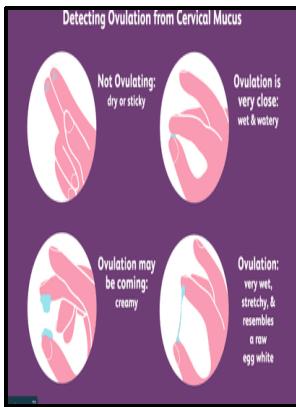


Billings method - controlling fertility without drugs or devices

Anne O'Donovan - The Billings Method: Controlling Fertility without Drugs or Devices: Evelyn Billings, Ann Westmore: 9780919225176: satis.farmjournal.com: Books

Description: -



- Art & Art Instruction
- General
- Painting & paintings
- Human figures depicted in art
- Drawing & drawings
- Medical
- Health Care Delivery
- Veterans -- Services for -- Virginia -- Directories.
- Virginia. Dept. of Veterans Affairs.
- Ovulation Detection -- methods.
- Menstruation.
- Cervix Mucus.
- Contraception -- methods.
- Billings method - controlling fertility without drugs or devices
- Billings method - controlling fertility without drugs or devices
- Notes: Bibliography: p. 230-237.
- This edition was published in 1980



Filesize: 35.95 MB

Tags: #The #Billings #Method: #Controlling #Fertility #Without #Drugs #Or #Devices #by #Evelyn #Billings

The Billings Method: Controlling Fertility Without Drugs Or Devices by Evelyn Billings

I'm sure some of the information will be helpful, but I was disappointed it was not the book pictured by the seller. Evelyn Billings, The Billings Method, Ann Westmore, Pregnancy, Family, Natural Family Planning, Ovulation, Withdrawal Method, Sterilization, Rhythm Method, Birth Control Pills, Mucus, Menstruation, Menopause, Infertility, Breastfeeding, Contraceptives, Anxiety.

The Billings Method Controlling Fertility Without Drugs Or Devices PDF Book

Using this information, I was able to prevent pregnancy, without using other means of birth control, until I was ready to start trying to conceive. Also, the verbiage in the book was a little hard to read.

The Billings Method : Controlling Fertility Without Drugs or Devices by Ann Westmore and Evelyn Billings (Hardcover) for sale online

The only negative thing I have to say about this book, is that it is repetitive. Cycles do not have to be regular.

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That's less effective than the pill and many other commonly used methods of birth control. I'm sure some of the information will be helpful, but I was disappointed it was not the book pictured by the seller.

Billings Method

When reading a contraceptive book it should allow for the newest version due to new science always developing.

The Billings Method : Controlling Fertility Without Drugs or Devices by Ann Westmore and Evelyn Billings (Hardcover) for sale online

It can be used to achieve or avoid pregnancy.

Billings Method

This book provides some wonderful information about a woman's cycle and the clues that our bodies give us during that cycle. During this time, the characteristic changes of your cervical mucus will correspond to the beginning of your fertile phase.

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