

# Recommendations on breastfeeding duration and weaning

## DHSSPS - How Long Should You Breastfeed? Benefits, Recommendations



Description: -

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### PHA Statement on exclusive breastfeeding and recommendations for the introduction of solid foods at six months

Greer, Use of soy protein-based formulas in infant feeding. Physicians need to guide and support mothers through the weaning process.

### How To Wean A Baby From Breastfeeding?

Give your child your full attention and save phone calls, emails and your own activities for later. Cochrane Database Syst Rev 2002;1:CD003517.

### Weaning from the breast

Oftentimes, afternoon feedings are ideal to get rid of first—children are often active during this time and may not notice the dropped feeding. Remember that a nursing strike does not mean your baby is rejecting you. As hospitals are making progress towards providing skin-to-skin care and rooming-in, which facilitate breastfeeding initiation, it is important that infants are adequately supervised to ensure safety, prevent falls, and prevent sudden unexpected postnatal collapse.

### Physiological weaning

One step in the weaning process is teaching your baby to use a cup.

### Weaning Your Baby

After six months of age, when breast milk alone cannot provide enough protein, additional protein sources such as meat, fish, egg yolk, tofu, lentils and cheese are needed.

### Menstruation

Breastfeeding and Human Lactation Fourth Edition.

## **Weaning**

Continue to bring up the issue of infant feeding throughout the prenatal period. The American College of Obstetricians and Gynecologists encourages each health care provider to learn his or her own community resources to best support patients. They also showed reduced duration of breastfeeding, and the reason for cessation was frequently cited to be therapies which were actually of low risk.

## **How Long Should You Breastfeed? Benefits, Recommendations**

The ACOG policies can be found on. Typically, the last breastfeeding sessions babies drop are the ones before they fall asleep or after they wake up.

## Related Books

- [Kissed a sad goodbye](#)
- [Advances in food dehydration](#)
- [Cortez au Mexique](#)
- [Lindsay and Victoria County Old home week, 1-10 July, 1948 - souvenir booklet.](#)
- [Atoms and cells](#)