

# Asthma

Chapman and Hall - GERD and Asthma: Symptoms, Treatments, and Lifestyle Changes



Description: -

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## Understanding Asthma

Appropriate asthma care will prevent symptoms and visits to the emergency room and hospital. This type of asthma may affect of people with the condition, according to one 2015 study.

## Asthma (for Teens)

These symptoms occur in life-threatening asthma episodes.

## Asthma Information for Patients

Your doctor can help you put an asthma action plan in place so that you know which treatments to use and when. It is available in a prefilled syringe and single-use auto-injector pen. Many people with asthma also have a family history of allergies, such as hay fever or pet allergies.

## Asthma Center

Common asthma triggers are pollen, chemicals, extreme weather changes, smoke, dust mites, stress and exercise.

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