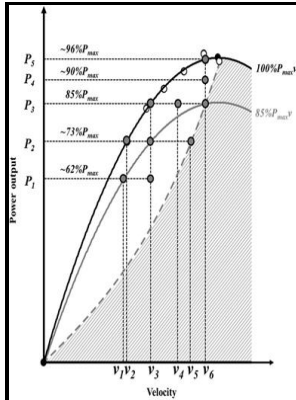


# Measurement of maximal power output during short-term cycle ergometry.

[s.n.] - Decision Memo for Supervised Exercise Therapy (SET) for Symptomatic Peripheral Artery Disease (PAD) (CAG)



Description: -

- measurement of maximal power output during short-term cycle ergometry.
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Notes: Dissertation submitted in fulfilment of the requirements for the award of Doctor of Philosophy (Human Biology) of Loughborough University of Technology.

This edition was published in 1994



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Tags: #Eccentric #Muscle #Contractions: #Risks #and #Benefits

## Decision Memo for Supervised Exercise Therapy (SET) for Symptomatic Peripheral Artery Disease (PAD) (CAG)

To avoid the invasive nature of muscle biopsies, these clinical manifestations as well as the plasma CK activity are frequently used to indirectly assess the presence of muscle damage ;.

## Decision Memo for Supervised Exercise Therapy (SET) for Symptomatic Peripheral Artery Disease (PAD) (CAG)

Cardiovascular stress associated with concentric and eccentric isokinetic exercise in young and older adults.

## Decision Memo for Supervised Exercise Therapy (SET) for Symptomatic Peripheral Artery Disease (PAD) (CAG)

Gardner AW, Parker DE, Montgomery PS, Blevins SM.

## Decision Memo for Supervised Exercise Therapy (SET) for Symptomatic Peripheral Artery Disease (PAD) (CAG)

Further characteristics of eccentric contraction are a greater cortical excitability but a lower motor units discharge.

## Eccentric Muscle Contractions: Risks and Benefits

This is important especially in subjective outcomes, such as pain or quality of life, where enthusiasm and psychological factors may lead to an improved perceived outcome by either the patient or assessor. IL-8 is known to attract primary neutrophils but this chemokine may also promote neovascularization of muscle tissue through its association with CXCR2.

## Eccentric Muscle Contractions: Risks and Benefits

Meta-analysis was considered for RCTs with comparisons where at least 3 studies reported the same outcome. Balk E, Cepeda MS, Ip S, et al. Adaptive strength gains in dystrophic muscle exposed to repeated bouts of eccentric contraction.

### **Eccentric Muscle Contractions: Risks and Benefits**

Gene expression responses over 24 h to lengthening and shortening contractions in human muscle: major changes in CSRP3, MUSTN1, SIX1, and FBXO32.

### **Eccentric Muscle Contractions: Risks and Benefits**

Rockville, MD: Agency for Healthcare Research and Quality; May 2013. The direction, magnitude, and consistency of the risks and benefits across studies are also important considerations.

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