

Menopause

Dorling Kindersley - **Menopause: Causes, Symptoms, and Treatment**



Description: -

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Menopause -- Popular worksMenopause

-Menopause

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Menopause Symptoms That May Surprise You

On the other hand, it prevents fractures and can decrease the risk of colon cancer.

Stages of Menopause

It is essential that transgender people have access to healthcare providers who understand their needs and can address them effectively. Changes to your periods The first sign of the menopause is usually a change in the normal pattern of your periods. John's wort to be effective in treating mood disorders related to menopause.

Menopause

The thicker and greasier the moisturizer, the more it will help soothe your dry skin at menopause.

Menopause

However, if there are medications or medical conditions that may affect periods, it can be more difficult to know the specific stage of the menopause transition. It's diagnosed after you've gone 12 months without a menstrual period.

11 Things Women Should Know About Menopause

These changes can cause sex to be uncomfortable or painful. Larissa is tired and irritable from and fed up with the hot flashes. Once the ovaries have ceased their production of oestrogen, other changes take place which may have more of an effect on long-term health.

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