

# Birth control info for teens

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## Contraception: General Information

Use spermicides with nonoxynol-9 only if you are in a monogamous relationship you have sex only with each other with a man you know is HIV-negative. This includes birth control prescriptions and visits to your doctor related to birth control. Keep in mind that even the most effective birth control methods can fail.

## Top 3 Birth Control Options for Your Teenage Daughter

The implant additionally does not protect against STIs. But fear not, for choosing your method does not have to be as complicated as it seems.

## Birth control methods

It usually takes about 25 minutes and ends with a prescription being sent to your pharmacy, depending on which method you choose.

## Is Continuous Use Of Birth Control Safe?

Will my daughter gain weight from taking birth control pills? Also, your daughter would not experience the many medical non-contraceptive benefits that the Pill offers. Keep in mind that even the most effective birth control methods can fail.

## No Drama

MMWR Recomm Rep; 65 RR-3 :1—104.

## Benefits of Birth Control: 10 Advantages Beyond Preventing Pregnancy

And for good reasons — they're effective and easy to use. Each method has its pros and cons, and it's important to discuss these with your

daughter and her health care provider before choosing a method.

### **No Drama**

Visit your local health care center Many clinics provide free or low-cost counseling and reproductive health services, including birth control, for teens. It can, depending on your health and the type of birth control you use. Some work better than others at preventing pregnancy.

### **For Teens**

Side effects can include weight gain, headaches, irregular bleeding, breast tenderness, and mood changes.

## Related Books

- [Temporal and spatial variations of observed and projected age structures in Poland in the nineteen e](#)
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- [Cymbeline - a tragedy, altered from Shakespeare, as it is performed at the Theatre Royal in Covent Ga](#)
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