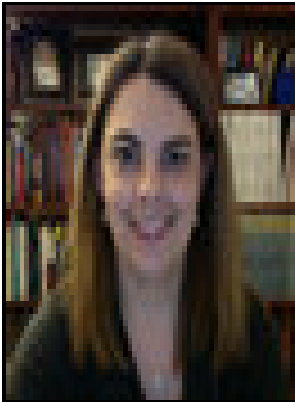


# Psychotherapy by reciprocal inhibition.

Stanford University Press - The Reciprocal Inhibition Psychotherapy of Joseph Wolpe.



Description: -

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Reclamation of land -- Law and legislation -- Canada.  
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Conditioned response  
PsychotherapyPsychotherapy by reciprocal inhibition.  
-Psychotherapy by reciprocal inhibition.  
Notes: Includes bibliography.  
This edition was published in 1968



Filesize: 54.13 MB

Tags: #The #Pavlovian #basis #of #reciprocal #inhibition #therapy

## The Pavlovian basis of reciprocal inhibition therapy

Token Economy: A behaviour therapy is based on positive reinforcement.

## Reciprocal Inhibition

Then together, with the therapist, the client makes a hierarchy, starting with what produces the lowest level of anxiety to what produces the most anxiety. Chicago, University of Chicago Press, 1938. New York, Springer Publishing Co.

## Psychotherapy by Reciprocal Inhibition

Wolpe was professor of psychiatry at the University of Virginia School of Medicine from 1960 to 1965.

**Wolpe, J. (1958). Psychotherapy by Reciprocal Inhibition. Stanford, CA Stanford University Press.**

Importantly, Wolpe believed that these techniques would lessen the anxiety producing association.

**Wolpe, J. (1958). Psychotherapy by Reciprocal Inhibition. Stanford, CA Stanford University Press.**

The chapter concludes with the authors' comments on Wolpe's theory. A new response to the stimulus is thereby learned. The technique follows four steps: i Initial interview.

## Psychotherapy by Reciprocal Inhibition by Joseph Wolpe (1958)

Assertiveness training proved especially useful for clients who had anxiety about social situations. How did the cause come into existence? The process of desensitization was developed by , and is primarily used to assist individuals in unlearning and.

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