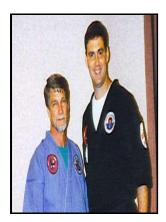
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Kyusho

In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world. Cardwell discusses the vital points from the perspective of an experienced martial artist—including how the body's vital points are related to the 8 extraordinary vessels and 12 meridians which circulate energy throughout the body.

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Anyone who is a doubter need only attend one of Mr. This information is specifically included for those martial artists that are interested in a more in-depth study. If your going to buy a book on pressure points, DO'NT PASS THIS ONE UP!.

George Dillman Books

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