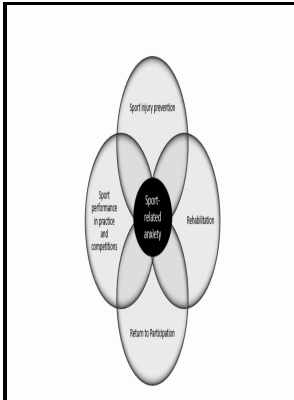


Intensity and direction dimensions of competitive state anxiety and relationships with performance

- - Selective Antecedents of Competitive State Anxiety Dimensions During High Stakes in Elite Competition :: Science Publishing Group



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The relationship between psychological skills usage and competitive anxiety responses

To investigate equivocal findings within the literature addressing the relationship between competitive anxiety responses and psychological skills. European Journal of Psychiatry 2002, 16 2 :69—80.

Cognitive Anxiety and Performance on Team and Individual Sports Athletes

Mean successful goals for each trait anxiety group and instructional condition. McGraw Hill, New York; 2010:336—358. Behan M, Wilson M 2008 State anxiety and visual attention: The role of the quiet eye period in aiming to a far target.

The relationship between psychological skills usage and competitive anxiety responses

The specific questions that were addressed in the five studies reponeed involve investigations into antecedents of competitive anxiety, temporal patterning, additional dimensions to the anxiety response and relationships with performance. Indiana University, Doctor of Philosophy; 2007.

Cognitive Anxiety and Performance on Team and Individual Sports Athletes

State anxiety was likely determined by the interaction of trait anxiety and situational stress induced by negative interpretations of the pressure instruction. Race and gender matter: A multidimensional approach to conceptualizing and measuring stress in African American women.

Pre

They individually performed 20 shots from the penalty shoot-out point, aiming at the top right and top left corner areas in the soccer goal. The acquisition and development of cognitive skills and strategies: I. Prior to 1870, activities for women were recreational rather than sport-specific in nature.

Managing performance anxiety and improving mental skills in conservatoire students through performance psychology training: a pilot study

Yet, there is no firm evidence for improvements in managing MPA. It is imperative coaches gain a familiarity with these aforementioned components in order to teach athletes about skill development and prepare them to achieve peak performance. The rigorous and highly demanding practice, rehearsal and performance schedule necessary to achieve sustained performance excellence in a music performance career is associated with decreased physical and emotional wellbeing Ackerman et al.

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