

# Bananas - how to serve them

Home Economics Dept., Fruit Dispatch Company - 3 Ways to Cook Banana



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**and everything else too: Bananas... How to Serve Them (PART ONE)**

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This article seems to assume that all of the ethylene either comes out of the stalk to be absorbed by the banana, or enters in via the stalk. Cut banana into 1-inch pieces, pierce with a toothpick, roll in chocolate sauce and then in your favorite topping: walnuts, pistachios, shredded coconut, sea salt, or capsaicin-rich chili powder if you are looking to. You can use fresh juice or storebought varieties — it doesn't matter.

## Fried Bananas

Ha, those bananas are certainly mischievous devils.

## 5 Ways to Eat a Banana

You may also cook the mixture without flambeing it.

## 4 Ways to Use Bananas

Savory recipes work best with bananas with a low sugar content. Gently peel these off before eating the banana. Allergy: Bananas an allergic reaction in some people.

**and everything else too: Bananas... How to Serve Them (PART TWO)**

Then, use extreme caution when pouring the sauce over the ice cream, and bon appetit! But now you have an excuse to make. Tap water doesn't work quite as well as fruit juice or the other solutions in this article, but it's something you'll always have available and it's basically free. What's so nice about this frozen dessert? The reason for not recommending storage of bananas in the fridge is that the skin will blacken hence, they look awful and they stop ripening because the ripening enzymes break down below 4°C.



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