

# Spiritual direction and the Spiritual exercises

Program to Adapt the Spiritual Exercises - The Spiritual Exercises — Ignatian Spirituality  
Center of Kansas City



Description: -

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Spiritual direction.

Spiritual exercises.

Ignatius, -- of Loyola, Saint, -- 1491-1556.Spiritual direction and the

Spiritual exercises

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## Full Spiritual Exercises

The guide provides the retreatant with assigned scripture readings, questions, and prayer exercises to do between their conferences.

## The Spiritual Exercises

THE ELEMENTS OF SPIRITUAL DIRECTION — Included in every session This is a foundational course presenting principles and goals of good Spiritual Direction. Certainly the Wesleyan band and class meetings formed an intensive type of mutual spiritual direction. About Indifference  
Another word for indifference is freedom.

## Full Spiritual Exercises

Much wisdom for current spiritual directors is contained in the Directory. The linking of contemplation with action is one of the essential aims of guidance.

## Spiritual Exercises

At the conclusion of each conference, the guide will give the retreatant a new set of exercises with questions and concrete topics for the retreatant to think and pray about between their conference sessions.

## Spiritual Direction Course

They shared the passion and death of Christ by being responsible for everything and for everyone.

## What Are the Spiritual Exercises?

Our prayer guides are those who have made the Spiritual Exercises in Everyday Life and who have trained to give the Spiritual Exercises, adapt

them to individuals, and provide a contemplative ear.

**Community — Ignatian Spirituality Center of Kansas City**

Often directors were saintly and helped many people. He is the award-winning author of seven monographs, including *The First Jesuits*, one of the best known books on the founding of the Jesuits having been translated into nine languages.

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