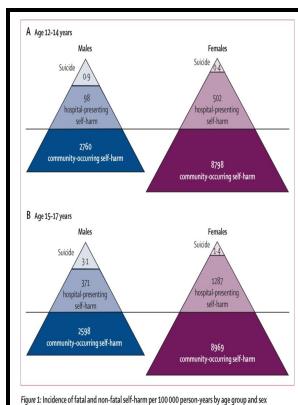


Helping teens who cut - understanding and ending self-injury

Guilford Press - **Helping Teens Who Cut : Using DBT® Skills to End Self**



Description: -

- Self-mutilation in adolescence -- Popular works
Helping teens who cut - understanding and ending self-injury

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Notes: Includes bibliographical references and index.

This edition was published in 2008



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Tags: #Helping #Teens #Who #Cut: #Understanding #and #Ending #Self

Helping Teens Who Cut Understanding And Ending Self Injury PDF Book

Hollander takes the mystery out of this confusing but all-too-prevalent behavior, debunks the many myths surrounding it, and deftly delineates state-of-the-art treatment principles. This book provides relief, hope, and guidelines to follow. Hollander has done us all a great service with this book.

Helping Teens who Cut: Understanding and Ending Self

Hollander welcomes them into the treatment. Introduction: Kids Who Deliberately Hurt Themselves I. These traits do not necessarily distinguish those who would engage in self-injury from those who would not.

Cutting and Self

Self-injury presents an overwhelming dilemma for both parents and professionals, and this book should be required reading.

What Is Teen Cutting and Self

He gives parents the gift of his insight into a complex and ever-increasing problem.

Helping Teens Who Cut Understanding And Ending Selfinjury PDF Book

This book debunks myths about cutting and delves deeply into the important information and skills that both teens and parents need to conquer it.

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