

Cognitive analytic therapy and borderline personality disorder - the model and the method

John Wiley - CAT and borderline personality disorder



Description: -

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Cognitive-analytic therapy.

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borderline personality disorder - the model and the method

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Cognitive analytic therapy for borderline personality disorder: therapist competence and therapeutic effectiveness in routine practice

The E-mail message field is required. CAT of an Offender with Borderline Personality Disorder.

A Life Span Perspective on Borderline Personality Disorder

. Third, it demonstrates how the CAT model was applied to a young person with severe or borderline personality disorder BPD. The use of cognitive analytic therapy CAT to treat patients with borderline personality disorder is a fairly recent and successful approach.

Cognitive analytic therapy and borderline personality disorder : the model and the method (eBook, 1997) [play.fridaynightfunk.rf.gd]

The current study extends these findings by including a broad range of understudied personality disorders, and suggests that schema therapy is the most effective means currently available to alleviate the high societal and personal costs of these prevalent disorders. Cognitive Analytic Therapy and Borderline Personality Disorder: The Model and the Method.

Cognitive Analytic Therapy (CAT)

They found it useful to distinguish between two states that people move in and out of, one in which the handicap is predominant and another in which a more perceptive and less damaged self is predominant. CBT therapists aim to make the relationship collaborative, regarding issues of social control and who sets the therapy goals Kroese et al 1997. This bears much weight because your self-image or lack of it, is what leaves you vulnerable to abuse from others.

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