

Matching patient needs and treatment methods in alcoholism and drug abuse

Thomas - Outpatient alcoholism treatment

Session 1: Visit with physician, 15 minutes
 1. Review quantity and frequency of current drinking.
 2. Review personal drinking cues.
 3. Give feedback of personal risk for alcohol-related problems.
 4. Give explicit advice to reduce or stop drinking.
 5. Discuss patient's personal responsibility and choice for reducing or stopping drinking.
 6. Find appropriate personal timing for change.
 7. Establish a drinking goal and agree on a contract.
 8. Set up a drinking diary.
 9. Suggest ways for behavior modification, coping techniques, and self-help materials.
 10. Encourage self-motivation and optimism.
Session 2, two weeks later: Clinic nurse, via telephone
 Follow-up and reinforcement
Session 3, two weeks later: Visit with physician, 15 minutes
 Follow-up and reinforcement
Session 4, two weeks later: Clinic nurse, via telephone
 Follow-up and reinforcement

Description: -

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Patient care planning.

Substance abuse -- Therapy.

Alcoholism -- Therapy.

Drug abuse -- Treatment.

Alcoholism -- Treatment.

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HEALTH CARE SYSTEMS AND SUBSTANCE USE DISORDERS

Of patients personally interviewed at follow-up 57% were abstinent and 21% improved. Further, service members and veterans suffer from high rates of co-occurring health problems that pose significant treatment challenges, including traumatic brain injury, post-traumatic stress disorder, depression, and anxiety.

HEALTH CARE SYSTEMS AND SUBSTANCE USE DISORDERS

Your doctor or mental health professional will ask additional questions based on your responses, symptoms and needs.

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It was more effective with young people, in those with occasional heavy drinking pattern and low dependence, than with older drinkers or those with a more severe dependence. Up until July 2016, qualified practitioners were allowed to treat a maximum of 30 patients at a time the first year and up to 100 patients at a time thereafter. Approximately 9 percent of insured individuals met criteria for a diagnosis of substance use disorder, as defined by the Fourth Edition of the Diagnostic and Statistical Manual of Mental Disorders DSM-IV.

Alcohol use disorder

It is rare that someone would go to treatment once and then never drink again. Counseling and therapy for groups and individuals help you better understand your problem with alcohol and support recovery from the psychological aspects of alcohol use.

Is treatment outcome improved if patients match themselves to treatment options? Study protocol for a randomized controlled trial

These illustrative examples underscore that the costs associated with substance use disorders are incurred across diverse service systems that serve vulnerable populations.

Related Books

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- [Barneys Fishing Adventure - a pop-up storybook.](#)
- [Illustrated description of the first British geared steam turbine condensing locomotive, Reid-MacLeo](#)
- [Association of Medical Research Charities handbook.](#)
- [Wen ge si shi nian ji - 2006 Beijing Wen hua da ge ming yan tao hui quan ji lu](#)