

Swing easy, hit hard

Cornerstone Library Publications - Swing Easy, Hit Hard for More "Power"



Description: -

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Slow Down Your Golf Swing to Get More Distance

But I also see how this would just destroy my handicap. Thank you for the promo.

Simplify your driver swing for effortless power

One simple solution to add more swing weight without putting extra static weight onto your racquet is simply replace your dampener to the top of your racquet. He has that natural God-given ability to swing smoothly and yet hit the ball miles.

Swinging Too Fast? Hint: You're Not

After a while you should be able to know the feeling of your maximum. Your full-swing rhythm should be the same from swing to swing and from club to club, whether you're hitting a driver or an 8-iron, which our model, mini-tour player Michael Kartrude, is demonstrating in these photos. Just because it's a short shot, that doesn't mean the body shouldn't rotate.

Slow Down Your Golf Swing to Get More Distance

I've got that nice little pause at the top of my backswing and my rhythm is back in the old groove. Some guys use more endless belt, other guys use less.

Hard, Smooth or Easy

Golfers who try to swing as fast as they are able will hit the ball more consistently, farther and just as accurately as those trying to swing slowly or smoothly. So I have worked hard on a gentle fade which I can trust.

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