

# Effective helping - interviewing and counseling techniques / Barbara F. Okun

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Description: -

- Metaphysics.

Logic.

Archivists -- Spain -- History.

Archives -- Spain -- History.

Counseling

Helping behavior  
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**Effective helping : interviewing and counseling techniques / Barbara F. Okun, Ricki E. Kantrowitz**

Helping theory : Why theory? Current theoretical perspectives Integrative theoretical approaches -- Constructivism -- Feminist therapies -- Multicultural models -- Multimodal theory and therapy -- Ecological systems perspective -- Contemporary therapeutic approaches -- Phenomenological: motivational interviewing -- Third wave behavioral therapy -- Acceptance and commitment therapy -- Dialectical behavioral therapy -- Summary -- References and further reading -- 7.

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For USED books, we cannot guarantee supplemental materials such as CDs, DVDs, access codes and other materials. Physical Description: xvi, 352 pages : illustrations ; 24 cm Additional Creators: Contents: I. Today's helpers must have a wider, more diverse range of knowledge and skills than ever before--to succeed you must understand culturally diverse human behavior and development, the process of change, the power of contemporary forces, and you must know the best theories and methods of helping and communicating.

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Introduction The twenty-first century -- The purpose of this book -- Who is the helper? Stage 1: The relationship stage : Conditions ; Steps ; Relationship exercises -- 5. Okun - Boston University Libraries.

**Effective Helping: Interviewing and Counseling Techniques**

Observer's Guide to Rating Communication Skills -- Appendix B. The cover has curled corners.

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