

EMDR as an integrative psychotherapy approach - experts of diverse orientations explore the paradigm prism

American Psychological Association - EMDR as an Integrative Psychotherapy Approach: Experts of Diverse Orientations Explore the Paradigm Prism / Edition 1 by Francine Shapiro PH D

Phases	Procedures
Phase 1	Direct questioning, feedback, affect scan
Phase 2	Resourcing
Phase 3	Resourcing, feedback, affect scan
Phase 4	Direct questioning, feedback, affect scan

Description: -

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 Psychic trauma -- Treatment
 Eye movement desensitization and reprocessing
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Tags: #Efficacy

Vita

From this diversity of viewpoints emerges a picture of similarities, differences, and strengths across disciplines and suggestions and opportunities for more robust and comprehensive treatment.

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Alterations in autonomic tone during trauma exposure using eye movement desensitization and reprocessing EMDR — results of a preliminary investigation. The relative efficacy and treatment distress of EMDR and a cognitive behavioral trauma treatment protocol in the amelioration of post-traumatic stress disorder. EMDR was more beneficial for depression, and social functioning, and required fewer treatment sessions.

Emdr As An Integrative Psychotherapy Approach Experts Of Diverse Orientations Explore The Paradigm Prism PDF Book

Indicated that the eye movement condition was correlated with increased attentional flexibility. Marred by lack of standardized measures and the originator serving as sole therapist.

EMDR as an Integrative Psychotherapy Approach

Encyclopedia of behavior modification and cognitive behavior therapy, NY: Sage Publications. Repairing failures in bonding through EMDR. Using an Adaptive Information Processing conceptualization a wide range of family problems and impasses can be addressed through the integration of EMDR and family therapy techniques.

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