DREAM WEEKEND INTENSIVE

FROM DREAM SYMBOL TO PERSONAL BREAKTHROUGH



Special Announcement!

Chris Caldwell and I are thrilled to be collaborating for a Dream Weekend Intensive!

Chris has worked as a psychologist, counsellor and body worker for the past thirty years. In that time, he has conducted many workshops in Australia and the United Kingdom, and has taught extensively in several institutes in Melbourne.

Chris writes: " I have found throughout my many years of practice, that one of our most powerful resources for healing and growth is our dream world. I am still amazed and moved by the exquisite intelligence, transformative power and poetic beauty of our own dreams. It is always a privilege to listen to the wisdom of psyche as she reminds us of our deeper life. This sense of privilege extends to dream work with others, particularly with the energetic support of a group."

We hope to see you there! ~ Ilana Laps, Psychotherapist & Founder Dream Lab

Learn the Language of Your Dreams Dream Characters, Symbols & Landscapes lead by Ilana Laps

Day 1: Saturday, September 22, 10 a.m. - 4 p.m.

Every dream is a masterpiece of metaphor. A green snake crosses your path. A stranger drives your car erratically. A city becomes submerged by flood. What does it all mean? Today you will uncover the meaning behind your dream characters, symbols and landscapes. When you learn how to understand your dreams, they become one of your most important allies.

Dreams for Personal Breakthrough What Do Dreams Reveal About Your Life? lead by Chris Caldwell

Day 2: Sunday, September 23, 10 a.m. - 4 p.m.

How can you use dreams to make better decisions, and to understand the conflicts and obstacles in your life? Today, you'll experience how your dreams point to truths you haven't yet seen, and provide guidance when you need it most. Explore your capacity for turning your own dreams into personal breakthroughs.

From past Dream Lab participants...

"Blew my mind..."

"Completely shifted my awareness..."

"I had the most amazing realisation..."

"Not until a few days later did I realise the full impact..."

"An illuminating experience..."

"An absolute treasured experience."

Dream Weekend Price: \$200 Saturday or Sunday Only: \$115

Bookings & Enquiries:

ilana@dreamlab.com.au

~ RSVP Closes on September 18th ~ Bookings Essential

About Ilana: <u>www.dreamlab.com.au</u>

About Chris: www.psychespeaks.com.au