

Certain medications, such as pain relievers, can cause fatigue. What can be concluded from these findings, and how are they related to Jason's complaint of chronic fatigue? Jason is a 19-year-old college student who goes to the doctor complaining of chronic fatigue. How do you know if your low-energy is caused by an underlying illness or is the result of stress, poor diet, or lack of sleep? Yoga has helped improve sleep for some people with different types of cancer who are going through treatment.

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