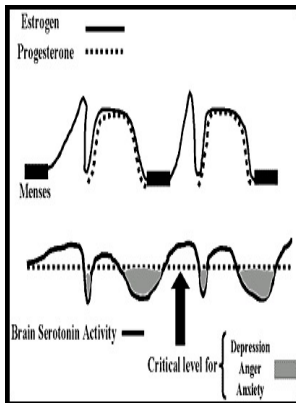


# Study of the incidence of psychological and physical symptoms throughout the menstrual cycle.

## - - Physical and Psychological Symptoms Associated With Premenstrual Syndrome and Their Impact on the Daily Routine of Women in a Low Socioeconomic Status Locality



Description: -

-study of the incidence of psychological and physical symptoms throughout the menstrual cycle.

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### Stress Exacerbates Menstrual Symptoms

Can Bipolar Disorder worsen across the menstrual cycle? Williams N, Etter C, Lieberman J. Materials and Methods The cross-sectional study was conducted by the department of obstetrics and gynecology, Index Medical College, Hospital and Research Centre Indore, Madhya Pradesh, India for a period of 3 months June 2014 to August 2014. Previous reports of higher prevalence rates were based on women who suffered symptoms rather than the well-defined entity of PMS.

### Physical and Psychological Symptoms Associated With Premenstrual Syndrome and Their Impact on the Daily Routine of Women in a Low Socioeconomic Status Locality

What is PMDD and what are the symptoms? Study parameters Information regarding current age, education, anthropometric data height, weight was recorded. Peak occurrence is among women in their 30s and 40s. For others, periods always come as sudden surprises—and at the most inconvenient moments.

### Physical and Psychological Symptoms Associated With Premenstrual Syndrome and Their Impact on the Daily Routine of Women in a Low Socioeconomic Status Locality

Keywords: activities of daily life; bloating; dysmenorrhea; female reproductive health; health related quality of life; irritability; menstrual cycle; menstruation; premenstrual syndrome; quality of life.

### Premenstrual Syndrome

The menstrual cycle has been implicated as a sex-specific biological process influencing psychological symptoms across a variety of disorders. Highly effective treatments for the disorder have been developed that include agents that alter central neurotransmitters and circulating ovarian steroid levels.

## **Stress Exacerbates Menstrual Symptoms**

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