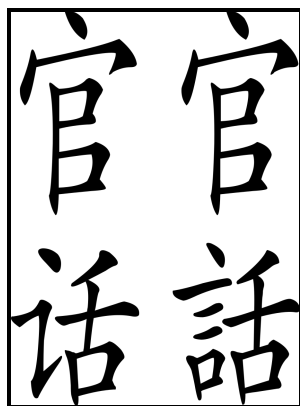


Zhongguo fo jiao mei shu shi

Dong da tu shu gu fen you xian gong si - Meihuaquan



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Cang hai cong kan

Cang hai cong kan. Yi shu leiZhongguo fo jiao mei shu shi

Notes: Gift of National Central Library, Taipei.

This edition was published in 2001



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Tags: #Meihuaquan

Meihuaquan

While studying this set, disciples often train in pairs—duida hit in pair and duilian train in pair—with and without weapons. At the basic level, duida are only for two opponents and of two kinds: hand-and-kick techniques, or falling techniques.

Meihuaquan

Meihuaquan's style is deep and well-researched.

Meihuaquan

During the people who practiced this style were involved in various uprisings, like in 1774, in 1814, and in the 1900. Consequently, although this style is known from ancient times, it spread widely only at the end of the Ming, and the beginning of the Qing, dynasties, in Hebei, Henan, Shandong, and Shanxi provinces.

Meihuaquan

BGT ENT - Sal Canzonieri production company. Meihuaquan is the result of experiences during years and years of study, experimentation, and transformation, becoming a typical Chinese martial art. This style originates with monks and belongs to the Kunlun branch of Chinese martial arts.

Meihuaquan

About Feng Keshan and Meihuaquan: In the 1800s, Feng Keshan developed the Mei Hua Quan or Plum Flower Boxing style.

Meihuaquan

Hand strikes are divided into high, medium, and low types, with like types for agility.

Meihuaquan

With a simple expansive posture and built-in poise, Meihuaquan releases and strengthens the flow of energy to increase concentration of the mind.

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