

# Coping with stress - effective people and processes

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Description: -

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Stress (Psychology)

Adjustment (Psychology)Coping with stress - effective people and processes

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Notes: Includes bibliographical references and index

This edition was published in 2001



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## Coping with Stress: Effective People and Processes

Ex-library, so some stamps and wear, but in good overall condition.

## Coping with Stress

Comment: Ships same or next working day from UK. And why do others fail and succumb to depression, anxiety, and even suicide? Readers must therefore always check the product information and clinical procedures with the most up to date published product information and data sheets provided by the manufacturers and the most recent codes of conduct and safety regulations.

## Coping with Stress: Effective People and Processes

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## Coping with Stress: Effective People and Processes

Specifically, you have to remember that something is a secret but remembering it also keeps alive to letting it slip.

## Coping with Stress

This is a companion volume to Coping: The Psychology of What Works, which is also edited by Snyder. Access to the complete content on

Oxford Clinical Psychology requires a subscription or purchase. Except where otherwise stated, drug dosages and recommendations are for the non-pregnant adult who is not breastfeeding.

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