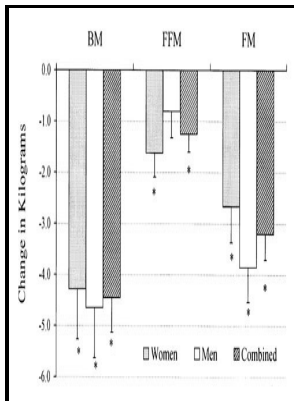


# Effects on plasma lipoproteins of a prudent weight-reducing diet.

- - Dietary weight loss and exercise interventions effects on quality of life in overweight/obese postmenopausal women: a randomized controlled trial



Description: -  
-effects on plasma lipoproteins of a prudent weight-reducing diet.  
-  
New England journal of medicine -- v.325 effects on plasma lipoproteins of a prudent weight-reducing diet.  
Notes: Taken from New England journal of medicine, vol.325, 1991, pp. 461-466.  
This edition was published in 1991



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Tags: #Efficacy #of #aerobic #exercise #and #a #prudent #diet #for #improving #selected #lipids #and #lipoproteins #in #adults: #a #meta

## Effect of kinesiological recreation on plasma lipoproteins and apolipoproteins in fertile women

Stand up paddle surfing-an aerobic workout and balance training.

### High

The secondary aim was to investigate predictors of changes in HRQOL. Sijie T, Hainai Y, Fengying Y, Jianxiong W. In particular, monounsaturated fatty acids, soluble fiber, and vegetarian diets favorably affect plasma lipid levels.

## Effects of Weight Loss vs Aerobic Exercise Training on Risk Factors for Coronary Disease in Healthy, Obese, Middle

For the bodily pain subscale, higher scores represent less pain. Body height and weight were measured without shoes using light street clothing by stadiometer wall-mounted and a digital scale Scale-Tronix model 5002, Wheaton, IL, USA , respectively -. Overall, women of reproductive age are not generally considered to be at high risk for CVD, but identification of hypertension and dyslipidemia has reproductive health significance.

## The physiological, musculoskeletal and psychological effects of stand up paddle boarding

More compelling evidence comes from Wood's randomized, controlled intervention study of overweight men and women, which determined the effects of moderate exercise on changes in plasma lipoproteins with a low-fat, high-carbohydrate diet National Cholesterol Education Program Step I. The rHDL was immobilized using CNBr-activated Sepharose 4B resin Amersham Biosciences for easy separation after the reaction in accordance with the manufacturer's instructions. When consensus could not be reached, the other two authors served as arbitrators.

## Effects of Weight Loss vs Aerobic Exercise Training on Risk Factors for Coronary Disease in Healthy, Obese, Middle

Data extraction We extracted data from included studies into comprehensive evidence tables to facilitate assessment of the quality of the individual

studies.

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