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**Organizational Profile**

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| Organization Information |

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| Name of Organization | MomsHouse |
| Primary Contact | Donna Hill |
| Primary Contact Email | DonnaHill@MomsHouseAv.org |
| Website URL | www.MomsHouseav.org |
| 5 Keyword Search Descriptors  *Tutoring, afterschool, STEM, college access, career exploration* | Senior, Active Aging, Elders, intergenerational |
| Physical Address  *Where your programs are administered. No PO Box*  *\*Unless its UPS* | Mobile, in the field |
| Mailing Address  *Where you receive mail/bills* | 567 W Lancaster Blvd, # 805, Lancaster, Ca. 93584 |
| EIN | 46-3154315 |

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| Mission Statement |

*To enhance and improve the quality of life for the elder community by providing free or low cost access to products, services and information*

*Our secondary mission is to lessen the generational gap by fostering multigenerational relationships.*

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| History of Organization |

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| Year of Inception | 2013 |
| Year of Incorporation | 2014 |
| Origin Story  *How did the organization form?* | MomsHouse was established in August 2013 in tribute to Chalmetta Elaine Paulette Johnson, who died from accelerating Multiple Sclerosis.  My mother’s courageous journey of maintaining her independence and dignity inspired the idea to create an organization to work collaboratively with seniors to do the same. |
| Why was the organization founded?  *Was there an incident, a personal experience?* | We are dedicated to empowering elders to engage in active living lifestyles. We do this through projects especially designed to promote movement, healthy living, social engagement and independence.  Our secondary purpose is to close the generational gap by fostering multigenerational relationships.  We include and encourage people of all ages to participate, volunteer and mentor.  Finally, we strive to connect a network of individuals and community partners for the exchange of information and resources furthering MomsHouse’s goals to promote active living and independence among elders. |
| What has been the organization’s largest program challenge?  *Not funding. It should be something tangible* | Board development and infrastructure maintenance |
| How has the organization overcome that challenge?  *The answer should demonstrate your ability resolve a problem.* | I have enlisted consultants on proper board development. We use a matrix to identify desirable skill sets, have developed an onboarding program and perform annual rededication to confirm commitment.  I am enrolled in BUILD thru BEC. Here I am learning how to properly set systems in place to ensure a compliant and sustainable organization. |
| What is the organization’s greatest accomplishment since its inception?  *Since 2020, the organization has partnered with 25 LAUSD school districts to graduate 100% of its participants (30,000 African American males), provided over $9 million in college scholarships, placed over 3,750 youth in internships and assisted 5,571 with landing entry level professional and paraprofessional jobs.* | In 2020 through 2022, in response to the Covid 19 threat, we developed a program called Grand Bag. This program distributed activities and high in hygiene items. Partnering with over 14 community organizations, we served over 13 senior establishments and 5000 seniors. |

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| Constituent Demographics |

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| Target Population  *Gender, age, socioeconomic status: infants 0- 4, youth 5-13, Females ages 14-18. Young adults 19-24 from underserved, urban communities. Adults with disabilities ages 25- 55 in the San Fernando Valley. Seniors 55+, afflicted with dementia or Alzheimer’s* | Isolated seniors 50+ in the Antelope Valley facing any mental, physical, financial or emotional challenges. |
| Number of Clients Served  *Include the timeframe, monthly, quarterly, annually. e.g., 100 youth per month* |  |
| Geographical Service Area(s)  *Country. Community, City, State, i.e., The West Athens Community of South L.A.* | Antelope Valley: Lancaster Palmdale and the surrounding rural communities. |
| Describe the Gap Your Organization Will Fill  *List resources, training, education, opportunities, role models, alternatives, access, etc.* | We fill the service gap. Most organizations address the tangible challenges like housing, food insecurities, etc. We address or can address anything else. Sociale4motional non medical challenges like isolation, inactivity, small financial gaps etc. |
| Describe the Innovation in How Your Organization Fills the Gap  *Math tutoring by African American Alumnae Engineers, On-the-job training with industry professionals, Homework assistance via app.* | We are mobile. Active seniors find their way to their various activities. Our programs can come to them, whether it be the multi purpose room located in their building or any other location convenient to seniors with mobility challenges.  We are fluid. Our programing can pivot to meet unmet needs within our mission. |

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| Program One Description: |

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| **Program Title**  *Sexy Title i.e.,* *From Boys2Men Rites of Passage* | ChalGives |
| **Services Provided**  *Youth development*  *College Readiness*  *Career Exploration*  *Relationship Counseling*  *Parenting Classes* | Projects that decrease everyday financial challenges not considered priority by other financial assistance programs, for the senior population.  Philanthropic arm which includes several projects:   * Micro grants * Grand Bag - Activity, hygiene and sensory bags for isolated or shut in seniors * Grand Market- shopping assistance |
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| **By How Much (Impact)**  *% - make the goal attainable. Usually 10-25%* | Micro grants   * Grand Bag - Activity, hygiene and sensory bags for isolated or shut in seniors * Grand Market- shopping assistance |
| **Program Objectives**  *How will your org accomplish the goal? By hosting three interviewing techniques workshops per week* | * + Micro grants   + We register with local organizations and receive referrals for senior needs not covered by their programs * Grand Bag   + By providing bags filled with activities and high end hygiene items or sensory items thru collaborations with local feeding organizations, senior facilities and senior living facilities. * Grand Market   + We hold an annual Grandparent toy giveaway and periodic item distributions when large donations are received. |
| **How often are your programs offered?**  *e.g. 3 times a week, 4 times a month, once a quarter, twice a year* | * Micro grants – ongoing as requested * Grand Bag– ongoing as requested * Grand Market – Annually or whenever large donations are acquired. |
| **How long will your programs run?**  *e.g., 1 hour, 2 hours, 4 hours*  *for 12 weeks, 6 months, 1 year* | * Micro grants   + upon request * Grand Bag   + upon request * Grand Market   + Toy giveaways are 4 hours annually   + donation distributions are as received and by appointment pick up. |
| **Program Description**  ***Boys2Men Rites of Passage*** *is a male youth development program for young African American men ages, 12-24 from the Watts, Compton, West Athens communities of South Los Angeles. Youth are partnered with professional African American men, ages 25-65 who model positive characteristics, decision-making, healthy relationships and career choices. Participants attend a two-hour workshop every Saturday for 12 weeks, covering topics from peer pressure to goal setting, college, and career exploration, to healthy relationships. The goal of the Boy2Men Rites of passage program is to reduce the school-to-prison pipeline by 25% from these underserved, overrepresented communities by 2025.* | * Micro grants   ChalGives provides direct assistance to the senior community. Oftentimes, current programs do not allow assistance for things not deemed essential or considered too small to cover.  We provide one-time assistance up to $200.00 in the form of cash, gift cards or goods.   * Grand Bag (Standard and Sensory)   *Developed during COVID19 -* In-home senior engagement/entertainment and feel-good goodies.  Our main mission is to keep seniors active through a series of projects designed to keep mind, body and spirit engaged.  We provide, through touchless delivery, games, activities, PPE, higher end hygiene, gift cards and relevant information to isolated seniors.  People often think of the basic needs but not about keeping the mind active and occupied in times of trouble.  We also make a sensory version for the cognitively challenged  **Our current collaborators/sponsors are:** Grace Resources, E & E Love foundation, Living Faith Cathedral, AVPH, Westside Auto, AV Uplift, LA Care, Senator Scott Wilk, Assemblyman Tom Lackey, and LA County Supervisor Kathryn Barger, The Children's Center, Kingdom Life Fellowship Church, City of Lancaster.  We are delivering to or have delivered GranBags  to The Heavens, Fernwood Senior Living, Arbor Gardens, Rancho Village, Grace Resource Senior Feeding program, AV Partners for Health Senior feeding program, Lancaster Adult Day Care, Joe Walker Middle School, Kingdom Life Fellowship Church, Living Faith Cathedral, The Salvation Army , Legacy Commons, New Freedom Church  and assorted senior groups. We have served approx. 5000 seniors to date.   * Grand Market and Christmas Grand Market   MomsHouse Christmas Grand Market is a grandparents toy giveaway. According to AARP, 2020, grandparents spend approximately $2,562 per grandparent for Christmas. Seniors are often on a fixed income, making an average of $34,084.00 and will spend their last ensuring a proper holiday for their loved ones.  We offer a free marketplace for seniors to pick toys and more, for their grandkids or any youth they care for, free of charge. We line up the toys etc., by age and allow grandparents (or senior caregivers) to choose what their youth would like, in a marketplace setting. Number of items per child depends on our budget, however in the four years this project has been in existence, we have never offered less than three toys per grandparent/ per child and have served over four hundred senior lead families. |

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| Program Two Description: |
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| **Program Title**  *Sexy Title i.e.,* *From Boys2Men Rites of Passage* | Mind-Strong-Body Empowerment Programs |
| **Services Provided**  *Youth development*  *College Readiness*  *Career Exploration*  *Relationship Counseling*  *Parenting Classes* | The mind and body work in concert to create a truly independent and empowered individual. Mind-Strong-Body provides mental and physical stimulation, empowering the senior population to stay active and engaged.  Empowerment arm which includes several projects:   * MomsHouse Royal Movers Praise dance class   Socialization, exercise and confidence building   * Storytime   Socialization, confidence and relationship building   * MomsHouse Remember Garden   Socialization, relationship building, wellness counseling, confidence building   * Tea & Tea Intergenerational Tea Party   Socialization, relationship building, wellness counseling, confidence building   * Volunteer opportunities   Socialization, relationship building, confidence building, personal development |
| **Measurable Goals**  *What will you do to make the change? i.e., increase, decrease, reduce, eliminate, cure.* | * MomsHouse Royal Movers Praise dance class * Storytime * MomsHouse Remember Garden * Tea & Tea Intergenerational Tea Party * Volunteer opportunities |
| **By How Much (Impact)**  *% - make the goal attainable. Usually 10-25%* | * MomsHouse Royal Movers Praise dance class * Storytime * MomsHouse Remember Garden * Tea & Tea Intergenerational Tea Party * Volunteer opportunities |
| **Program Objectives**  *How will your org accomplish the goal? By hosting three interviewing techniques workshops per week* | * MomsHouse Royal Movers Praise dance class * Storytime * MomsHouse Remember Garden * Tea & Tea Intergenerational Tea Party * Volunteer opportunities |
| **How often are your programs offered?**  *e.g. 3 times a week, 4 times a month, once a quarter, twice a year* | * MomsHouse Royal Movers Praise dance class - weekly * Storytime - Monthly * MomsHouse Remember Garden - Monthly * Tea & Tea Intergenerational Tea Party – Annually * Volunteer opportunities – ongoing |
| **How long will your programs run?**  *e.g., 1 hour, 2 hours, 4 hours*  *for 12 weeks, 6 months, 1 year* | * MomsHouse Royal Movers Praise dance class   + 1 hour weekly plus occasional performances * Storytime   + 1 hour monthly * MomsHouse Remember Garden   + 2 hours monthly plus occasional 4 hour tabling events * Tea & Tea Intergenerational Tea Party   + 5 hour annual event * Volunteer opportunities   + Ongoing |
| **Program Description**  ***Boys2Men Rites of Passage*** *is a male youth development program for young African American men ages, 12-24 from the Watts, Compton, West Athens communities of South Los Angeles. Youth are partnered with professional African American men, ages 25-65 who model positive characteristics, decision-making, healthy relationships and career choices. Participants attend a two-hour workshop every Saturday for 12 weeks, covering topics from peer pressure to goal setting, college, and career exploration, to healthy relationships. The goal of the Boy2Men Rites of passage program is to reduce the school-to-prison pipeline by 25% from these underserved, overrepresented communities by 2025.* | * MomsHouse Royal Movers Praise dance class   Goal: to promote healthy physical activity and socialization among seniors.  To aid in closing the generation gap among generations.  This is a biweekly praise dance class taught by youth and young adults to seniors.  Routines are developed, learned and sometimes performed.  This effort addresses several of our key focus areas: Active Aging, Physical fitness, Socialization, Multi-generational cooperation  Seniors are encouraged to move to music while learning praise dance from existing routines or by developing their own routines.  Participants can also perform at events.  The performance team is called The MomsHouse Royal Movers.  Any practicing member can choose to participate; however, it is not a requirement.   * Storytime   Our history is being lost as our elder’s rest. Storytime brings seniors with real life stories to groups of youth, events or for video archives.  Storytelling offers numerous benefits, including fostering imagination, enhancing language skills, boosting memory, promoting empathy, and facilitating emotional connection, making it a powerful tool for communication, education, and personal growth.   * MomsHouse Remember Garden   Rock Painting enables you to manage and regulate emotions, as well as handle psychological distress. Many therapists and psychiatrists employ painting activities in their treatments. Mental health researchers have found that painting alleviates anxiety, depression, and stress.  The program includes a wellness portion with reflection and combines this with rock painting as an expression of whatever feelings that surface.  Currently located at Lancaster Community Center and partially sponsored by The City of Lancaster, this project is easily converted into a mobile tabling project.   * Tea & Tea Intergenerational Tea Party   T & Tea is a multigenerational Tea party where 3 diverse age ranges are represented to discuss a relevant topic designed to open an intergenerational dialogue. The resulting outcome will be an understanding, connection and a lessening of the generational gap.  1 person representing each of the following age groups will be represented in each group:   1. Youth: ages 8 to 18 2. Adults: ages 19 to 50 3. Elders: ages 60 to 80   Each group will make a vision board, vision book or scrapbook on their question. The groups will choose a presenter to present.   * Volunteer opportunities   Senior volunteering offers numerous benefits, including improved physical and mental health, a stronger sense of purpose, and enhanced social connections, contributing to a more fulfilling and active aging.  We partner with local organizations and provide volunteer opportunities for the senior community. |

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| Program Three Description: Programs in the idea phase |

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| **Program Title**  *Sexy Title i.e.,* *From Boys2Men Rites of Passage* | Me Myself- the road to what's next |
| **Services Provided**  *Youth development*  *College Readiness*  *Career Exploration*  *Relationship Counseling*  *Parenting Classes* | * Transitions   + Relationship   Peer & group counseling   * + Work   Career and/or career replacement services   * + Housing- Downsizing   Real estate, estate sale & planning, moving readiness   * + Caregiver   Peer & group counseling and resources   * + Self esteem   Self esteem , exercise, meal prep, wardrobe planning   * Moms Day Event   a day outside Mother's day where our mothers who have transitioned |
| **Measurable Goals**  *What will you do to make the change? i.e., increase, decrease, reduce, eliminate, cure.* | * Transitions * Moms DayEvent |
| **By How Much (Impact)**  *% - make the goal attainable. Usually 10-25%* | * Transitions * Moms Day Event |
| **Program Objectives**  *How will your org accomplish the goal? By hosting three interviewing techniques workshops per week* | * Transitions   We will perform an assessment to determine which services are beneficial. Once identified we will partner with organizations and experts to provide assistance i.e. Department of Mental Health.   * Moms Day Event |
| **How often are your programs offered?**  *e.g. 3 times a week, 4 times a month, once a quarter, twice a year* | * Transitions   Upon appointment   * Moms Day Event   Annually |
| **How long will your programs run?**  *e.g., 1 hour, 2 hours, 4 hours*  *for 12 weeks, 6 months, 1 year* | * Transitions   Time varies based on session choices   * Moms Day Event   4 hours annually |
| **Program Description**  ***Boys2Men Rites of Passage*** *is a male youth development program for young African American men ages, 12-24 from the Watts, Compton, West Athens communities of South Los Angeles. Youth are partnered with professional African American men, ages 25-65 who model positive characteristics, decision-making, healthy relationships and career choices. Participants attend a two-hour workshop every Saturday for 12 weeks, covering topics from peer pressure to goal setting, college, and career exploration, to healthy relationships. The goal of the Boy2Men Rites of passage program is to reduce the school-to-prison pipeline by 25% from these underserved, overrepresented communities by 2025.* | * Transitions is a total person support for adults 50 years and older in the Antelope Valley. The project addresses the many difficult and challenging adjustments we must make as we mature. Things like losing significant others and friends, retiring, having increased health issues, moving in with family or downsizing, entering the dating world after long term relationships end and many other things.   Through self assessment we will provide the appropriate resource, class etc.to address your particular challenge. This will be a 3 month program with an exit interview at the conclusion.   * Moms Day is an annual event that will bring together individuals of loss allowing them to celebrate their loved one in whatever manner appropriate for them. |
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***Organizational History***

MomsHouse was conceived as a senior ministry at Growing Valley Baptist church around 2012, in tribute to my mother Chalmetta Elaine Paulette Johnson, who died from accelerating Multiple Sclerosis (MS).

in 2009.

She contracted MS in 1969, when I was 8 years old. Mom was totally bedridden and fought her way step by step… Wheelchair, walker, cane then finally , full remission. In her 70’s MS returned with vengeance and I became her sole caregiver .

During this journey, I viewed seniors tossed aside, neglected, ignored … not living their best lives. This and my mother’s courageous journey of maintaining her independence and dignity inspired the idea to create an organization to work collaboratively with seniors to do the same.

Realizing that Momshouse was more than a church ministry, MomsHouse was formally established as a 501(C) (3) in August 2013. Located in the Antelope Valley and working through a mobile format, we have projects especially designed to promote movement, healthy living, social engagement and independence.

An ancillary purpose is to close the generational gap by fostering multigenerational relationships. This aids our primary mission by strengthening the community surrounding the senior community. We include and encourage people of all ages to participate, volunteer and mentor.

Since our inception we have helped over 5000 seniors through various programs and partner with multiple organizations in the Antelope Valley.