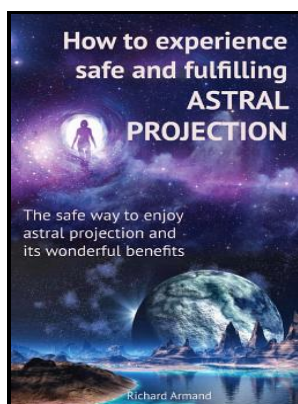


Techniques of astral projection

The Author - Top 5 Astral Projection Techniques (2020)



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If that happens, stay calm. STEP 5: As you focus on the resonance of the sound above your head, allow the sound to travel upwards as your awareness here increases gradually.

Top 5 Astral Projection Techniques (2020)

Make an appointment with a qualified and credible hypnotist who can guide you through the process. Douglas Baker established Claregate College, first in America and later in England the 1970's and encouraged many hundreds of people to systematise their esoteric studies by attending seminars, and through the Claregate Correspondence Course. Sudden collision can cause a sudden separation from your body.

Techniques of Astral Projection

In fact, mastering this particular skill will help you strengthen your abilities. It does not store any personal data.

Techniques of Astral Projection

Have you tried astral projecting? The eyes are kept closed the whole time.

Top 5 Astral Projection Techniques (2020)

If this works, he tries to amplify those sounds as much as possible using the same active listening in. This causes internal tension, noise, and vibrations, which can eventually lead to astral projection. Start with small movements... The fingers... The arms... The toes... The legs... Take notice of the bodily sensations as you move.

Astral Projection Techniques

Furthermore, you will feel disoriented, vibrations going through your whole body and paralysis. This is also known as psychosoma, manifesting like leaving your physical body on the armchair.

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