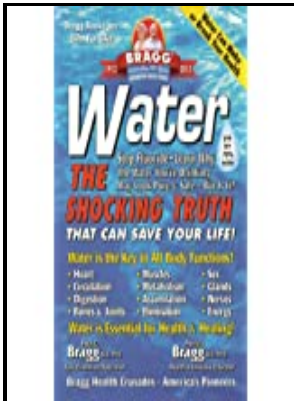


# Miracle of fasting - for agelessness--physical, mental & spiritual rejuvenation ; new discoveries about an old miracle, the fast fasting way to health

Health Science - THE MIRACLE OF FASTING: Proven Throughout History for Physical, Mental, & Spiritual Rejuvenation By Patricia Bragg and Paul C. Bragg



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