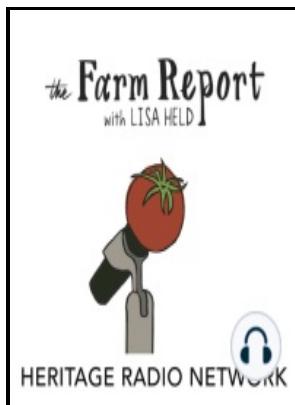


# Food politics - how the food industry influences nutrition and health

**University of California Press - Food politics: how the food industry influences nutrition and health by Nestle, Marion**



Description: -

-  
Astrology.

World War, 1914-1918 -- Public opinion

World War, 1914-1918

Food industry and trade -- United States.

Food industry and trade -- United States -- Political activity.

Food -- Marketing -- Moral and ethical aspects -- United States.

Nutrition policy -- United States.Food politics - how the food industry influences nutrition and health

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California studies in food and culture -- 3Food politics - how the food industry influences nutrition and health

Notes: Includes bibliographical references and index.

This edition was published in 2007



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**Food Politics: How the Food Industry Influences Nutrition and Health by Marion Nestle, Paperback**

A preface and afterword to the 10th anniversary edition provide updates and context. Saturated fats have anti-bacterial and anti-viral properties and saturated fats such as coconut oil are an important part of a healthy diet. Subsequent disputes have only reinforced sensitivities to political expediency when formulating advice about diet and health.

## Books

Straight reporting about the shaping of food policy, as this volume makes clear, is certain to offend some very powerful players. There is a small grain of truth in some of the comments.

**Food Politics: How the Food Industry Influences Nutrition and Health by Marion Nestle, Paperback**

Well, that is when it pays to follow the money. For example, it is undoubtedly true that a lot of claims are made about supplements that are just not true, but it is misleading to not also note that supplements can have enormous benefit if given at the correct doses and that this is backed up by a lot of solid research.

**Food Politics: How the Food Industry Influences Nutrition and Health on JSTOR**

. . But unfortunately in this book for every myth busted or interesting fact about bias given, the author reinforces one or two or more other at least as harmful myths or pieces of shocking nutritional misinformation.

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Ambiguous dietary advice is only one result of this imperative.



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