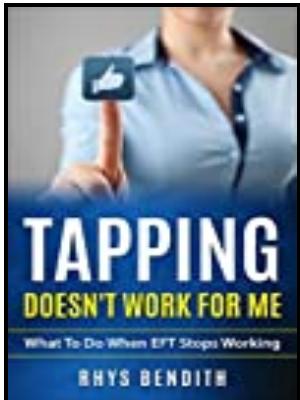


Tapping the healer within - using thought field therapy to instantly conquer your fears, anxieties, and emotional distress

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- Acupressure.

Mind and body therapies. Tapping the healer within - using thought field therapy to instantly conquer your fears, anxieties, and emotional distress

-Tapping the healer within - using thought field therapy to instantly conquer your fears, anxieties, and emotional distress

Notes: Includes index.

This edition was published in 2001



Filesize: 14.69 MB

Tags: #TAPPING #THE #HEALER #WITHIN #USING #THOUGHT #FIELD #THERAPY #TO #INSTANTLY #CONQUER #YOUR #FEARS #ANXIETIES #AND #EMOTIONAL #DISTRESS

TAPPING THE HEALER WITHIN USING THOUGHT FIELD THERAPY TO INSTANTLY CONQUER YOUR FEARS ANXIETIES AND EMOTIONAL DISTRESS

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Tapping the healer within (2001 edition)

The Book and DVD focuses on overeating problems. Callahan, PhD, with Richard Trubo, Forward by Dr. Even if yours is a complex case, Dr.

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An interesting read, for sure.

Tapping the Healer Within: Using Thought

I found that it's still very much easier to go to Youtube and watch a video of someone demonstrating how to do TFT or EFT , than read the text descriptions in the book of how to do it. Try it, you will be amazed at the relief you feel.

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