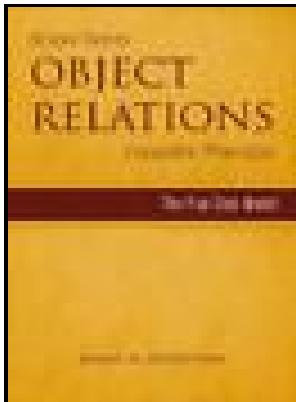


Short-term object relations couples therapy - the 5-step model

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Notes: Includes bibliographical references (p. 259-262) and index.
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In this volume, James Donovan provides a model for short-term object relations couples therapy, while at the same time offering an easy-to-read primer on object relations that gives the practitioner a step-by-step model replete with examples for using object relations in practice. Donovan integrates aspects of other successful couples therapies into his model in order to broaden its applicability to a greater diversity of treatment situations.

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Short term object relations couples therapy the five step model marriage and family therapy 9781583913680 medicine health science books amazoncom This book builds on previously successful couples work by advising the therapist to focus on the core, recurring impasse that threatens the couples relationship and stirs old wounds, and gives detailed intervention strategies that focus on the mediation and resolution of the core fight.

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