**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Tooting Bec**

**Wednesday 30 June 1999**

**1. MIKE TREADWELL 4m 37.0**

**2. TIM BEER 4m 47.8**

**3. SENAN DOOHAN 5m 04.7**

**4. MARCO CIGLIA 5m 10.5**

**5. SIMON INGALL 5m 23.1**

**6. KEITH WOLTON 5m 41.7**

**7. DENNIS WILLIAMS 5m 42.1**