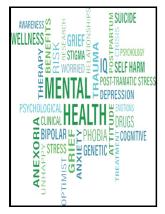
Stress in the construction industry

Chartered Institute of Building - Mental Health and Stress in the Construction Industry



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Heat Stress in Construction

Each one of these disciplines has unique demands and requirements.

Addressing Job Stress In The Construction Industry

This would mean there would be someone there who can recognise the warning signs of mental ill-health and help employees who may be suffering as early as possible.

Addressing the Root of the Stress Problem in Construction

Sound proofing material is used for noise reduction. In manufacturing, the second-least-stressed industry, that figure was 27%. Adjustments to exposure limits and work-rest schedules are required based on the type of clothing and PPE worn and the physical demands of the work to be performed.

Is Construction Management Stressful? 7 Causes Of Stress

Therefore, talking about emotions, opening up and asking for help are not things that come naturally to many people working in the construction industry, and they may feel if they do open up, they would get ridiculed for it. Meanwhile, just under half 47% were concerned about their current salary prospects and more than a third 36% admitted to feeling stressed about redundancy.

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