

Restless heart - finding our spiritual home

Doubleday - The Restless Heart



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 Loneliness -- Religious aspects -- Christianity.
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The Restless Heart: Finding Our Spiritual Home in Times of Loneliness by Ronald Rolheiser

Rich and poor, wise and ignorant, faith-filled and agnostic, healthy and unhealthy have all alike had to face and struggle with its potentially paralyzing grip.

The Restless Heart : Finding Our Spiritual Home in Times of Loneliness by Ronald Rolheiser (2006, Trade Paperback) for sale online

I think this is one of the more exceptional books I've read. He also draws on writers as diverse as the mystic John of the Cross, philosopher Søren Kierkegaard and novelist John Updike.

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The first part defines loneliness in the secular terms: what is; its dangers; and the various types of loneliness.

The Restless Heart: Finding Our Spiritual Home in Times of Loneliness by Ronald Rolheiser

He doesn't claim to know all the answers or have the ability to cure our restless hearts. For loneliness is one of the deepest, most universal, and most profound experiences that we have.

Nonfiction Book Review: THE RESTLESS HEART: Finding Our Spiritual Home in Times of Loneliness by Ronald Rolheiser, Author . Doubleday \$19.95 (208p) ISBN 978

So what, if it is a reprint. At last we have a guide who helps us know what to do with the fire of desire within us. This was a very good book on loneliness.

The Restless Heart : Finding Our Spiritual Home in Times of Loneliness by Ronald Rolheiser (2006, Trade Paperback) for sale online

In this re-issue of a book first published more than two decades ago, Rolheiser, a Catholic priest and author, looks at the deep longing every person experiences and often names as loneliness. We hurt, and we live in pain, in loneliness, damned loneliness.

The Restless Heart: Finding Our Spiritual Home in Times of Loneliness by Ronald Rolheiser

A much needed antidote to the uneasiness of the times. Even if you are a relatively happy person, a person who relates easily to others and who has many close friends, you are probably still lonely at times.

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