

# Vitex - the womens herb

## Botanica Press - Vitex: Aromatherapy Utilizing Women's Herb

Description: -

-

Conrad, Joseph, 1857-1924 -- Criticism and interpretation.

Color photography -- Developing and developers.

Cao, Xueqin, -- ca. 1717-1763 -- Technique

Cao, Xueqin, -- ca. 1717-1763 -- Characters

Cao, Xueqin, -- ca. 1717-1763

Social conflict -- Bolivia

Regionalism -- Bolivia

Decentralization in government -- Bolivia

Racism -- Bolivia -- History

Bolivia -- Race relations -- History

Indians of North America.

Indians of North America -- Juvenile literature.

Space toys -- Collectors and collecting.

Educators -- Florida

Fish -- Fiction

Fishing -- Fiction

Index mutual funds -- Canada.

Meteorology, Agricultural -- Observers manuals.

Meteorology -- Observers manuals.

Gay men -- Spain -- Catalonia.

Homosexuality -- Spain -- Catalonia.

Front d'Alliberament Gai de Catalunya.

Foscolo, Ugo, 1778-1827 -- Criticism and interpretation --

Addresses, essays, lectures.

Civil procedure -- New York (State)

Women -- Diseases -- Treatment.

Premenstrual syndrome -- Treatment.

Vitex agnus-castus -- Therapeutic use. Vitex - the womens herb

- Vitex - the womens herb

Notes: Includes bibliographical references (p. [56]-60).

This edition was published in 1990



Filesize: 46.61 MB

Tags: #What #are #the #Most #Common #Vitex #Side #Effects? #(with #pictures)

### VITEX Chasteberry A supreme hormonal tonic for women

Scientific research is limited on how menstruation and fertility interact with chasteberry, but there has been some work showing that women who take chasteberry experience some reduction in like, edema, constipation, irritability, depressed mood, anger, and headache. These are the two

options on taking Vitex that my Integrative doctor explained to me. Please let me know as to how Vitex can help me with my fertility.

### Vitex Berry for Women: Gaia Herbs®

I have been taking vitex for a few months for PMS. However In the regions where it grows Vitex Chasteberry Tree berries were drank by local monks to help keep their libido levels lowered.

### Vitex Berry

I read about Vitex and started a week ago. I started taking vitex on August 8th this month.

### The Women's Wellness Collective

As soon as I got pregnant, I stopped taking it and stayed on my progesterone cream for the rest of the first trimester to make sure my progesterone levels stayed high enough to support the pregnancy.

### 5 Serious Side Effects Of Chasteberry

I was a little worried about taking vitex because I was on the pill for a long time, and I am so worried about anything shifting the way my hormones in any way, and it seems that some women are very negatively affected by Vitex.

### **Vitex For Fertility: The Amazing Treatment for Fertility Problems**

But YEAH - my amenorrhoea stopped, big deal! Feeling a little discouraged and wondering if this is normal for the first cycle using Vitex or if this is a sign that it might not be for me. Summary Vitex agnus-castus may reduce symptoms of PMS and menopause, though study results are mixed.

### **4 vitex benefits that every woman should know about**

I am still a bit more impatient, but it's tolerable. Can you please tell me what is going to happen now? Would vitex be a good idea for me? My doctor told me to take it in the evening after ovulating and until my period starts.

---

## Related Books

- [Perush ‘al kamah agadot - ‘al agadot Rabah bar Bar Hanah ye-sabe de-ve Atona ye-‘od](#)
- [Hans Poelzig - architectura, ars magna, 1869-1936](#)
- [Terre Astre Vivant.](#)
- [Documentación medieval de la Diócesis de Bilbao en el Archivo Vaticano \(siglos XIV-XV\)](#)
- [Analog model for studying economic development problems](#)