

# Making dried fruit leather

Extension Service, Oregon State University - Making Dried Fruit Leathers from Frozen or Canned Fruit



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## How to Make Fruit Leather: A Healthy Snack with Several Flavor Ideas

How to make Fruit Leather in the Sun We grew up with Apricot trees, and always had more Apricots than we knew what to do with! If this happens, the purée won't dry out. A post shared by sonamsfoodrecipes15 on Jun 2, 2020 at 11:29am PDT This is in line with the sweet treats above, but if you like some spice, try the beloved Indian treat , which includes cardamom. The flavors you should try are almond extract, lime juice, lemon juice, lime peel, orange extract, orange juice, and much more.

## How to Make Dehydrated Fruit Leathers + 3 Variations!

Thanks so much for the recipe, will be making multiple times! As for the stickiness, it could be a factor of how much natural sugar the grapes contain. We like to do two kinds at a time and vacuum seal variety packs for the trail.

## Fruit Leather Recipe

I tore the leather into strips then rolled it up in plastic wrap to keep it from sticking to itself and to keep it fresh and from drying out. Sugar works well for immediate use or short term storage.

## How to Make Fruit Leather

Just took lots of extra time. By cooking the fruit down you are concentrating the flavor and taking out some water.

## Making Dried Fruit Leathers from Frozen or Canned Fruit

Line a large with parchment paper.

## Make Fruit Leather at Home

I think that should cut down on the dry time also. The combinations you can make are immensely vast. Step 2 - Puree the fruit and add any desired sweeteners Puree fruit in your blender or food processor until it is smooth.

### **Fruit Leather Recipe, How to Make Fruit Leather**

I do believe the recipe meant to use waxed paper, not plastic. These homemade fruit roll-ups are a great start that you can feel good about including in the lunchbox. As far as honey goes, the amount you use will depend on your taste buds and the fruit you choose.

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