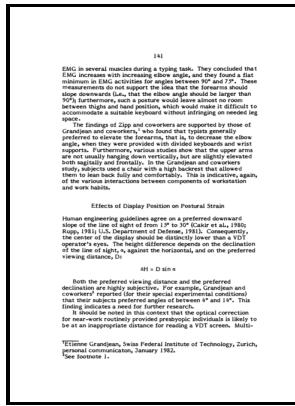


Effect of VDT usage - a survey of women office workers

Womens Bureau - The Effect of The Forward Head Posture on Postural Balance in Long Time Computer Based Worker



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Notes: Bibliography: p.17-19.

This edition was published in 1983



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[Survey on visual and musculoskeletal symptoms in VDT workers]

These results could be applied to education programs regarding correct postures when working at a computer for extended periods of time.

Prevalence and risk factors of self

Although an association was seen between female gender and clinical CTS in the univariate analysis of this study, gender was not a significant risk factor for CTS in the multivariate model. Results of this study partially confirm previous studies ; that show an indirect effect of computer system performance on strain via job Stressors. We also measured the center of gravity COG and postural balance by using computerized dynamic posturography to determine the effect of computer-based work on postural balance.

Effect of computer system performance and other work Stressors on strain of office workers

Background Carpal tunnel syndrome CTS is a common cause of pain, numbness and tingling in the wrist and hand region and is associated with repetitive wrist and hand use in office workers.

[Survey on visual and musculoskeletal symptoms in VDT workers]

In a meta-analysis, Coenen et al. First, a nerve conduction test the gold standard for CTS diagnosis was not included in the present study, which was one of the major limitations of the study.

Prevalence and risk factors of self

In an earlier cross-sectional study by Andersen et al. It can be assumed that those who need to work with pain frequently may experience more physical and mental stress at work without adequate rest, which may in turn aggravate the symptoms and increase the risk of CTS.

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