

Treating adolescent substance abuse - understanding the fundamental elements

Allyn and Bacon - TREATING ADOLESCENT SUBSTANCE ABUSE UNDERSTANDING THE FUNDAMENTAL ELEMENTS



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Characterizing substance abuse programs that treat adolescents

Social relationships move from a predominant attachment to family to an increased bonding and identification with peers. An estimated 15 percent of 8th graders, 24 percent of 10th graders, and 30 percent of 12th graders reported having had five or more drinks within the preceding 2 weeks. Slightly more than half of high school students grades 9 through 12 reported having had at least one drink of alcohol during the 30 days preceding a 1995 Centers for Disease Control and Prevention CDC survey CDC, 1996.

Chapter 1

The AHRQ Task Order Officer reviewed contract deliverables for adherence to contract requirements and quality. In 2014, a guide developed by the National Institute of Drug Abuse NIDA , identified multiple approaches to treating adolescent SUDs, which were divided into behavioral approaches, family-based approaches, addiction medicine, and recovery support services, but this report did not synthesize evidence on comparative effectiveness.

Evidence

The prevalence of early sexual activity among adolescents emphasizes the need for treatment programs to gather sexual histories and to perform HIV and STD testing in this population. The EPC will complete a disposition of all peer review comments. Advanced practice nurses in primary care can address substance use in the adolescent population with the use of evidence-based interventions, such as Screening, Brief Intervention, and Referral to Treatment SBIRT.

TREATING ADOLESCENT SUBSTANCE ABUSE UNDERSTANDING THE FUNDAMENTAL ELEMENTS

To be effective, treatment must address the individual's drug use and any associated medical, psychological, social, vocational, and legal problems. Given the high co-occurrence of substance use and other mental illnesses, and the increased focus on integrated treatment, there is significant need

and opportunity to engage and educate psychiatrists as well as primary care physicians.

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