

# Optometric management of nearpoint vision disorders

Butterworth-Heinemann - Vision Therapy: Evidence

How would you rate the frequency of your vision problems or symptoms during the past 4 weeks?  
(For example, watching television, movies, driving, reading, writing or sewing?)

1. EXCELLENT
2. GOOD
3. MODERATE
4. POOR
5. VERY POOR

How often have you had episodes of blurred vision and/or double vision during the past 4 weeks?

1. ALL OF THE TIME
2. MOST OF THE TIME
3. A GOOD BIT OF THE TIME
4. SOME OF THE TIME
5. A LITTLE OF THE TIME
6. NONE OF THE TIME

How often do you experience with your eyes/limit your ability to do certain tasks or the amount of time that you need to do them (for example, because you become tired, lose concentration, or are not able to see and read or complete the task)?

1. EXCELLENT
2. GOOD
3. MODERATE
4. POOR
5. NOT AT ALL

How often do you have your vision worse at the same time, or stop time when you are reading or driving (for example, when going back to the beginning of the next line, you find yourself on the line just read)?

1. ALL OF THE TIME
2. MOST OF THE TIME
3. A GOOD BIT OF THE TIME
4. SOME OF THE TIME
5. A LITTLE OF THE TIME
6. NONE OF THE TIME

To what extent does bright light and/or glare affect your ability to do certain tasks?

1. EXCELLENT
2. GOOD
3. MODERATE
4. POOR
5. NOT AT ALL

How often have your eyes hurt, watered, itched, or become red or swollen in the past 4 weeks?

1. ALL OF THE TIME
2. MOST OF THE TIME
3. A GOOD BIT OF THE TIME
4. SOME OF THE TIME
5. A LITTLE OF THE TIME
6. NONE OF THE TIME

How often have you had headaches during the past 4 weeks?

1. ALL OF THE TIME
2. MOST OF THE TIME
3. A GOOD BIT OF THE TIME
4. SOME OF THE TIME
5. A LITTLE OF THE TIME
6. NONE OF THE TIME

How often are you bothered when others notice your eye burn (i.e., red, itchy, or swollen) or that you are unable to do certain tasks because of your eyes? (If this does not apply to you, circle 6.)

1. EXCELLENT
2. GOOD
3. MODERATE
4. POOR
5. NOT AT ALL
6. DOES NOT APPLY

Description: -

- Vision Disorders -- therapy.

Myopia -- therapy.

Models, Biological.

Eyeglasses.

Myopia.

Visual training.

Behavioral optometry. Optometric management of nearpoint vision disorders

-Optometric management of nearpoint vision disorders

Notes: Includes bibliographical references and index.

This edition was published in 1993



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These two vision problems can occur together or independently, and are amenable to treatment with lenses or vision therapy eye exercises.

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Functional visual disturbance due to hysteria. Diagnosis and Treatment of Accommodative and Vergence Anomalies Using Computerized Vision Therapy. Previously, studies recommended near activities during patching hours; however, more recent research shows that patients performing distance activities while patching are as effective in visual recovery.

## Optometric Management of Nearpoint Vision Disorders

American Journal of Optometry and Physiological Optics, 1982, pages 718-725.

## When Stress Strains Vision

Therefore, a comprehensive binocular eye exam is recommended before diagnosing a patient with dyslexia, or providing other treatments, such as colored lenses.

**The efficacy of optometric vision therapy. The 1986/87 Future of Visual Development/Performance Task Force**

Philadelphia, PA: Mosby Elsevier; 2005:335-67.

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