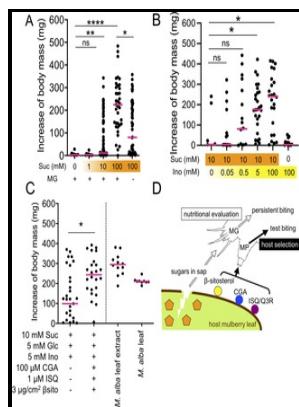


# Role of olfactory cues and their effects on food choice and acceptability.

Bournemouth University - The changing role of the senses in food choice and food intake across the lifespan



Description: -

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**Table 47 from The role of olfactory cues and their effects on food choice and acceptability.**

This study explores whether the portion size effect PSE , the portion served, influences a person's consumption and can explain the inconsistent results. None of our other senses have this level of targeted connection with the areas of the brain that process emotion, associative learning, and memory.

## Effectiveness of food

Odor-only cues elicited the most positive, emotional, and evocative memories.

## Do terrestrial gastropods use olfactory cues to locate and select food actively?

It should be noted that many studies examining odor-evoked memory have involved a preponderance of female participants e.

## The Role of Odor

Higher-order conditioning, blocking and a transient United-States preexposure effect. Results showed that the self-selected odors elicited more positive emotions and autobiographical memories than the control odor, and importantly that levels of the peripheral proinflammatory cytokines, tumor necrosis factor- $\alpha$  TNF- $\alpha$  and interferon- $\gamma$  IFN- $\gamma$  , were significantly reduced after experiencing an odor that evoked an autobiographical memory.

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