Critical Reflection Journal

Name and student number

*CO455 User Experience*

*Notes*:

* Dedicate 1 hour a week to writing your reflection journal. The reality is that you will probably need to dedicate more than an hour a week.
* There are 4 streams you will need to document each week; what you have learned (class notes); research on theory and/or practice from experts and industry professionals; documentation on practical work and conclusions and action plans to move forward into the next week.
* Use images in any or all of the sections, especially when you are talking about images
* Please use MS Word but save out as a PDF when submitting.
* References must be recorded either in a separate section for entire term or within weekly entries.

*Example of layout*

# Week number and content title

# Class Notes

* What have I learned?
* How well did I understand it?
* What do I need to do to understand it better?
* Images and annotations (very important)

# Research around weekly topics

* Here is where you write about your research into the theory or contemporary practice around the weekly content.
* What did you find out online, books, magazines and journals?
* Did you reference your research?
* What were your reactions and/or feelings about what you learned?

# Practical work

* What course work did you do this week?
* Did you document what you did with progress images and annotation?
* Did you record any images references used from websites i.e. www.pexels.com; https://unsplash.com.

Conclusions and personal action plans

* What conclusions have you come to about this week’s topic?
* Moving forward into the next week, is there anything you would do differently or add?
* Is there anything you didn’t manage to complete?
* If you didn’t finish, why? What can you do differently?

**Note about references**

Be sure to format your references correctly using https://www.citethemrightonline.com.