**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Tooting Bec**

**Wednesday 21 June 1995**

**1. RICHARD XERRI 4m 37.0**

**2. STEVE SINNOTT 4m 55.7**

**3. SIMON INGALL 4m 56.5**

**4. MARCO CIGLIA 5m 00.3**

**5. DAVE ORCHARD 5m 23.1**

**6. PAUL STILL 5m 57.1**

**7. JOHN BRYANT 6m 08.3**