

Homoeopathy and the menopause - a natural and effective way to manage your change of life

Thorsons - Menopause



Description: -

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Cost and standard of living.

Prices.

Wages.

Menopause -- Popular works.

Menopause -- Complications -- Homeopathic treatment.

Homeopathy -- Popular works. Homoeopathy and the menopause - a natural and effective way to manage your change of life

-Homoeopathy and the menopause - a natural and effective way to manage your change of life

Notes: Includes bibliographical references and index.

This edition was published in 1995



Filesize: 7.38 MB

Tags: #Natural #Remedies #for #Menopause #Mood #Swings #and #More

Natural Remedies for Menopause Mood Swings and More

Symptoms are: Better from: during menses except specific menstrual symptoms, after the 3rd day of menses, movement, fresh air, hard pressure. Main symptoms noted were hot flushes and sweats, tiredness, anxiety, sleeping difficulties, mood swings and headaches. Dissolve the remedy on the tongue, one tablet daily for three days, then wait for an improvement, wait until there is a return of the symptoms, then repeat the dose.

Natural Remedies for Menopause Mood Swings and More

All remedy related information is drawn from homeopathic pharmacopoeias and materia medicas referenced worldwide. He or she may take a medical history, do a pelvic examination and, if appropriate, order a pregnancy test. This article has been viewed 84,141 times.

Menopause

Anti-depressants cannot increase the levels of oestrogen, and effects will only be felt as long as the medication is being taken. Blum M, Harris SS, Must A, Phillips SM, Rand WM, Dawson-Hughes B. Luckily, your body can make its own vitamin D if you get sunlight, so spend some time outside in the sun each day.

Natural Relief of Menopause Symptoms with Homeopathy

Her hair was falling out. Since your fluctuating hormones are already creating mood swings, you may not want to compound the problem with caffeine. Abdominal swelling and heaviness; bloating; stomach rumblings.

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