

# Effects of an art intervention programme on self-esteem within post-primary education.

The Author] - Frontiers



Description: -

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Notes: Thesis (M. Sc. (Guidance and Counselling)) - University of Ulster, 1998.

This edition was published in 1998



Filesize: 68.95 MB

Tags: #The #effects #of #martial #arts #participation #on #mental #and #psychosocial #health #outcomes: #a #randomised #controlled #trial #of #a #secondary #school

## A systematic review of the effectiveness of mental health promotion interventions for young people in low and middle income countries

Social skills training interventions Cook, C et al. For example, researchers should make better attempts to establish meaningful control groups, should attempt to quantify interventions and outcome variables at higher levels of standardization and precision to allow for more cross-study comparison, should expand study populations to allow exploration of the effects of interventions in groups with diverse cultural and socioeconomic backgrounds, and should plan for longer term follow-ups to assess the sustainability of outcomes over time.

## Effects of Art Therapy on Anger and Self

In addition to this, there have not been sufficient studies conducted to determine which types of programmes are most suitable for various subgroups of young people.

## A systematic review of the effectiveness of mental health promotion interventions for young people in low and middle income countries

Twenty-two studies met all criteria.

## The effects of martial arts participation on mental and psychosocial health outcomes: a randomised controlled trial of a secondary school

The quantitative measures support these findings in part as they show positive tendencies in terms of self-expression.

## The effects of martial arts participation on mental and psychosocial health outcomes: a randomised controlled trial of a secondary school

However, especially for the psychosocial findings they state limited evidence. Repeated measures univariate analysis of variance ANOVA , and multivariate analysis of variance MANOVA will primarily be used to analyse test data. Two qualitative studies point out findings in terms of self-development, self-expression and self-confidence.

### **The Connection Between Art, Healing, and Public Health: A Review of Current Literature**

However, for a quantitative survey with standardized questionnaires a certain outcome must be focused.

### **Effects of Art Therapy on Anger and Self**

Background Young people with social, emotional and behavioural difficulties often struggle with traditional schooling, leaving them at risk of social exclusion with negative long-term consequences for their future social engagement. Measures All measures were administered in Italian.

Investigated Aspects of the Self and Results The one study, which uses qualitative methodologies, highlights positive development in aspects of the self as main topic of the analysis.

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