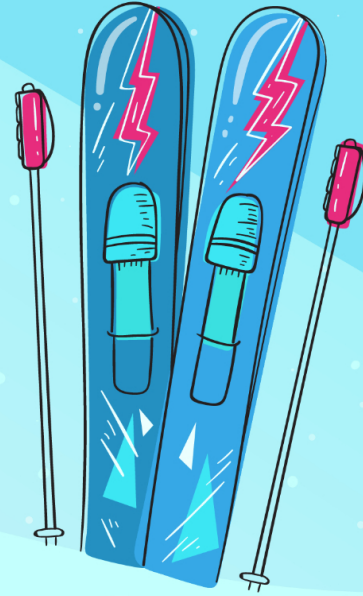




SKI SIZE CALCULATOR

By David Muñoz Jensen



SKI AND SNOWSHOE SIZE FINDER

Determine the optimal length and width for your skis, snowshoes, and ski poles.

Please provide your details below to receive personalized recommendations. Select your weight, height, and gender from the dropdown menus. Then, choose your activity, skill level, and terrain type by clicking on the corresponding boxes below.

Your Weight:

60 kg - 132 lbs

Your Height:

180 cm - 1.8 m - 5.91 ft

Gender:

Male

ACTIVITY:



Cross-
Country



Skate



Snowshoeing

SKILL LEVEL:



Beginner



Intermediate



Advanced

TERRAIN TYPE:



Groomed
Trails



Backcountry








Mixed

Calculate

Reset

RECOMMENDATIONS

Type	Recommendation
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 Recommended Ski Length (cm)	211
 Recommended Ski Width (mm)	55
 Suggested Ski	Brand: ATOMIC, Model: Pro C2 Skintec Med with Prolink Shift CL Binding, Length: 209 cm, Width: 55 mm
 Recommended Snowshoe Length (in)	25 inches
 Recommended Ski Pole Length (cm)	150

These recommendations are general and provide a broad guideline for Cross-Country Skiing and Snowshoeing. For a more precise fit, please consult a specialist.

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