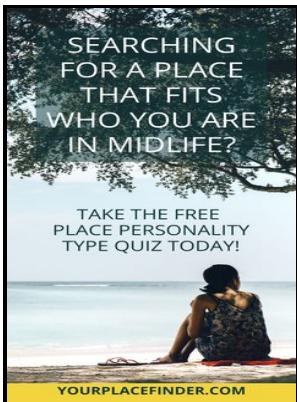


Navigating midlife - using typology as a guide

CPP Books - midlife



Description: -

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Typology (Psychology)
Middle-aged persons -- Psychology.
Middle age -- Psychological aspects.
Jung, C. G. 1875-1961. Navigating midlife - using typology as a guide
- Navigating midlife - using typology as a guide
Notes: Includes bibliographical references (p. 245-246) and index.
This edition was published in 1993



Filesize: 21.910 MB

Tags: #Ten #more #books #about #MBTI #and #type #that #you #can't #afford #to #be #without!

midlife

Covers issues such as time management, running meetings, communication and conflict, leadership, change, etc.

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The best books for you will depend upon your type and which area you are most interested in, so we have divided the books into different areas of interest for you. Come join with me in this exciting new and I will make sure it is personalised to you and your type. Navigating midlife using typology as a guide corlett eleanor s millner nancy bost isbn 9780891060611 kostenloser versand fur alle bucher mit versand und verkauf durch amazon.

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Portraying midlife as a time of opportunity rather than crisis, Navigating Midlife builds on Jungian theory and the typology of the Myers-Briggs Type Indicator personality inventory to provide understanding and encouragement through this transition. Millner show how the ability to see our built-in pattern of preferences - our psychological type - clarifies our strengths and weaknesses, validates who we are, and lessens the need to project our demands and desires onto others.

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