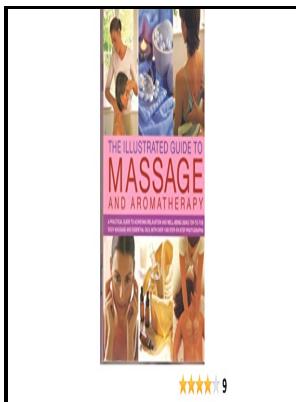


Aromatherapy - an illustrated guide

Element - The Ultimate Guide to Aromatherapy: An Illustrated Guide to Blending Essential Oils and Crafting Remedies for Body, Mind, and Spirit



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The guide also includes over 50 plant profiles, plus recipes and blends for health and beauty. Amy is a member of Credo Beauty's Clean Beauty Council, celebrating, advocating and educating for Clean Beauty and Wellness, along with other influencers and thought leaders in the field. Using techniques developed over decades of teaching, you will learn the science of aromatherapy and how essentials oils interact with our sense of smell, brain pathways, and skin.

Aromatherapy: An Illustrated Guide by Clare Walters

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The Ultimate Guide to Aromatherapy: An Illustrated Guide to Blending Essential Oils and Crafting Remedies for Body, Mind, and Spirit

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