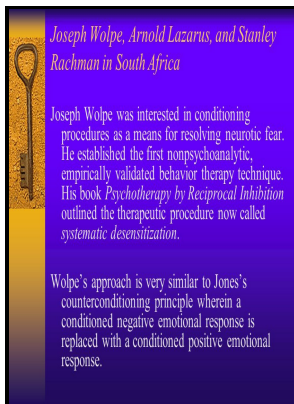


# Psychotherapy by reciprocal inhibition.

Stanford University Press - Psychotherapy by Reciprocal Inhibition



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Notes: Includes bibliography.  
This edition was published in 1968



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Tags: #The #Reciprocal #Inhibition #Psychotherapy #of #Joseph #Wolpe.

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Furthermore, Wolpe was a prolific writer, some of his most famous books include, The Practice of Behavior Therapy and Psychotherapy by Reciprocal Inhibition. In brown cloth covers with black lettering to spine. He would offer them food while presenting a conditioned fear stimulus.

## Psychotherapy by Reciprocal Inhibition

Wolpe is most well known for his reciprocal inhibition techniques, particularly , which revolutionized behavioral therapy.

## Reciprocal inhibition therapy

About this Item: Stanford University Press, 1965. Step I — Analysis of Core Schemata: Childhood experiences provided by the family and society develop core schemata or systems, which include beliefs and action patterns of the individual.

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