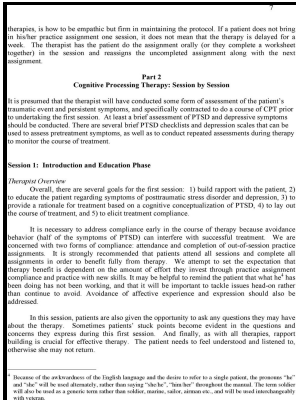


Cognitive processing therapy for rape victims - a treatment manual

Sage Publications - 9780803949027: Cognitive Processing Therapy for Rape Victims: A Treatment Manual (Interpersonal Violence: The Practice Series)



Description: -

-
Cognitive therapy.
Rape trauma syndrome -- Treatment. Cognitive processing therapy for rape victims - a treatment manual

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v. 4
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Cognitive Processing Therapy for Rape Victims: A Treatment Manual

The patient writes an impact statement that details current understanding of why the traumatic event occurred and the impact it has had on beliefs about self, others, and the world. Finally, once the patient has developed skills to identify and address unhelpful thinking, she or he uses those skills to continue evaluating and modifying beliefs related to traumatic events. These disorders only add to the victim's suffering.

Cognitive Processing Therapy for Rape Victims: A Treatment Manual / Edition 1 by Patricia A. Resick, Monica K. Schnicke

CPT was originally developed with the written trauma account as one component of treatment, but sometimes it is delivered without this and more emphasis is placed on cognitive techniques. They also consider special problems that therapists are likely to encounter. At this point, the therapist is helping the patient develop the ability to use these adaptive strategies outside of treatment to improve overall functioning and quality of life.

Cognitive Processing Therapy for Rape Victims

Schnicke have written a tremendously useful work.

Cognitive Processing Therapy for Rape Victims: A Treatment Manual

Saigh in Journal of Traumatic Stress Sexual assault is a traumatic, life-threatening event from which many victims never fully recover.

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