

# Mystery of light - the life and teaching of Omraam Mikhaël Aïvanhov

Integral Pub. - The Mysteries of Yesod



Description: -

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Aïvanhov, Omraam MikhaëlMystery of light - the life and teaching of Omraam Mikhaël Aïvanhov

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Notes: Includes bibliographical references and index.

This edition was published in 1998



Filesize: 45.82 MB

Tags: #The #Mystery #of #Light #on #Apple #Books

## Omraam Mikhael Aivanhov

He was a disciple of the saintly Peter Deunov Beinsa Douno , modern Bulgaria's most remarkable spiritual figure.

## Divine Love

Not only does ... Breathing and its workings have been studied closely by yogis in India for many thousands of years and they have understood their importance for our vitality and also for the correct functioning of our mind. And the same is true of our higher self; it lives in the sublime regions and also lives within us. By consciously passing the air through our nostrils, we set our subtle centres in motion and they work to extract the quintessence from the air.

## The Mysteries of Yesod

If the seed does not die, it prevents the manifestation of the power of life buried in it. And as this luminous, radiant, living sun rises over the world, so may the Sun of health, vitality and vigour rise in my body! In 1937, at the behest of his teacher, Aivanhov moved to France where he taught the timeless secrets of a universal gnosticism for nearly a half century.

## Omraam Mikhael Aivanhov quotes Archives

During the 1930s, he held a professorship at a Bulgarian university and subsequently worked as a college principal in the country's capital city of Sofia. No, in most people, even though they are alive and breathing, the process of breathing has become weak, compromised. And since we can only give to others what we possess ourselves, try first to establish harmony and light within you, and then, once you feel you have succeeded in making this harmony and light real within you, in your heart and your soul, project them into space.

## The Mystery of the Light: Omraam – dba.dk – Køb og Salg af Nyt og Brugt

Concentrate on a divine thought, make a divine wish, and live today in such a way that it becomes imprinted in you.

## **Mysteries of the Sun: The Hermetic Teachings of Omraam Mikhaël Aïvanhov**

In the course of more than 5 000 talks he explores human nature in its environment, whether in a personal, familial, social or planetary context. To attain the realm of silence is to float in an ocean of peace, to live in the intensity and abundance of true life. The knowledge of Aquarius is the knowledge that brings life, that awakens and stirs us to life.

### **Omraam Michael Aivanhov**

Even if the lungs do not act directly on the brain, they are an essential factor, since they contribute to the purification of the blood.

## **Mysteries of the Sun: The Hermetic Teachings of Omraam Mikhaël Aïvanhov**

Turning back once again to the work of the Hermeticist Omraam Mikhaël Aïvanhov, his assertions about the power of the sun may now appear more feasible. For instance, solar rays were embodied in flora and fauna like the lion and heliotrope, while lunar rays were stored within moonstones and silver.

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