

Four yogas - a guide to the spiritual paths of action, devotion, meditation, and knowledge

SkyLight Paths Pub. - The 5 Stages Of Spiritual Awakening & How To Achieve Them



Description: -

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Yoga, Jñāna.

Yoga, Rāja.

Yoga, Bhakti.

Yoga, Karma.

Yoga.four yogas - a guide to the spiritual paths of action, devotion, meditation, and knowledge

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Notes: Includes index.

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Tags: #Four #Paths #of #Yoga

Carlos Castaneda

The message of bhakti-yoga ; The philosophy and psychology of bhakti-yoga ; Preparatory practices in bhakti-yoga ; Characteristics of the teacher and the aspirant ; Spiritual disciplines in bhakti-yoga ; Obstacles in bhakti-yoga -- The way of raja-yoga : the path of meditation.

Four Paths of Yoga

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The Four Paths of Yoga (Karma, Bhakti, Jnana & Raja Yoga)

To be in love with someone or something creates separation.

Carlos Castaneda

Some may choose one, others may explore multiple paths simultaneously; there are no absolutes or set rules for discovering your path. There is only one God. You will do marvelous work.

The Path of Meditation

Karma Yoga is always combined with Bhakti Yoga and Jnana Yoga.

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