

# Training the event horse

Stanley Paul - Training the Three



Description: -

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Tax administration and procedure -- United States

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Horsemanship. Training the event horse

-Training the event horse

Notes: Includes index.

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## Training the Three

Wednesday 1 hour including four 4-minute trots and two 3-minute canters Thursday Four 3-minute trots; one 4-minute canter. The horse should be calm and submissive for the dressage phase, with good training on the flat. Time penalties were given for exceeding the time allowed, but no bonus points were given for being fast.

## Arena Exercises for Fun & Problem

It is usually a formal affair, with well-groomed and braided horses, and nicely dressed riders. What separates good riders from average riders however, is what we do on the next ride.

## Competitive Western Horse Events

Finish at 500 meters per minute. Wednesday Hack; flat work Thursday Cross-country school.

## Equestrian / Eventing

The horse does not have to possess perfect jumping form, but should be safe over fences and have good scope. As riders, our job is to help get the horse where he needs to be to do his job safely.

## The Athletic Horse

Up the ante by making four or five narrower loops. The cross-country portion of the event is considered by far the most important part, with the scoring ration being 12:3:1 for cross-country, dressage, and jumping.

## Equestrian / Eventing

Perks for you: Improves your precision in bending and straightening your horse. Should a horse get fit easily, then only gallop once a week Saturday and make the gallop a little longer.

### **New training formats and extra competition days on the cards for eventing's restart**

Mark Todd would later take part of the Barcelona 1992, Sydney 2000 and Beijing 2008 Olympic Games, winning a bronze medal in Sydney. Ride 30 minutes at the walk Friday Lunge 30-minute active walk; two 3-minute trots each direction. Most horses, especially if they finish going uphill, will pull up blowing.

### **Conditioning the Event Horse at the Novice and Training Levels**

Everyone needs assistance as it is impossible to train entirely from paper. Interval conditioning of the equine athlete should not be performed at 95 to 100 percent maximum speed, as it may lead to overtraining and possibly the reversal of physiological training adaptations. A horse can no longer just be brave and athletic but must have a good deal of dressage training should his rider wish to successfully negotiate odd distances or bending lines at a gallop.

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