# Body language for dummies

# Wiley - Body Language For Dummies by Elizabeth Kuhnke



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### Body Language For Dummies by Elizabeth Kuhnke

Highly recommended to anyone who wants to become fluently bilingual to a universal language. As a man, this is a good thing especially when it comes to the showing interest and dating section, but not a good thing from an objective and reviewer-oriented perspective. You maybe know something about the personality of the person, and that makes it easier to place the signs of bodylanguage you come across when observing.

#### **Bodylanguage for dummies**

Image and presentation are crucial to successful communication, both in business and in your personal life. Filed under: Bodylanguage, is that something i can learn? When people are in groups and communicate with each other, there is alot more to discover about the people then just the gestures they make or the way they stand or hold their arms. This book teaches you how to interpret what people really mean by observing their posture, gestures, eye movements, and more, and holds up a mirror to give you a clear idea of how you're being interpreted yourself.

#### Body Language For Dummies by Elizabeth Kuhnke, Paperback

It will also make you feel more comfortable and relaxed in any situation.

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And all of these fields relate, so all the knowledge you gain in a subject can help you to understand bodylanguage better. I do that, but I've never written about a character doing that, so I guess I could say I learned that from this book. This was just full of the basics that everyone already knows.

#### Body Language For Dummies by Elizabeth Kuhnke

Sure, there are many applications for the content —like how to rock at an interview, to determine if someone is romantically interested in you, turn you into a human lie detector, and so on—but the reason I love it is because I want my characters to say so much more than what comes out of their mouth the rest is just a bonus. This is by no means a knock at the gender of the author, but what I am saying is that she made much of the writing less general and clear that it comes from the perspective of women. The author has some problems with denoting genders.

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In this provocative position, the cigarette takes on the appearance of a small phallus that the woman slips between her lips and seductively sucks. What I would have liked is more photos to illustrate the non verbal body language the author was actually referring to.

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But your body sends signals aswell, think of easy recognizable signals and behaviour like nodding when you agree, or scratching your head when you think of something. Stand tall — you appear more confident and assured when you do. Smiling all the time means you are feeling tense and trying to cover it up.

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