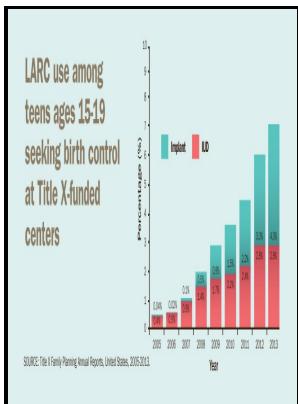


# Birth control info for teens

**U.S. Dept. of Health and Human Services, Public Health Service, Health Services Administration, Bureau of Community Health Services - About Birth Control (for Teens)**



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## A Teen's Right to Confidential Reproductive Health Care

However, girls who were very irregular before starting the pill may be irregular after they stop the pill. The American Academy of Pediatrics AAP recommends parents talk to their adolescents about how not having sexual intercourse is the best way to prevent STIs, HIV infection and pregnancy.

## For Teens

Birth control vaginal ring The birth control vaginal ring NuvaRing , is a small, flexible ring that a woman puts into her vagina for three weeks every month. For women who are pregnant, the risk of developing blood clots is twice as high as Pill users and 4-10 fold compared to nonusers. Today's birth control pills can have for some women, such as a lower risk of some kinds of cancer.

## For Teens

So don't wait to sit down with your teenager and discuss safe sex practices and the possibility of birth control.

## A Teen's Guide to Birth Control

Use spermicides with nonoxynol-9 only if you are in a monogamous relationship you have sex only with each other with a man you know is HIV-negative. LARCs last for 3 to 10 years, depending on the method. Plan B One-Step and similar variations are a third type of EC and are available over the counter or online without a prescription.

## Contraception: General Information

If not, they won't be as effective. An can help you find your most fertile days.

## Birth control for teens

When a man's penis first becomes erect, some fluid may be on the tip of the penis. Because it proves their manliness? It can even help with symptoms, including acne and excess hair. LARCs last for 3 to 10 years, depending on the method.

### **Birth Control Pills**

Birth control such as the IUD, implant, pill, patch, ring, or shot provides effective pregnancy prevention, but it does not protect against HIV and other STDs.

### **TEENS: Take Charge with FREE Birth Control**

Learn about types of that you or your partner can use to prevent pregnancy.

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## Related Books

- [Shi jie min zu yin yue gai lun.](#)
- [Bread and cereal](#)
- [Erste Reise zum unerforschten Grund des stillen Horizonts - von Glashäusern, Leuchttürmen, Windmas](#)
- [Erik Bergman, Musikmanuskripte](#)
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