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| READ ME |

Group Xerxes

‘FOP – Fitness Oriented Programming’

Prepared by Ikmal Hakim bin Umar (1729299)

‘FOP’, or its webpage’s name ‘IIUMPRO’ is a website for athletes’ training and workouts.

1. **Group Contributions**

Each team members prepared at least a web page for the progress presentation. At this period of progress, only 3 main workouts are available on web.

1. **Future Enhancement**

A list of completed workouts will be displayed during the final presentation. Future enhancement shall also include interactions and storage of data. Contributions are shown in Table 1.

Table 1 Group Contribution

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| **Name** | **Contributions** | **Future enhancements** |
| Ikmal Hakim bin Umar | * Pages: Home page, * Web elements: Shapes, images, buttons | * Finalise complete and aesthetic home page. * Add Javascript and JSON |
| Farhad | * Pages: Legs * Web elements: Images, floats | * Re-design page and finalise * Add Javascript and other functions |
| Mohd Mukhlis | * Pages: Arms * Web elements: Images, buttons | * Re-design page and finalise * Add Javascript and other functions |
| Hussain K M Tansir | * Pages: Body workout * Web elements: Images, floats | * Re-design page and finalise * Add Javascript and other functions |

1. **Use of third-party resources**

Now, we have not added any third-party utilities to our website. Upon completion, our website will have full functionality, using some third-party utilities such as JQuery.