#### A BRIEF HISTORY OF COGNITIVE PSYCHOLOGY - STUDY NOTES

## **Early Thoughts on Thinking**

- Two fundamental perspectives on knowledge:
  - **Empiricists**: Knowledge comes from experience
  - Nativists: Knowledge is based on innate brain characteristics
- Ancient views on the seat of thought:
  - Ancient Egyptians & Aristotle: Knowledge located in the heart
  - **Plato**: Brain is the locus of knowledge

#### Cognition in the Renaissance and Beyond

- Renaissance thinkers agreed knowledge was located in the brain
- Knowledge acquisition from:
  - Mundus sensibilis: Physical senses (touch, taste, smell, vision, hearing)
  - Mundus intellectualis: Divine sources
- 18th century British empiricists (Berkeley, Hume, Mill) proposed three types of internal representation:
  - 1. Direct sensory events
  - 2. Faint copies of percepts stored in memory
  - 3. Transformation of faint copies through associated thought
- 19th century psychologists (Fechner, Helmholtz, Wundt, etc.) began forming empirical discipline
- Two competing theories emerged:
  - Structure of mental representation (Wundt, Titchener)
  - **Processes** or acts (Brentano)
- William James: Established first psychological laboratory in America
  - Published Principles of Psychology (1890)
  - Developed model where structure and process both played important roles in memory
- Donders and Cattell: Used brief visual displays to measure time for mental operations

## **Cognitive Psychology in Early Twentieth Century**

- Two major approaches:
  - **Behaviorism**: Stimulus-response (S-R) framework
  - **Gestalt psychology**: Isomorphism (one-to-one relationship between representation and reality)
- Mental processes became unfashionable for about 50 years
- Edward Tolman (1932): Published "Purposive Behavior in Animals and Men"

- Introduced cognitive maps concept
- Animals develop mental "pictures" of their environment
- Sir Frederick Bartlett (1932): Published "Remembering"
  - Rejected studying memory with nonsense syllables
  - Advocated using meaningful material under naturalistic conditions
  - Introduced **schema** concept unifying theme describing essence of experience

## **Cognitive Psychology—As it is Today**

- 1950s: Renewed interest in cognitive topics (attention, memory, pattern recognition, etc.)
- Factors contributing to the cognitive revolution:
  - 1. **Failure of behaviorism** to account for diversity of human behavior (especially language)
  - 2. **Communication theory** prompting experiments in signal detection and attention
  - 3. **Modern linguistics** offering new perspectives on language structure
  - 4. **Memory research** providing empirical base for memory theories and models
  - 5. Computer science and AI causing reexamination of problem-solving and memory processing
  - 6. Cognitive development research by psychologists like Jean Piaget

# **Key Concepts Across History**

- Knowledge representation has consistently been linked to sensory inputs
- Growing evidence that internal representations are not isomorphic with external reality
- Information from the external world is stored as abstract representations in neurochemical code