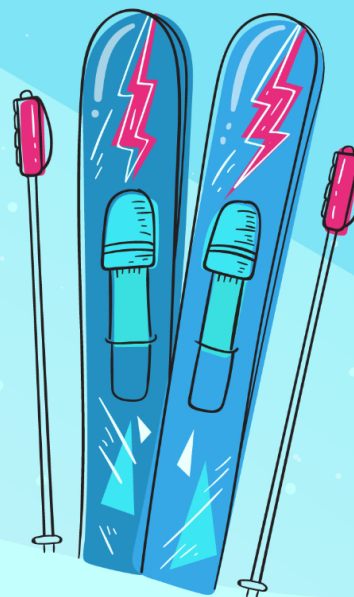


SKI LEVEL ASSESSMENT

By David Muñoz Jensen



SKILL LEVEL ASSESSMENT

This assessment is based on your answers and represents only an estimate of your skill level. It is designed to give you a general idea of where you stand and should not be taken as a definitive measure of your abilities. For a more accurate assessment, consider consulting with a professional.

Select Your Activity:

Cross-Country Skiing

How many years have you been participating in this activity?

More than 5 years

What type of terrain do you usually explore?

Ungroomed trails

How would you rate your fitness level?

Excellent

How would you rate the quality of your equipment?

Excellent

How often do you participate in this activity?

Frequently

How would you rate your technique?

Excellent

Have you taken any lessons or received professional training?

Many

How confident are you in your abilities?

Very confident

What are your goals for this activity?

Professional

Calculate Skill

Advanced

more precise fit, please consult a specialist.
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