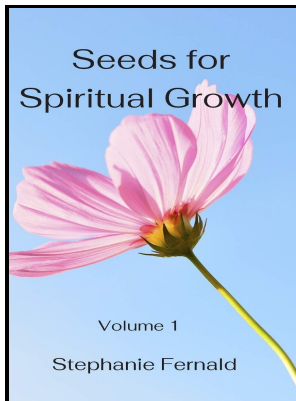


Seeds of faith - practices to grow a healthy spiritual life

Paraclete Press - Nonfiction Book Review: Seeds of Faith: Practices to Grow a Healthy Spiritual Life by Jeremy Langford, Author . Paraclete \$15.95 (176p) ISBN 978



Description: -

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Oceanography -- Congresses.

Mural painting and decoration, Hellenistic.

Spiritual life -- Catholic ChurchSeeds of faith - practices to grow a healthy spiritual life

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Seeds of Faith: Practices to Grow a Healthy Spiritual Life

Debbie Humphries came to Quakerism in the early 1990s after growing up Mormon. Exploring the disciplines of prayer, friendship, solitude, mercy, celebration and others, Jeremy Langford presents a Christian spirituality for all ages and walks of life.

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Langford taps into a renewed interest in such practices as solitude, meditation and spiritual direction in this handbook, which employs a gardening theme. He kindly shared the process with me, as it differs from simply removing the spent blooms on a geranium. Through an artful use of the Christian tradition, insights from the spiritual masters, and compelling real-life examples, Langford shows seekers and believers alike how God can be found in all things, and how the ordinary events in our lives can be places of extraordinary grace.

Seeds of Faith: Practices to Grow a Healthy Spiritual Life

Participate in a symbiotic community. In every moment and event in our lives, God plants seeds which we may or may not notice in our paths.

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This book is for seekers of all ages and walks of life - college students, parents, professionals, the lapsed and the weary, as well as seasoned saints who wish to deepen their faith in small but meaningful ways, and it covers topics such as: Why Believe? Our challenge is to prepare the soil of our lives to receive and nurture these seeds so that they may take root and help us grow closer to God. In assembling this guide, Langford quotes extensively from other writers such as Richard Foster Celebration of Discipline , but he also writes as one who is familiar with the practices he explains.

Seeds of Faith: Practices to Grow a Healthy Spiritual Life on Apple Books

After spending over an hour one evening on the process, I was hooked! Ignatius went to discern his life's direction. In assembling this guide, Langford quotes extensively from other writers such as Richard Foster *Celebration of Discipline*, but he also writes as one who is familiar with the practices he explains. Then, meditation, prayer, worship, and spiritual direction will help nurture our spiritual roots.

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Do you feel sluggish or stuck in your spiritual walk? The healthier our spiritual lives, the more abundant will be the fruits of our love, hope, joy, and kindness.

Seeds of Faith: Practices to Grow a Healthy Spiritual Life

The Quaker tradition at its best is a practice-based religious path that embodies the ability to hold paradoxical truths with deep love and a minimum of hierarchy. By tapping into the spiritual practices revealed in scripture and throughout Christian tradition, we come to embrace what God the Gardener is doing in our lives and, in turn, to share God's grace with the world.

Seeds of Faith: Practices to Grow a Healthy Spiritual Life.

If you need immediate assistance regarding this product or any other, please call 1-800-CHRISTIAN to speak directly with a customer service representative. Some seed was picked away like people picked off by evil lies, some seed didn't take root because it was planted in poor quality soil like people who allow life's cares and troubles to distract them from making it their top priority to pursue God, and some seed couldn't grow because it got choked out by weeds like people who allow the world's values to choke out biblical values in their lives.

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