**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Battersea Park**

**Wednesday 4 July 1984**

**1. MARK SINCLAIR 4m 13.6**

**2. JOHN WARREN 4m 18.7**

**3. DAVE NORTH 4m 21.9**

**4. JON OWEN 4m 30.3**

**5. MARK LEESON 4m 32.6**

**6. JON HANCOCK 4m 34.3**

**7. JOHN ROBERTS 4m 35.2**

**8. KEITH ANDREW 4m 36.4**

**9. STUART LITTLEWOOD 4m 37.0**

**10. PAUL WILLIAMS 4m 48.8**

**11. PETER WILLIAMS 4m 50.1**

**12. DENNIS WILLIAMS 4m 51.0**

**13. PAUL STILL 4m 54.0**

**14. RAY O’DONOGHUE 5m 00.0**