

# Good for you - a handbook on lesbian health and wellbeing

Cassell - Hot tub health kick: why a long bath is almost as good for you as a long run



Description: -

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Lesbians -- Mental health.

Lesbians -- Health and hygiene. Good for you - a handbook on lesbian health and wellbeing

- Good for you - a handbook on lesbian health and wellbeing

Notes: Includes bibliographical references (p. 224-236) and index.

This edition was published in 1997



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## Supporting staff wellbeing : Mentally Healthy Schools

Has the future of marriage arrived? There are over 100 societies currently affiliated to.

## Supporting staff wellbeing : Mentally Healthy Schools

Emotional and instrumental support provision interact to predict well-being. Tamsin says her friends - straight and lesbian - find it hard to believe that she once enjoyed sex with men and considered herself heterosexual.

## Matt & Andrej Koymasky

Coresident grandparents and their grandchildren: 2012. Tamsin Wilton is unusual in that she used to be straight. Effects of social support and self-esteem on depressive symptoms in Japanese middle-aged and elderly people.

## Lesbian, Gay, Bisexual, and Transgender Health

Evidence shows that same-sex cohabiting couples report worse health than different-sex married couples ; , but same-sex married couples are often not significantly different from or are even better off than different-sex married couples in other outcomes such as alcohol use and care from their partner during periods of illness. It features a series of breathing and visualisation techniques. Positive emotions, on the other hand, are connected to physical health and wellbeing.

## Lesbian and Bisexual Women Health

Journal of Marriage and Family, 72, 743—761. Certain sexually transmitted infections — such as human papillomavirus HPV , bacterial vaginosis and trichomoniasis — can spread between women. Journal of Family Issues, 23, 836—856.

## Related Books

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