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Adults should consume an average of 40 gms of green leafy vegetables daily.

## Related Books

- [Wrenthorpe - a history](#)
- [Listening woman](#)
- [Materiales arqueológicos de Tlapacoya](#)
- [Strengthening MDIs - the role of management development institutions in public service reform](#)
- [Young children, violence and the media - with reference to television and video](#)