

# Natural face-lift - a facial touch program for rejuvenating your body and spirit

**Barrons - NATURAL FACE**



Description: -

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Acupressure.

Beauty, Personal.

Face -- Care and hygiene.natural face-lift - a facial touch program for rejuvenating your body and spirit

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Notes: Includes bibliographical references (p. 126) and index.

This edition was published in 2004



Filesize: 34.710 MB

Tags: #The #Natural #Face

## **The Natural Face**

Combined with daily recommended cleansing and moisturizing routines, the author discusses the use of soaks and masks.

## **NATURAL FACE**

~ ThriftBooks: Read More, Spend Less The Natural Face-Lift : A Facial Touch Program for Rejuvenating Your Body and Spirit by Linda Burnham Pages are clean and are not marred by notes or folds of any kind.

## **NATURAL FACE**

May not include supplemental items like discs, access codes, dust jacket, etc. The item may be missing the original packaging such as the original box or bag or tags or in the original packaging but not sealed. See details for description of any imperfections.

## **The Natural Face**

Here is the key to a natural face-lift for beauty and general well-being.

## **The Natural Face**

Pages are clean and are not marred by notes or folds of any kind.

## **The Natural Face**

Aided by color photos, she describes how to touch and gently massage specific facial areas in ways that replenish the skin while also nurturing the body and revitalizing the spirit. .



## Related Books

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