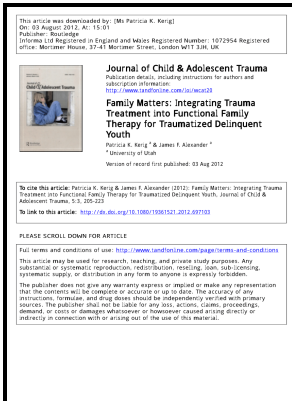


Playing hard at life - a relational approach to treating multiply traumatized adolescents

Analytic Press - Cohen Ety



Description: -

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Post-traumatic stress disorder in children -- Treatment
Teenagers -- Mental health
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-Playing hard at life - a relational approach to treating multiply
traumatized adolescents

Notes: Includes bibliographical references and index.

This edition was published in 2003



Filesize: 50.48 MB

Tags: #Book #Review: #Playing #Hard #at #Life: #A #Relational #Approach #to #Treating #Multiply #Traumatized #Adolescents, #by #Ety #Cohen. #Hillsdale, #NJ, #The #Analytic #Press, #2003, #230 #pp., #\$.45.00

Cohen Ety

Ety Cohen gives those of us who work with adolescents renewed hope in the power of a psychoanalytically-oriented treatment approach.

Ety Cohen, Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents

She is also a Training and Supervising Analyst at the American Institute for Psychoanalysis of The Karen Horney Psychoanalytic Center and an adjunct professor at the NYU Ehrenkranz School of Social Work.

Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents

Some moderate creases and wear.

Book Review: Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents by Ety Cohen, NY: The Analytic Press, 2003, 230 pp.

Drawing heavily on Ferenczi, her predecessor in taking on the most difficult clinical situations, Cohen weaves together theory and vivid, real-world clinical examples to create a work that is thoughtful and ultimately hopeful in the midst of overwhelming, unbearably painful human situations.

Ety Cohen, Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents

Again and again, the reader is shocked by just how much happened to these adolescents, astonished at how resilient they proved to be, and, finally, moved by how much Cohen was able to accomplish with them. . Drawing heavily on Ferenczi, her predecessor in taking on the most difficult clinical situations, Cohen weaves together theory and vivid, real-world clinical examples to create a work that is thoughtful and ultimately hopeful in the midst of overwhelming, unbearably painful human situations.

Cohen Ety

The result is not only a poignant record of courage and commitment, but also a valuable extension of modern trauma theory to adolescence as a developmental stage with its own challenges and requirements. Her relational approaches to these treatments, teamed with her realization that work with multiply traumatized adolescents cannot be structured in the manner of conventional therapy, makes this book an invaluable, timely, and deeply sobering contribution to the literature. Keywords: No keywords specified. Categories: PhilPapers logo by and. Working with New York City teenagers who have survived the wars of inner-city life and Israeli teenage soldiers who have survived the wars of the Middle East, author Ety Cohen documents the extraordinary challenges of forming a treatment alliance with these shattered youngsters, of engaging them psychodynamically, and of working toward a viable termination.

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