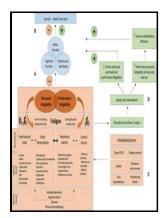
Influence of dynamic exercise on fatiguing isometric exercise and the assessment of changing levels of isometric component

National Institute for Occupational Safety and Health, Division of Laboratories and Criteria Development: for sale by the Supt. of Docs., U.S. Govt. Print. Off. - Relationship between isometric strength parameters and specific volleyball performance tests: Multidimensional modelling approach



Description: -

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Fatigue.

Exertion.

Exercise. Influence of dynamic exercise on fatiguing isometric exercise and the assessment of changing levels of isometric component

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DHEW publication -- no. (NIOSH) 75-177.

HEW publication; no. (NIOSH) 75-177Influence of dynamic exercise on fatiguing isometric exercise and the assessment of changing levels of isometric component

Notes: Bibliography: p. 51-53. This edition was published in 1975



Filesize: 32.109 MB

Tags: #Fatigue

Effect of differing intensities of fatiguing dynamic contractions on contralateral homologous muscle performance.

Scripted verbal encouragement was also provided by the researcher.

Effect of Differing Intensities of Fatiguing Dynamic Contrac

As the majority of crossover fatigue studies employ isometric contractions, the dearth of literature employing dynamic resistive exercise effects should provide an impetus for further investigations in this area.

A High

Takeoff points were marked at an angle of 45° left and right from the center of the force plate at a distance of 1.

Effect of Differing Intensities of Fatiguing Dynamic Contrac

Each MVC was performed for 5 s and 2 min rest was given between MVCs. It is interesting to note that the endurance performance reductions from pre- to post-tDCS in the anodal 21. Therefore, to account for the potential impact of exercise-induced hypoalgesia, pre-tDCS muscular endurance trials and post-tDCS pain assessment were separated by 40 min.

Effect of Differing Intensities of Fatiguing Dynamic Contrac

To determine the magnitude of any effect, effect sizes η 2 were calculated and ranked using the Cohen d classification 0.

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