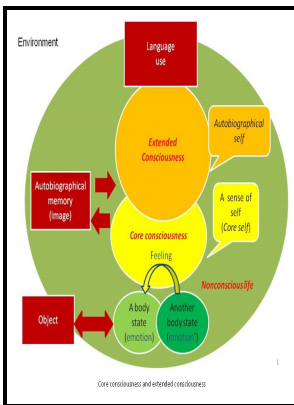


Why we eat what we eat - how the encounter between the New World and the Old changed the way everyone on the planet eats

Summit Books - The Evolution of Diet



Description: -

- Investments, Foreign -- Government policy -- Africa, North.
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 Investments -- Government policy -- Africa, North.
 Investments -- Government policy -- Middle East.
 Cookery -- History.
 Food habits -- History.
 Gastronomy -- History. Why we eat what we eat - how the encounter between the New World and the Old changed the way everyone on the planet eats
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 Notes: Includes index.

This edition was published in 1991



Filesize: 16.76 MB

Tags: #Bibliography

Nonfiction Book Review: Why We Eat What We Eat: How the Encounter Between the New World and the Old Changed the Way Everyone on the Planet Eats by Raymond Sokolov, Author Summit Books \$21.5 (0p) ISBN 978

How can we convey a cultural idea from one group to another when the second has no understanding of the first? The cuts have a different texture than other meats, and some have acquired tastes -- especially if cooked poorly. Ample introductory chapters on European medieval food history. I eat it rarely or not at all.

From fish eyes to pig ears: Why you should eat the whole animal

Or, dissolve a level teaspoon of baking soda in eight ounces of water. Farmers suffered from iron deficiency and developmental delays, and they shrank in stature.

Bibliography

Meat and dairy accounts for just 18% of all food calories and around a third of protein. Protein After water, protein is the most plentiful substance in our bodies.

Medieval Food

I was very sick a year ago and although not cured I do feel some fear in letting go of this way of medication. Food: The History of Taste. After humans began herding cattle, it became tremendously advantageous to digest milk, and lactose tolerance evolved independently among cattle herders in Europe, the Middle East, and Africa.

Related Books

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