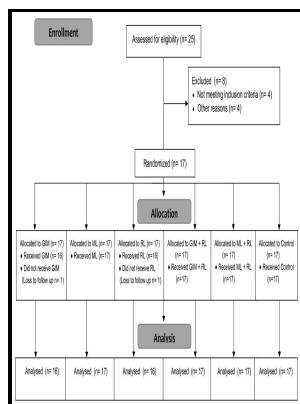


Study investigating the effectiveness of relaxation tapes in reducing pre-surgical stress and anxiety

- - Effects of Different Relaxation Interventions on Reducing Stress in Chinese Breastfeeding Mothers



Description: -

-study investigating the effectiveness of relaxation tapes in reducing pre-surgical stress and anxiety

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The effects of a music intervention during port catheter placement on anxiety and stress

Care will be taken to ensure that the infant is weighed with the same clothing before and after the feed. To measure the degree of subjective anxiety, the German version of the State-Trait Anxiety Inventory STAI , developed by Laux et al. According to the health policy in China, the maternity leave is 98 days.

A randomised comparative trial of yoga and relaxation to reduce stress and anxiety

Results Following the 10 week intervention stress, anxiety and quality of life scores improved over time.

A Prospective Study Investigating the Use of Relaxation Prior to Medical Procedures.

Other assessments Anthropological measurements on mothers and infants Mothers and infants will be weighed at the one week and eight week home visit.

A Prospective Study Investigating the Use of Relaxation Prior to Medical Procedures.

Furthermore, it may be hypothesised that the control group of the present study profited by wearing headphones and being shielded from the noises in the operating theatre and therefore the subjective anxiety measures were also influenced.

The effects of music therapy in patients undergoing septorhinoplasty surgery under general anesthesia

However, the local investigators thought that this would discourage Chinese mothers from participating. Music for stress and anxiety reduction in coronary heart disease patients

The effects of music therapy in patients undergoing septorhinoplasty surgery under general anesthesia

However, since the present study will use a within-subject design, a sample of 14 participants will likely be able to demonstrate changes. The association between the effects of the intervention and the frequency of use will be examined by two-tailed Pearson correlation. To prevent confounding effects caused by emotion-evoking texts, only instrumental music without lyrics was used.

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