**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Wimbledon Park**

**Wednesday 17 September 1978**

**1. GRAHAM SHINE 4m 37.7**

**2. STUART LITTLEWOOD 4m 38.8**

**3. MARK BENCH 4m 39.5**

**4. MIKE FULLER 4m 43.1**

**There were more runners in the race but this is the only information in the club records.**