**LAURISTON RUNNERS CLUB**

**I Mile Track Championship**

**Wimbledon Park**

**Saturday 19 July 1969**

**1. MIKE FULLER 4m 16.7**

**2. JERRY FLETCHER 4m 24.1**

**3. PETER MULHOLLAND 4m 29.8**

**4. JOHN DAY 4m 30.4**

**5. HOWARD SATCHELL 4m 39.4**

**6. DOUG BREW 4m 40.2**

**7. COLIN ROBINSON 4m 41.8**

**8. DAVID BEARD 4m 46.0**

**9. JOHN PHELAN 4m 49.0**

**10. COLIN BRICHER 4m 51.0**

**11. IAN BLAKEY 4m 59.0**