# When the going gets tough - a spirituality for hard times

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Description: -

Poor -- Religious aspects -- Christianity.

Poverty -- Religious aspects -- Christianity. When the going gets tough

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Inner journey series When the going gets tough - a spirituality for hard

imes

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#### **Difficult Times Quotes (154 quotes)**

Imagine, for example, when being criticized unfairly, having the poise to choose not to be defensive or take it personally. Let go of your fears. If we withdraw in defense, it builds armor around our hearts and prevents us from being fully engaged with life.

# 10 Things to Remember When the Going Gets Tough

Psalm 34:17 - When the righteous cry for help, the LORD hears and delivers them out of all their troubles. We also have a collection of to keep you going towards your goals and dreams. You might say our job is to be fallible and broken.

### **Getting Through Tough Times**

Affliction produces endurance and patience Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance Rom 5:3. The only way to get patience and endurance is by being placed in situations that require it. We do not see the growth of the root system underground that gives the tree its ability to withstand strong winds.

# Inspirational quotes in English for when the going gets tough

Sometimes it sprinkles, sometimes it pours, and sometimes the flood waters threaten to overwhelm us.

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