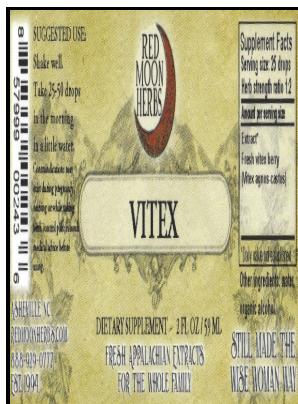


# Vitex - the womens herb

**Botanica Press - Vitex not for PMS.**

Description: -



Conrad, Joseph, 1857-1924 -- Criticism and interpretation.  
 Color photography -- Developing and developers.  
 Cao, Xueqin, -- ca. 1717-1763 -- Technique  
 Cao, Xueqin, -- ca. 1717-1763 -- Characters  
 Cao, Xueqin, -- ca. 1717-1763  
 Social conflict -- Bolivia  
 Regionalism -- Bolivia  
 Decentralization in government -- Bolivia  
 Racism -- Bolivia -- History  
 Bolivia -- Race relations -- History  
 Indians of North America.  
 Indians of North America -- Juvenile literature.  
 Space toys -- Collectors and collecting.  
 Educators -- Florida  
 Fish -- Fiction  
 Fishing -- Fiction  
 Index mutual funds -- Canada.  
 Meteorology, Agricultural -- Observers manuals.  
 Meteorology -- Observers manuals.  
 Gay men -- Spain -- Catalonia.  
 Homosexuality -- Spain -- Catalonia.  
 Front d'Alliberament Gai de Catalunya.  
 Foscolo, Ugo, 1778-1827 -- Criticism and interpretation --  
 Addresses, essays, lectures.  
 Civil procedure -- New York (State)  
 Women -- Diseases -- Treatment.  
 Premenstrual syndrome -- Treatment.  
 Vitex agnus-castus -- Therapeutic use. Vitex - the womens herb  
 -Vitex - the womens herb  
 Notes: Includes bibliographical references (p. [56]-60).  
 This edition was published in 1990

Tags: #Vitex #Elixir #for #Women: #Gaia #Herbs®

## VITEX Chasteberry A supreme hormonal tonic for women

As with all herbs and supplements, the most important thing is to talk to your doctor or healthcare provider before using vitex. If you do not feed your body with hormonally-supportive foods and avoid processed products, alcohol, caffeine, sugar, dairy and gluten, then Vitex cannot



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work miracles! I took a mid-luteal progesteron test and found that I had ovulated.

### Vitex... Fertility Super Herb?

Whether to take 1 pill or to keep going with no vitex at all. A trained nutritional biochemist and Naturopathic Physician, Dr.

### The Essential Guide to Vitex and the Chaste Tree

I am also adding Dong Quai this week. Best results obtained with long term use. If you have a hormone imbalance you will want to address that with food and lifestyle changes — this will ensure that the shifts to your health come from deep within.

### What are the Most Common Vitex Side Effects? (with pictures)

Reduces Uterine Fibroids Uterine fibroids are common, non-cancerous growths on the uterine walls that are made up of muscle and fibrous tissue. Even though it has been shown to have no interference with oral contraceptives birth control , due to limited research, Vitex should not be used in conjunction with prescription medications that contain hormones in case it may interfere with their activity.

**Vitex Elixir for Women: Gaia Herbs®**

It is also effective home remedy for vaginal infections such as menstrual cramps.

### **Vitex for Women's Health**

This is a great article. I bought Vitex Femaprin tonight and I am hoping for positive results when I start taking it.

### **4 of the Most Effective Herbs for Balancing Hormones**

The hot flashes disappeared, but I stopped taking the Vitex because I gained 15 pounds of mostly belly fat while taking Vitex.

### **5 Serious Side Effects Of Chasteberry**

Amenorrhea is a condition where the monthly menstrual bleeding does not happen due to hormonal imbalances. By regulating hormones from the pituitary gland, chasteberry helps promote a healthy reproductive system, boosting the essential luteinizing hormones and promoting a regular menstrual cycle for better fertility.

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## Related Books

- [Datenschutzgesetz - Textausgabe mit Motivenbericht und Sachregister.](#)
- [In Bohemia](#)
- [Postglacial Faulting - A Literature Survey of Occurrences in Eastern Canada and Comparable Claciated](#)
- [Twentieth century culture and deportment, or, The lady and gentleman at home and abroad - containing](#)
- [Carlo Afan De Rivera - burocrate intellettuale borbonico : il sistema viario lucano preunitario](#)