

Natural face-lift - a facial touch program for rejuvenating your body and spirit

Barrons - The Natural Face



Description: -

- Acupressure.

Beauty, Personal.

Face -- Care and hygiene.natural face-lift - a facial touch program for rejuvenating your body and spirit

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Notes: Includes bibliographical references (p. 126) and index.

This edition was published in 2004



Filesize: 51.62 MB

Tags: #NATURAL #FACE

The Natural Face

The item may be missing the original packaging such as the original box or bag or tags or in the original packaging but not sealed. Here is the key to a natural face-lift for beauty and general well-being. Combined with daily recommended cleansing and moisturizing routines, the author discusses the use of soaks and masks.

NATURAL FACE

The item may be a factory second or a new, unused item with defects or irregularities. Special routines are recommended for specific problems such as aging skin. May not include supplemental items like discs, access codes, dust jacket, etc.

NATURAL FACE

See details for description of any imperfections. The author, a naturopathic physician, teaches ways to restore a youthful appearance to the face and release wrinkles while relaxing and restoring the entire body.

NATURAL FACE

Will be a good Reading copy. Aided by color photos, she describes how to touch and gently massage specific facial areas in ways that replenish the skin while also nurturing the body and revitalizing the spirit.

The Natural Face

NATURAL FACE

Pages are clean and are not marred by notes or folds of any kind. ~ ThriftBooks: Read More, Spend Less The Natural Face-Lift : A Facial Touch Program for Rejuvenating Your Body and Spirit by Linda Burnham Pages are clean and are not marred by notes or folds of any kind.

NATURAL FACE

There may be underlining, highlighting, and or writing. Emphasis is on pure, natural ingredients for both external and internal use.

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