

Living with stress - biblical truths to manage your life

College Press Pub. - Living With Stress by Charles R. Gerber : \$10.00 :
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Description: -

- Health -- Biblical teaching.
- Christian life.
- Stress -- Religious aspects -- Christianity.
- Living with stress - biblical truths to manage your life
- Notes: Includes bibliographical references (p. 121-122).
- This edition was published in 1999



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30 Bible Verses About Stress

Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable.

Key to Managing Stress: Whose Approval Are You Living For?

I held onto Jesus with white knuckles as I prayed during panic attacks.

7 Ways Christians Should Deal With Stress and Anxiety

Instead, He gave him a meal and let him go to sleep.

Handling Stress Bible Study

Charley is not just a counselor who is Christian --- he is a Christian Counselor. With the exception of perhaps childhood, each new phase in life presents its own unique set of challenges. But God wants to help you handle uncertainty when it comes your way.

Managing Stress Like Jesus: Join a Small Group

Those who regularly exercise were 25 percent less likely to develop depression or anxiety, according to the. The first indication of stress can serve as a warning that we are not leaning on God like we should. You can reclaim control over your spiritual, emotional and physical health and conquer stress today.

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