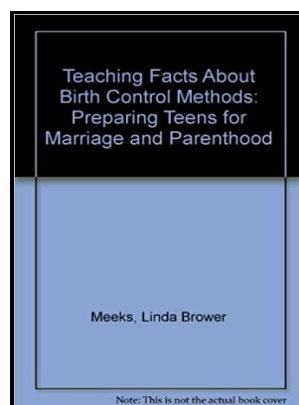


Birth control info for teens

U.S. Dept. of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services - Contraception Explained: Options for Teens & Adolescents



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Contraception Explained: Options for Teens & Adolescents

Pediatricians start talking about , birth control, and ways to STIs at about the 11-year-old checkup.

Is Continuous Use Of Birth Control Safe?

The type of birth control you use depends on your health, your desire to have children now or in the future, and your need to prevent. Condoms can reduce the risk to both of you for most STDs, including HIV, as well as the risk for pregnancy.

Benefits of Birth Control: 10 Advantages Beyond Preventing Pregnancy

While condoms are the best way to prevent STIs if you have sex, they are not the most effective type of birth control.

The best contraceptives for teens are IUDs and implants, CDC says

This is a permanent method of birth control. The Center is an educational entity that exists to provide teen girls and young women with carefully researched health information, health education programs, and conferences.

For Teens

While the various birth control methods work differently, can make periods lighter and more consistent in their timing.

Birth control options: Things to consider

Combination birth control pills birth control with both estrogen and progesterone and some other forms of hormonal birth control, such as the vaginal ring or skin patch, may raise your risk for blood clots and high blood pressure.

TEENS: Take Charge with FREE Birth Control

Have a tampon or pad ready to use. Male and female condoms are the only methods of birth control that offer reliable protection from sexually transmitted infections.

Birth Control and Boys

During the fourth week, the teen gets a period. Bleeding occurs every month when you take the inactive pills. It must be worn for 3 weeks.

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