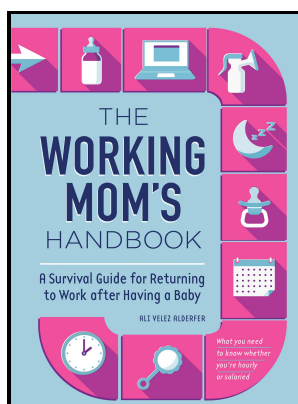


# Carol Smillies working mums handbook

**Ted Smart - Carol Smillie's The Working Mum's Handbook by Carol Smillie**



Description: -

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Mothers -- Employment.

Work and family.

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Notes: Includes index.

This edition was published in 2003



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## **Carol Smillie's The Working Mum's Handbook by Carol Smillie**

Deals with preparations for a baby, the newborn and its development through to a preschooler, roles and relationships of parents and children, and 50 pages on children's health.

### **Carol Smillie**

This particular series of moans and groans resulted in a two and a half week period of him writing this novel until he got it all out of his system. From wearing the right bra or exercising during your period, to recovering from illness or keeping active during pregnancy, Juliet's advice will soon have you sorted and on the road to health.

### **Carol Smillie**

Focusing on the ways in which achievement is motivated by the desire to experience competence and avoid experiencing incompetence, the volume integrates disparate theories and findings and sets forth a coherent agenda for future research. Carol Smillie, popular TV presenter and working mother, guides mothers through the practical problems and emotional issues they face when returning to work. It also draws on the expertise of TV Guide's entire team of film experts - each skilled in a different kind of film, from classic Hollywood musicals to low-budget cult favourites - giving the reader more informed and opinionated critique than other books of this kind.

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#### **9780753511343: Carol Smillie's The Working Mum's Handbook**

This volume is drawn from more than 750 journals and includes material published from 1980 through 1990. The principles and guidelines of Sensitive Practice presented in the Handbook are the product of dialogue between survivors and health care practitioners, and outline comprehensive, practical suggestions that all health care practitioners can incorporate into their clinical practice.

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Her advice will give mothers all the information they need to know on: Achieving a work-life balance Maternity leave and pay, parental leave and tax credits Choosing suitable childcare Surviving the nine-to-five, or finding a job after a career break Streamlining household chores, cooking and entertaining Fully revised and updated to include all the latest information on mothers' rights at work and the benefits they're entitled to. Her advice will give mothers all the information they need to know on: Achieving a work-life balance Maternity leave and pay, parental leave and tax credits Choosing suitable childcare Surviving the nine-to-five, or finding a job after a career break Streamlining household chores, cooking and entertaining Fully revised and updated to include all the latest information on mothers' rights at work and the benefits they're entitled to. Yes, we are literally giving you away a steal.

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