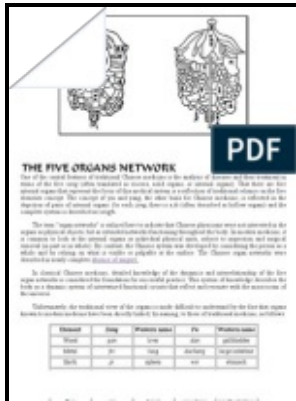


Essentials of medicine in ancient China and Japan - Yasuyori Tambas Ishimpō

E.J. Brill - The Menstruating Womb in: Asian Medicine Volume 11 Issue 1



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- Medicine -- Japan -- Early works to 1800.

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Tamba no Yasuyori

CLARK, Kelly James, and Liu Zongkun.

KAMPO MEDICINE

CHEN, Guoning, and Jensen Chung. Translations from the Asian Classics. Chinesische Dichtung: Geschichte, Struktur, Theorie.

Ancient Chinese Civilization: Bibliography of Materials

Culture and Modernity: East-West Philosophic Perspectives. Oxford: Oxford University Press, 2001.

Chinese Healing Exercises: The Tradition of Daoyin

Like most practices depicted in the Daoyin tu, they are undertaken while standing, although some could also be executed while kneeling or sitting.

Paleomedicine and the Evolutionary Context of Medicinal Plant Use

ALLAN, Sarah, and Crispin Williams, eds. Guoxue is a broad nationalistic project that is simultaneously intellectual and populist. Disagreeing with the popular practice of intense stretches, Hanna finds that actively stretching a chronically tight muscle only makes it tighten further.

‘They Should Be Called Gluttons and Be Despised’: Food, Body and Ideology in Kaibara Ekiken’s Yōjōkun (1713)

Harvard: Harvard University Press, 1967.

Ancient Chinese Civilization: Bibliography of Materials

Witchcraft and the Rise of the First Confucian Empire. They were not in any major way related to Daoist philosophical speculation or the cult of immortality. Exercise Routines About a quarter of the *Yinshu* is dedicated to naming and describing basic exercise routines Wenwu 1990, 82—83; Ikai 2004, 3—12.

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