

# Docker Toolbox

- Docker Toolbox is an installer for quick setup and launch of a Docker environment on older Mac and Windows systems that do not meet the requirements of the new [Docker for Mac](#) and [Docker for Windows](#) apps.

- Docker Toolbox is for older Mac and Windows systems that do not meet the requirements of Docker for Mac and Docker for Windows. We recommend updating to the newer applications, if possible.

# What's in the box

- Toolbox includes these Docker tools:
  - Docker Machine for running docker-machine commands
  - Docker Engine for running the docker commands
  - Docker Compose for running the docker-compose commands
  - Kitematic, the Docker GUI
  - a shell preconfigured for a Docker command-line environment
  - Oracle VirtualBox

# Download

- <https://download.docker.com/win/stable/DockerToolbox.exe>

# verify

- On your Desktop, find the Docker QuickStart Terminal icon

# Hello world

> docker run hello-world