

Badminton

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Notes: Bibliography: p. 101.

This edition was published in 1974



Filesize: 48.44 MB

Tags: #ShieldSquare

BADMINTON BASICS

One consequence of the shuttlecock's drag is that it requires considerable power to hit it the full length of the court, which is not the case for most racquet sports. These nylon shuttles may be constructed with either natural cork or synthetic foam base and a plastic skirt.

Badminton

At high levels of play, singles demand extraordinary fitness.

Badminton

The feathers impart substantial drag, causing the shuttlecock to decelerate greatly over distance. Please see our member clubs for where you can play locally: What are the rules? This is, in fact, incorrect, for a higher string tension can cause the shuttle to slide off the racquet and hence make it harder to hit a shot accurately. Courts are usually marked for both singles and doubles play, although badminton rules permit a court to be marked for singles only.

ShieldSquare

Professionals string between about 110 and 160 N 25 and 36 lbf. Matches are best out of three: a player or pair must win two games of 21 points each to win the match. Alternatively, a coin may be tossed, with the winners choosing whether to serve or receive first, or choosing which end of the court to occupy first, and their opponents making the leftover the remaining choice.

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