

# Beef and veal in family meals - a guide for consumers.

U.S. Dept. of Agriculture; [for sale by the Supt. of Docs., U.S. Govt. Print. Off. - 1978  
Beef And Veal In Family Meals, A Guide For Consumers



Description: -

-

Cookery (Veal)

Cookery (Beef)Beef and veal in family meals - a guide for consumers.

-

no. 118.

Home and garden bulletin ;

Home and garden bulletin no. 118Beef and veal in family meals - a

guide for consumers.

Notes: Issued in 1967 by U.S. Agricultural Research Service, Human  
Nutrition Research Division.

This edition was published in 1970



Filesize: 47.51 MB

Tags: #1978 #Beef#And #Veal #In #Family #Meals, #A #Guide #For #Consumers

## Food Safety: Consumer Guidance

Provides step-by-step directions for basic beef and veal cookery. Remove a few at a time, cool slightly, then peel 5 with a paring knife. Put stuffing into baking dish.

## for Beef, Pork, Eggs Surging, Here's When Food Costs Could Fall

Familiar dishes take on new interest when nuts are added. Will change in texture and flavor.

## Beef Veal Family Meals

Serve over cooked drained cauliflower, broccoli, asparagus, or potatoes. Fold-outs, if any, are not part of the book.

## for Beef, Pork, Eggs Surging, Here's When Food Costs Could Fall

Approximate calorie values for commonly used nuts are listed on. Garnish, as desired, with parsley or paprika.

## Beef Veal Family Meals

Calories per serving: About 380 for stroganoff excluding potatoes, rice, or noodles. Reduce flour to 1 tablespoon. Each page is checked manually before printing.

## Nuts in Family Meals: A Guide for Consumers, by U. S. Department of Agriculture—a Project Gutenberg eBook

If the original book was published in multiple volumes then this reprint is of only one volume, not the whole set.

## Related Books

- [Impact of the payment-in-kind program on agricultural support industries - hearing before the Subcom](#)
- [Robert Graves](#)
- [Technology for all across the curriculum - a report and evaluation prepared for British science and](#)
- [Poliomyelitis and polioencephalitis](#)
- [Posibilidades y límites de la comunicación museográfica](#)