**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Tooting Bec**

**Wednesday 29 June 1988**

**1. NICK SMITH 4m 16.6**

**2. BARRY ATTWELL 4m 27.0**

**3. STUART LITTLEWOOD 4m 36.9**

**4. JON HANCOCK 4m 41.1**

**5. DON ANDERSON 4m 44.7**

**6. MIKE JOHNSON 4m 47.1**

**7. JOHN ROBERTS 4m 50.3**

**8. IAN ISHERWOOD 4m 55.5**

**9. GEORGE HOLT 4m 58.0**

**10. GLYN GOUGH 5m 20.8**