**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Motspur Park**

**Wednesday 19 June 1985**

**1. MARK SINCLAIR 4m 14.8**

**2. DAVE NORTH 4m 30.3**

**3. STEVE RAMDHANIE 4m 33.8**

**4. MARK LEESON 4m 35.2**

**5. STUART LITTLEWOOD 4m 35.4**

**6. JOHN ROBERTS 4m 40.0**

**7. JON HANCOCK 4m 41.7**

**8. SIMON BEAUMONT 4m 42.1**

**9. PAUL WILLIAMS 4m 43.0**

**10. PETER WILLIAMS 4m 43.6**

**11. MIKE JOHNSON 4m 47.8**

**12. ROBERT SMITH 4m 48.2**

**13. IAN ISHERWOOD 4m 53.0**

**14. ALAN GRIMES 4m 54.3**

**15. DENNIS WILLIAMS 4m 56.9**

**16. GARY PINFIELD 5m 00.3**

**17. PAUL STILL 5m 08.2**