

Bao juan.

Shanxi ren min chu ban she - #Juan



Description: -

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Synagogue music

Folk drama, Chinese.

Folk literature, Chinese.

Pao Chüan (Buddhist song-tales) Bao juan.

-Bao juan.

Notes: Reprint with new intro. and table of contents. Materials from various titles.

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Tags: #Chinese #flower #rolls #with #scallions #(Hua #Juan, #花卷)

#Juan

Put the roll on the worktop, press the chopstick then slice it out of the roll. Roll the dough into a thin, rectangle shape about 20cm×30cm. But sometimes, when I try to shape them, the dough tears instead of stretching.

Chinese flower rolls with scallions (Hua Juan, 花卷)

Grip the two ends in two hands and then fold the two ends together downside. If you have a multi-layer steamer at hand, I encourage you to cook a bigger batch at a time.

Sheng Jian Bao: Pan

Put in the basket with a lid. Do you know why this might be happening? Like many modern cities, Shanghai is full of wonderful choices when it comes to food. Always cook on high heat.

Sheng Jian Bao: Pan

Layered with a light oily filling, they often come with a savoury taste, but sweet versions exist too.

Sheng Jian Bao: Pan

Keep in the fridge for up to 4 days or in the freezer for up to 2 months. Similar to flower rolls are made of leavened wheat flour dough and served as breakfast or as a staple for regular meals.

Steamed Scallion Buns

Evenly coat the dough with the filling. What to serve with flower rolls I enjoy flower rolls at breakfast, with a bowl of rice congee and some preserved vegetable or fermented bean curd.

Chinese flower rolls with scallions (Hua Juan, 花卷)

My answer to these questions is: the most accessible all-purpose flour works perfectly.

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