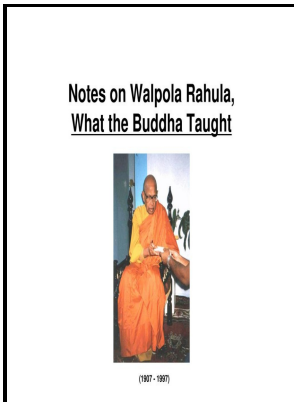


What the Buddha taught

Gordon Fraser - Chapter 4



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 -What the Buddha taught
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Audio Book: What The Buddha Taught VDO 3 (Chapter 1 cont.) by Ven. Dr. W. Rahula read by Sermsook

The enlightened should leave doctrine behind, should give up even good things.

What the Buddha Taught

He represents happiness and abundance, and he is a protector of children and the sick and weak. If we follow the Path patiently and with diligence, train and purify ourselves earnestly, and attain the necessary spiritual development, we may one day realize it within ourselves — without taxing ourselves with puzzling and high-sounding words. Metaphysics and personal identity Closely connected to the idea that experience is dependently originated is the Buddha's teaching that there is no independent or permanent self Sanskrit: , Pali: atta.

Walpola Rahula, What the Buddha Taught (Outline)

His image can be found in both their Holy See and on the home altar. Every major choice in life entails commitments, limitations, and consequences. Published in 2009, it was entitled — fittingly — The Restored New Testament.

Chapter 5

Gratitude assures us that what we have is enough; greed and gratitude cannot peacefully coexist, it seems.

Chapter 4

Another person who realizes enlightenment within this age is not called buddha. He can only achieve his status through moral purity and must promote morality and Dharma to maintain his position.

Chapter 5

The Buddha saw the belief in a self as arising from our grasping at and identifying with the various changing phenomena, as well as from ignorance about how things really are. Perhaps, though, this reviewer is behind the times.

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