

# Food, drink and identity - cooking, eating and drinking in Europe since the Middle Ages

**Berg - Food, Drink and Identity: Cooking, Eating and Drinking in Europe Since the Middle Ages.**

Description: -

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Cassirer, Ernst, -- 1874-1945

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Balloons -- Experiments -- Juvenile literature.

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Bills, Private -- United States

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Christian union -- United States

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Aerofoils

Farmers

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Disaster relief

National characteristics, European

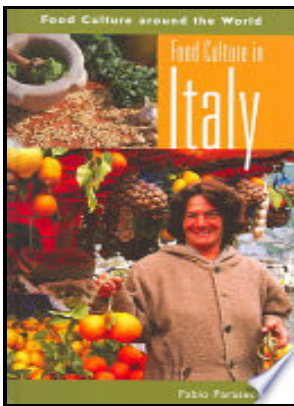
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Notes: Includes bibliographical references and index

This edition was published in 2001



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## Food & Diet in the Middle Ages

In 1256, the physician described beer in the following way: But from whichever it is made, whether from oats, barley or wheat, it harms the head and the stomach, it causes and , it fills the stomach with bad fumes, and as a result anyone who drinks it

along with wine becomes drunk quickly; but it does have the property of facilitating and makes one's flesh white and smooth. Skilled cooks were expected to conform to the regimen of humoral medicine. Also included were the , due to its scaly tail and considerable time spent in water, and , due to the belief that they developed underwater in the form of barnacles.

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Even comparatively exotic products like 's milk and meat generally received more positive attention in medical texts.

## What Medieval Peasants Really Ate In A Day

This intriguing book brings together new, comparative insights and research that allow a better understanding of processes of integration and segregation, the role of food in the construction of identity, and the relationship between old and new food habits. In , the , northern , and , beer was consumed on a daily basis by people of all social classes and age groups.

## Calenda

It was unfiltered, and therefore cloudy, and likely had a lower alcohol content than the typical modern equivalent. Equally common, and used to complement the tanginess of these ingredients, were sweet almonds.

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