

May the deity of the night absolve me of the sins committed by me at night with the mind, lips, hands, legs, stomach as also of whatever other sins may linger in me. May the deity of the day absolve me of the sins committed by me at day-time with the mind, lips, hands, legs, stomach as also of whatever sins lingering in me. Utter Vishno and Madhusudana, touching the right nostril and the left nostril respectively with the index finger.

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