

Choosing a water birth

AIMS, on behalf of the British Maternity Trust - 21 Things to Consider When Choosing a Water Birth

Author (Year)	Sample	Randomization	Results	Notes
Mikton, 1999 (Qual)	Low-risk people >36 weeks gestation giving birth at one of two hospitals in South Africa	60 people were randomly assigned to a waterbirth and 39 people were randomly assigned to a land birth.	Maternal outcome: The waterbirth group reported greater pain relief (70% vs 55%) and were more likely to report having a better birth than they expected to be (57% vs 28%). There were no differences in the number of births and there were no adverse maternal effects.	Unpublished dissertation. No intention to treat analysis. The first stage of the study.
Woodhead and Kelly (2004)	Low-risk people >37 weeks gestation giving birth with no prior Caesarean birth at a hospital in the U.K.	40 people were randomly assigned to a waterbirth and 20 people were randomly assigned to a land birth. The preference group were 10 people in a 'land birth' preference group*.	Maternal outcome: No difference in the number of people in this group who actually gave birth in water. There were no differences other than a lower cord arterial carbon dioxide levels in the water birth group. Note: the preference group actually gave birth in water. Only 10 of the 10 people in the 'land birth' preference group* actually ended up having a waterbirth.	Data were analyzed according to those who were assigned. This is a small sample which is problematic since only 50% stay in water. It is difficult to draw conclusions from this study.

Description: -

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Notes: Previous ed., 1996.

This edition was published in 1998



Filesize: 42.29 MB

Tags: #Choosing #waterbirth #: #reclaiming #the #sacred #power #of #birth #(Book, #2000) #[mikhmon.us.to]

Top 10 Water Birth Videos

Control Women generally feel more comfortable, safer and more secure in water as it makes you feel lighter.

Planning a water birth

Fifteen hours later at 3pm I started contracting and after a couple of calls to the hospital at 7pm and 9pm, I arrived at triage at 9. Both deemed the study as not requiring permission.

Andaluz Waterbirth

Morgan Robey, mom of two, says having a drug-free birthing experience was important to her. They report how the midwives who were interviewed regularly felt they had to disregard their inclination to advocate for the rights of their birthing patients because of institutional policies and fear for their job or position. When you are pregnant, you certainly want everything to go as smoothly as possible.

Water birth pros and cons: Should you have a water birth?

What is a water delivery like? Otherwise, your baby might get hypothermia. . Call ahead to find out your coverage.

Water Birth: Benefits, Risks, Costs, What to Expect, and More

MIDIRS Midwifery Digest 21 2 : 193-6 Jackson R.

Choosing A Water Birth

Women refusing standard obstetric care: maternal-fetal conflict or doctor-patient conflict? Being in such a gentle and calming environment is key to having the relaxing birth of your dreams.

Choosing waterbirth : reclaiming the sacred power of birth (Book, 2000) [mikhmon.us.to]

You may want to ask your midwife about your hospital's approach towards water births. She does provide her own birth stories, but these offer no practical information for a reader's own waterbirth.

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