

DREAM LAB PRESENTS

DREAMWORK TRAINING

**Learn How to
Safely Work
with Other
People's
Dreams**

**Counsellors &
Health Professionals
Oct 27**

**Experienced
Dreamers
Oct 28**

**Practice Day
Nov 3 (3hrs)**

**10 a.m. ~ 5 p.m.
\$150 + \$20 practice
Elwood & Sth Yarra**

**RSVP Essential
[Click Here to RSVP](#)**



Dreamwork is a Careful Art
Learn how to skillfully guide clients and friends to understand their dreams.

Dreams are deeply personal for the Dreamer, and have a therapeutic and transformative power when understood. Their energy is intimate, and so dreams leave us feeling vulnerable, exposed. It is no surprise, therefore, that dream work with clients, friends and co-workers is delicate territory. Handled professionally, you can catalyze profound shifts in the dreamer. Handled unconsciously, and even with the best intentions, you can easily do more harm than good.

Dreamwork Training Days are experiential workshops where you'll learn how to approach other people's dreams with sensitivity, integrity and care. Professionals will learn valuable techniques for gaining critical therapeutic insight from their clients' dreams. Experienced dreamers will also have supervised experience working on real dreams, and you'll receive feedback on your personal style and accuracy. As practice and honest feedback are critical for those doing dream work, both groups will meet together for a practice day a week later, with the option of meeting on an ongoing basis.

Facilitator: Ilana Laps, Psychotherapist & Dream Lab Founder. Enquiries: ilana@dreamlab.com.au

"The experience of doing dream work with Ilana has been an absolute revelation. It has expanded my approach to dreaming in a way that is both deeply meaningful and profound."
~ Susan

"Once I started working on the bizarre, rich nightly landscapes of my dreamworld with Ilana, and adopted the changes they hinted at, incredible transformations have been reflected in my waking life. I continue to embrace a more authentic life thanks to the promptings of my inner world."
~ Lorraine