

# Cardiac rehabilitation services in England and Wales - a national survey

Research Unit, Royal College of Physicians - Cardiac rehabilitation in England: a detailed national survey

Author	Year	Country	Intervention Group	Comparison Group	Outcome Measure	Follow-up	Intervention Group	Comparison Group	Intervention Group	Comparison Group	Intervention Group	Comparison Group
Wallerstein	1978	USA	Exercise group	Control group	Exercise group	12 months	Exercise group	Control group	Exercise group	Control group	Exercise group	Control group
Wallerstein	1978	USA	Exercise group	Control group	Exercise group	12 months	Exercise group	Control group	Exercise group	Control group	Exercise group	Control group
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Description: -

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Notes: Draft.

This edition was published in 1996



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Tags: #Cardiac #rehabilitation #in #England: #a #detailed #national #survey

## National Audit of Cardiac Rehabilitation

The central components of all programmes were education and exercise training but there was a wide range in the quantity and quality of service provision. Of these, 25 were randomly selected as a representative sample and visited in order to obtain detailed information concerning the provision of services. Guidelines are necessary to give a framework for this relatively new and rapidly expanding service.

[PDF] Cardiac rehabilitation provision in England: a national survey (A Thesis submitted for the degree of Master of Philosophy)

Patients Episode Database for Wales.

## National Audit of Cardiac Rehabilitation

Most 18 72% of the centres had commenced their rehabilitation programme within the previous 5 years, usually at the instigation of interested staff. Most 18 72% of the centres had commenced their rehabilitation programme within the previous 5 years, usually at the instigation of interested staff. Patient entry to cardiac rehabilitation programmes was restricted; women who represented only 15% of attenders, elderly people excluded in 10 40% centres, and those with more complex problems, such as angina or heart failure, were under-represented.

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Further trials are required to compare the cost-effectiveness of comprehensive multidisciplinary rehabilitation with simpler outpatient programmes, also research is needed into economic and patient preference studies of the effects of different methods of using increased funding for cardiac rehabilitation. To conduct a systematic review of literature on methods to improve uptake and adherence to cardiac rehabilitation. Most 22 88% programmes were hospital out-patient based, one 4% was hospital in-patient based, one 4% was community-based and one 4% was home-based.

**[PDF] Cardiac rehabilitation provision in England: a national survey (A Thesis submitted for the degree of Master of Philosophy)**

Review methods: The study analysed hospital discharge statistics to ascertain the population need for outpatient cardiac rehabilitation in the UK.

**[PDF] Cardiac rehabilitation provision in England: a national survey (A Thesis submitted for the degree of Master of Philosophy)**

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**National Audit of Cardiac Rehabilitation**

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