

Food politics - how the food industry influences nutrition and health

University of California Press - Food politics: how the food industry influences nutrition and health by Nestle, Marion



Description: -

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Astrology.

World War, 1914-1918 -- Public opinion

World War, 1914-1918

Food industry and trade -- United States.

Food industry and trade -- United States -- Political activity.

Food -- Marketing -- Moral and ethical aspects -- United States.

Nutrition policy -- United States. Food politics - how the food industry influences nutrition and health

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California studies in food and culture -- 3 Food politics - how the food industry influences nutrition and health

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Food politics: How the food industry influences nutrition and health — NYU Scholars

I don't know what it is, possibly some OCD, but no matter how much I dislike the book I will finish it. Much of the book was hard going to read and not written in an engaging or interesting way. .

Food Politics: How the Food Industry Influences Nutrition and Health (California Studies in Food and Culture #3)

The abundance of food in the United States--enough calories to meet the needs of every man, woman, and child twice over--has a downside. We all witness, in advertising and on supermarket shelves, the fierce competition for our food dollars. The Danish government banned trans fats and rates of heart disease dropped dramatically. I thought the beginning was very good and everything was explained in terms simple enough to understand, but by the end my interest was dragging.

Food politics: how the food industry influences nutrition and health by Nestle, Marion

An invaluable addition to the literature. This book, what little I actually read, taught me that I need to be cautious about all information and complete my own research before taking anything at face value.

Food Politics: How the Food Industry Influences Nutrition and Health by Marion Nestle

Prepare to be shocked, amazed and possibly sickened by what you read.

Food Politics: How the Food Industry Influences Nutrition and Health (California Studies in Food and Culture #3)

. One example of the authors' shocking ignorance is when she comments that trans fats raise the risk of heart disease as much as and perhaps even more than saturated fat.

Food Politics: How the Food Industry Influences Nutrition and Health by Marion Nestle, Paperback

By the early 1990s, for example, 23% of white girls aged 6—11 were overweight, compared to 29% of Mexican-American girls and 31% of black girls. The information about the history of each change to the food pyramid something none of us should use as a dietary guide anyway was particularly boring and tedious to get through.

Food Politics: How the Food Industry Influences Nutrition and Health

Department of Agriculture USDA , former Congressman Edward R. It's not the government's job to force you to eat healthy. We learn that the food industry plays politics as well as or better than other industries, not least because so much of its activity takes place outside the public view.

Food politics: how the food industry influences nutrition and health by Nestle, Marion

The food industry has given us a food supply so plentiful, so varied, so inexpensive, and so devoid of dependence on geography or season that all but the very poorest of Americans can obtain enough energy and nutrients to meet biological needs. Luckily there are lots of really wonderful diet and nutrition books available today as well as lots of other good books which discuss the politics of food and the tactics of junk food manufacturers to influence public opinion and government policy. Storing foods for long times and heavily processing foods can dramatically lower nutrient levels in the food and may destroy some nutrients entirely; for example, oranges have been found to contain between 100 mg of vitamin C and 0 mg of vitamin C, each.

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