



ADVANCED SKI SIZE CALCULATOR

The advanced ski size calculator employs state-of-the-art algorithms that integrate key variables such as skier weight, gear load, height, snow conditions, and terrain profile. By processing these inputs, the system generates data-driven recommendations for up to 5 optimal ski models from top-tier manufacturers, ensuring precision, performance, and suitability for every skier's needs.

Weight with Gear:


kg

Height:

cm


Type

Choose the type of skiing you plan to do, as each type is specifically designed to match different terrains and skiing styles. Whether you prefer the smooth trails of cross-country skiing, the precision and speed of skate skiing, or the adventurous backcountry routes, selecting the right type will ensure optimal performance, comfort, and enjoyment.




**Touring**

Great for long-distance skiing on groomed trails.




**Classic**

Ideal for traditional cross-country skiing on groomed tracks.




**Skate**

Best for fast-paced skiing on groomed trails.



**Backcountry**

Perfect for off-trail adventures in deep snow.




**Racing**

Designed for competitive skiing with maximum speed.


Skill Level

Select your skill level to find skis that match your experience and ability. Recreational skiers are beginners or occasional skiers who prioritize comfort and ease of use. Intermediate skiers have growing confidence and aim to improve their technique while exploring varied terrain. Advanced skiers are experienced and seek greater performance, speed, and control on the slopes. Expert skiers are highly skilled and demand precision, responsiveness, and top-tier performance in the most challenging conditions.




**Recreational**

Suitable for beginners and casual skiers.




**Intermediate**

Ideal for skiers with some experience looking to improve.



**Advanced**

Perfect for experienced skiers seeking performance.




**Expert**

Best for highly skilled skiers and professionals.


Stiffness

Choose the stiffness of the skis based on your weight and skiing style to ensure optimal performance and control. Lighter skiers or those focusing on recreational skiing may benefit from softer skis, which are more forgiving and easier to maneuver. Heavier skiers or those with an aggressive style, such as advanced or expert skiers, often require stiffer skis for better stability, power transfer, and precision, especially at higher speeds or on challenging terrain.




**Soft**

Best for lighter skiers and soft snow conditions.




**Soft/Medium**

A good balance for various conditions and skier weights.




**Medium**

Suitable for average weight skiers and mixed conditions.




**Medium/Hard**

Ideal for heavier skiers or firmer snow.



**Hard**

Best for very firm snow and aggressive skiing.



**Extra Hard**

Suitable for the heaviest skiers and the hardest conditions.

Find Ski Reset

#### Recommended Ski Size

Based on your input, the recommended ski size is 190 cm.

#### fischer spider 62 crown xtralite

Type: Touring  
Size: 179 cm  
Stiffness: Medium  
Skill Level:  
Weight Range: 65 - 85 kg (143 - 187 lbs)  
Grip Type: Fishscale

#### fischer spider 62 crown xtralite

Type: Touring  
Size: 189 cm  
Stiffness: Medium/hard  
Skill Level:  
Weight Range: 75 - 95 kg (165 - 209 lbs)  
Grip Type: Fishscale

#### fischer spider 62 crown xtralite

Type: Touring  
Size: 199 cm  
Stiffness: Hard  
Skill Level:  
Weight Range: 85 - 105 kg (187 - 231 lbs)  
Grip Type: Fishscale

#### salomon rc7+ eskin with prolink shift binding

Type: Classic  
Size: 174 cm  
Stiffness: Soft  
Skill Level:  
Weight Range: 60 - 70 kg (132 - 154 lbs)  
Grip Type: Skins

#### salomon rc7+ eskin with prolink shift binding

Type: Classic  
Size: 182 cm  
Stiffness: Medium  
Skill Level:  
Weight Range: 65 - 85 kg (143 - 187 lbs)  
Grip Type: Skins

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These recommendations are general and provide a broad guideline for Cross-Country Skiing. For a more precise fit, please consult a specialist.

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