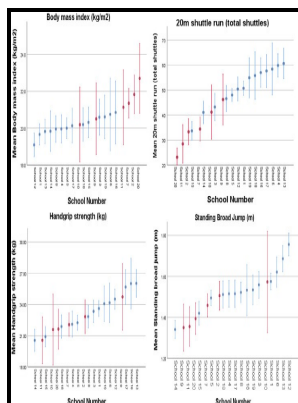


# Pediatric fitness - secular trends and geographic variability

New York ; Karger - Pediatric Fitness: Secular Trends and Geographic Variability



Description: -

-

Exercise Test

Child

Adolescent

Physical Fitness

Physical fitness for children -- Cross-cultural studies  
Pediatric fitness - secular trends and geographic variability

-

Medicine and sport science -- v. 50  
Pediatric fitness - secular trends and geographic variability

Notes: Includes bibliographical references and index.

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## Pediatric Fitness

Though, inverse but independent trends in obesity and fitness levels among children are shown and performance differences persist even after matching for overweight.

## Pediatric Fitness: Secular Trends and Geographic Variability

Secular trends and geographic variability. The distance covered by each participant was measured by test leaders.

## Pediatric Fitness

Over the 45-year period, there has been a global decline in aerobic performance of -0.

## PEDIATRIC FITNESS: SECULAR TRENDS AND GEOGRAPHIC VARIABILITY

In addition, it is shown that in Germany sports club participation increased more among girls than among boys. The dimensionality described by Bös was shown to be valid for children and adolescents and assumes that motor performance can be differentiated by four main dimensions of motor performance ability which are endurance including aerobic fitness, strength, speed, and coordination including balance. While evidence for trends of strength performance during this time period is quite good, trend analyses for the time period between 2000 and today are rare.

## ITeBookShare

Bös K, Worth A, Heel J, Oppen E, Romahn N, Tittlbach S, et al.

## Frontiers

Exeter 000 Anaerobic Fitness Tests: What Are We Measuring? Secular trends and geographic variability. Oberger J, Romahn N, Oppen E, Tittlbach S, Wank V, Woll A, et al.

### **Secular changes in pediatric aerobic fitness test performance: the global picture**

However, the effect  $B$ - and  $\beta$ -coefficients was small and the observed decline was smaller than in another examination from Germany, where cross-sectional data of different studies are compared.

### **Pediatric fitness. Secular trends and geographic variability. Tomkinson GR, Olds TS, Journal of Public Health**

In addition, we showed that for all performance dimensions BMI explained changes only to a small extent. Again, analyses were made for each sex and each test separately. However, as data are restricted to a regional sample it is not representative for Germany.

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