

# Relationship of food intakes to the anticariogenic effect of fluorine.

-- CAB Direct

**SOURCES & AMOUNTS OF FLUORIDE INTAKE**

- » Humans absorb fluoride from air, food, and water
- » Estimates from "market basket" surveys:
  - eg: infant 0.21-0.54 mg F/day
  - eg: toddler 0.41-0.61 mg F/day
  - eg: adult 1 - 3 F/day
- » Water and other beverages provide 75% of fluoride intake regardless of whether drinking water is fluoridated
  - » HOW?
- » Fluoride concentration of various beverages available in nonfluoridated and fluoridated communities

Description: -

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Notes: Thesis (M.A.) -- University of Toronto, M.A.

This edition was published in 1960



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Tags: #Fluorine #in #foods

## 8 Fluoride

The carious process can begin within days of a tooth's erupting into the mouth if the diet is sufficiently rich in suitable carbohydrates.

### Research on relationship between fluorine in tap water and that in urine of Chinese residents

Technology utilizing LSI techniques may provide a diagnostic aid to detect early carious lesions. High concentrations in tea can be caused by high natural concentrations in tea plants or by the use of additives during growth or fermentation.

### Fluorine in foods

Chow, Strength and fluoride release characteristics of a calcium fluoride based dental nanocomposite, Biomaterials 29 2008 4261—4267;  
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### Enamel remineralization and repair results of Biomimetic Hydroxyapatite toothpaste on deciduous teeth: an effective option to fluoride toothpaste

Page accessed August 16, 2006. Histograms are the mean of three independent experiments.

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