**LAURISTON RUNNERS CLUB**

**1 Mile Track Championship**

**Tooting Bec**

**Wednesday 14 June 1989**

**1. BARRY ATTWELL 4m 23.1**

**2. STUART LITTLEWOOD 4m 27.8**

**3. JOHN MATHER 4m 28.2**

**4. PETER WILLIAMS 4m 31.7**

**5. PAUL WILLIAMS 4m 42.0**

**6. DON ANDERSON 4m 43.0**

**7. SIMON INGALL 4m 43.0**

**8. MARCO CIGLIA 4m 47.0**

**9. TONY AUSTIN 4m 48.0**

**10. JOHN ROBERTS 4m 49.0**

**11. DENNIS WILLIAMS 4m 52.0**

**12. ALAN GRIMES 4m 58.0**

**13. GEORGE HOLT 5m 04.0**

**14. TONY STONE 5m 08.0**

**15. RAY O’DONOGHUE 5m 17.0**

**16. PAUL STILL 5m 47.0**