

Developments in low dose combined oral contraception - modifications of the pill free interval.

University of Manchester - An Update on Contraception in Polycystic Ovary Syndrome



Description: -

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Extending the duration of the pill

Qualification Level: Doctoral ETHOS ID: uk. Pari passu with the above changes in ovarian dimensions, there is a reduction in the ovarian testosterone secretion rate and a fall in serum total testosterone concentrations. With increasing antiestrogenic activity, a stimulatory effect of COC on SHBG synthesis is decreased.

Shorter pill

Increasing the pill-free interval allowed more follicular development and more estradiol production. All three groups were advised to follow a hypocaloric diet. Several authors presented a significant decrease in LH and androgens, and a resumption of regular ovulatory cycles following the procedure ; , ;.

Outcomes of extended oral contraceptive regimens with a shortened hormone

The euglycaemic—hyperinsulinaemic clamp was used in 17 women with PCOS who had failed to ovulate with clomiphene citrate. The data from randomized studies show the same or increased effect of combined therapy on androgen production, SHBG and hirsutism ; , ;.

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Cochrane Database Syst Rev 2014;7:CD004695. It is important to keep in mind that the COC-related absolute risk for VTE is low in young healthy women with or without PCOS; and that careful assessments of patients before prescribing COCs would be the best measure to prevent VTEs in women with PCOS. A variety of studies have suggested that different gestogens may be associated with better cycle control.

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