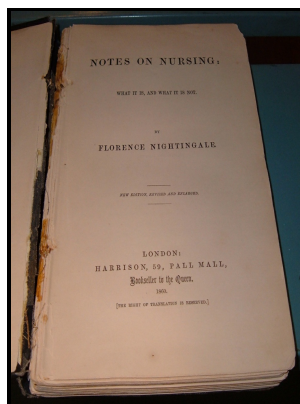


# Notes on nursing - what it is, and what it is not

D. Appleton - Notes on Nursing: What It Is, and What It Is Not by Florence Nightingale



Description: -

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Aeronautics -- Research -- United States -- Economic aspects.  
Nurses and nursing  
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## Notes on Nursing: What it is and What it is Not

But she's funny too; her withering putdowns are far superior to anything I've heard in the wards or, for that matter, in the lecture theatre although the journal articles written by my academic crush have a distinctly Florencean feel.

## Notes on Nursing: What It Is, and What It Is Not/Chapter VI

And it never occurred to the nurse to extemporize some expedient, — it never occurred to her that as he had had no solid food that day he might eat a bit of toast say with his tea in the evening, or he might have some meal an hour earlier. It's interesting to see what aspects are still applicable to nurses today.

## Notes on Nursing: What It Is, and What It Is Not by Florence Nightingale

It's amazing how well these 'Notes on Nursing' hold up - I don't find Florence Nightingale grabs the reader from the first page in this book when she says these notes on nursing: 'are meant simply to give hints for thought to women who have personal charge of the health of others. Written by the lady who made nursing a respectable career, I enjoy comparing the methods she was inspired to use vs. Besides the humor that I so enjoyed, it was an interesting perspective on some aspects of nursing during the 18th century.

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In acute cases, where life or death is to be determined in a few hours, these matters are very generally attended to, especially in hospitals; and the number of cases is large where the patient is, as it were, brought back to life by exceeding care on the part of the doctor or nurse, or both, in ordering and giving nourishment with minute selection and punctuality.

## Notes on Nursing: What It Is, and What It Is Not by Florence Nightingale

Nightingale is my 18th century spirit animal. If she happens to have fresh jelly or fresh fruit, she will frequently give it to the patient half an hour after his dinner, or at his dinner, when he cannot possibly eat that and the broth too — or worse still, leave it by his bedside till he is so sickened with the sight of it that he cannot eat it at all. What a fascinating and scintillating read.

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However, her focus was on caring for the entire well-being of her patients. . Simple things like clean beds and clean clothes, opening windows and airing out the room, basic commonsense with regards to food and nutrition and amazingly enough, even sunlight plays a role in healing.

### **Notes on Nursing: What It Is, and What It Is Not by Florence Nightingale**

The do's and don'ts of nursing created a vivid picture of what life must have been like in the mid 1800s. I feel like she would be that judgy, I-am-super-nurse type nowadays! Most of us will have to take care of a sick relative at some point and this was some really solid advice, even if you will never be a nurse.

### **Notes on Nursing: What it is and What it is Not**

I loved this peek into the world of nursing through the eyes of Florence Nightingale. In some cases the sick are aware of it, and complain. The nurse, either paid or voluntary, who is called upon to look after a patient—a mother nursing a sick child, a relative called upon to look after an invalid, or a private nurse hired to take care of a patient in a private home.

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