

Social psychology of leisure

Venture Pub. - CAB Direct

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Notes: Includes bibliographical references (p. [355]-414) and index.
This edition was published in 1997



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PRLS 611: Social Psychology of Leisure

The question for me, then, became: Can more challenging leisure activities that could potentially be more satisfying and beneficial be regulated or routinized by situational cues in the same way TV sets act as situational cues? This new edition builds on all of these earlier efforts and incorporates major new topics of research, innovative studies, and contemporary examples.

Social Psychology of Leisure: Argyle: 9780140238877: vivchar.tom.ru: Books

In the last decade, social psychology has become the dominant social science perspective adopted by leisure researchers to study and understand the role of leisure in people's lives. We find little evidence that indigenous social psychologies of leisure have emerged in other cultural contexts. Finally, especially as it has incorporated reference to newer literature, this edition serves as a source-book for leisure researchers in providing context and even direction when conducting studies that employ a social psychological approach.

vivchar.tom.ru: A Social Psychology of Leisure (9781892132925): Douglas A. Kleiber, Gordon J. Walker, Roger C. Mannell: Books

Welcome to CAB Direct CAB Direct is the most thorough and extensive source of reference in the applied life sciences, incorporating the leading bibliographic databases CAB Abstracts and Global Health. Consequently, the authors have tried to maximize the clarity and interest level of the text.

Psychology and Social Psychology and the Study of Leisure

More complex behaviours going to a fitness class , require the drive of the conscious mind. This book is written to serve as a textbook for undergraduate students taking a course in the psychological and social aspects of leisure and recreation.

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There is a motivational shift away from regulation and self-control toward gratification instead.

Psychology and Social Psychology and the Study of Leisure

Anecdotally, after a month of experimenting with this, I have found that I have the mental energy to convince myself to head to the treadmill first thing in the morning. And, as Iso-Ahola 2015 suggests, I frequently am successful in weaken any bit of motivation or commitment I had to more complex, demanding leisure behaviours.

Related Books

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- [Platinum 1986. by G.G. Robson](#)
- [Energy conservation - understanding and activities for young people](#)
- [Tunnel construction 90 - papers presented at the Tunnel Construction 90 conference](#)
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