

# Trends in health benefits.

## U.S. Dept. of Labor, Pension and Welfare Benefits Administration - Perk Up: 6 Benefit Trends to Watch in 2020



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### Healthy food trends

This site complies with the HONcode standard for trustworthy health information: If employers allowed employees to defer their portion of FICA between September and December 2020, they should communicate to employees how this will be collected starting in January.

### Perk Up: 6 Benefit Trends to Watch in 2020

Some examples of benefits employers are using to help employees to improve their total health, including mental health, are: mindfulness training, Employee Assistance Programs EAPs , commuting reimbursement, infertility benefits, and parental leave. Employers must create programs, experiences, and benefits packages that meet the needs that are important to employees.

### Perk Up: 6 Benefit Trends to Watch in 2020

And, these millennials are coming into the workforce with more and more student loan debt.

### Healthy food trends

But are they really appreciated? As a result, the country is currently facing the worst drug crisis in American history, representing an economic burden of. Employers will need more help than ever with consumer-directed plan offerings. And that can become unwieldy.

### 6 Employee Wellness Trends for 2020

With on-site gyms, free lunches and snacks at the office out, what will take their place? What AI-powered computer programs do for oncology, in a nutshell, is analyze thousands of pathology images of various cancers to provide highly accurate diagnoses and predict the best possible anti-cancer drug combinations.

### Employee Benefits Trends for 2021

When plan providers deliver a truly powerful experience both for administrators and participants, it opens the gate for greater innovation, engagement, and creativity—turning disruption into a positive as companies grow a culture of loyalty and build a stronger, more resilient path forward. Both VTO and CTO help align employer and employee values, which strengthens the chances of employee retention. But on a smaller scale, predictive analysis could help businesses of all sizes determine when to hire temporary staff due to impending outbreaks of colds and flu that could result in a worker shortage.

## **5 benefits and health care trends that may surprise you in 2021**

Today we will generally only add new, high-cost drugs when our evaluation shows they represent sustainability to the plan, and a reasonable treatment for the condition. Employers know they need to place greater importance on employee engagement moving forward. Indeed, the long-term aim is to promote the use of virtual CBT as an early intervention, while employees are still at work, to prevent disability claims.

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