

Swing easy, hit hard

Cornerstone Library Publications - **Swinging Too Fast? Hint: You're Not**



Description: -

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Swing easy and hit hard

Marc, what are you talking about? In fact, there are times that I play golf just because I want the adrenaline rush that accompanies hitting great drives on the golf course.

Swing Easy, Hit Hard for More “Power”

Because I'm not hitting this shot with my hands.

Slow Down Your Golf Swing to Get More Distance

When I sense it there, I know I can swing back and create some leverage for the hit. Well, the weight helps you with stability and comfort shot will also improve. I wish I could swing as slow as Freddie Couples.

Swing Easy, Hit Hard

If you are working on this only work on this. My weight stays pretty centered left. The third is the Alternating Clubs Drill.

Swing Easy, Hit Hard for More “Power”

Too many ways to explain here — though we can get into two of the more frequent problems it can cause many Golfers. I hear a lot of people say to shift all your weight away from the target when you take the driver back and then shift it back to your front side on the way through. Try this bump the next time you practice.

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