

The Surf Class

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Course Description

The opportunity to take the surf PE class is unique and we are happy to offer this experience for the students. Surfing is a terrific activity and offering a course like this allows the students to fully appreciate and learn about the Pacific Ocean. The students will be participating in surfing most days. In addition to participating in the activity, the students will also learn a bit about the culture of surfing. The last and most important notion of the course will be **safety**. Surfing is a dangerous sport with chances of injury. Students will learn about water safety and respecting the ocean. Being able to follow the guidelines provided in this syllabus will be required to create a safe and positive experience for students. I am excited to have the surf class offered again at CCA. I look forward to sharing an activity I enjoy with all the students.

Grades

Students are graded on participation, behavior and the final result of a culminating project. It is essential that he/she participates in class activities on all required days. A student who does not participate or has an unexcused absence will lose points from their participation grade. If a student is not able to participate, he/she will need to be excused from a parent. *No exceptions!*

Grade Breakdown

Participation	~60%
Project	~30%
1 st week paperwork	~10%
On time, full participation	20 points
Tardy, full participation	10 points
No Participation	0 points
Unexcused Absence	-5 points

The culminating project will be completed in school on late start days, expect minimal HW assignments.

Location and Time

On beach days, the surf class will meet at 15th Street in Del Mar at 7:45am to check in. The students will surf until 8:50am and check out. This allows for 45 minutes for changing and getting to CCA for second period which starts at 9:37am. **On late starts, odd schedule days (CAHSEE and STAR) and bad surf weather/conditions testing days, we will meet in room C205.** This is where students will work on their report/project. Students are

required to surf with the class, not their own spot. Students who leave early will be marked absent/truant, this is a strict rule for liability purposes.

Swim Test

A requirement to participate in the surf class is to pass a swim test, students who cannot pass the swim test or do not feel comfortable attempting the test will automatically drop the course. The test will require a swim ~50m in the ocean and back to land, along with a paddle test to the first buoy at 15th street. Please contact me if there are any questions.

Requirements

- 1) Pass swim test
- 2) Have transportation to the beach and to CCA
- 3) All paperwork submitted
- 4) Surf equipment must include leash
- 5) A winter wet suit and board
- 6) A waterproof watch (not required)
- 7) A spare hide-a-key (Not required)

Transportation

It is strongly recommended that students provide their own transportation. Past history indicates that friendships change, friends are absent, and parents get tired of transporting early in the morning. Having to depend on others for a ride often becomes a problem that results in failing grades. Have a ride and 2nd and 3rd plan in case of conflicts. Use the class Facebook page to communicate.

Absences/Tardiness

- 1) Class begins promptly at 7:45am at 15th Street in Del Mar. The student should be in his/her wetsuit and ready to enter the water when class begins.
- 2) Students arriving at the beach after 7:50 will be marked tardy.
- 3) Students may not leave the beach/class until final dismissal time (8:50am).
- 4) Early departure from class before dismissal will result in a referral for truancy and a Saturday School (CCA Tardy Policy). Students are not allowed to check-in and return to their cars.
- 5) All check-in/signatures must be by said student. No student may sign-in or out for another student.
- 6) Illegible signatures will not be given full credit for the day's activity.
- 7) Parents are required to excuse any absences or tardiness with the attendance office.
- 8) Surf PE class attendance conforms to the same standard as other PE elective courses at CCA. Students may not have more than 5 excused absences during a grading period. Absences in excess of 5 must be made up. Reports or other alternative assessments for credit may be provided after consultation with the teacher.

Medical Excuses

A physician's note is to be shared with your teacher and the nurse at the onset of a medical problem lasting longer than three class sessions. The PE teacher will attempt to modify the student's program to meet the guidelines of the physician. If the injury/illness extends past 12 class sessions during the quarter and no modifications can be made, the student is advised to drop the class and take it again at a later time.

Weather Conditions:

Please note that **CLASSES ARE NOT CANCELED**. Large waves, rain, fog, and pollution may alter our ability to have class at the beach. If it is raining or other conditions that may limit aquatic activities, the instructor will meet students at the beach at 7:45am and then notify them that we will return to school for the remainder of the class. When this is necessary the class will be moved to **CCA**. Because the students may be in wet-suits or other attire unsuitable for school, they will be allowed the usual **45 minutes** to arrive safely at CCA. Students must be in the classroom (C205) by **8:30 am**. when beach activities are not possible. If we know in advance, we will try to give

as much notice as possible. It will be important to connect with the Facebook page, email and classmates to relay messages.

Offenses

Any of the following offenses will result in removal of the course and transfer to a general ED PE on the CCA Campus.

- 1) Habitual/ Excessive absences or tardies
- 2) Public abuse
- 3) Non-participation
- 4) Profanity
- 5) Leaving beach area without permission
- 6) Use of foreign chemical substances (including tobacco)
- 7) Disobedience/defiance

STUDENT/PARENT NOTICE

Due to the untraditional class structure of the SURF class, your son/daughter must adhere to these rules and requirements. It is necessary that you counsel them on these important matters. It is very important you discuss and review these rules for the safety of your child. The surf class is a privilege and we are very lucky to have this experience.

Contact info: Email is the best way to reach me! Kaveh.shakeri@sduhsd.net

PRINT Student Name _____

STUDENT SIGNATURE: _____ **DATE:** _____

PARENT SIGNATURE: _____ **DATE:** _____