# Meat and meat products in human nutrition in developing countries

Food and Agriculture Organization of the United Nations - Nutritional importance of animal source foods



Description: -

Nutrition.

Meat.

Developing Countries.

Food of animal origin -- Developing countries.

Meat industry and trade -- Developing countries.

Nutrition -- Developing countries. Meat and meat products in human nutrition in developing countries

Yi Sang Munhaksang susang chakka taep'yo chakp'umsŏn -- 1 53

FAO food and nutrition paper, Meat and meat products in human nutrition in developing countries

Notes: Includes bibliographical references (p. 55-58).

This edition was published in 1992



Filesize: 25.57 MB

Tags: #Role #of #poultry #meat #in #a #balanced #diet #aimed #at #maintaining #health #and #wellbeing: #an #Italian #consensus #document

#### Nutritional importance of animal source foods

The greatest increase is in the production of poultry and pigs, as well as eggs and milk. It should be noted that, in many countries, fish availability is very geographically skewed and is often limited to areas near coasts, rivers and inland lakes. However, many developing countries still do not have an adequate system of statistics pertaining to the agricultural sector.

#### Lab

Global production of poultry meat has increased rapidly over the last 50 years, growing more than 12-fold between 1961-2014. Negative health outcomes associated with inadequate intake of these nutrients include anemia, poor growth, rickets, impaired cognitive performance, blindness, neuromuscular deficits and eventually, death.

#### **Processed Meat**

Taxes on unhealthy foods can generate income that can be used to promote a higher intake of animal products such as milk and meat among the poor. In relation to livestock production and product consumption, the various data sets consulted include: agricultural production, agriculture and food trade, food supply, food balance sheets, supply utilization account, population and fish production.

## **Countries Who Consume the Least Meat**

In most of the developing world, a goat, a pig, some chickens or a milking cow can provide a key income supplement for the landless and otherwise asset-poor. Consumption of meat, milk and eggs Although there is a great rise in global livestock production, the pattern of consumption is very uneven. To complete the picture, it is important to also consider fish production.

Role of poultry meat in a balanced diet aimed at maintaining health and wellbeing: an Italian consensus document

However, more research is needed to develop the technology and make it accessible to large populations. The Livestock Revolution is primarily driven by demand. The Challenge of Food and Nutrition Security Global food security is high on the development agenda.

# Diet quality, child health and food policies in developing countries

Therefore, a rather drastic deceleration in at least this country and, given its large weight, also in the global aggregates, is to be expected. Farmers in these places will have to adapt to more intense weather patterns, droughts and floods, as well as their land decreasing in yield. Aggregate meat consumption in developing countries is projected to grow by 106 mmt between the late 1990s and 2020, whereas the corresponding figure for developed countries is 19 mmt.

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