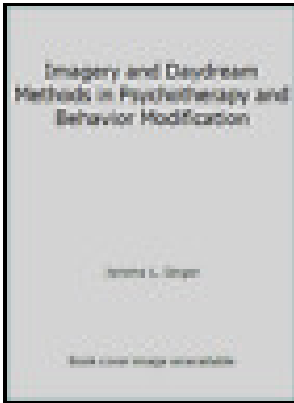


Imagery and daydream methods in psychotherapy and behavior modification

Academic - Guided Imagery: Creative Interventions in Counselling & Psychotherapy



Description: -

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Temperance.

Fourth of July orations.

Psychotherapy

Imagination

Fantasy

Behavior therapy

Behavior therapy

Psychotherapy

Imagery (Psychology)Imagery and daydream methods in psychotherapy and behavior modification

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Personality and psychopathology, no. 14Imagery and daydream methods in psychotherapy and behavior modification

Notes: Bibliography: p. 255-268.

This edition was published in 1974



Filesize: 41.88 MB

Tags: #Cognitive #Behavioral #Therapy #Techniques #That #Work

Coping imagery, systematic desensitization, and self

The effects of stimulus invariance on daydreaming and divergent thinking: Journal of Mental Imagery Vol 1 2 Fal 1977, 291-301. A study of fantasy among adolescent males as related to overt expression of aggression: Dissertation Abstracts International. The influence of certain personality variables on changes in intellectual performance following conditions of perceptual isolation and perceptual overload: Dissertation Abstracts International.

Cognitive behavioral treatment for narcolepsy: can it complement pharmacotherapy?

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Guided imagery therapy

The World of the Imagination: Sum and Substance.

Guided imagery therapy

Methods for using educational imagery techniques with elementary school students are suggested. To enhance visualization, it is important to involve all senses in the image.

ERIC

Task-unrelated images and thoughts while reading. This is where you will go if you have problems with digestion, difficulty working with others, drug addictions. Worlds and world reconstruction: Advances in Descriptive Psychology Vol4 1985, 17-53.

Daydreaming

Anxiety management training: A nonspecific behavior therapy program for anxiety control. Kretschmer referred to these inner visions as bildstreifendenken, or thinking in the form of a movie. Find new opportunities to think positive thoughts.

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