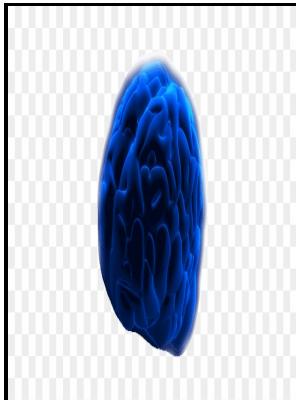


Brain basics

HC Publishing - Brain Basics: The Life and Death of a Neuron



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Brain Basics: The Life and Death of a Neuron

It develops an axon and dendrites and begins to communicate with its neighbors. These cells have the potential to generate most, if not all, of the different types of neurons and glia found in the brain. It allows you to recognize friends, read books, and play games.

Brain basics

Now, however, the brain is beginning to relinquish its secrets. An early progenitor cell does not have the potential of a stem cell to make many different types of cells. Whether you appreciate symphonies or rock music, your brain responds through the activity of these lobes.

Brain basics

For some neuroscientists, neurogenesis in the adult brain is still an unproven theory. This information is private; no one else will see it. Some people dream in color, while others only recall dreams in black and white.

Brain Basics: The Life and Death of a Neuron

When you plan a schedule, imagine the future, or use reasoned arguments, these two lobes do much of the work. In the case of jet lag, circadian rhythms become out of sync with the time of day when people fly to a different time zone, creating a mismatch between their internal clock and the actual clock. The amygdala, an almond-shaped structure involved in processing emotions, becomes increasingly active during REM sleep.

Brain Basics: The Life and Death of a Neuron

The other type will ultimately produce neurons or oligodendrocytes. Box 5801 Bethesda, MD 20824 800 352-9424 Prepared by: Office of Communications and Public Liaison National Institute of Neurological Disorders and Stroke National Institutes of Health Bethesda, MD 20892 NINDS health-related material is provided for information purposes only and does not necessarily represent endorsement by or an official position of the National Institute of Neurological Disorders and Stroke or any other Federal agency.

Brain basics

Knowing more about the brain can lead to the development of new treatments for diseases and disorders of the nervous system and improve many areas of human health.

Brain Basics: Know Your Brain

These new neurons made learning possible. In addition, reflecting on your learning helps to solidify the lessons, making them easily accessible when you need them—in the future! These regions all participate in learning in some way.

Brain Basics: Know Your Brain

Exposure to light can make it difficult to fall asleep and return to sleep when awakened.

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