

Growing beyond emotional pain - action plans for healing

Impact Publishers - Growing Beyond Emotional Pain: Action Plans for Healing by John D. Preston



Description: -

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- Mexico
- Citizenship
- Mexico.
- Psychotherapy.
- Problem solving.
- Conflict management.
- Interpersonal conflict.

Adjustment (Psychology)Growing beyond emotional pain - action plans for healing

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Notes: Includes bibliographical references (p. 275-278) and index.

This edition was published in 1993



Filesize: 20.102 MB

Tags: #Three #Steps #to #Emotional #Healing #That #Lasts

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This 92-page PDF can help you during this difficult time.

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Growing Beyond Emotional Pain: Action Plans for Healing by John D. Preston

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Healing = Courage + Action + Grace

Mindell is an in-demand speaker at conferences worldwide as well as the author of sixteen previous books.

How To Heal from Trauma

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