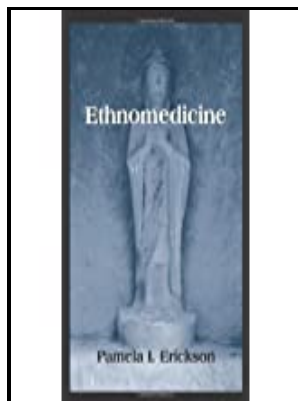


Edible medicines - an ethnopharmacology of food

University of Arizona Press - Edible Medicines: An Ethnopharmacology of Food by Nina L. Etkin



Description: -

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Aristotle, -- 384-322 B.C.

Yamma Dizeru Kabushiki Kaisha -- History.

Nutrition

Alternative medicine

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Ethnopharmacology

Food preferences

Food habitsEdible medicines - an ethnopharmacology of food

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Notes: Includes bibliographical references and index.

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Edible Medicines: An Ethnopharmacology of Food by Nina L. Etkin

It will appeal to a wide range of scholars and professionals, from anthropologists to nutritionists, as well as general readers seeking a greater understanding of the medicinal aspects of food.

Edible Medicines: An Ethnopharmacology of Food by Nina L. Etkin

Drawing on an extensive literature that transects food and culture, the history of medicine, ethnopharmacology, food history, nutrition, and human evolution, Edible Medicines demonstrates the intricate relationship between culture and nature.

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An increased recognition of the key role of local communities in managing agricultural biodiversity is evident. It will appeal to a wide range of scholars and professionals, from anthropologists to nutritionists, as well as general readers seeking a greater understanding of the medicinal aspects of food.

Edible Medicines: An Ethnopharmacology of Food by Nina L. Etkin

Chile pepper is used today as a flavoring, but Aztecs also applied it for toothache, sore throat, and asthma. This book investigates the health implications of foods from the cuisines of peoples around the world to describe the place of food in health maintenance. Although much has been documented regarding the nutritional values of foods, until recently little attention has been paid to the pharmacologic potential of diet.

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