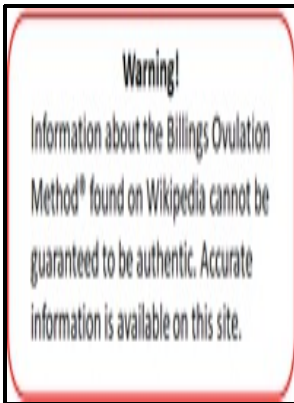


Billings method - controlling fertility without drugs or devices

Anne ODonovan - The Billings Method : Controlling Fertility Without Drugs or Devices by Ann Westmore and Evelyn Billings (Hardcover) for sale online

Description: -

-
 Art & Art Instruction
 General
 Painting & paintings
 Human figures depicted in art
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 Medical
 Health Care Delivery
 Veterans -- Services for -- Virginia -- Directories.
 Virginia. Dept. of Veterans Affairs.
 Ovulation Detection -- methods.
 Menstruation.
 Cervix Mucus.
 Contraception -- methods. Billings method - controlling fertility without drugs or devices
 -Billings method - controlling fertility without drugs or devices
 Notes: Bibliography: p. 230-237.
 This edition was published in 1980



Filesize: 8.24 MB

Tags: #The #Billings #Method #Controlling #Fertility #Without #Drugs #Or #Devices #PDF #Book

Billings Ovulation Method of Birth Control

The Billings Method can be as effective as the Pill, but has no harmful side effects.

Billings Ovulation Method of Birth Control

I was disappointed when this arrived because it is not the book shown, the book that I received was not the newest updated version it was the 2000 edition. The billings method controlling fertility without drugs or devices on amazoncom free shipping on qualifying offers the billings method controlling fertility without drugs or devices.

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EVELYN BILLINGS, THE BILLINGS METHOD, ANN WESTMORE, PREGNANCY, FAMILY, NATURAL FAMILY PLANNING, OVULATION, WITHDRAWAL STERILIZATION, RHYTHM BIRTH CONTROL PILLS, MUCUS, MENSTRUATION, MENOPAUSE, INFERTILITY, BREASTFEEDING, CONTRACEPTIVES, ANXIETY, 255 pages. Clinically proven, and tested by the World Health Organization. Ovulation is likely to occur on the last day that cervical mucus has these features.

The Billings Method: Controlling Fertility without Drugs or Devices: Evelyn Billings, Ann Westmore: 9780919225176: play.fridaynightfunk.rf.gd: Books

A woman never needs to test the mucus with her fingers and internal investigation is never required.

The Billings Method : controlling fertility without drugs or devices

The peak rule applies once the peak day ovulation has been identified. That's less effective than the pill and many other commonly used methods of

birth control.

The Billings Method : Controlling Fertility Without Drugs or Devices by Ann Westmore and Evelyn Billings (Hardcover) for sale online

The authors of the research suggested using the Billings method only when an unexpected pregnancy could be acceptable. This book provides enough information to use the method, but I found Taking Charge of Your Fertility by Toni Weschler to be more comprehensive, easier to read and understand, and easier to refer back to.

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During this time, the characteristic changes of your cervical mucus will correspond to the beginning of your fertile phase. They also suggest that couples who use this method should be aware of how to obtain emergency contraception. The only negative thing I have to say about this book, is that it is repetitive.

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