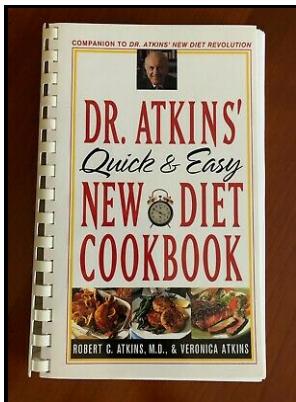


Dr. Atkins new diet cookbook

M. Evans - Dr. Atkins' New Diet Cookbook by Robert C. Atkins



Description: -

- Dr. Atkins new diet cookbook
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Notes: Companion to Dr Atkins New Diet revolution.

This edition was published in -



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So much has happened since this book was written that I feel I must keep you abreast of how important these changes will prove to be, not only for your weight control project, but also for expanding your health and lifespan. Atkins and his staff integrated the latest conventional medical techniques with alternative therapies.

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The Atkins diet is not just another novelty diet; it is not simply one of your many dieting options.

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And you love not just any food, but mouth-watering, rich, and satisfying food.

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