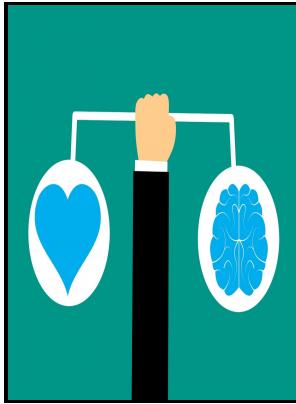


Applied EI - the importance of attitudes in developing emotional intelligence

Jossey-Bass - 9780470032732: Applied EI: The Importance of Attitudes in Developing Emotional Intelligence



Description: -

- Management -- Psychological aspects
- Adaptability (Psychology)
- Attitude (Psychology)
- Emotional intelligence -- Study and teaching
- Employees -- Coaching of Applied EI - the importance of attitudes in developing emotional intelligence
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Notes: Includes bibliographical references (p. [299]) and index

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Emotional intelligence

Tomorrow's leaders will have to be facilitators who work collaboratively to help others develop their potential, and this will require emotionally intelligent skills and attitudes. Because of its proven connection to performance. Emotionally intelligent leaders know how to deal with conflict in a manner that motivates their team, rather than dishearten it.

Applied EI : the importance of attitudes in developing emotional intelligence / Tim Sparrow and Aman...

For many, emotional intelligence is a new concept. Letting others know that their efforts have merit often helps everyone feel more willing to compromise.

What is Emotional Intelligence?

For example, understanding emotions encompasses the ability to be sensitive to slight variations between emotions, and the ability to recognize and describe how emotions evolve over time. Anyone interested in performance improvement today needs to be interested in emotional intelligence. Here are just two examples: A.

5 Ways To Develop Your Emotional Intelligence

Countering this, Applied EI attaches unique importance to the role of attitudes in developing and applying emotional intelligence. Despite this, emotional intelligence has been a widely-considered concept within professions such as business, management, education, and within the last 10 years has gained traction within nursing practice.

What is Emotional Intelligence?

This definition of EI encompasses behavioral dispositions and self-perceived abilities and is measured by , as opposed to the ability based model which refers to actual abilities, which have proven highly resistant to scientific measurement. Against this landscape, Applied EI provides the tools and advice needed to develop and manage a relationship with yourself and create positive relationships with others - the twin cornerstones of emotional intelligence. EQ and Patient Outcomes According to research, EQ is one of the things that separate the most successful medical organizations from the rest.

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