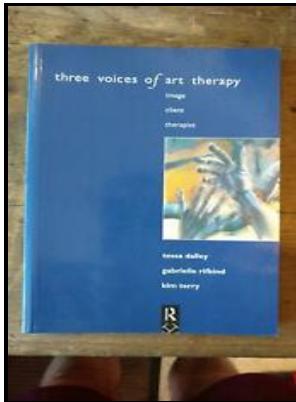


# Three voices of art therapy - image, client, therapist

Routledge - Three Voices of Art Therapy: Client,... book by Tessa Dalley



Description:-

- Depressed persons -- Rehabilitation -- Case studies.
- Art therapy -- Case studies.
- Terry, Kim-- Mental health.Three voices of art therapy - image, client, therapist
- Three voices of art therapy - image, client, therapist
- Notes: Includes bibliographical references (p. [167]-170) and indexes.
- This edition was published in 1993



Filesize: 9.59 MB

Tags: #Three #Voices #of #Art #Therapy: #Client,... #book #by #Tessa #Dalley

## About Art Therapy

The artwork is the transitional object that allows the client to move from one developmental stage to another and achieve personal growth in the process Klein, cited in Waller, 1984 As there is no need for words to mediate the thoughts and feelings expressed, there is a clearer and more direct link between the unconscious and the physical act of the images produced by the client, Freud, cited by Naumberg, 2001. The therapeutic frame includes the art therapy room, how the sessions are conducted, and the professional conduct of the art therapist. Thus it is important to take the time to make such considerations as: how the images are lit; how they are framed within the photograph and the clarity of the resulting image.

## Cool Art Therapy Intervention #1: The Art Therapist's Third Hand

Psychodynamic approaches are flexible in allowing the client to engage in self-discovery.

## An exploration of the qualities and features of art apps for art therapy

**SOLUTION-FOCUSED THERAPY** Solution-focused therapy highlights the importance of solutions instead of focusing on the problems or symptoms that brought the client to your practice. In the context of art therapy, a patient can be given a photo that is relevant to them for them to manipulate in a way they feel could express their feelings when words could not.

## 8 Types of Art Therapy To Help Your Clients (Includes FREE DOWNLOAD)

The range of applications for art therapy extends to therapy with individuals, groups and families, and incorporated with brief solution focused therapy, cognitive behavioural therapy, gestalt therapy, or narrative therapy, in a range of settings from private practice to prisons. It will be useful to students and therapists and those wanting to learn more. As the client experiences an increase in their self-worth, they will be encouraged to grow in their own personal development.

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