

Leisure and urban society

University of Salford - Sociology of leisure



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The impact of leisure activities on older adults' cognitive function, physical function, and mental health

First, thanks to a more comprehensive modeling approach, the study provides a more reliable estimate of the impact of LA engagement on cognitive function. In and the , adult men usually have between one and nine hours more leisure time than women do each week. College sports received much criticism for these practices, which, some educators argued, worked against the academic mission of the university.

The impact of leisure activities on older adults' cognitive function, physical function, and mental health

The present-day urban landscape of retro ballparks, entertainment districts, waterfront developments, festival marketplaces, tree-studded brick sidewalks, and smart nightspots and cafés represents the efforts of public and private interests to rekindle the excitement of a trip to the city and thereby ensure its long-term viability.

The Role of Leisure in Determining Quality of Life: Issues of Content and Measurement

This is an open access article distributed under the terms of the , which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. An SEM model allows us to analyze the impact of LA engagement on all the variables of interest—cognitive function, physical function, and mental health—simultaneously i. Race, gender and leisure benefit.

Urban Celebrity to close

Determinants of leisure time physical activity in rural compared with urban older and ethnically diverse women in the United States. The mania was nevertheless real. In line with substantial research into the field, the results confirmed the link between LA engagement and cognitive function.

Violent Night

Until then, leisure had often been seen as a relatively unimportant, minor feature of

Rural China: *An International Journal of History and Social Science*, 12, 142—163. Similar effects were found for physical function and mental health. LA engagement, subjective wealth, and education were predictors of the three latent variables cognition, physical function, and mental health in the regression equations.

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