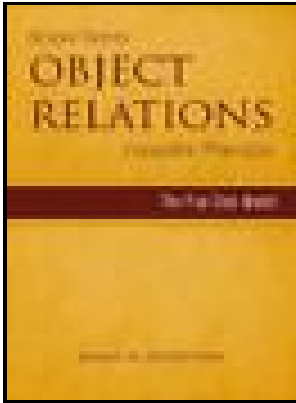


# Short-term object relations couples therapy - the 5-step model

**Brunner-Routledge - Short Term Object Relations Couples Therapy The Five Step Model Marriage And Family Therapy PDF Book**



Description: -

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- Short-term object relations couples therapy - the 5-step model

Notes: Includes bibliographical references (p. 259-262) and index.

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The goal of this short-term therapy is that couples emerge with an awareness of these internalised object relations and their significance. Short term object relations couples therapy the five step model marriage and family therapy amazoncouk donovan james m 9781583913680 books gbp7802 rrp gbp11000 you save gbp3198 29 only 1 left in stock available as a kindle ebook kindle ebooks can be read on any device with the free kindle app dispatched from and sold by amazon. Perhaps because it is one of the more complex psychoanalytical models, object relations theory for couples has not been adapted to a short-term model until now.

## Short

In this volume, James Donovan provides a model for short-term object relations couples therapy, while at the same time offering an easy-to-read primer on object relations that gives the practitioner a step-by-step model replete with examples for using object relations in practice. Donovan integrates aspects of other successful couples therapies into his model in order to broaden its applicability to a greater diversity of treatment situations.

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