**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Tooting Bec**

**Wednesday 18 June 1986**

**1. MARK LARCHE 4m 22.0**

**2. GLYN TIERNAN 4m 26.6**

**3. JON HANCOCK 4m 32.3**

**4. MARK LEESON 4m 38.3**

**5. STUART LITTLEWOOD 4m 39.9**

**6. MIKE JOHNSON 4m 47.6**

**7. IAN ISHERWOOD 4m 51.5**

**8. DENNIS WILLIAMS 4m 57.4**

**9. KEITH ANDREW 4m 59.1**

**10. TONY AUSTIN 4m 59.2**