Anorexia nervosa - a comprehensive approach

Collamore Press - The emergence and treatment of anorexia and bulimia nervosa. A comprehensive and practical model



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Telegraph

Anorexia nervosa.

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Anorexia Nervosa Treatment & Recovery Options

Antidepressants, including selective serotonin reuptake inhibitors SSRIs, may help mitigate symptoms of depression and suicidal ideation in patients with anorexia nervosa.

Treatment and management of anorexia nervosa

Weight restoration is associated in adolescents with important gains in bone density. This limits the appetite, how your body uses food, and your ability to think clearly and make good decisions. Outcome varied considerably across studies e.

Anorexia Nervosa Treatment & Recovery Options

If anorexia causes life-threatening medical problems, you need urgent medical treatment. People with eating disorders might benefit from group therapy, where they can find support, and openly discuss their feelings and concerns with others who share common experiences and problems. From DSM-IV to DSM-5: changes to eating disorder diagnoses.

A Comprehensive Approach to Anorexia Nervosa

Our medically stable patients may step down to a lower level of care where the focus shifts towards helping them understand the factors that maintain anorexia symptoms and towards learning recovery skills. Of the 11 trials, four trials involved a comparison of a tricyclic antidepressant amitriptyline, clomipramine with placebo;;;;, one compared a SSRI antidepressant fluoxetine with placebo, and one compared a SSRI antidepressant citalopram with a wait-list control. No consistent pattern emerges in relation to type of service setting, or age, with different people being satisfied or dissatisfied with different aspects of services or service settings.

Anorexia Nervosa

Opinion and practice varies between and within countries, centres and clinicians. Washington, DC: American Psychiatric Association; 2006.

However, comparison between centres is difficult because of the likelihood that the case mix varies widely across studies.

Anorexia Nervosa: Causes, Symptoms, Diagnosis & Treatment

In patients who have just had their weight restored in hospital the maintenance of weight gain is a prominent goal, together with continued healthy eating, the reduction of other eating disorder related symptoms and the promotion of psychological recovery. A team comprising a pediatrician, a child psychiatrist, a dietician, and trained nurses collaborated in a comprehensive systemic therapeutic approach involving parents, schools, and community agents.

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