**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Wimbledon Park**

**Wednesday 30 June 1976**

**1. JOHN ROBERTS 4m 23.1**

**2. MALCOLM WOODFORD 4m 25.9**

**3. STUART GRAHAM 4m 27.0**

**4. STEVE BADGERY 4m 31.0**

**5. KEN ASHBY 4m 38.1**

**6. STUART LITTLEWOOD 4m 39.7**

**7. COLIN PEARSON 4m 40.4**

**8. RAY O’DONOGHUE 4m 50.9**

**9. JOHN ROBBINS 4m 55.8**

**10. JOHN PHELAN 5m 00.0**

**11. PETER MULHOLLAND 5m 00.3**

**12. IAN BLAKEY 5m 05.2**

**13. PETER BENCH 5m 07.1**