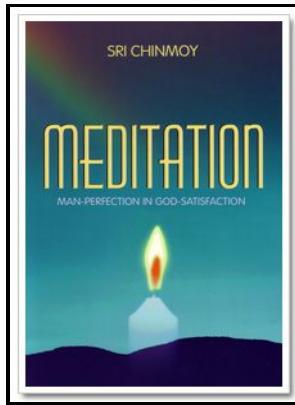


Meditation : man-perfection in God-satisfaction

Agni Press, c1978] - What is a good meditation?

Description: -

Motion picture industry -- California -- Los Angeles -- History
Publishers and publishing -- United States -- Biography
Motion picture producers and directors -- United States -- Biography
Hearst, William Randolph, -- 1863-1951
Organizational research
Psychology, Industrial
Industrial relations
Greek drama (Satyr play)
German drama -- Translations from Greek
Greek drama -- Translations into German
Labor (Obstetrics)
Uterine hemorrhage.
Northern Territory -- In literature.
Northern Territory -- Intellectual life.
Sex role in literature.
Aboriginal Australians in literature.
Women and literature -- Australia -- Northern Territory.
Authors, Australian -- Homes and haunts -- Australia -- Northern Territory.
Australian literature -- Australia -- Northern Territory -- History and criticism
Holy Spirit -- History of doctrines -- Bibliography.
Holy Spirit -- Bibliography.
Meditation (Hinduism)Meditation : man-perfection in God-satisfactionTags: #Meditation #Exercises
-Meditation : man-perfection in God-satisfaction
Notes: Includes index.
This edition was published in 1978



Filesize: 20.35 MB

101 Meditation Techniques by Sri Ch

Feel that you are breathing in not air but cosmic energy. He was the youngest of seven children in a devout family. You will be flying in the sky of delight where all is joy, peace and bliss.

Step 3: Meditating in the Spiritual Heart

Then, in the same way that you concentrated on the physical flower, kindly concentrate on the flower inside your heart, with your eyes closed. Stand facing the dot, about ten inches away, and concentrate on it.

Selected Writings — Heart

If we want any real peace, real joy, real love, then we have to meditate. When you meditate at home, set aside a corner of your room which you can make absolutely pure and sanctified - a sacred place that you use only for meditation.

Meditation

When you feel from your head to your feet that you have become only the beauty, fragrance, purity and delight of the rose, then you are ready to place yourself at the Feet of your Beloved Supreme. The outer flower will remind you of the flower inside your heart.

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