

By the time you have read Lifeskills and attempted the exercises, you feel as if you have been through a training.

9780304323968: Lifeskills: A Handbook

The book also demonstrates a hint of humour as well as a sprinkling of some rather tired quotations, sayings and I proverbs. I came to the end of it with new ideas and lots of material to use throughout my work.

Life Skills Curriculum to Prevent Behaviors & Reduce Recidivism

Because of what had happened the night before, he was afraid to go into the house. See all our books here, order more than 1 book and get discounted shipping. This is the tool that behavioral change professionals have been waiting for.

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