



■■■■■■■■■■ ■■■ ■■■ Sri Vidya Havan will be performed on Friday March 21, 2014 at Sri Ramanasaramam. In those days the Maharshi would sit and sleep in a hammock slung between two stone pillars and be rocked as a darling child by His loving pupils.

## Yoga: Sama Vritti Pranayama

[illegible]

## Related Books

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