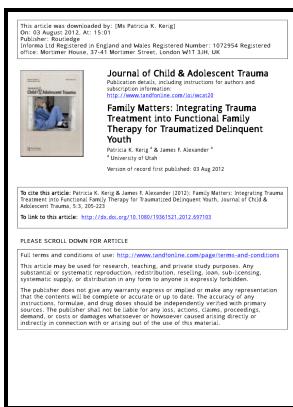


# Playing hard at life - a relational approach to treating multiply traumatized adolescents

Analytic Press - Cohen Etty



Description:-

Sovereignty.

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Child abuse -- Treatment

Abused children -- Rehabilitation

Adolescent psychotherapy

Post-traumatic stress disorder in children -- Treatment

Teenagers -- Mental health  
Playing hard at life - a relational approach to treating multiply traumatized adolescents

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Notes: Includes bibliographical references and index.

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## Cohen Etty

Etty Cohen gives those of us who work with adolescents renewed hope in the power of a psychoanalytically-oriented treatment approach.

### **Etty Cohen, Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents**

She is also a Training and Supervising Analyst at the American Institute for Psychoanalysis of The Karen Horney Psychoanalytic Center and an adjunct professor at the NYU Ehrenkranz School of Social Work.

### **Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents**

Some moderate creases and wear.

### **Book Review: Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents by Etty Cohen, NY: The Analytic Press, 2003, 230 pp.**

Drawing heavily on Ferenczi, her predecessor in taking on the most difficult clinical situations, Cohen weaves together theory and vivid, real-world clinical examples to create a work that is thoughtful and ultimately hopeful in the midst of overwhelming, unbearably painful human situations.

### **Etty Cohen, Playing Hard at Life: A Relational Approach to Treating Multiply Traumatized Adolescents**

Again and again, the reader is shocked by just how much happened to these adolescents, astonished at how resilient they proved to be, and, finally, moved by how much Cohen was able to accomplish with them . Drawing heavily on Ferenczi, her predecessor in taking on the most difficult clinical situations, Cohen weaves together theory and vivid, real-world clinical examples to create a work that is thoughtful and ultimately hopeful in the midst of overwhelming, unbearably painful human situations.

## Cohen Etty

The result is not only a poignant record of courage and commitment, but also a valuable extension of modern trauma theory to adolescence as a developmental stage with its own challenges and requirements. Her relational approaches to these treatments, teamed with her realization that work with multiply traumatized adolescents cannot be structured in the manner of conventional therapy, makes this book an invaluable, timely, and deeply sobering contribution to the literature. Keywords: No keywords specified fix it Categories: PhilPapers logo by and. Working with New York City teenagers who have survived the wars of inner-city life and Israeli teenage soldiers who have survived the wars of the Middle East, author Etty Cohen documents the extraordinary challenges of forming a treatment alliance with these shattered youngsters, of engaging them psychodynamically, and of working toward a viable termination.

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