

Badminton

Queen Anne Press - How to play badminton: rules, scoring system and equipment



Description: -

- Badminton (Game)Badminton
- Top coachBadminton
Notes: Includes index.
This edition was published in 1989



Filesize: 60.32 MB

Tags: #BADMINTON #BASICS

BADMINTON BASICS

Beyond the basics, however, badminton offers rich potential for advanced stroke skills that provide a competitive advantage. Slicing also causes the shuttlecock to travel more slowly than the arm movement suggests.

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Neither view has been subjected to a rigorous mechanical analysis, nor is there clear evidence in favour of one or the other. Because badminton players have to cover a short distance as quickly as possible, the purpose of many advanced strokes is to deceive the opponent, so that either they are tricked into believing that a different stroke is being played, or they are forced to delay their movement until they actually sees the shuttle's direction.

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The net posts are placed over the doubles sidelines, even when singles is played. While badminton is most popular in Asia, it also attracts great interest in Europe with players from Denmark among those regularly challenging for top honours. As a result, mixed doubles require greater tactical awareness and subtler positional play.

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Badminton, however, requires powerful lateral movements. This is used to deceive opponents.

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After a successful drive or push, the opponents will often be forced to lift the shuttlecock. Whenever possible, a pair will adopt an ideal attacking formation with one player hitting down from the rear court, and their partner in the midcourt intercepting all smash returns except the lift. The first unofficial all-England badminton championships for men were held in 1899, and the first badminton for women was arranged the next year.

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The width extends to 6.

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