

ADD and the college student - a guide for high school and college students with attention deficit disorder

Magination Press - ADD and the College Student : A Guide for High School and College Students with



Description: -

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College student orientation -- United States.

Attention-deficit-disordered youth -- Education (Secondary) -- United States.

Attention-deficit-disordered youth -- Education (Higher) -- United States. ADD and the college student - a guide for high school and college students with attention deficit disorder

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They should also have a feel for which courses play to their strengths and which ones will be a problem.

How to Succeed in High School with ADHD: Homework, Organization & Study Tips

If you both work from electronic calendars, set aside time each evening to update and synchronize. Consider sitting in the front, to avoid distractions.

How to Succeed in High School with ADHD: Homework, Organization & Study Tips

What Parents Can Do Post a calendar in the kitchen. To keep your locker organized, bring everything home at the end of each week and before every school break.

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Give students choices — writing a letter to the main character, creating a book jacket or a board game based on the book.

How to Succeed in High School with ADHD: Homework, Organization & Study Tips

Just as you assign a place for your physical possessions, you should designate a time for each of your commitments. If they struggle to keep track of assignments or deadlines, consider hiring a coach. This tool asks basic questions about the topic and organizes material visually to help with memory recall.

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Try to teach the problems to another student. Include all family events and obligations, so that your teen can add them to his personal schedule. Ask your teacher for more practice problems.

How to Succeed in High School with ADHD: Homework, Organization & Study Tips

Always carry an appointment book or electronic calendar — a planner or a smart phone works.

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