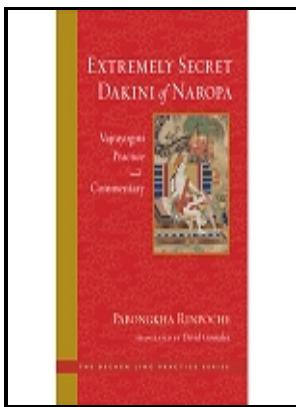


Steps on the path to enlightenment - a commentary on Tsongkhapas Lamrim chenmo

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The late Geshe Sopa was a refugee monk from Tibet sent to the United States by the Dalai Lama in 1963. This landmark commentary on what is perhaps the most elegant Tibetan presentation of the Buddhist path offers a detailed overview of Buddhist philosophy, especially invaluable to those wanting to enact the wisdom of the Buddha in their lives. She also completed a traditional ten-year study program in Buddhist Philosophy at the Institute of Buddhist Dialectics Dharamsala, India.

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