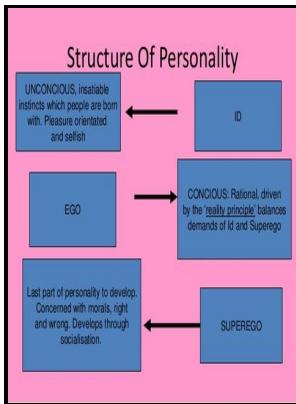


# Developing ego and the emerging self in group therapy

J. Aronson - Transactional Analysis • Counselling Tutor

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 Group psychotherapy.developing ego and the emerging self in group therapy  
 -developing ego and the emerging self in group therapy  
 Notes: Includes bibliographies and index.  
 This edition was published in 1987



Filesize: 20.79 MB

Tags: #AGPA #Practice #Guidelines #for #Group #Psychotherapy

## The Empowered Ego: Developing Inner Strength

Forming a group The first step is to prepare the individual patient to joint the group. Syncronised harmonious relationship withing the unit is central to desired output.

## The developing ego and the emerging self in group therapy / Dorothy Flapan, Gerd H. Fenchel

A mutual, respectful collaboration between the individual and group therapist reduces the potential for competitiveness, rivalry, countertransference or client splitting and projections of idealization and devaluation to undermine one modality or the other Ulman, 2002; Gans, 1990. Cohesion has shown a linear and positive relationship with clinical improvement in nearly every published scientific report Tschuschke and Dies, 1994. It has been argued that the profession has a significant blind spot about the danger of dual relationships in group psychotherapy Pepper, 2006.

## The developing ego and the emerging self in group therapy / Dorothy Flapan, Gerd H. Fenchel

Realistic, positive expectancies of change are more likely with this convergence and there is significant evidence regarding the impact on outcome of positive client expectations at the start of psychotherapy Seligman, 1995. Washington: American Psychological Association Press.

## The significance of here

It is useful to view the therapy group as a social system with the group therapist as its manager. New York, NY: Guilford Press.

## Self

The gems must not be lost in the tiara.

## The developing ego in group psychotherapy

The fourth assumption of most models is that over time, groups will manifest increased interactional complexity but may, on occasion, exhibit regression and reversibility, recycling back to earlier stages of development. This does not lead to narcissism but to the development of realistic

self-appreciation and a complementary appreciation of the expanding ego of the other. The broad reach of 12-step groups and their recognized effectiveness in facilitating abstinence from addictions predict the likelihood that clients that have been in 12-step groups or are currently in 12-step groups will also be in leader-led group psychotherapy Ouimette, et al.

### **Identity vs. Role Confusion in Erikson's Theory**

Co-members are not legally bound to preserve as confidential the personal information disclosed in the group.

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