

Your child with asthma - some advice for parents and others

Heinemann Health - Asthma in Children: Signs, Symptoms & Treatment

	<p>Father's Name _____ Mother's Name _____</p>
<h3 style="text-align: center;">Childhood Asthma Control Test for children 4 to 11 years</h3>	
<p>Know your child's asthma control:</p> <p>The Childhood Asthma Control Test (CAT) is a quick way to find out how well your child's asthma is controlled. Take the test now and get a quick report on your child's asthma health.</p> <p>How to use the CAT: Read each question and circle the best answer. Then add up the points you circled. If you score 10 or less, your child's asthma is well controlled. If you score 11 or more, your child's asthma is not well controlled.</p> <p>Step 1: Who has the most trouble breathing at night? Circle the best answer.</p> <p>Step 2: Who has the most trouble breathing during the day?</p> <p>Step 3: Who has the most trouble breathing when they are trying to play?</p> <p>Step 4: Who has the most trouble breathing when they are trying to sleep?</p> <p>Step 5: Who has the most trouble breathing when they are trying to eat?</p> <p>Step 6: Who has the most trouble breathing when they are trying to talk or sing?</p> <p>Step 7: Who has the most trouble breathing when they are trying to look at something?</p> <p>Have your child complete these questions.</p>	
<p>1. Who has the most trouble breathing at night? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p> <p>2. Who has the most trouble breathing during the day? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p> <p>3. Who has the most trouble breathing when they are trying to play? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p> <p>4. Who has the most trouble breathing when they are trying to sleep? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p> <p>5. Who has the most trouble breathing when they are trying to eat? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p> <p>6. Who has the most trouble breathing when they are trying to talk or sing? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p> <p>7. Who has the most trouble breathing when they are trying to look at something? <input type="radio"/> No trouble <input checked="" type="radio"/> Some trouble <input type="radio"/> Lots of trouble </p>	
<p>Please complete the following questions on your own.</p> <p>1. How often does your child wake up at night because of asthma?</p> <p><input type="radio"/> Never <input checked="" type="radio"/> Once a week <input type="radio"/> Twice a week <input type="radio"/> Every day </p> <p>2. During the last month, how many days did your child stay away from the doctor because of asthma?</p> <p><input type="radio"/> 0 days <input checked="" type="radio"/> 1-10 days <input type="radio"/> 11-20 days <input type="radio"/> More than 20 days </p> <p>3. During the last month, how many days did your child stay away from school because of asthma?</p> <p><input type="radio"/> 0 days <input checked="" type="radio"/> 1-10 days <input type="radio"/> 11-20 days <input type="radio"/> More than 20 days </p> <p>4. During the last month, how many days did your child stay away from work because of asthma?</p> <p><input type="radio"/> 0 days <input checked="" type="radio"/> 1-10 days <input type="radio"/> 11-20 days <input type="radio"/> More than 20 days </p> <p>5. During the last month, how many days did your child stay away from playing because of asthma?</p> <p><input type="radio"/> 0 days <input checked="" type="radio"/> 1-10 days <input type="radio"/> 11-20 days <input type="radio"/> More than 20 days </p>	
<p>What did you learn about your child's asthma control?</p> <p>1. My child's asthma is well controlled.</p> <p>2. My child's asthma is not well controlled.</p>	

Description: -

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Asthma in children. Your child with asthma - some advice for parents

and others

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Notes: Includes index

This edition was published in 1975



Filesize: 28.810 MB

Tags: #Asthma

Coronavirus (COVID

Early warning signs can help you detect the flare-ups, like coughing and wheezing. If need be, please email us at. Through this action plan, you are able to empower your kid to know the condition better.

Asthma House Calls

The school should also inform you about any changes or problems with your child's symptoms while your child is at school.

Tips for Parents of Asthmatic Children

They shared the following measures asthmatics should be following — which are the same as those without. Also, make sure to talk to your pediatrician to know what the early signs might be.

Asthma House Calls

Centers for Disease Control and Prevention.

Helpful Facts and Advice for Parents of Children with Asthma

Asthma Canada encourages healthcare professionals such as Certified Respiratory Educators and school nurses to work together to conduct Asthma Awareness Events, as the partnerships that develop could evolve into a network of care and support for families of children with asthma.

Should children with asthma self

Irritants such as pollution and allergens are known to cause asthma. They relieve tightness in the chest, wheezing, and feeling out of breath.

Related Books

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