

Not so big life - making room for what really matters

Random House Trade Paperbacks - styleguide.expo.io: The Not So Big Life: Making Room for What Really Matters (Audible Audio Edition): Sarah Susanka, Kimberly Farr, Random House Audio: Audible Audiobooks



Description: -

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Notes: Includes index.

This edition was published in 2008



Filesize: 18.51 MB

Tags: #The #Not #So #Big #Life: #Making #Room #for #What #Really #Matters: #Susanka, #Sarah: #9780812976007: #styleguide.expo.io: #Books

The Not So Big Life: Making Room for What Really Matters by Sarah Susanka

The lessons have to be woven into your everyday life and lived just as reflexively as the acts of washing your hands and brushing your teeth. I loved the stories and anecdotes This is by far one of the best books I've read in quite some time - i liked it so much, I just had to savor every moment and was a bit sad when it ended! All that is required is our presence.

The Not So Big Life: Making Room for What Really Matters (Virtual Event)

Almost all of us would engage in some remodeling of our house if we had the time and the money. Had she never told me of her dream, the idea would never have occurred to me. Only it's usually fairly anti-climatic, and you get to the book and wonder if you missed the important chapter.

The Not So Big Life: Making Room for What Really Matters (Virtual Event)

In her elegant, clear style, Susanka convinces us that less truly is more--much more. Then you need to compose a good design solution that uses what already exists but modifies it here and there to accommodate the new functions.

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I tell them not to worry for the time being about whether they can afford these things. We do not have to lead a monastic life or give up the things we love.

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I don't see the value in that. It is only when we choose to slow down and learn how to be fully engaged in living, that our life will become the expansive and meaningful journey that it was meant to be.

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It seemed a natural progression for Susanka to next explore how we live our lives in those spaces. When I picked it up last week, I was determined to get through it.

The Not So Big Life: Making Room for What Really Matters (Virtual Event)

He wanted to replicate the form in his new home to remind him of that simplicity, even when the events in his life seemed anything but simple. Susanka develops an extended architectural metaphor for remodeling your life.

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She espouses a not so big house and a not so big life. As I embark on the exciting adventure of aligning myself to my own unfolding, I can see that the author is right. Had she never told me of her dream, the idea would never have occurred to me.

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