# Apart from Freud - notes for a rational psychoanalysis

# City Lights Books - Review of Apart from Freud (9780872863781) — Foreword Reviews



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### 5 psychoanalytic theory

In the previous chapter I delineated an approach to psychoanalytic theory and technique which is based on the concept of a relational matrix whose content includes. He has practiced psychiatry and psychoanalysis for over twenty-five years. Conundrums; A Critique of Contemporary Psychoanalysis.

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The dominance of either of these would lead to a different personality make up, and variation in decision making styles and consumption patterns; For example, where the Id is dominant, the person would be pleasure seeking, often irrational; his priorities and consumption patterns would be very different to another consumer who exhibits dominance of Ego rationality and Super Ego rationality plus social norms. The relational model, on the other hand, has been developed piecemeal by different authors who rarely acknowledge and explore the commonality of their assumptions or the rich complementarity of their perspectives.

# Apart from Freud: notes for a rational psychoanalysis by Jonathan Cohen 9780872863781

By 1910 Freud declared the splitting. Although one might wish to reject or argue with some Freudian interpretations and theories, his writings and insights are too compelling to simply turn away. We also need to look at psychoanalytical psychotherapy and its contribution to a better understanding of body-mind dualism and consciousness as a whole.

#### Freudian Theory and Consciousness: A Conceptual Analysis\*\*

Hillsdale, NJ: The Analytic Press. In this bold effort at integrative theorizing, Mitchell draws together major lines of relational-model traditions into a unified framework for psychoanalytic thought, more economical than the anachronistic drive model and more inclusive than any of the singular relational approaches to the core significance of sexuality, the impact of early experience, the relation of the past to the present, the interpenetration of illusion and actuality, the centrality of the will, the repetition of painful experience, the nature of analytic situation, and the process of analytic change. Mitchell weaves strands from the principal relational-model traditions interpersonal psychoanalysis, British school object-relations theories, self psychology, and existential psychoanalysis into a comprehensive approach to many of the knottiest problems and controversies in theoretical and clinical psychoanalysis.

# Apart from Freud: Notes for a Rational Psychoanalysis by Jonathan Cohen

The chasm between the consulting room and scientific laboratory may soon narrow.

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