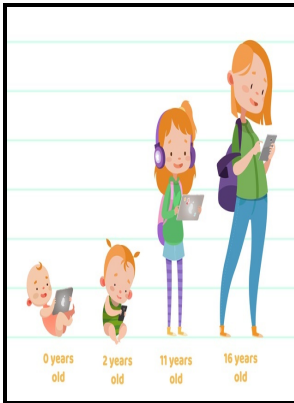


# Growing older - what young people should know about aging

## Little, Brown - 14 of the Best Quotes About Aging



Description: Discusses some of the truths, myths, and popular misconceptions of the aging process.

-

Old age.

Aging.

Aging -- United States -- Juvenile literature.

Older people -- United States -- Juvenile literature. Growing older - what young people should know about aging

- Growing older - what young people should know about aging

Notes: Includes bibliographical references (p. [164]-166) and index.

This edition was published in 1991



Filesize: 20.21 MB

Tags: #Getting #Over #Getting #Older

### 10 Myths About Aging

What is it about aging that makes our sagging skin crawl? There are several principles that when applied can ensure that growing old will be a graceful experience... B.

### 10 Myths About Aging

But getting older doesn't have to take us unawares. Among the most disturbing aspects of growing old—especially in cultures that set a high value on rugged individualism—is the increasing frequency of senile dementia as human lifespan increases. What if most of those years could be relatively healthy ones? What contribution should I make? Not the elderly, as most observers, and even the author himself, had anticipated.

### Why Young People Should Care About Aging

There's a slight--but temporary--blip in men's rates around the time of. Every year should be teaching us all something valuable.

### Growing Older: What Young People Should Know About Aging

So we banish the elderly from our midst and wall them off in nursing homes.

### 10 Myths About Aging

If we planned for a life that was 7 decades long, it might make sense to hurry through school, get a job that paid well enough to save for 10 to 15 years of retirement. If we accept that our lives are likely to span for nine or ten decades or perhaps longer! How will I remain connected to the greater world? What is particularly striking about the Langer-Levy study is that it meticulously tracks how our fears, which are so culturally constructed, become self-fulfilling prophecies. And it is robbing us of the ability to ensure older adults are able to have meaningful and valuable roles in society.

## **Sermon on Aging Gracefully**

It's all part of a plan to fund new adventures of her circle of elderly friends, who call themselves the League of Pensioners. The first surprise is that those of us entering the middle years en masse are truly lucky to be hitting our thirties, forties, and fifties now, in the 1990s. Wisdom, on the other hand, always puts information back in the context of human life.

### **40 Quotes about Growing Old and Staying Young at Heart**

By the turn of the century, that figure will be 61.

### **40 Quotes about Growing Old and Staying Young at Heart**

With our understanding of the subject forever frozen, we grow into old age assuming the stereotypes to be true. Active all his life, Bob Brakey '59 still hikes and skis at 68, although he has cut back somewhat because of sciatica in his hip.

## Related Books

- [Quedlinburger Evangeliar - das Samuhel-Evangeliar aus dem Quedlinburger Dom : \[Ausstellung, 17. Janu](#)
- [Humanismus, Barock, Aufklärung - Geschichte der deutschen Literatur vom 16. bis zum 18. Jahrhundert](#)
- [Corporate liquidity - a guide to managing working capital](#)
- [Harenbergs Lexikon der Weltliteratur - Autoren, Werke, Begriffe](#)
- [Comissões parlamentares de inquérito no Senado Federal - sua história e desempenho no período de](#)