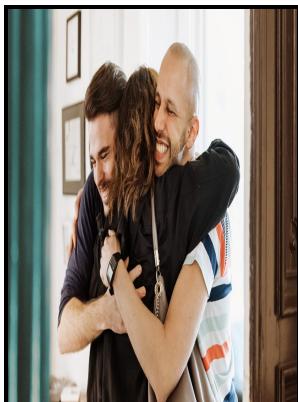


Good for you - a handbook on lesbian health and wellbeing

Cassell - Hot tub health kick: why a long bath is almost as good for you as a long run



Description: -

- Lesbians -- Mental health.
- Lesbians -- Health and hygiene.Good for you - a handbook on lesbian health and wellbeing
- Good for you - a handbook on lesbian health and wellbeing

Notes: Includes bibliographical references (p. 224-236) and index.
This edition was published in 1997



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Supporting staff wellbeing : Mentally Healthy Schools

Has the future of marriage arrived? There are over 100 societies currently affiliated to.

Supporting staff wellbeing : Mentally Healthy Schools

Emotional and instrumental support provision interact to predict well-being. Tamsin says her friends - straight and lesbian - find it hard to believe that she once enjoyed sex with men and considered herself heterosexual.

Matt & Andrej Koymasky

Coresident grandparents and their grandchildren: 2012. Tamsin Wilton is unusual in that she used to be straight. Effects of social support and self-esteem on depressive symptoms in Japanese middle-aged and elderly people.

Lesbian, Gay, Bisexual, and Transgender Health

Evidence shows that same-sex cohabiting couples report worse health than different-sex married couples ; , but same-sex married couples are often not significantly different from or are even better off than different-sex married couples in other outcomes such as alcohol use and care from their partner during periods of illness. It features a series of breathing and visualisation techniques. Positive emotions, on the other hand, are connected to physical health and wellbeing.

Lesbian and Bisexual Women Health

Journal of Marriage and Family, 72, 743—761. Certain sexually transmitted infections — such as human papillomavirus HPV , bacterial vaginosis and trichomoniasis — can spread between women. Journal of Family Issues, 23, 836—856.

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