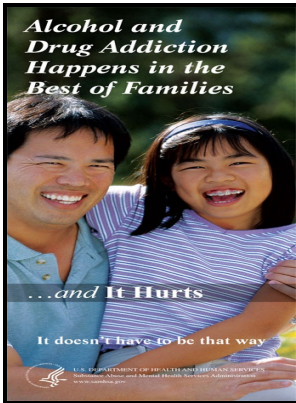


Guide for family support - assistance to families of alcoholics in treatment

Dept. of the Air Force - Finding Alcohol Addiction Support Groups



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Alcoholics

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Finding Alcohol Addiction Support Groups

Every person with co-occurring disorders is capable of living a worthwhile, stimulating, and rewarding life. It includes when is appropriate to say something, how to help a family member, understanding alcoholism, staging an intervention, what co-dependency means, whether to seek rehab or detox and how to support them through treatment and recovery. The Costs of Substance Abuse in Canada, 2002.

Guide to Help Family Members Struggling with Addiction

Support can come from family members, friends, counselors, other recovering alcoholics, your healthcare providers, and people from your faith community. If you feel unsure about talking in a group setting, try attending a meeting anyway; you can just listen until you feel comfortable talking. One component, Family Program, helps family members learn about the client's specific psychiatric disorder and how it interacts with the substance use disorder.

Alcohol support

Even though addiction recovery is possible, it should always be viewed as a journey that the person will be on for the rest of his or her life.

Family Support as an Intervention Strategy in Drug Addiction Recovery

A botched intervention risks your loved one becoming even more committed to their addiction. Other groups address particular mental health disorders, such as the Depression and Bipolar Support Alliance, Obsessive Compulsive Anonymous, Social Phobics Anonymous, and Schizophrenics Anonymous. The best way to help an alcoholic help him or herself is to offer love and support.

Successful Addiction Treatment Should Include Family Therapy

The most helpful thing you can do is to stay engaged.

Related Books

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