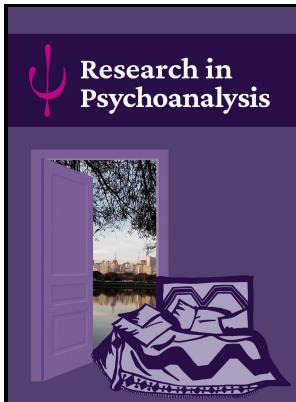


Beyond psychology - an introduction to metapsychology

IRM Press - Beyond Psychology: An Introduction to Metapsychology by Frank A. Gerbode, Paperback



Description: -

- Humanistic psychology.
- Psychotherapy.
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- Notes: Includes bibliographical references and index.
- This edition was published in 1988



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Note the change in focus from the first time through to the second. Meanwhile, the techniques discussed herein can help the vast majority.

Beyond Psychology: An Introduction to Metapsychology by Frank A. Gerbode, Paperback

Metapsychology, I have no doubt, is a very useful technique to help people enhance their lives and work through and get over what they have repressed in their lives that is holding them back. The things that frustrate our urge to have control and order are destructive behaviors, compulsions, inhibitions, and maladaptive actions.

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And from that vantage point, you see the identity as something outside yourself. A theory that deals directly with the elements of human experience ought to be one that is easily applied to human experience, and so it proves to be.

Frank A. Gerbode

Yet the act of looking at the house also connects one to the house. Notice the spacing and the typestyle.

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