

Choosing a water birth

AIMS, on behalf of the British Maternity Trust - 21 Things to Consider When Choosing a Water Birth

Author (Year)	Sample	Randomization	Results	Notes
Woods (1999) (Thames)	Low risk people (24 weeks gestation) giving birth at one of five hospitals in South Africa	60 people were randomly assigned to waterbirth and 60 people were randomly assigned to land birth. 19 people in the waterbirth group completed a waterbirth (7 women got used to a vacuum assisted birth)	Maternal Outcomes: The waterbirth group reported greater satisfaction (70% vs. 50%) and were more likely to report that they enjoyed the experience than they expected it to be (25% vs. 10%). There were no differences in trauma to the birth canal and there were no adverse maternal effects. Newborn outcomes: This study didn't measure newborn outcomes but did report that one death occurred in the waterbirth group. The death was not attributed to the waterbirth. It was most likely due to a pre-existing cardiac condition.	Unpublished observation: No intervention in water was used during the first stage of labor
Woodward and Kelly (2004)	Low risk people (27 weeks gestation) with no prior Caesarean giving birth at a hospital in the U.K.	42 people were randomly assigned to waterbirth and 28 people were randomly assigned to land birth in an additional 10 people were assigned to a 'waterbirth preference group' and 10 people to a 'land birth preference group'. Only 10 out of the 42 people who were randomly assigned to the waterbirth group actually gave birth in the water and only 5 of the 10 people in the waterbirth preference group actually ended up having a waterbirth.	Maternal outcomes: No difference between groups. Newborn outcomes: No difference other than a lower cord arterial carbon dioxide in the waterbirth group, however, most of the people in this group did not actually give birth in water so the result must be viewed with caution.	Data were analyzed according to the participants assigned group (which is problematic since they didn't stay in their group), so it is difficult to draw any conclusions from the study.

Description: -

-Choosing a water birth

-Choosing a water birth

Notes: Previous ed., 1996.

This edition was published in 1998



Filesize: 42.29 MB

Tags: #Choosing #waterbirth #: #reclaiming #the #sacred #power #of #birth #(Book, #2000) #[mikhmon.us.to]

Top 10 Water Birth Videos

Control Women generally feel more comfortable, safer and more secure in water as it makes you feel lighter.

Planning a water birth

Fifteen hours later at 3pm I started contracting and after a couple of calls to the hospital at 7pm and 9pm, I arrived at triage at 9. Both deemed the study as not requiring permission.

Andaluz Waterbirth

Morgan Robey, mom of two, says having a drug-free birthing experience was important to her. They report how the midwives who were interviewed regularly felt they had to disregard their inclination to advocate for the rights of their birthing patients because of institutional policies and fear for their job or position. When you are pregnant, you certainly want everything to go as smoothly as possible.

Water birth pros and cons: Should you have a water birth?

What is a water delivery like? Otherwise, your baby might get hypothermia. . Call ahead to find out your coverage.

Water Birth: Benefits, Risks, Costs, What to Expect, and More

MIDIRS Midwifery Digest 21 2 : 193-6 Jackson R.

Choosing A Water Birth

Women refusing standard obstetric care: maternal-fetal conflict or doctor-patient conflict? Being in such a gentle and calming environment is key to having the relaxing birth of your dreams.

Choosing waterbirth : reclaiming the sacred power of birth (Book, 2000) [mikhmon.us.to]

You may want to ask your midwife about your hospital's approach towards water births. She does provide her own birth stories, but these offer no practical information for a reader's own waterbirth.

Related Books

- [Nuclear facility threat analysis and tactical response procedures](#)
- [Lyra Germanica - hymns for Sundays and chief festivals of the Christian year](#)
- [Estructura económica de la comunidad valenciana](#)
- [International bibliography of paremiology and phraseology](#)
- [Electrical trauma - the pathophysiology, manifestations and clinical management](#)