

Big book of birth

Plume Book - The Big Book of Birth



Description: -

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Self-care, Health

Pregnancy

Labor (Obstetrics)

Childbirthbig book of birth

-big book of birth

Notes: Includes bibliographical references and index.

This edition was published in 2007



Filesize: 18.510 MB

Tags: #The #Big #Book #ofBirth

The Big Book of Birth (2008 edition)

Second, it was three weeks from my due date and I hadn't done any rese This is the only book about birth that I have read, and I haven't yet given birth due in a week! Also, I think the section on massage in the active labor chapter will be helpful to share with my husband. I was collecting these stories in the weeks before my daughter was born.

The Big Book ofBirth

It also helps you really understand what your body is doing when you are pregnant, and in labour. I have to LOOK at it?? A long-overdue resource, The Big Book of Birth gives expectant mothers the knowledge they need to approach childbirth with confidence and joy.

The Big Book of Birth (2008 edition)

With that said, the author's agenda not into induction or C-sections; pro-non-medicated births; super pro-breastfeeding came shining through a little bit too much for me. The more active labor you are in, the more you minimize some of the potential.

The Big Book ofBirth

She doesn't dwell on any one topic for very long and she doesn't try to sell you on why she's a reliable source for half the book like so many self-help books you read. This book really taught me a ton about labor, delivery, and postpartum life.

The Big Book of Birth by Erica Lyon

Drawing from more than a decade of teaching expecting parents Childbirth is one of the most significant events of any woman's life--and for many, also a source of enormous anxiety and fear. She doesn't dwell on any one topic for very long and she doesn't try to sell you on why she's a reliable source for half the book like so many self-help books you read. I no I'm currently pregnant with twins and the entire thing is a bit intimidating, especially as a first-timer.

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