

AmslerGr.id

10 cm × 10 cm | 20×20 cells | 5 mm spacing

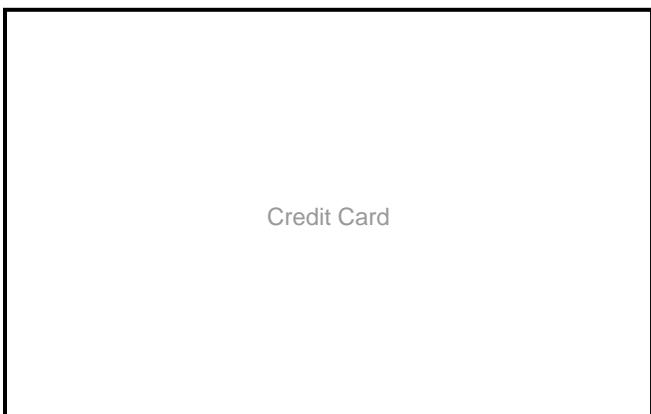
Verify Print Size

Before using this grid, verify it printed at the correct size.

Method 1: Ruler Verification

This line should measure exactly 10 cm (3.94 inches)

Method 2: Credit Card Verification



A standard credit card should fit perfectly in this box (8.56 cm x 5.4 cm)

If measurements don't match, set printer to "Actual Size" or "100% scale" and reprint.

How to Use the Amsler Grid

1. **Distance:** Hold this grid 12-15 inches (30-38 cm) from your eyes in good lighting.
2. **Glasses:** Wear your reading glasses if you normally use them.
3. **Cover One Eye:** Cover one eye with your hand.
4. **Focus:** Look directly at the center dot with your uncovered eye.
5. **Check Grid:** While staring at the center dot, check if all lines appear straight, all areas are clear, and you can see all four corners.
6. **Other Eye:** Repeat with your other eye covered.

If you notice wavy lines, blurry areas, or dark spots, contact your eye doctor immediately.