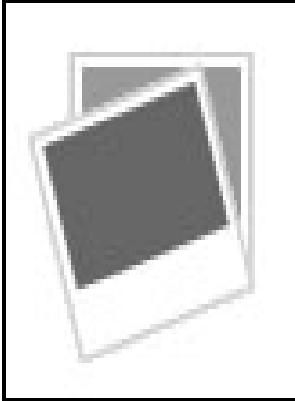


Healing forces of music - history, theory and practice

toExcel - The Healing Forces of Music: History, Theory and Practice by B. Randall McClellan, Paperback



Description: -
 -healing forces of music - history, theory and practice
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 Notes: Previous ed.: 1991.
 This edition was published in 2000



Filesize: 29.1010 MB

Tags: #The #Healing #Forces #of #Music #: #History, #Theory #and #Practice #by #Randall #McClellan #(2000, #Trade #Paperback) #for #sale #online

The Healing Forces of Music

There was no scientific research into musical theory at that point, just a primal urge to play and listen to spiritual sounds. Thus, music facilitates a greater connection to spiritual music and to those around them if in a group than otherwise possible. We have no knowledge of any other individual with Dr.

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Indeed, healing takes on many different variations, it may involve healing a physical, mental or spiritual ailment. As we grow older these vocalizations become confined to language. You will find in these pages powerful teachings of ancient civilizations that have left behind written and practical legacies that demonstrate how through the sounds of specific vowels, the power of intention, the power of words, the power of breathing and the power of creative visualization, we can activate the natural healing process of our mind, body and spirit.

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Therefore, music has been used across many cultures for its ability to aid spiritual connection to God and its healing powers.

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New York, NY: National League for Nursing. This book reveals powerful techniques and teachings that will help you activate the healing of all your biological systems, and at the same time, in your mind will germinate the seeds of wisdom that will open the gates to a creative, productive, abundant and healthy good life. With many easy-to-follow exercises, Healing Sounds is the first book to show from both the scientific and spiritual viewpoints how to use the transformative power of sound for healing on physical, emotional, mental, and spiritual levels.

Healing Powers of Sacred Music

McClellan takes us into basic acoustics, the process of hearing and the vibratory nature of the human body. This new edition revises the historical and theoretical perspectives and recognises the growing evidence and research base in contemporary music therapy. He also presents authentic classical chants and mantras from cultures around the world and shows how we can combine various vocal sounds to form our own mantra to help clear chakra blockages.

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He also provides a new 75-minute CD of psychoacoustically designed classical music for a direct experience of the effect of simplified sound on the nervous system. Asher Kenton BA Hons , MA References: Inayat Khan, H. Through the powerful sounds of their drumming, musicians cause the gods to dance.

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