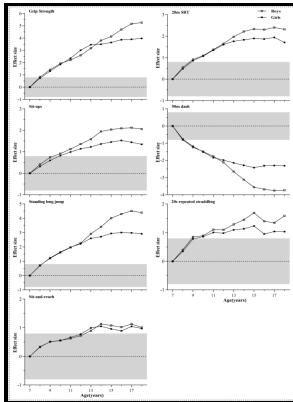


Fitness, performance, and health norms

Human Kinetics - 9780736054836: Norms for Fitness, Performance, and Health

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 Physical Fitness -- physiology
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 Notes: Includes bibliographical references and index.
 This edition was published in 2006



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Interpretation of Normative Data -Data Classification -Experimentation -Hypothesis Testing -Descriptive Statistics -Correlation -Inferential Statistics -Summary Part II: Fitness and Performance Norms Chapter 3.

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This book includes normative data for various aspects of fitness, such as strength, endurance, anaerobic and aerobic capacity, body composition, flexibility, speed and agility.

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