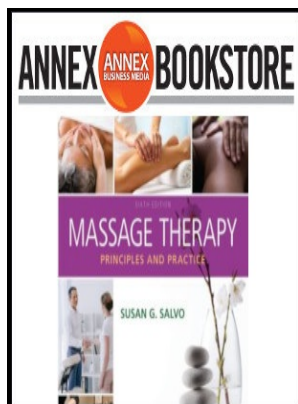


Massage therapy - principles and practice

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Notes: Includes bibliographical references and index.

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Energy can be directed or encouraged to move through and around the body in such ways as to have impact on the physical structure and function of the body as well as on emotional well-being.

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