好梦
sleep deeply/ enter deep sleep 深睡	Weird dreams 奇奇怪怪的梦
Vague dream 模糊的梦	entire dream 整个梦
Recall dreams 回想做的梦	psychological stress 心理压力
Win the lottery 中彩票	mind-numbingly boring 极其无聊

句式:

recount sth to sb 告诉某人某事 eg: I don't like to recount my dreams to others.

I can't see the point in doing sth 不明白做某事的意义

sth tend to relate to ... 常常跟... 有关

feel anxious about sth 担心某事

Leave a deep impression on sb 给... 留下深刻的印象

manifestation of sb's subconscious worries, thoughts, fears, desires 表现某人潜意识里的忧虑、想法、恐惧和欲望

◆ **Mirrors (NEW)**

- 1.
2. Do you like looking at yourself in the mirror? How often?
3. Have you ever bought mirrors?
4. Do you usually take a mirror with you?
5. Would you use mirrors to decorate your room?

词汇:

Hit the sack 睡觉 (go to bed) apply beauty products to my face 护肤
Look hideous 丑 a tiny and handheld mirror 小并可手持的镜子
floor to ceiling mirrors 落地式镜子 a free standing full-length 一个独立的全身镜
looks more spacious and elegant 看起来宽敞,精简
nothing fancy 等于 cheap
ill-fitting 不合身的 (the clothes are ill-fitting)
give it a shot 尝试 (to try sth)

句式:

Check how I look 检查我看起来怎么样
Make sure that I look pleasant/look good 确保我看起来不错
See myself in the mirror 镜子里看自己
If I need to use a mirror, I'd go to the toilet 虚拟语气
install mirror in the corner of the room 在房间的角落装一面镜子

◆ Advertisements (NEW)

1. Are you interested in watching TV advertisements or internet advertisements?
2. What kind of advertisements do you dislike?
3. Do you think advertisement influences people's decisions?
4. Do you want to work in advertising in the future?

话题词汇：

All sorts of advertisements 各种各样的广告
Skip ads 跳过广告
Tech- related commercials 科技广告
Commercials on beauty products 美容产品广告
Latest product 最新产品
Attractive information 有吸引力的信息
Attract costumer 吸引顾客
Informative contents 有用的内容
Promotion day 促销日
Launch a new product 推出新的产品

句型：

Play a(an) crucial/essential/key/main role in... 起重要的作用

There is a multitude of colorful flyers stuck on the street walls
街上的墙上贴着许多五颜六色的传单

Advertisements are the easiest way to reach customers to attract their attention to a particular brand or product
广告是吸引顾客注意特定品牌或产品的最简单的方法

The quality of the product is always overrated 产品的质量总是被高估了

◆ **Boring things (NEW)**

1. What kinds of things are boring to you?
2. What will you do when you feel bored?
3. What was the most boring thing you did when you were young?
4. Do you think school is boring?

词汇表达

Off the top of my head 不假思索 reading academic journals 阅读学术期刊

Queuing at Nucleic Acid Test 排队做核酸检测

Listening to long speech 听长时间的演讲

get bored without any reasons 无缘无故的感觉无聊

A bookworm 一个书迷 for hours and hours 很长时间

Binge-watch 狂刷（电影） kill boredom 消磨无聊的时间

There's a fairly wide range of activities 有相当广泛的活动

句型：

Get bored by same daily routine 对一成不变的日常生活感到厌倦

I'm kind of person who

Have so many ways to make themselves entertained 有很多娱乐方式

消磨时间的方式： Surfing the internet, chatting or socializing with friends on social media platforms, partying, filming own selves hoping to get famous

Lack of concentration, stress and impatient are primary reason for getting bored. 注意力不集中、压力大、缺乏耐心是感到无聊的主要原因。

◆ **Reading habits (NEW)**

1. Do you read books?
2. Do you read differently now than you did before?
3. Have you ever read a novel that has been adapted into a film?
4. How often do you buy a book?

话题词汇：

A Bookworm 书迷

an avid reader 爱读书的人

Make a person knowledgeable 让一个人变得知识

Develop imaginative and creative thinking skills 培养想象力和创造性思维

Develop a reading habit 养成阅读习惯

Comic books 漫画书

historic books 历代典籍

Classic literature 古典文学

Novel 小说

science fiction 科幻小说

talk deeply into reality 跟现实有关

《call me by your name》《以你的名字呼唤我》 书和电影名字

Movie is more tasteful 电影更有品味

More vivid and more funnier 更生动，更有趣

More details in the book 书中有更多细节

Reading is my way to kill time 读书是我消磨时间的方式

◆ **atch(NEW)**

1. Do you wear a watch?
2. Have you ever got a watch as a gift?
3. Why do some people wear expensive watches?
4. Do you think watch is important for you? Why?

话题词汇

Automatic watch 自动手表

Sports watch 运动手表

Water-resistant 防水的

Digital watch 电子表

Synchronize contact 同步联系人

Make calls and listen to music 打电话和听音乐

Keep track of time 记录时间

Aid to manage time 有助于管理时间

Keep an eye on time 注意时间

As a present for my birthday 作为我的生日礼物

Wear watch for fashion purpose 为了时尚而佩戴手表

Wear watch as jewelry 手表作为珠宝佩戴

句型:

Check the time every now and then 时不时的看时间

It's more convenient or handy. 方便且携带方便

◆ **Street food (NEW)**

1. Do you like to buy/taste street food?
2. What kind of street food do you like?
3. Do you like to buy street food when you travel to a new place?

食品卫生: food hygiene

有营养的: be nutritious

让人发胖的食物: fattening food

过季的: be out of season

冷冻食物 frozen food

加热即可食用的方便快餐: TV dinner

点心: refreshments

节食: be on a diet

油腻的食物: greasy food

减少对某种食品或饮料的摄入: cut down on sth

摄入量: intake - You should reduce your intake of salt and sugar

吃垃圾食品.上瘾的人: a fast food junkie

碳酸饮料: carbonated drinks

饮食习惯: dietary habits

微量元素: trace elements

鸡胸肉: chicken breast

减肥: lose weight = keep weight off

是一个美食家: be a gourmet

让人垂涎欲滴的: be mouth-watering = delicious

非常难吃的: be disgusting

华丽的;奢侈的: sumptuous --- a sumptuous feast-场奢 华的盛会

fibre: n 纤维素;

厨具: cooking utensils

很有营养: good nutrition

应季的: be in season

食品供应: food supplies

罐装食物: canned food

有益健康的饮食: a wholesome diet

不健康的饮食习惯: an unhealthy diet

饮食不规律: eating disorder

矿泉水: mineral water

富含蛋白质的: protein-rich

喜欢吃甜食: have a sweet tooth

吃货: foodie

营养不良: malnutrition

spring onion:大葱;

Describe an interesting neighbor (NEW)

You should say:

- Who he/she is
- How do you knew him/her
- What you do together
- And explain why he/she is interesting

appearance:

lofty (tall)	petite(short)	slender (thin)
overweight (fat)	sunrise-gold hair	glamorous (charming)

personality:

extrovert(outgoing)	warm - hearted	fun-loving(爱玩的)
hilarious (有趣的)	withdrawn (shy)	

Lifestyle:

Hobbies: In his/her spare time, he/she is quite into/fond of ...

Work: After graduation, he/she chose the career path to be a +, and it's been almost/over ... years.

Study: ... takes ... as his/her major field of study, as(因为) ...

live in next – door to me 住我隔壁

have a very good bonding with ... 和... 有非常好的联系

enjoy sb's company 享受某人的陪伴

interesting idea / habit/ hobby/job/activity

句型:

I first met ... 2 years ago

I 've known ... for donkey's years

... is the person I like talking to the most ... 是我最喜欢聊天的人

He/she has a great sense of humor 他/她很有幽默感

He/she can lighten up any tense situation by cracking jokes. 他/她可以通过讲笑话来缓解任何紧张的情况

I found him very interesting because one can never feel bored in his company 我发现他很有趣, 因为和他在一起永远不会感到无聊

Whenever anyone comes to him for help, he is always willing to help 每当有人来找他帮忙时, 他总是愿意帮忙

Describe a popular/well-known person in your country (NEW)

You should say:

- Who this person is
- What he/she has done
- Why he/she is popular
- And explain how you feel about this person

Xxx Who is best – known for ...

Xxx is household name in ...

Singer/writer/scientist/ musician/ pianist

appearance:

lofty (tall)

petite(short)

slender (thin)

overweight (fat)

sunrise-gold hair

glamorous (charming)

personality:

extrovert(outgoing)

warm - hearted

fun-loving(爱玩的)

hilarious (有趣的)

withdrawn (shy)

Lifestyle:

Hobbies: In his/her spare time, he/she is quite into/fond of ...

Work: After graduation, he/she chose the career path to be a +, and it's been almost/over ... years.

Study: ... takes ... as his/her major field of study, as(因为) ...

句型:

grow a really strong fan base 拥有了强大粉丝团

innovative figures in the field of entertainment: 娱乐圈里面有创新力的人

for most people he's always going to be identified with the character of...对大多数人来说, 他总是被认为是...

he/she will forever be remembered not just by ... but anyone who knows anything about ...她 将永远被记住, 不仅仅是被..., 而是任何了解...

Describe an important river/lake in your country(NEW)

You should say:

- Where it is located
- How big/long it is
- What it looks like
- And explain why it is important

Qinghai lake 青海湖

The Yangtze River 长江

the Yellow River 黄河

picturesque scenery 风景如画

Location: remote 遥远的, just outside the city, along the coast, in a mountainous area

Visitors: visitors flocked into, seldom visited

Activities: go sightseeing, doing extreme sports (极限运动) like bungee jumping (蹦极) and abseiling (绕绳下降), experiencing indigenous (original) species

Contents: fauna [animals], flora [plants], waterfall 瀑布

Opinions: amazing, breathtaking 激动人心的, spectacular, magnificent, splendid

句型:

China is a diverse country 中国是个多元化的国家;

Many people are dependent upon it for their livelihood 许多人依靠它为生

The farmers use its water for agriculture, and people also do fishing in this river. 农民们用它的水进行农业生产, 人们也在这条河里捕鱼。

Due to its spectacular scenery many local residents and tourists flock to it 由于其壮观的景色, 许多当地居民和游客涌向它

One of the interesting activities that you can do in the ... is... 你可以在....里做的一项有趣的活动是

Describe a traditional product in your country (NEW)

You should say:

- What it is
- When you tried this product for the first time
- What it is made of
- And explain how you feel about it

Zongzi 粽子

The Dragon Boat Festival 端午节

Mixed the meat and the sticky rice

把肉和糯米混在一起

Wrap up 包起来

String 细绳

Tie up 绑起来

Boil in the water 在水中煮

Different kinds flavor 各种不同口味

Salty beef and soybeans 咸牛肉和黄豆

Legendary story 传奇故事

句型:

Only one name comes to my mind is... 我只想到一个名字

From time immemorial, China is known for its ... 自古以来, 中国以其...而闻名

As far as traditional products are concerned, ...

The traditional object is ... that... (进行描述, 包括自己买, 制作等)